


Up to **1 in 5** of those who are pregnant and in the postpartum period will suffer from a maternal mental health disorder like postpartum depression



Less than **15%** receive treatment




**1 in 4** will experience depression during pregnancy



Up to **56%** of those living in poverty experience postpartum depression



**Not Just Moms**  
Maternal mental health disorders impact the whole family



More Than **600,000** will suffer from a maternal mental health disorder in the U.S. every year



Almost **HALF** of adolescent girls struggle with their mental health. This will increase the number suffering postpartum depression in the future



Rates of Depression are more than **Doubled in the Black Population** due to cumulative effects of stress called "weathering"

