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PSI ANNUAL CONFERENCE

CONFERENCE REGISTRATION ONLINE IN FEBRUARY!

Check back here later this month for online registration.



- June 28-30: Main conference, in Portland, Oregon for 2019
- June 26-27: 2-day pre-conference Certificate Course, Perinatal Mood and Anxiety Disorders: Components of Care
- June 30: 1-day Advanced Psychotherapy Training

Susan Hickman Research Award

The Susan A. Hickman Memorial Research Award is given by PSI each year to an individual involved in a scholarly research project that contributes to the field of perinatal mental health. The recipient is selected by the PSI Research Committee among qualified applicants. The full award is \$5000, which includes a stipend for travel to attend the annual PSI Conference. The 2019 award will be presented at the conference in Portland Oregon on June 28, 2019.

- Visit here for more info on the Hickman Award: <https://bit.ly/2yVjZIm>

- Create an account and apply here: https://psi.societyconference.com/?conf_id=10004&m=user&h=home
- Deadline: **April 1st, 2019**

PSI CERTIFICATE TRAININGS

2-Day PSI PMD Certificate Trainings and 1-Day Advanced Trainings



The 2-day PSI Certificate of Completion Course, taught by experienced and engaging faculty, is a thorough and evidence-based curriculum designed for nurses, physicians, social workers, mental health providers, childbirth professionals, social support providers, or anyone interested in learning skills and knowledge for assessment and treatment of perinatal mood disorders. Registration includes training binder, handouts, breakfast and lunch, and continuing education credits. Approved for 14.5 CMEs, CNEs, CEUs. Write to training@postpartum.net for more information, and visit [HERE](#) for the newest training dates and locations, sin.

Upcoming PMD Certificate Trainings

- February 27-28, Gilbert, Arizona (plus 3/1 Advanced*)
- March 28-29, Champaign, Illinois (plus 3/30 Advanced*)
- April 4-5, Anchorage Alaska (plus 4/6 Advanced*)
- April 11-12, Johnson City, Tennessee (plus 4/13 Advanced*)
- May 8-9, Barrie, Ontario (plus 5/10 Advanced*)
- May 16-17, Macon, Georgia (plus 5/17 Advanced*)
- June 26-27, Portland, Oregon (plus 6/30 Advanced*)

** Day 3 - Advanced Psychotherapy Trainings: The advanced psychotherapy course, or an equivalent six-hour advanced psychotherapy course that includes perinatal mental health, is a prerequisite for the Perinatal Mental Health Certification in the mental health/psychotherapy specialty. You can see alternative courses approved as prerequisites [here](#).*

PSI/2020 WEBINAR SERIES



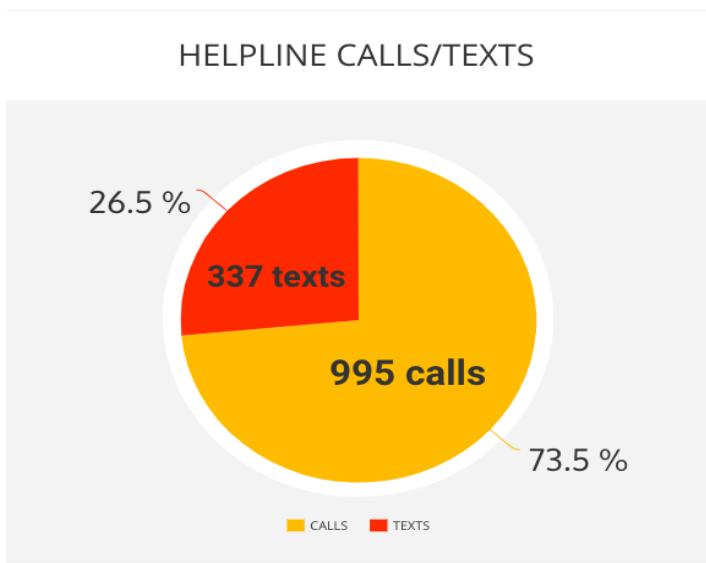
PSI/2020 MOM Maternal Mental Health Webinar Series begins on February 25.

Specialized training webinar series hosted by Postpartum Support International and 2020 Mom. This 8-session course, running from February 25 - June 3, 2019, is presented by top experts and trainers in the field of perinatal mental health. Join from the comfort of your own home or office, and network with other participants through the course while you complete this certificate course in perinatal mental health. The webinar course fulfills the 14-hour PMH certificate training for certification. Registration closes Wednesday, February 20, 2019 at 9pm Pacific Time. [Learn more and sign up HERE.](#)

PSI HELPLINE

Our helpline volunteers logged a total of 995 calls and 337 texts in January!

Call the PSI HelpLine at 1-800-944-4773(4PPD) or send a text message to our helpline at 503-894-9453. Our helpline is available in English and Spanish and helpline messages are returned every day of the week.



COORDINATOR SPOTLIGHT

Sondra Rodocker, Little Rock, Arkansas



"Hi, my name is Sondra. I've been a part of Postpartum Support International for 3 years now. I love being able to connect with families who are looking for someone to just listen to them. It's taught me that my battle with postpartum depression was not in vain. My journey has allowed me to help so many others.

Always remember, you are not alone in this journey. I am here for you, it's not always going to be like this. Some days are REALLY hard and that's ok. It's ok to not be ok. But know that someone is here for you."

**Coordinators are the direct contacts and representatives of PSI in their communities. They are active volunteers who provide social support, information, reassurance, and resources to moms and their families. PSI Coordinators also build connections and support networks with area providers and educators.*

MEMBERSHIP CORNER

Postpartum Support International has over 1,400 members, living in 19 countries around the world. We deeply appreciate each of you for being part of the worldwide safety net!

Member benefits range from access to our online groups (including our popular Reproductive Psychiatry listserv and Care Providers listserv, and the PSI Care Providers virtual consultation group), to discounts on trainings and educational materials.

Membership dues also support PSI as a whole as we provide direct peer support to families, train professionals, and provide a bridge to connect them. You can join us here. If you have any membership-related questions or suggestions, contact Edith at membership@postpartum.net.

Reminder to current members: To check the current full list of member benefits to see if you've missed out on any, log into the PSI portal, click on the "What would you like to do?" button, and choose "Access my member benefits".

CLIMB OUT OF THE DARKNESS



We are currently recruiting Climb Leaders to host events across the globe! Leaders will go through a training program, and will have support of other leaders and Emily, our Climb manager, in planning and executing the event. A Climb can be as simple as a play-date in a park. Last year COTD gave over \$50,000 to local programs and nearly \$90,000 to PSI state chapters. To learn more about leading a Climb where you live contact Emily Newton: cotd@postpartum.net.

You can also visit the Climb website here: <http://www.postpartum.net/join-us/climbout/>

NEW! NATIONAL PROVIDER DIRECTORY

Visit the directory here: <https://directorypsychapters.com/>



[FIND A PROVIDER](#) [FIND A STATE CHAPTER](#) [LEARN MORE](#)

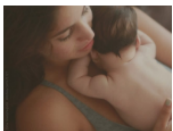
DID YOU KNOW? 1 IN 7 WOMEN SUFFER FROM POSTPARTUM DEPRESSION.

We provide direct peer support to families, train professionals, and provide a bridge to connect them.

[Click here](#) to take a 10-question self-rating scale to find out if you have postpartum symptoms

BROWSE BY CATEGORY

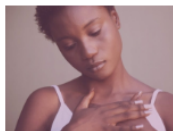
[more categories](#)



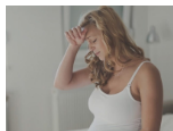
Additional Training/Certifications (167)



Languages (27)



Online Services Available (89)



Specialities (206)



Support Group (60)



Treatment Orientation (208)

Check out the National Perinatal Mental Health Provider Directory. PMH Providers can apply to be part of the directory at no charge. We have categories for healthcare providers, mental health professionals, support groups, and affiliated

professions. Applicants are reviewed before approval, and need to meet the following criteria:

- A professional perinatal mental health provider in good standing with state licensing standards.
- Completed specialized training in perinatal mental health, such as PSI's 2-day Certificate training, the 2020 Mom/PSI Webinar Certificate Course, or other specialized perinatal mental health trainings.

We will be sharing this resource publicly very soon! You can sign up on the directory at <https://directorypsychapters.com/list-your-practice>

Congratulations to the newest CERTIFIED PERINATAL MENTAL HEALTH PROFESSIONALS (PMH-C)!



California: Christina Calzadilla, Amanda Freeman, Molly Lucier, Sheyda Melkonian

Connecticut: Cory Bernard

Delaware: Megan O'Hara

Georgia: Bridget Cross, Kristy Christopher-Holloway

Illinois: Katie Bogacki

Massachusetts: Jessica Foley

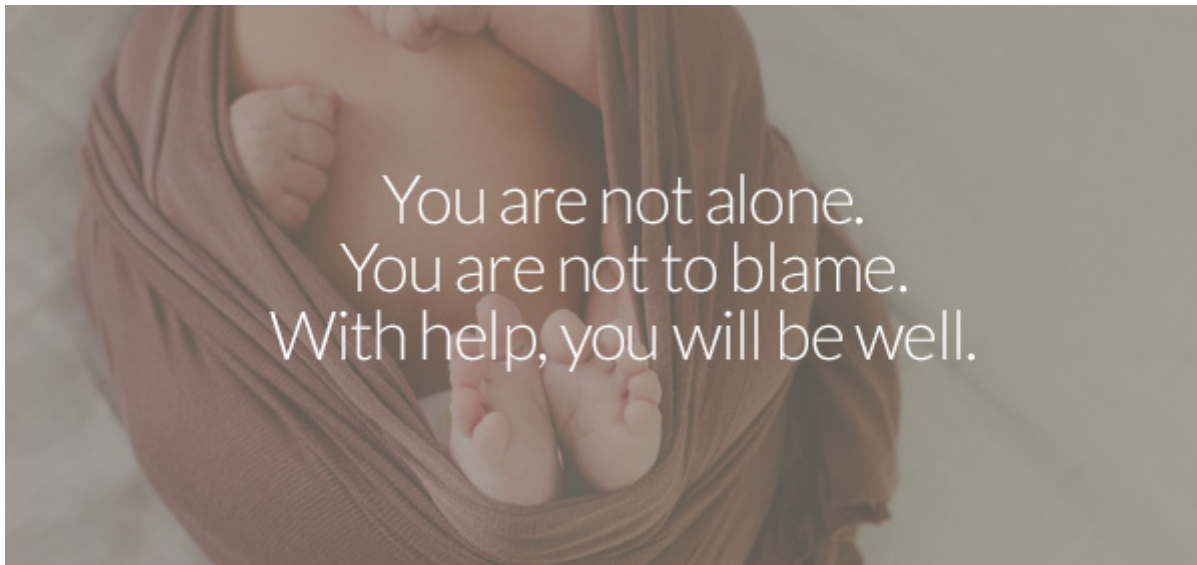
North Carolina: Alexandra Beckwith

New Hampshire: Mara Reichenberg

New York: Patricia Soriano Guzmán, JeanMarie Kelly, Vanessa Kunz, Julie Rosinski

Oregon: Sara Carmona

Texas: Lorissa Eichenberger



24/7 Helpline number:

1.800.944.4773

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