

**OUR MISSION:
TO CLOSE GAPS IN MATERNAL MENTAL HEALTH CARE**

THE PROBLEM WE ARE HERE TO SOLVE:

**DEPRESSION AND ANXIETY are the MOST COMMON
COMPLICATIONS in PREGNANCY AND POSTPARTUM**

3.9 MILLION BIRTHS
in the U.S. every year

up to

1 in 5



affected by MMH disorders

ONLY



OF MOMS

receive professional help

MOMS of COLOR SUFFER at HIGHER RATES

POSTPARTUM DEPRESSION

30% AMERICAN INDIAN
AND
ALASKAN NATIVES

40+% BLACK AND LATINA

**30% of American Indian and
Alaskan Native mothers face
postpartum depression.**

The **Black and Latina** population
face **double the rates**
of White mothers.

**41% of Latinas
and 57% of Blacks
START TREATMENT**

Treatment access among Native/
Indigenous moms is currently unknown.

