



WAYS TO GIVE



INDIVIDUAL

- Donate Online at www.postpartum.net
- Send Check by Mail to: 6706 SW 54th Ave. Portland, OR 97222
- Donor Advised Funds (DAFs): Through a Community Foundation/Private Family Foundation
- Donate Stock
- Wire transfer to PSI:
 - Account Title: POSTPARTUM SUPPORT INTERNATIONAL
 - Bank: Pershing, LLC
 - Account Number: A50002051
 - DTC # 0443
- Donate Airline Miles: Used for staff and volunteers to attend the conference
- Donate Hotel Points: Used for staff or volunteers to attend the conference
- Matching Gifts: Check your place of employment and see if they match gifts
- Giving Platforms: If your employer matches gifts made through a platform such as Benevity or Cybergrants, let us know if you need us to help you find PSI's listing.
- Individual Retirement Accounts (IRA) Donations: Beginning at age 70 ½ you can make a tax-free charitable contribution. Those who meet the age requirement can transfer up to \$100,000 per year directly from an IRA to an eligible charity without paying income tax on the transaction.



PLANNED GIVING

- 1987 Legacy Society: Name PSI in your Will or Estate Plans
- Quality Charitable Distribution (QCD): In addition to the benefits of giving to charity, a QCD excludes the amount donated from taxable income, unlike regular withdrawals from an IRA. Keeping your taxable income lower may reduce the impact to certain tax credits and deductions, including Social Security and Medicare.



GROUP & FOUNDATION PARTNERSHIPS

- Cause Marketing: A collaboration between a for-profit business and a nonprofit organization for a common benefit; increase in business sales and in PSI donations.
- Customer Donation Programs: Point of Sale Donations (Ex: Umpqua Dairy will donate 10% of sales from 12/1/22 - 12/31/22.)
- Workplace Giving Campaigns (WPG): Check with your employer
- Media Outlets: Telethons, Press Release
- Foundation Grants: Unrestricted and Restricted grants to PSI for programmatic operations



PEER-TO-PEER

- Climb out of the Darkness (COTD): Contact Program Manager, Emily Newton at cotd@postpartum.net
- Personal Fundraising Page: Set up a personal fundraising page
- Social Media Fundraisers: Share solicitations on (Instagram, Twitter, LinkedIn, Facebook)



INTERNATIONAL SUPPORT

- PSI Support Coordinators in the following countries: Canada, South Africa, Nigeria, Ireland, Mexico
- Climb out of The Darkness (COTD): Contact Emily Newton
- Scholarships: For International Coordinators to travel to the yearly conference
- Conference Attendance



IN-KIND DONATIONS

- Annual Conference: (Printing Services, Books for the Store, Travel Vouchers)
- Chapter Meetings: Volunteer Hours
- Climb out of The Darkness (COTD): Donate water, food, door prizes (etc.) to a Climb
- Volunteer Time: For more information visit, www.postpartum.net/join-us/volunteer

