

## ***NWM Sick Policy***

### ***Communicable Disease***

If your child becomes sick at school, has a fever or diarrhea, vomits, or is unable to participate in normal daily activities, we will notify you. **You are required to have someone available to pick up a sick child within 30 minutes to an hour of our calling you.** If we are unable to contact you or you are not able to pick up your child on short notice, we will contact the person listed on the child's emergency contact form. Meanwhile, your child will be separated from the others and made as comfortable as possible until you arrive.

Your child may return to school when they are free from fever, vomiting, or diarrhea for 24 hours. If your child is sent home sick with any of these symptoms, they may not attend the following day. Please do not send your child to school on Tylenol to lessen fever. They may return to school when they have passed the first 24 hours of a cold; when a contagious disease has subsided, with no symptoms; when medication for certain diseases have been administered for 24 hours (pink eye); when medication has been taken for a number of days and symptoms are gone (antibiotics for strep throat).

### ***Infectious Disease***

Please email the office and your child's classroom teachers if your child or a sibling has contracted a communicable/infectious disease, in order that other families can be notified immediately. A notice will be emailed listing the date of exposure, the signs and symptoms of the disease, the incubation period, the period of communicability, and the method of transmission.

### ***COVID-19***

Covid is still around and is **very** contagious.. We are all in this together and so there are important roles for all of us to play to protect our community, our families, and ourselves. In that vein, we ask that parents and guardians monitor the health condition of their children closely and refrain from sending them to school on any day when have any of the following:

- Temperature of 100°F or above.
- Any of the following symptoms if the symptom is of greater intensity or frequency than what is normally experienced:
  - Cough
  - Congestion or runny nose
  - Shortness of breath or difficulty breathing
  - Chills
  - Fatigue
  - Repeated shaking with chills
  - Muscle pain or body aches
  - Headache
  - Sore throat
  - New loss of taste or smell
  - Diarrhea
  - Nausea and vomiting

**A child who has exhibited symptoms on the list above/that could be COVID-19 can return to school if:**

- They are feeling better and symptoms are improving
- There have been at least 24 hours with no fever (without taking medicines to lower a fever), vomiting, or diarrhea
- They have a negative COVID test (lab-based or home test accepted). Please email the office and classroom with the results before your child returns to school

**A child who has tested positive for COVID-19 can return to school if:**

- It has been at least 5 days since they tested positive for Covid-19
- They are testing negative and their symptoms have improved