

**OUR MISSION:
TO CLOSE GAPS IN MATERNAL MENTAL HEALTH CARE**

THE PROBLEM WE ARE HERE TO SOLVE:

**DEPRESSION AND ANXIETY are the MOST COMMON
COMPLICATIONS in PREGNANCY AND POSTPARTUM**

3.9 MILLION BIRTHS
in the U.S. every year

up to

1 in 5



affected by MMH disorders¹

ONLY



OF MOMS

receive professional help²

MOMS of COLOR SUFFER at HIGHER RATES

POSTPARTUM DEPRESSION

**30% AMERICAN INDIAN
AND
ALASKAN NATIVES**

40+% BLACK AND LATINA

**30% of American Indian and
Alaskan Native mothers face
postpartum depression.³**

**The Black and Latina population
face double the rates
of White mothers.^{4, 5}**

**41% of Latinas
and 57% of Blacks
START TREATMENT⁶**

Treatment access among Native/
Indigenous moms is currently unknown.

