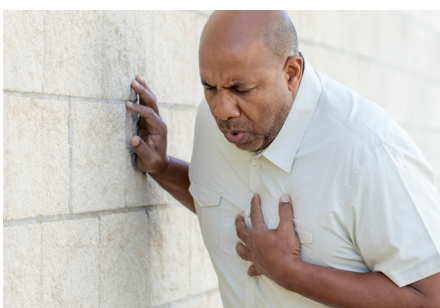


# KNOWING THE COMMON SIGNS OF BLOOD CLOTS (THROMBOSIS) CAN HELP SAVE YOUR LIFE

## BLOOD CLOTS CAN FORM IN THE LEG (DEEP VEIN THROMBOSIS) OR THE LUNG (PULMONARY EMBOLISM)

AN EASY WAY TO REMEMBER THE MOST COMMON SYMPTOMS IS:

**CLOT S**



**C**HEST PAIN

A blood clot in the lung causes it to swell, resulting in sharp chest pain when breathing.



**L**IGHT-HEADEDNESS

A blood clot in the lung causes light-headedness or dizziness, especially if large or multiple clots block blood flow to the lung.



**O**UT OF BREATH

A blood clot in the lung reduces the flow of oxygen throughout the body, which causes difficulty breathing.



LEG **T**ENDERNESS

A blood clot in the leg causes tenderness or cramping in the calf or behind the knee, as well as redness and warmth.



LEG **S**WELLING

A blood clot in the leg blocks blood flow to the veins that drain blood from the leg back to the heart. This causes the leg to swell.