



support DELIVERED

Perinatal Psychiatric Consultation Service

- » **As many as 1 in 5 women suffer** from symptoms of depression and/or anxiety during the perinatal period
- » **Perinatal Mood and Anxiety Disorders (PMADs)** are the most common complication associated with childbearing
- » **Prescribing clinicians may be the first,** and possibly the only, providers to work with Vermonters and families struggling with PMADs
- » **Professional consultation** and resources regarding PMADs are available for obstetrics & gynecology, primary care, pediatric, psychiatric, and other community providers

Services include:

» **GUIDANCE AROUND PRESCRIBING PSYCHOTROPIC MEDICATIONS TO THE PERINATAL POPULATION**

» **GUIDANCE ON SCREENING, ASSESSMENT, DIAGNOSIS, AND RECOMMENDED TREATMENT STRATEGIES**

Free consultations are available for medical providers
Call (802) 847-4758

- » This is not an emergency service. The service does not provide direct treatment—only support for clinicians providing patient care
- » This is a free service provided in collaboration with the Vermont Department of Health

For additional information on PMADs and Vermont-specific resources visit

[SupportDeliveredVT.com](https://www.supportdeliveredvt.com)

