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PSI NEWS

PSI ANNUAL CONFERENCE SAVE THE DATE



Conference dates

- June 28-30: Main conference, in Portland, Oregon for 2019
- June 26-27: 2-day pre-conference Certificate Course, Perinatal Mood and Anxiety Disorders: Components of Care

Call for proposals

We are excited to announce that the 2019 Conference request for proposals is online! We welcome presentations with scientific data as well as those addressing clinical expertise or community projects. Conference presentations will include topics relevant to: psychopharmacology; psychobiology; emerging technology; psychotherapy; community systems, peer support; diversity and culturally-informed services; integrated systems; and fathers, families, and partners. [READ MORE](#)

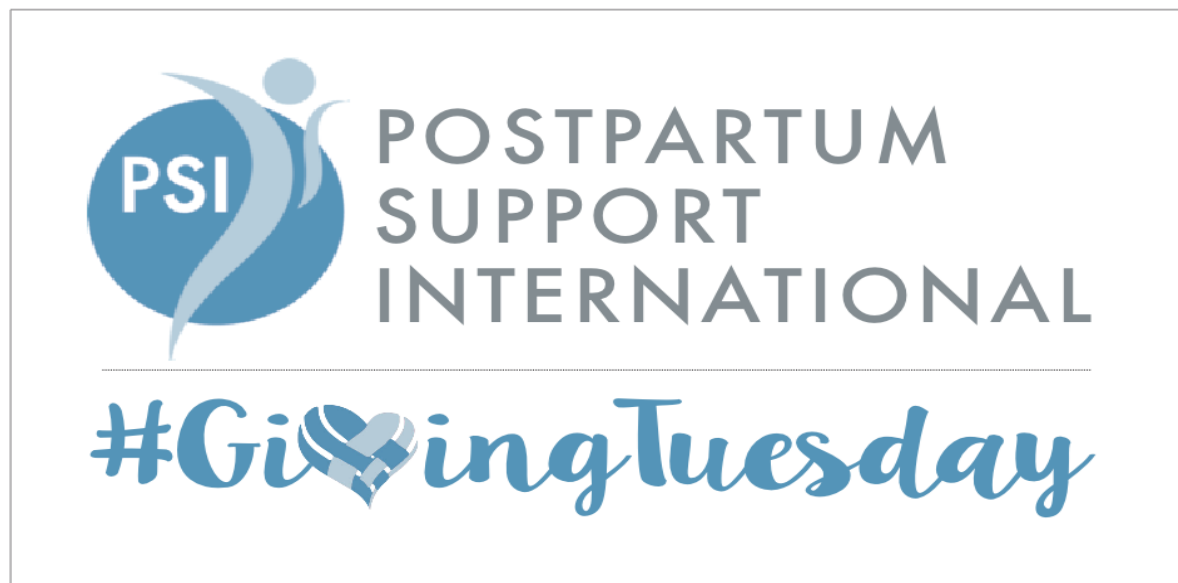
- **Deadline** for proposal submission: **Friday, January 4th, 2019**
- Create an account and submit proposals here: https://psi.societyconference.com/?conf_id=10004&m=user&h=home

Susan Hickman Research Award

The Susan A. Hickman Memorial Research Award is given by PSI each year to an individual involved in a scholarly research project that contributes to the field of perinatal mental health. The recipient is selected by the PSI Research Committee among qualified applicants. The full award is \$5000, which includes a stipend for travel to attend the annual PSI Conference. The 2019 award will be presented at the conference in Portland Oregon on June 28, 2019.

- Visit here for more info on the Hickman Award: <https://bit.ly/2yVjZIm>
- Create an account and apply here: https://psi.societyconference.com/?conf_id=10004&m=user&h=home
- Deadline: **April 1st, 2019**

NOVEMBER IS GIVING TUESDAY!



There's Black Friday. There's Cyber Monday, now there's...

#GIVINGTUESDAY
November 27, 2018

Postpartum Support International is participating in the international #GivingTuesday movement, a global celebration of generosity, hope and charitable giving!

Your gift will go into providing the highest level of compassionate care and establishing more resources for mothers, our 24/7 HelpLine, creating chapters in every state, trainings for perinatal mental health professionals, and other areas of greatest need.

Please join the #GivingTuesday movement and support Postpartum Support International, as we remain committed to developing a support system for mothers and families suffering from perinatal mental health issues.

Thank you for your generosity and the impact you make in the lives of others! Donate here: [Postpartum.net/GivingTuesday](https://postpartum.net/GivingTuesday)

Yours truly,
PSI

*You are not alone.
You are not to blame.
With help, you will be well.*

FEATURED PSI MEMBER: Josh Cohen
PSI Donor/Supporter



Josh & Marci Cohen

Josh Cohen's family's experience brought him to understand the importance of well-trained postpartum mental healthcare providers. For his full story, and his role in the launch of our certification program, go to our [member spotlight here](#).

You can catch up on our previous spotlights [here](#). If you know of a PSI member you think we should feature, contact membership@postpartum.net.

2-DAY PSI PMD CERTIFICATE TRAININGS



The 2-day [PSI Certificate of Completion Course](#), taught by experienced and engaging faculty, is a thorough and evidence-based curriculum designed for nurses, physicians, social workers, mental health providers, childbirth professionals, social support providers, or anyone interested in learning skills and knowledge for assessment and treatment of perinatal mood disorders. Registration includes training binder, handouts, breakfast and lunch, and continuing education credits. Approved for 14.5 CMEs, CNEs, CEs. Write to training@postpartum.net for more information.

Upcoming PMD Certificate Trainings

- November 15-16, 2018, Ft. Lee, New Jersey *
- December 6-7, 2018, Oroville, California *
- February 27-28, 2019, Gilbert, Arizona *
- March 28-29, 2019, Champaign, Illinois *
- April 4-5, 2019, Anchorage Alaska
- April 11-12, 2019, Johnson City, Tennessee *

* Day 3 - *Advanced Psychotherapy Trainings: The advanced psychotherapy course, or an equivalent six-hour advanced psychotherapy course that includes perinatal mental health is a prerequisite for the Perinatal Mental Health Certification, in the mental health/psychotherapy specialty. [You can see alternative courses approved as prerequisites here.](#)*

MEMBERSHIP CORNER

Renewal time: Have you been procrastinating on renewing your PSI membership? Get ready for 2019 by renewing today! If you need any assistance with your renewal, or with accessing your member benefits, reach out to Edith at membership@postpartum.net. If you know your membership has expired, it's OK to go straight to the [renewal form](#) even without logging in, and we'll link your renewal payment to your account for you.

Not a current PSI member? Member benefits range from access to our online groups, including the new PSI Care Providers virtual consultation group (a monthly, facilitated group that meets via video conferencing), to discounts on trainings and educational materials. [Click here](#) to find out more about joining.

Appreciating our members and the PSI Community: We truly appreciate your support, your volunteering, and your commitment to the well-being of women, parents, and families.

Membership dues support PSI as a whole as we provide direct peer support to families, train professionals, and provide a bridge to connect them. Thank you for being part of the worldwide safety net!

NEW! National Provider Directory

Check out the [National Perinatal Mental Health Provider Directory](#). First piloted in Colorado, we are now listing providers from all US states. Visitors to the directory will be able to search for providers by location, fee and insurance information, and other important categories. The Directory links back to www.postpartum.net, where families will find links to local support coordinators and groups to complement mental health treatment.

PMH Providers can apply to be part of the directory at no charge. Applicants are reviewed before approval, and need to meet the following criteria:

- A professional perinatal mental health provider in good standing with state licensing standards.
- Completed specialized training in perinatal mental health, such as PSI's 2-day Certificate training, the 2020 Mom/PSI Webinar Certificate Course, or other specialized perinatal mental health trainings.

We hope you'll join us soon! You can sign up to be in the directory at <https://directorypsychapters.com/list-your-practice>

NEW to PSI!

New programs:

- [Perinatal Mental Health Certification](#)
- [Frontline Provider Training - for primary care providers](#)
- [Perinatal Psychiatric Consult Line - for medical professionals](#)

New on our website:

- [Media section](#) to help members of the print and broadcast media who are covering stories related to perinatal mood and anxiety disorders
- A revamped [home page](#), making it easier to find our HelpLine for people currently in need of perinatal mental health support. Our HelpLine has both English and Spanish support, and both phone and text options.

psioffice@postpartum.net | postpartum.net | 503-894-9453

HelpLine in English & Spanish: call 800-944-4773 or text 503-894-9453

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