

GENERAL EDUCATION

NVC General Education

Effective Fall 2021 through Summer 2022

The following are the minimum general education requirements to be filled for graduation with a local Associate of Arts and/or an Associate of Science degree from Napa Valley College. If you are a transfer student, choose only courses that appear both here *and* on the appropriate transfer general education/breadth sheet (either the CSU-GE or IGETC advising sheet). Students who have already earned a Bachelor degree or higher from an accredited university are exempted from local NVC GE requirements. Consult a Counselor for more information.

Note: A course may be used for only one category except in the case of Area E for the AS degree. Students are required to complete 18-21 semester units in Areas A through E below. Information on this form is subject to change, please check the Napa Valley College catalog addendum webpage for revised requirements.

Statement of Philosophy

General education, an integrated program of courses, is the foundation of the Associate Degree. General education courses introduce students to the achievements, the methods of inquiry and the major principles and concepts in the humanities, the social sciences, mathematics, and the natural sciences. Graduates possess a common foundation of knowledge for understanding their physical environment, culture and society and the skills of inquiry, reflection, and expression for personal growth and lifelong learning.

A. Natural Science

Courses in the natural sciences are those that examine the physical universe, its life forms, and its natural phenomena. These courses will help the student develop an appreciation and understanding of the scientific method and also impart to the student an understanding of the relationships between science and the world around them. This category will include introductory or integrative courses in astronomy, biology, chemistry, general physical science, geology, meteorology, oceanography, physical geography, biological anthropology, physics and other scientific disciplines.

B. Social and Behavioral Sciences

Courses in the social and behavioral sciences are those that focus on people as members of society. The courses will develop an awareness of the method of inquiry used by the social and behavioral sciences. It should stimulate critical thinking about the ways people act in response to their societies and should promote an appreciation of how societies and social subgroups operate. This category will include introductory or integrative courses in cultural anthropology, cultural geography, economics, history, political science, psychology, sociology and related disciplines.

C. Humanities

Courses in the humanities are those that study the cultural activities and artistic expressions of human beings. The courses will help the student develop an awareness of the ways in which people throughout the ages and in different cultures have responded to themselves and the world around them with artistic and cultural creation and help the student develop aesthetic understanding and an ability to make value judgments. This category will include introductory or integrative courses in the arts, foreign languages, literature, philosophy, religion, and related disciplines.

D. Language and Rationality

Courses in language and rationality are those that develop the principles and applications of language, whether it be written, spoken or symbolic. These courses will explore language toward logical thought, clear and precise expression, and critical evaluation of communication. Three components of this area will be required.

D1. English Composition

Courses fulfilling the composition requirement will focus on written language. The course includes substantial instruction and practice in both expository and argumentative writing.

D2. Mathematical Concepts and Quantitative Reasoning

Courses fulfilling the mathematical concepts and quantitative reasoning requirement will focus on symbolic language. The course will help a student successfully process information requiring quantitative analysis, calculation, and the ability to use and criticize quantitative arguments.

D3. Communication and Analytical Thinking

Courses fulfilling the communication and analytical thinking requirement will focus on spoken or symbolic language. Courses fulfilling the requirement include oral communication, mathematics, logic, computer languages and programming, and related disciplines. The course will help the student achieve an understanding of the relationship between language and logic, developing an ability to communicate ideas, analyze and solve problems, and identify the assumptions upon which particular conclusions depend.

E. Multicultural/Gender Studies

Courses in multicultural/gender studies introduce students to multiple perspectives on contemporary social life. The course shall present an analysis of culture as well as gender, contributions and perspectives of underrepresented cultures and examine at least three specific social groups. Such analysis is to be explicit, not implicit, in the course of study. The course should include analysis of the contributions or perspectives of people belonging to multiple social groups including, but not limited to, groups based on age, sex, gender, race, ethnicity, sexual orientation, and disability. This category will include introductory courses in a variety of disciplines.

An associate degree documents students' educational achievements and provides them with a foundation for future learning. Since most jobs in the future will require some education beyond high school, the associate degree will make students more competitive in the job market.

An NVC associate degree consists of two main elements:

1. General education, which gives students a broad base of knowledge and
2. An academic program, in which a student specializes in a particular field of study. Depending on the academic program selected, the student will be awarded an Associate of Arts (A.A.) or Associate of Science (A.S.) Degree.

At Napa Valley College, the A.S. degree is earned in career technical programs that provide students with skills and training for immediate entry into the workforce, or in the fields of Science, Technology, Engineering or Mathematics. The A.A. Degree is earned for all other academic areas.

For Associate Degree for Transfer degrees (ADTs) see that section of the catalog as requirements are different for these degrees.

Area A: Natural Science

Select 1 course (minimum 3 units) from the following;

Code	Title	Units
ANTH-120	Biological Anthropology	4
ASTR-110	Descriptive Astronomy	3
BIOL-103	Introduction to Nutrition	3
BIOL-105	Human Biology	4
BIOL-110	Survey of Biology	4
BIOL-112	Introduction to Ecology	3
BIOL-117	Wildlife Biology	3
BIOL-120	General Biology	4
BIOL-218	Human Anatomy	5
CHEM-110	Introduction to Chemistry	4
CHEM-111	Introduction to Organic & Biological Chemistry	4
CHEM-120	General Chemistry 1	5
EART-110	Earth Science	4
ENVS-115	Introduction to Environmental Science	3
GEOG-110	Physical Geography	3
GEOL-110	Physical Geology	3
HEOC-100	Basic Anatomy & Physiology	3
PHYS-110	Descriptive Physics	3
PHYS-120	General Physics 1	4
PHYS-140	Physics for Scientists & Engineers 1	4

Area B: Social and Behavioral Sciences

Select 1 course (minimum 3 units) from the following;

Code	Title	Units
ADMJ-121	Introduction to Criminal Law	3
ADMJ-122	Introduction to Criminal Procedures	3
ADMJ-125	Introduction to Evidence	3
ANTH-121	Introduction to Cultural Anthropology	3
ANTH-122	Magic, Witchcraft, and Religion	3
ANTH-130	Introduction to Archaeology	3
ANTH-131	Mesoamerican Archaeology	3
ANTH-145	Medical Anthropology	3
ANTH-150	Anthropology of Sex, Gender and Sexuality	3
ANTH-180	The Anthropology of Childhood	3
ANTH-200	Linguistic Anthropology	3
CFS-120	Child Development	3
CFS-140	The Child, Family and Community	3
CFS-180	The Anthropology of Childhood	3
ECON-100	Principles of Macroeconomics	3
ECON-101	Principles of Microeconomics	3
ECON-120	Economic History of the U.S.	3
ENGI-110	Introduction to Engineering	3
GEOG-101	World Regional Geography	3
HIST-120	United States History 1 ¹	3
HIST-121	United States History 2 ¹	3
HIST-122	World History 1	3
HIST-123	World History 2	3

HIST-140	History of Modern Latin America	3
HIST-142	History of Mexico	3
HIST-145	California History	3
HIST-150	History of American Women 1600-1900 ¹	3
HIST-152	History of American Women Since 1900 ¹	3
HSRV-120	Introduction to Human Services	3
LGBT-120	Introduction to Lgbt Studies in the Family, Education and Community	3
LGBT-121	LGBT Communities, Family & Education in the 21st Century	3
POLI-120	Introduction to the Principles Of American Government ¹	3
POLI-125	Introduction to Modern Political Ideology	3
POLI-135	Comparative Government	3
POLI-140	International Relations	3
PSYC-120	General Psychology	3
PSYC-123	Social Psychology	3
PSYC-124	Psychology of Adjustment	3
PSYC-125	Human Development	3
PSYC-126	Abnormal Psychology	3
PSYC-128	Cross-Cultural Psychology	3
PSYC-135	Human Sexuality	3
PSYC-220	Research Methods in Psychology	3
SOCI-120	Introduction to Sociology	3
SOCI-122	Social Problems	3
SOCI-130	Introduction to Queer Studies	3
SOCI-140	Sociology of Sex and Gender	3
SOCI-150	Sociology of Race & Ethnicity	3
SOCI-190	Introduction to Social Research	3
SPCOM-126	Intercultural Communication	3

¹ A.A. Degree only: courses chosen to satisfy the History and Institutions requirement cannot be used to satisfy Area B.

Area C: Humanities

Select 1 course (minimum 3 units) from the following;

Code	Title	Units
ASL-120	First Semester American Sign Language	5
ASL-121	Second-Semester American Sign Language	5
ANTH-150	Anthropology of Sex, Gender and Sexuality	3
ARTH-101	Introduction to Visual Culture	3
ARTH-105	History of Western Art: Prehistoric Through Medieval	3
ARTH-106	History of Western Art: Renaissance to Contemporary	3
ARTH-118	Survey of Modern Art	3
ARTH-130	History of Asian Art	3
ARTH-135	Arts of Africa, Oceania, and Native North America	3
ARTH-180	History of Photography	3
ARTS-100	Foundations of Studio Arts	3
CFS-145	Language Development & Early Literacy	3
DANS-160	Dance Appreciation	3

DANS-170	Dance History	3	PHIL-129	Introduction to Epistemology and Metaphysics	3
DART-101	Graphic Design Foundations	3	PHIL-131	Introduction to Logic and Critical Thinking	3
DART-120	Intro to Digital Art & Graphic Design	3	PHIL-133	World Philosophy	3
ENGL-121	Advanced Composition and Literary Analysis	3	PHIL-134	Philosophy of Religion	3
ENGL-123	Advanced Composition and Critical Thinking About Literature	4	PHIL-137	Comparative Religions	3
ENGL-213	Survey of British Literature 1	3	PHOT-120	Introduction to Photography	3
ENGL-214	Survey British Literature 2	3	PHOT-180	History of Photography	3
ENGL-215	Survey of American Literature 1	3	SPAN-111	Elementary Spanish I (Part B)	3
ENGL-216	Survey of American Literature 2	3	SPAN-120	Elementary Spanish I	5
ENGL-220	Shakespeare:Introduction	3	SPAN-121	Elementary Spanish II	5
ENGL-224	Survey of Native American Literature	3	SPAN-240	Intermediate Spanish I	5
ENGL-226	Survey of African American Literature	3	SPAN-241	Intermediate Spanish II	5
FILM-100	Survey and Appreciation of Film	3	SPAN-280	Spanish for Heritage Speakers I	5
FILM-101	Introduction to Film Production	3	SPAN-281	Spanish for Heritage Speakers II	5
FILM-102	Survey of Film and Media	3	SPAN-282	Introduction to Hispanic Literature	3
FILM-105	Film History: 1895-1949	3	THEA-100	Introduction to Theater	3
FILM-110	Culture and Gender in Film	3	THEA-105	Culture and Gender in Theater	3
FILM-115	World Cinema	3			
FILM-120	Horror Film	3			
FILM-121	Film Comedy	3			
FILM-125A	Film Genres: Film Noir	3			
FILM-125B	Film Genres: Western	3			
FILM-125C	Film Genres: Drama	3			
FILM-125D	Film Genres: Musical	3			
FREN-120	First Semester French	5			
FREN-121	Second Semester French	5			
HIST-122	World History 1	3			
HIST-123	World History 2	3			
HUMA-100	The American Mind 1	3			
HUMA-101	The American Mind 2	3			
HUMA-112	Introduction to Africana Studies	3			
HUMA-113	Introduction to Mex-American and Chicana(o) Studies	3			
HUMA-125	Introduction to Latin American Studies	3			
HUMA-151	Women's Ethnic Heritage	3			
HUMA-160	Filipina(o)-American Heritage	3			
HUMA-174	Culture and Gender in Theater	3			
ITAL-120	First Semester Italian	5			
ITAL-121	Second Semester Italian	5			
MUSI-110	Fundamentals of Music	3			
MUSI-112	Survey & Appreciation of Music	3			
MUSI-113	Music In American Culture	3			
MUSI-114	Survey & History of Jazz	3			
MUSI-121	Music Theory I	3			
MUSI-122	Music Theory II	3			
PHIL-120	Introduction to Philosophy 1	3			
PHIL-121	Introduction to Philosophy 2	3			
PHIL-125	Introduction to Ethics	3			
PHIL-127	Feminist Philosophy	3			
PHIL-128	Social and Political Philosophy	3			

Area D: Language and Rationality

Complete 3 courses with a grade of "C" or better, one each from D1, D2, and D3 (minimum of 9 units) from the following;

Code	Title	Units
Area D1: English Composition ¹		
ENGL-120	College Composition and Research	4
ENGL-120B	Reading and Composition Stretch 2	3
Area D2: Mathematics ²		
MATH-94	Intermediate Algebra	5
MATH-95	Foundations of Algebra for Math Intensive Fields	5
MATH-99	Intermediate Algebra, Part B	3
MATH-106	College Algebra	4
MATH-108	Trigonometry	3
MATH-115	Applied Calculus	5
MATH-120	Calculus I	5
MATH-121	Calculus II	5
MATH-130	Mathematical Concepts for Elementary School Teachers-Number Systems	3
MATH-220	Linear Algebra	3
MATH-221	Multivariable Calculus	5
MATH-222	Differential Equations	3
MATH-232	Statistics	3
MATH-235	Finite Mathematics	3
TECH-107	Technical Mathematics II	3
Area D3: Communication and Analytical Thinking		
ADMJ-123	Introduction to Community Policing	3
ADMJ-124	Introduction to Investigation	3
ASL-120	First Semester American Sign Language	5
ANTH-150	Anthropology of Sex, Gender and Sexuality	3
ANTH-200	Linguistic Anthropology	3
BIOL-103	Introduction to Nutrition	3
BIOL-110	Survey of Biology	4
BIOL-112	Introduction to Ecology	3

BIOL-120	General Biology	4	MATH-220	Linear Algebra	3
BIOL-219	Human Physiology	5	MATH-221	Multivariable Calculus	5
BIOL-220	General Microbiology	5	MATH-222	Differential Equations	3
BIOL-240	General Zoology	5	MATH-232	Statistics	3
BIOL-241	General Botany	5	MATH-235	Finite Mathematics	3
BUSI-103	Legal Environment of Business	3	PHIL-120	Introduction to Philosophy 1	3
BUSI-297	Personal Money Management	3	PHIL-121	Introduction to Philosophy 2	3
CHEM-110	Introduction to Chemistry	4	PHIL-125	Introduction to Ethics	3
CHEM-111	Introduction to Organic & Biological Chemistry	4	PHIL-126	Contemporary American Ethics	3
CHEM-120	General Chemistry 1	5	PHIL-131	Introduction to Logic and Critical Thinking	3
CHEM-121	General Chemistry 2	5	PHYS-110	Descriptive Physics	3
CFS-123	Observation & Assessment	4	PHYS-120	General Physics 1	4
CFS-135	The Cognitive Development of Young Children	3	PHYS-121	General Physics 2	4
CFS-140	The Child, Family and Community	3	PHYS-140	Physics for Scientists & Engineers 1	4
CFS-155	Sensitive Issues in Early Childhood	3	PHYS-240	Physics for Scientists & Engineers 2	4
COUN-100	College Success	3	POLI-125	Introduction to Modern Political Ideology	3
EART-110	Earth Science	4	POLI-135	Comparative Government	3
ECON-100	Principles of Macroeconomics	3	POLI-140	International Relations	3
ECON-101	Principles of Microeconomics	3	PSYC-124	Psychology of Adjustment	3
ENGL-121	Advanced Composition and Literary Analysis	3	PSYC-135	Human Sexuality	3
ENGL-123	Advanced Composition and Critical Thinking About Literature	4	PSYC-220	Research Methods in Psychology	3
ENGL-125	Advanced Composition & Critical Thinking	3	RESP-120	Respiratory Care Theory I	6
ENGL-200	Introduction to Creative Writing 1	3	SOCI-122	Social Problems	3
ENGL-201	Introduction to Creative Writing 2	3	SOCI-190	Introduction to Social Research	3
ENGL-202	Introduction to Creative Writing 3	3	SPAN-240	Intermediate Spanish I	5
ENGL-213	Survey of British Literature 1	3	SPAN-241	Intermediate Spanish II	5
ENGL-214	Survey British Literature 2	3	SPAN-280	Spanish for Heritage Speakers I	5
ENGL-215	Survey of American Literature 1	3	SPAN-281	Spanish for Heritage Speakers II	5
ENGL-216	Survey of American Literature 2	3	SPCOM-120	Interpersonal Communication	3
ENGL-220	Shakespeare:Introduction	3	SPCOM-122	Public Speaking	3
ESL-106	Oral Communication 3	4	SPCOM-124	Career Communication	3
FILM-110	Culture and Gender in Film	3	SPCOM-126	Intercultural Communication	3
HEOC-101	Pharmacology	3	SPCOM-128	Critical Thinking: Argumentation and Debate	3
HUMA-100	The American Mind 1	3	TECH-92	Technical Mathematics 1	3
HUMA-101	The American Mind 2	3	TECH-107	Technical Mathematics II	3
HUMA-125	Introduction to Latin American Studies	3	THEA-110	Acting I	3
LIBR-100	Becoming a Skilled Researcher ³	1	THEA-140	Technical Theatre in Production ³	1-3
MATH-90	Beginning Algebra	5	THEA-156	Theater Production: Classical ³	1-3
MATH-93	Applied Algebra for Statistics	3	THEA-210	Acting III	3
MATH-94	Intermediate Algebra	5	THEA-244	Acting IV	3
MATH-95	Foundations of Algebra for Math Intensive Fields	5			
MATH-97	Beginning Algebra, Part B	3			
MATH-99	Intermediate Algebra, Part B	3			
MATH-106	College Algebra	4			
MATH-108	Trigonometry	3			
MATH-115	Applied Calculus	5			
MATH-120	Calculus I	5			
MATH-121	Calculus II	5			

¹ Writing competency can be demonstrated through the completion of the English composition requirements under GE area D1 with a "C" or better.

² Math competency can be demonstrated through tests offered by the Assessment Center, or with completion of the Mathematics requirements under GE Area D2 with a grade of "C" or better.

Area E: Multicultural/Gender Studies

Effective Fall 2001 for the A.S. Degree only, course taken for Area E may double count for one other area of GE, providing the course is listed in that area.

Select 1 course (minimum 3 units) from the following;

Code	Title	Units
ADMJ-123	Introduction to Community Policing	3
ANTH-121	Introduction to Cultural Anthropology	3
ANTH-145	Medical Anthropology	3
ANTH-150	Anthropology of Sex, Gender and Sexuality	3
ANTH-180	The Anthropology of Childhood	3
CFS-140	The Child, Family and Community	3
CFS-180	The Anthropology of Childhood	3
ENGL-224	Survey of Native American Literature	3
ENGL-226	Survey of African American Literature	3
FILM-110	Culture and Gender in Film	3
HIST-145	California History	3
HIST-150	History of American Women 1600-1900	3
HIST-152	History of American Women Since 1900	3
HCTM-126	Culture and Cuisine	3
HSRV-124	Working With Diverse Populations	3
HUMA-100	The American Mind 1	3
HUMA-101	The American Mind 2	3
HUMA-112	Introduction to Africana Studies	3
HUMA-113	Introduction to Mex-American and Chicana(o) Studies	3
HUMA-125	Introduction to Latin American Studies	3
HUMA-151	Women's Ethnic Heritage	3
HUMA-160	Filipina(o)-American Heritage	3
HUMA-174	Culture and Gender in Theater	3
LGBT-120	Introduction to Lgbt Studies in the Family, Education and Community	3
LGBT-121	LGBT Communities, Family & Education in the 21st Century	3
PHOT-182	Photography in a Multicultural United States	3
PSYC-128	Cross-Cultural Psychology	3
SOCI-130	Introduction to Queer Studies	3
SOCI-140	Sociology of Sex and Gender	3
SOCI-150	Sociology of Race & Ethnicity	3
SPCOM-126	Intercultural Communication	3
THEA-105	Culture and Gender in Theater	3

Additional Graduation Requirements

American History/Institutions Requirement (A.A. Degrees Only)

Select 1 course from Group 1 and 1 course from Group 2. Courses chosen to satisfy this requirement cannot be used to satisfy Area B. *Students who have already earned a Bachelor degree or higher from an accredited university are exempt from the American History/Institutions Requirements.*

Code	Title	Units
Group 1: U.S. History		
Select 1 course from the following;		
HIST-120	United States History 1	3
HIST-121	United States History 2	3
HIST-150	History of American Women 1600-1900	3
HIST-152	History of American Women Since 1900	3

Code	Title	Units
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Group 2: Political Science

Select 1 course from the following;		
POLI-120	Introduction to the Principles Of American Government	3

Kinesiology/Health Requirement

Choice of 3 units of Kinesiology (KINE) and/or Dance (DANS) courses or complete HELH-106.

Exemptions:

1. *Students majoring in Health Occupation;*
2. *Veterans with six months service receive unit credit for KINE (formerly PHYE) and HELH 106.*
3. *Completion of the Police Academy*
4. *Students who have already earned a Bachelor degree or higher from an accredited university.*

Math, Reading, and Writing Competencies

- **Math competency** can be demonstrated through tests offered by the Assessment Center, or with completion of the Mathematics requirements under GE Area D2 with a "C" or better.
- **Reading competency** can be demonstrated with a grade of "C" or better in a transferable course with a strong reading component.
- **Writing competency** can be demonstrated through the completion of the English composition requirements under GE Area D1 with a "C" or better.

CSU General Education

Effective Fall 2021 through Summer 2022

A new CSU General Education course list is published each academic year and courses may be added or deleted. If a course no longer appears on the current year's list, the student may still receive credit for the certified course, if it was approved at the time when the student took the course. A course may be used to satisfy only one General Education area, unless it is noted otherwise. The list of courses approved for the CSU General Education pattern is available online at the college's Articulation website (<http://www.napavalley.edu/studentaffairs/Articulation/Pages/welcome.aspx>).

Students are strongly advised to consult with their NVC Counselor for specific transfer and admissions requirements. More information can be obtained from the NVC Counseling Center or the Transfer Center to obtain additional information regarding CSU and UC campus specific transfer general education course qualifications.

Napa Valley College students have the opportunity to complete all of their lower division CSU-GE requirements for the BA/BS Degree prior to transferring to any of the 23 California State Universities. The General Education Requirements for the California State University (CSU) system specifies courses within subject areas which will satisfy the 39 lower division GE requirements for any campus. Completion of CSU GE is *not required* before transfer but it is *highly recommended* for most students. Completion of at least 30 of the 39 lower division GE and Areas A1, A2, A3, and B4 requirements is necessary to transfer to a CSU with upper division standing. To be eligible for admission, students must also have a total of 60 CSU transferable units with a minimum cumulative GPA of 2.0.

For some students in *high unit majors* such as sciences and engineering, completing the pre-major course requirements will be a priority over completing GE requirements. Napa Valley College courses with a number

designation of 100 through 299 are transferable to all CSU campuses, but only a select group of these courses qualify for CSU GE.

Students pursuing an AS-T or AA-T degree must complete the entire CSU-GE pattern by meeting all requirements in the five GE Areas A through E. The U.S. History, Constitution and American Ideals is not required but highly recommended.

By following the pattern of CSU General Education (GE) requirements, the student will be eligible for:

- 1. Certificate of Achievement in CSU General Education:** Students must meet with a Counselor to complete this petition prior to the deadline. Completion of this local NVC Certificate of Achievement will be noted on the final transcript and allows students to participate in the annual graduation ceremony.
- 2. Certification of CSU General Education Breadth**
Requirements: Students must request CSU-GE certification when requesting final transcripts to be sent from NVC to the CSU transfer school. The transcript requests can be made online or at the Napa Valley College Admissions and Records office. Students may qualify for either full certification or partial subject-area certification.
 - a. Full CSU-GE Certification:** All requirements must be completed in all five CSU-GE Areas A through E. Obtaining full certification means a student will not have to complete additional lower division GE requirements that may be required at that CSU school. *The U.S. History, Constitution and American Ideals* is **not** a part of CSU-GE Certification, however the courses that comprise this requirement can be double-counted in Area D. Please consult a Counselor for details.
 - b. Partial CSU-GE Certification:** Partial CSU-GE Certification is granted when all courses in one or more subject areas of CSU-GE have been completed. A student who transfers to a CSU with partial GE Certification will not have to complete GE requirements in that same GE Area upon transfer. If a student has not fully completed the requirements of an area, that area may not be certified.

Courses taken at CSU campuses or other California Community Colleges will be applied to the subject areas in which they were listed by the school where the course was taken. All CSU campuses allow applicants who submit full or partial certifications to double count courses for general education and major requirements, but most campuses have limitations. Consult a Counselor for details.

Note: Courses may be listed in more than one area, but shall not be counted in more than one area. A grade of "C-" or higher is required for courses in Areas A1, A2, A3, and B4. Information on this form is subject to change, please check with the Counseling Office for details.

Area A: English Language Communication and Critical Thinking

Select 1 course each (9 units minimum) from A1, A2, and A3 with a minimum grade of "C-"

Code	Title	Units
A1: Oral Communication (3 units minimum)		
Grade of "C-" or better is required.		
SPCOM-120	Interpersonal Communication	3
SPCOM-122	Public Speaking	3
SPCOM-124	Career Communication	3

SPCOM-126	Intercultural Communication	3
SPCOM-128	Critical Thinking: Argumentation and Debate	3
SPCOM-130	Small Group Communication	3
A2: Written Communication (3 units minimum)		
Grade of "C-" or better is required.		
ENGL-120	College Composition and Research	4
ENGL-120B	Reading and Composition Stretch 2	3
A3: Critical Thinking (3 units minimum)		
Grade of "C-" or better is required.		
ENGL-123	Advanced Composition and Critical Thinking About Literature	4
ENGL-125	Advanced Composition & Critical Thinking	3
PHIL-120	Introduction to Philosophy 1	3
PHIL-121	Introduction to Philosophy 2	3
PHIL-126	Contemporary American Ethics	3
PHIL-131	Introduction to Logic and Critical Thinking	3
SPCOM-128	Critical Thinking: Argumentation and Debate	3

Area B: Scientific Inquiry and Quantitative Reasoning

Select 2 courses, one from Area B1 and one from Area B2, with at least one approved laboratory course. In addition, select 1 Mathematics course from Area B4. (9 units minimum)

Code	Title	Units
B1: Physical Sciences (3 units minimum)		
ASTR-110	Descriptive Astronomy	3
CHEM-110	Introduction to Chemistry (Satisfies Laboratory Course Requirement)	4
CHEM-111	Introduction to Organic & Biological Chemistry (Satisfies Laboratory Course Requirement)	4
CHEM-120	General Chemistry 1 (Satisfies Laboratory Course Requirement)	5
CHEM-121	General Chemistry 2 (Satisfies Laboratory Course Requirement)	5
CHEM-240	Organic Chemistry 1 (Satisfies Laboratory Course Requirement)	4
CHEM-241	Organic Chemistry 2 (Satisfies Laboratory Course Requirement)	4
EART-110	Earth Science (Satisfies Laboratory Course Requirement)	4
GEOG-110	Physical Geography	3
GEOL-110	Physical Geology	3
GEOL-111	Physical Geology Laboratory (Satisfies Laboratory Course Requirement)	1
PHYS-110	Descriptive Physics	3
PHYS-111	Descriptive Physics Laboratory (Satisfies Laboratory Course Requirement)	1
PHYS-120	General Physics 1 (Satisfies Laboratory Course Requirement)	4
PHYS-121	General Physics 2 (Satisfies Laboratory Course Requirement)	4
PHYS-140	Physics for Scientists & Engineers 1 (Satisfies Laboratory Course Requirement)	4

PHYS-240	Physics for Scientists & Engineers 2 (Satisfies Laboratory Course Requirement)	4	ARTS-102	3D Foundations	3
PHYS-241	Physics for Scientists & Engineers 3 (Satisfies Laboratory Course Requirement)	4	ARTS-112	Creative Drawing	3
B2: Life Sciences (3 units minimum)			ARTH-101	Introduction to Visual Culture	3
ANTH-120	Biological Anthropology (Satisfies Laboratory Course Requirement)	4	ARTH-105	History of Western Art: Prehistoric Through Medieval	3
BIOL-105	Human Biology (Satisfies Laboratory Course Requirement)	4	ARTH-106	History of Western Art: Renaissance to Contemporary	3
BIOL-110	Survey of Biology (Satisfies Laboratory Course Requirement)	4	ARTH-110	History of Graphic Design	3
BIOL-112	Introduction to Ecology	3	ARTH-118	Survey of Modern Art	3
BIOL-117	Wildlife Biology	3	ARTH-130	History of Asian Art	3
BIOL-120	General Biology (Satisfies Laboratory Course Requirement)	4	ARTH-135	Arts of Africa, Oceania, and Native North America	3
BIOL-218	Human Anatomy (Satisfies Laboratory Course Requirement)	5	ARTH-180	History of Photography	3
BIOL-219	Human Physiology (Satisfies Laboratory Course Requirement)	5	CFS-196	Music and Movement in Early Childhood	3
BIOL-220	General Microbiology (Satisfies Laboratory Course Requirement)	5	DANS-160	Dance Appreciation	3
BIOL-240	General Zoology (Satisfies Laboratory Course Requirement)	5	DANS-170	Dance History	3
BIOL-241	General Botany (Satisfies Laboratory Course Requirement)	5	FILM-100	Survey and Appreciation of Film	3
B3: Laboratory Science Requirement			FILM-102	Survey of Film and Media	3
Any course from B1 or B2 that lists the Laboratory Requirement in parenthesis will complete the requirement for B3.			FILM-110	Culture and Gender in Film	3
B4: Mathematics/Quantitative Reasoning (3 units minimum)			FILM-117	Director's Cinema	3
Grade of "C-" or higher is required.			FILM-120	Horror Film	3
MATH-106	College Algebra	4	FILM-121	Film Comedy	3
MATH-108	Trigonometry	3	FILM-125A	Film Genres: Film Noir	3
MATH-115	Applied Calculus	5	FILM-125B	Film Genres: Western	3
MATH-120	Calculus I	5	FILM-125C	Film Genres: Drama	3
MATH-121	Calculus II	5	FILM-125D	Film Genres: Musical	3
MATH-130	Mathematical Concepts for Elementary School Teachers-Number Systems	3	HUMA-125	Introduction to Latin American Studies	3
MATH-220	Linear Algebra	3	HUMA-174	Culture and Gender in Theater	3
MATH-221	Multivariable Calculus	5	MUSI-110	Fundamentals of Music	3
MATH-222	Differential Equations	3	MUSI-112	Survey & Appreciation of Music	3
MATH-232	Statistics	3	MUSI-113	Music In American Culture	3
MATH-235	Finite Mathematics	3	MUSI-114	Survey & History of Jazz	3
SOCI-190	Introduction to Social Research	3	MUSI-121	Music Theory I	3
TECH-107	Technical Mathematics II	3	MUSI-122	Music Theory II	3
			MUSI-196	Music & Movement in Early Childhood	3
			PHOT-120	Introduction to Photography	3
			PHOT-121	Beginning Darkroom Photography	3
			PHOT-180	History of Photography	3
			THEA-100	Introduction to Theater	3
			THEA-105	Culture and Gender in Theater	3
			THEA-115	Acting Shakespeare	3
			THEA-120	History of Theater	3
			THEA-141	Stagecraft	3
			THEA-142	Introduction to Stage Costume	3

Area C: Arts and Humanities

Select 3 courses (9 units minimum), with at least 1 course from Area C1 and at least 1 course from Area C2. The remaining course may be selected from either Area C1 or Area C2.

Code	Title	Units
C1: Arts, Cinema, Dance, Music, Theater (3 units minimum)		
ARTS-100	Foundations of Studio Arts	3
ARTS-101	2D Foundations	3

C2: Humanities: Literature, Philosophy, Languages Other Than English (3 units minimum)

ASL-120	First Semester American Sign Language	5
ASL-121	Second-Semester American Sign Language	5
CFS-145	Language Development & Early Literacy	3
ENGL-121	Advanced Composition and Literary Analysis	3
ENGL-123	Advanced Composition and Critical Thinking About Literature	4

ENGL-200	Introduction to Creative Writing 1	3
ENGL-201	Introduction to Creative Writing 2	3
ENGL-202	Introduction to Creative Writing 3	3
ENGL-213	Survey of British Literature 1	3
ENGL-214	Survey British Literature 2	3
ENGL-215	Survey of American Literature 1	3
ENGL-216	Survey of American Literature 2	3
ENGL-220	Shakespeare:Introduction	3
ENGL-224	Survey of Native American Literature	3
ENGL-226	Survey of African American Literature	3
ENGL-228	Chicano and Latinx Literature	3
ENGL-231	Literature and Sexuality	3
FILM-105	Film History: 1895-1949	3
FILM-106	Film History: 1950s to Present	3
FILM-115	World Cinema	3
FREN-120	First Semester French	5
FREN-121	Second Semester French	5
HIST-122	World History 1	3
HIST-123	World History 2	3
HIST-140	History of Modern Latin America	3
HUMA-100	The American Mind 1	3
HUMA-101	The American Mind 2	3
HUMA-112	Introduction to Africana Studies	3
HUMA-113	Introduction to Mex-American and Chicana(o) Studies	3
HUMA-125	Introduction to Latin American Studies	3
HUMA-151	Women's Ethnic Heritage	3
HUMA-160	Filipina(o)-American Heritage	3
ITAL-120	First Semester Italian	5
ITAL-121	Second Semester Italian	5
PHIL-120	Introduction to Philosophy 1	3
PHIL-121	Introduction to Philosophy 2	3
PHIL-125	Introduction to Ethics	3
PHIL-126	Contemporary American Ethics	3
PHIL-127	Feminist Philosophy	3
PHIL-128	Social and Political Philosophy	3
PHIL-129	Introduction to Epistemology and Metaphysics	3
PHIL-133	World Philosophy	3
PHIL-134	Philosophy of Religion	3
PHIL-137	Comparative Religions	3
PHOT-181	Contemporary Issues in Photography	3
PHOT-182	Photography in a Multicultural United States	3
SPAN-120	Elementary Spanish I	5
or SPAN-110 & SPAN-111	Elementary Spanish I (Part A) and Elementary Spanish I (Part B)	
SPAN-121	Elementary Spanish II	5
SPAN-240	Intermediate Spanish I	5
SPAN-241	Intermediate Spanish II	5
SPAN-280	Spanish for Heritage Speakers I	5
SPAN-281	Spanish for Heritage Speakers II	5

SPAN-282	Introduction to Hispanic Literature	3
THEA-120	History of Theater	3

Area D: Social Sciences

(2 courses, 6 semester units, minimum) **Note: The requirements for this area were revised for 2021-2022. Students who begin their first college enrollment in Fall 2021 or later must now complete 2 courses, 6 semester units, for Area D and 1 course, 3 units, from the new Area F, Ethnic Studies. Students enrolled at a California Community College prior to Fall 2021 who maintain continuous enrollment must complete 3 courses, 9 semester units, from at least 2 disciplines to fulfill this requirement.*²

Code	Title	Units
ADMJ-120	Introduction to the Criminal Justice System	3
ADMJ-121	Introduction to Criminal Law	3
ANTH-121	Introduction to Cultural Anthropology	3
ANTH-122	Magic, Witchcraft, and Religion	3
ANTH-130	Introduction to Archaeology	3
ANTH-131	Mesoamerican Archaeology	3
ANTH-145	Medical Anthropology	3
ANTH-150	Anthropology of Sex, Gender and Sexuality	3
ANTH-180	The Anthropology of Childhood	3
ANTH-200	Linguistic Anthropology	3
CFS-120	Child Development	3
CFS-140	The Child, Family and Community	3
CFS-180	The Anthropology of Childhood	3
ECON-100	Principles of Macroeconomics	3
ECON-101	Principles of Microeconomics	3
ECON-120	Economic History of the U.S.	3
ENGL-224	Survey of Native American Literature	3
ENGL-226	Survey of African American Literature	3
GEOG-101	World Regional Geography	3
HIST-120	United States History 1 ¹	3
HIST-121	United States History 2 ¹	3
HIST-122	World History 1	3
HIST-123	World History 2	3
HIST-140	History of Modern Latin America	3
HIST-142	History of Mexico	3
HIST-145	California History	3
HIST-150	History of American Women 1600-1900 ¹	3
HIST-152	History of American Women Since 1900 ¹	3
HUMA-100	The American Mind 1	3
HUMA-101	The American Mind 2	3
HUMA-112	Introduction to Africana Studies	3
HUMA-113	Introduction to Mex-American and Chicana(o) Studies	3
HUMA-160	Filipina(o)-American Heritage	3
LGBT-120	Introduction to Lgbt Studies in the Family, Education and Community	3
LGBT-121	LGBT Communities, Family & Education in the 21st Century	3
PHIL-127	Feminist Philosophy	3
POLI-120	Introduction to the Principles Of American Government ¹	3

POLI-125	Introduction to Modern Political Ideology	3	DANS-132	Introduction to Dance	1-1.5
POLI-135	Comparative Government	3	DANS-133	Barre Fitness	1-1.5
POLI-140	International Relations	3	DANS-134	Ballet Level I	1-1.5
POLI-145	International Political Economy	3	DANS-134B	Ballet II	1-1.5
PSYC-120	General Psychology	3	DANS-134D	Ballet Teaching Assistant	1-1.5
PSYC-123	Social Psychology	3	DANS-135	Street Jazz (Beginning Hip Hop)	1-1.5
PSYC-124	Psychology of Adjustment	3	DANS-135B	Street Jazz (Hip Hop) Level 2	1-1.5
PSYC-125	Human Development	3	DANS-135D	Street Jazz (Beg. Hip Hop) Teach Assist	1-1.5
PSYC-126	Abnormal Psychology	3	DANS-136	Jazz Dance I	1-1.5
PSYC-128	Cross-Cultural Psychology	3	DANS-136B	Jazz Dance II	1-1.5
PSYC-135	Human Sexuality	3	DANS-136D	Jazz Dance Teaching Assistant	1-1.5
PSYC-175	Theories of Personality	3	DANS-137A	Tap Dance 1	1-1.5
PSYC-220	Research Methods in Psychology	3	DANS-137B	Tap Dance 2	1-1.5
SOCI-120	Introduction to Sociology	3	DANS-137C	Tap Dance Teaching Assistant	1-1.5
SOCI-122	Social Problems	3	DANS-138	Modern Dance Level I	1-1.5
SOCI-130	Introduction to Queer Studies	3	DANS-138B	Modern Dance II	1-1.5
SOCI-140	Sociology of Sex and Gender	3	DANS-138D	Modern Dance Teaching Assistant	1-1.5
SOCI-150	Sociology of Race & Ethnicity	3	DANS-140	Dance Production	1-1.5
SOCI-154	Sociology of Crime	3	DANS-140C	Repertory Dance Company	0.5-1
SOCI-190	Introduction to Social Research	3	DANS-141	Dance Production - B	0.5-1.5
SPCOM-126	Intercultural Communication	3	DANS-142	Choreography	2
			DANS-154	Mat Pilates	1-1.5
			DANS-154B	Intermediate Pilates	1-1.5
			DANS-160	Dance Appreciation	3
			DANS-170	Dance History	3
			DANS-199	Dance Independent Study	1-3
			KINE-100	Swimming	1.5
			KINE-100B	Intermediate Swimming	1.5
			KINE-101	Muscle and Tension Release Techniques	1.5
			KINE-102A	Water Exercise-Beginning	1.5
			KINE-102B	Water Exercise (Deep Water)	1.5
			KINE-103	Fitness for Life	1.5
			KINE-104	Fitness Training for Success	1.5
			KINE-112	Golf	1.5
			KINE-112B	Intermediate Golf	1.5
			KINE-113	Badminton	1.5
			KINE-113B	Intermediate Badminton	1.5
			KINE-115	Cross Training	1.5
			KINE-123	Tennis	1.5
			KINE-123B	Intermediate Tennis	1.5
			KINE-124	Introduction to Spikeball	1.5
			KINE-125	Volleyball	1.5
			KINE-125B	Intermediate Volleyball	1.5
			KINE-127	Sand Volleyball	1.5
			KINE-127B	Intermediate/Advanced Sand Volleyball	1.5
			KINE-129	Spinning	1.5
			KINE-129B	Intermediate Spinning	1.5
			KINE-130	Yoga	1.5
			KINE-130B	Intermediate Yoga	1.5
			KINE-131	Cardio Kickboxing	1.5
			KINE-131B	Intermediate Cardio Kickboxing	1.5
			KINE-133	Body Sculpting	1.5

¹ May double-count for Area D and the CSU graduation requirements.

² Effective Fall 21-22, changes were made to the Area D: Social Sciences unit requirement. Students with rights to the 20-21 catalog or earlier will need to complete 3 courses (9 units minimum) with a maximum of 2 courses from the same discipline in Area D, and are not required to complete 3 units from the new Area F: Ethnic Studies. Please see a counselor to verify which requirements apply to you.

Area E: Lifelong Learning and Self-Development

Select 1 to 2 courses (3 units minimum). Effective Fall 2001, a maximum of 1.5 units in activity courses (E2) may be used to satisfy Area E.

Code	Title	Units
E1: Integrated Physiological, Social, and Psychological Beings		
CFS-120	Child Development	3
COUN-100	College Success	3
COUN-104	Foundations of Well-being	3
HELH-106	Personal & Community Health	3
PSYC-120	General Psychology	3
PSYC-124	Psychology of Adjustment	3
PSYC-135	Human Sexuality	3
SOCI-122	Social Problems	3
E2: Activity Courses		
May not be applicable to all students. A maximum of 1.5 units in activity courses may be used to satisfy Area E.		
DANS-101	Muscle and Tension Release Techniques	0.5-1.5
DANS-127	World Dance Forms	1-1.5
DANS-128A	Salsa and Latin Social Dance I	1-1.5
DANS-128B	Salsa & Latin Social Dance II	1-1.5
DANS-128C	Salsa & Latin Dance Teaching Assistant	1-1.5
DANS-129	Contemporary Dance	1-1.5
DANS-130	Broadway Dance	1-1.5

KINE-133B	Intermediate Body Sculpting	1.5
KINE-139	Kickboxing With Jeet Kune Do Concepts Level 1	1.5
KINE-139D	Kickboxing With Jeet Kune Do Concepts Level 1	1.5
KINE-141	Kickboxing With Jeet Kune Do Concepts Level 2	1.5
KINE-141D	Jeet Kune Do Level 2 Teaching Assistant	1-1.5
KINE-143	Suspension Training	1.5
KINE-146	Fitness Flexibility	1.5
KINE-146B	Intermediate Fitness and Flexibility	1.5
KINE-147	Swim for Fitness	1.5
KINE-148	Walking for Fitness	1.5
KINE-148B	Intermediate Walking for Fitness	1.5
KINE-149	Physical Fitness	1.5
KINE-149B	Intermediate Physical Fitness	1.5
KINE-151	Weight Training	1.5
KINE-151B	Intermediate Weight Training	1.5
KINE-151C	Olympic Weight Training	1.5
KINE-154	Mat Pilates	1.5
KINE-154B	Intermediate Pilates	1.5
KINE-160	Adaptive Physical Education	1.5
KINE-162	Adaptive Aquatics	1.5
KINE-169	Corrective Physical Education for TA's	1.5
KINE-171	Care & Prevention of Athletic Injuries	3
KINE-172	Rugby	1.5
KINE-174	Skills and Conditioning for Team Sports	1-3
KINE-176	Team Sports	1-1.5
KINE-176B	Intermediate Team Sports	1-1.5
KINE-178	Pre-Season Conditioning	1-3
KINE-190	Introduction to Personal Training	3
KINE-199	Independent Study in Physical Education	1-3
KINE-200	Coaching & Athletic Administration	3
KINE-201	Introduction to Kinesiology	3
KINE-272	Sports Medicine Training Lab	1
KINE-285	Men's Basketball Team	0.5-3
KINE-286	Women's Basketball Team	0.5-3
KINE-287	Baseball Team	3
KINE-290	Golf Team	3
KINE-291	Soccer Team	3
KINE-292	Softball Team	3
KINE-297	Women's Volleyball Team	3

Area F: Ethnic Studies

Select 1 course, 3 semester units minimum (New Requirement Effective Fall 2021)¹

CSU GE Breadth requirements were revised to include Area F – Ethnic Studies. This revision applies to students subject to the Fall 2021 and subsequent catalog years. Any student enrolled at a California Community College prior to Fall 2021 who maintain continuous enrollment is not required to complete Area F.

¹ *Note: Ethnic Studies courses for Napa Valley College are pending approval and will not be approved until the Fall 2022-23 academic year. Please see a counselor or ASSIST (<https://catalog.napa valley.edu/getting-your-degree/general-education/assist.org>) for approved CSU GE Area F (Ethnic Studies) courses. You may also reference Cal State's policy (<https://govt.westlaw.com/calregs/Document/IDE1D4230D48211DEBC02831C6D6C108E/?viewType=FullText&originationContext=documenttoc&transitionType=CategoryF>) on continuance attendance for catalog rights for CCC transfer students.*

US History, Constitution, and American Ideals (Optional for CSU transfers)

This is not an admission requirement. CSU graduation requires completion of the US History, Constitution, and American Ideals Requirement.

Select 1 course from Group 1 and 1 course from Group 2. These courses can double-count for Area D.

Code	Title	Units
Group 1: History		
HIST-120	United States History 1	3
HIST-121	United States History 2	3
HIST-150	History of American Women 1600-1900	3
HIST-152	History of American Women Since 1900	3
Group 2: Political Science		
POLI-120	Introduction to the Principles Of American Government	3

IGETC General Education

Effective Fall 2021 through Summer 2022

The Intersegmental General Education Transfer Curriculum (IGETC) will permit students to transfer from Napa Valley College to a campus in either the California State University (CSU) or the University of California (UC) system without the need, after transfer, to take additional lower division, general education courses to satisfy general education requirements. Students may be held to other graduation requirements of the transfer campus. Although IGETC is not an entrance requirement, students are advised to complete this pattern prior to transfer unless they are enrolled in high-unit majors. Before you start working on general education courses, check what is recommended for your major and the campuses you're interested in.

A new IGETC list is published each academic year and courses may be added or deleted from this list. If a course is taken when it fulfills an IGETC requirement, it continues to fulfill the requirement, even if it is subsequently removed from the pattern.

The IGETC is not advisable for all transfer students and some campuses may not accept IGETC. If you are pursuing a major that requires extensive lower-division preparation you may be better served by taking courses which fulfill the CSU General Education-Breadth requirements or those of the UC campus or college to which you plan to transfer. Majors include, but are NOT LIMITED to: Engineering, Business, Pre-professional programs.

Courses may be listed in more than one area, but shall not be used to satisfy more than one IGETC area.

A grade of “C” or higher is required for all courses on IGETC (or “P” Pass). Some courses must be taken for letter grades of “C” or higher. Check with a Counselor for limitations.

A student, following the IGETC pattern, is expected to complete all of the requirements (a total of 39-42 semester units) before transferring to a UC or CSU campus. Students pursuing an AS-T or AA-T degree must complete the entire IGETC pattern for either CSU (37 units minimum) or UC (34 units minimum). Partial IGETC Certification is available if a student is unable to complete one or two IGETC courses. Students should consult with the Counseling or Transfer Center for details regarding this option.

Restrictions: Student who have been registered at a UC campus may not be eligible for IGETC. This restriction does not apply to students who have taken only UC summer session or Extension classes. Consult a Counselor for details.

By following the pattern of IGETC requirements, you will be eligible for:

- 1. Certificate of Achievement in IGETC (for CSU or UC):** All requirements must be completed in either the CSU or UC option. Students must meet with a Counselor to complete this petition before the 9th week of the semester. Completion of this local NVC Certificate of Achievement will be noted on the final transcript and allows you to participate in the annual graduation ceremony.
- 2. Certification of IGETC (for CSU or UC) Requirements:** Students must request IGETC certification when requesting final transcripts to be sent from NVC to the CSU or UC transfer school. The transcript requests can be made online or at the Napa Valley College Admissions and Records office. Students may qualify for either full certification or partial certification.
 - **Full Certification:** All requirements must be completed using either the CSU or UC option. Obtaining full certification means you will not have to complete additional lower division GE requirements that may be required at the CSU or UC campus. The U.S. History, Constitution and American Ideals is not a part of IGETC Certification, however the courses that comprise this requirement can be used to satisfy subject Area 4.
 - **CSU transfers:** Students must complete the requirement in Oral Communications (Area 1C). Students do not need to complete a Foreign Language requirement for the Certification process. Some CSU campuses and/or majors may have additional language or course requirements for graduation from the CSU.
 - **UC transfers:** Students must complete the Foreign Language requirement. If you completed this requirement in high school or at another college, you will need to provide an official transcript from that institution. UC campuses may have additional graduation requirements – consult a Counselor for more information.
 - **Partial Certification:** Completion of all but two (2) courses on the IGETC pattern. Consult with a counselor for details regarding this option.

Information on this form is subject to change, check with the Counseling Office and ASSIST.ORG for current information.

Area 1: English Communication

CSU: 3 courses required, one each from 1A, 1B, and 1C.

UC: 2 courses required, one each from 1A and 1B.

Code	Title	Units
1A: English Composition		
(1 course: 3 semester or 4-5 quarter units)		
ENGL-120	College Composition and Research	4
ENGL-120B	Reading and Composition Stretch 2	3
1B: Critical Thinking-English Composition		
(1 course: 3 semester or 4-5 quarter units)		
ENGL-123	Advanced Composition and Critical Thinking About Literature	4
ENGL-125	Advanced Composition & Critical Thinking	3
1C: Oral Communication (CSU only)		
(1 course: 3 semester or 4-5 quarter units)		
SPCOM-122	Public Speaking	3
SPCOM-126	Intercultural Communication	3
SPCOM-128	Critical Thinking: Argumentation and Debate	3
SPCOM-130	Small Group Communication	3

Area 2: Mathematical Concepts and Quantitative Reasoning

Code	Title	Units
(1 course: 3 semester or 4-5 quarter units)		
MATH-106	College Algebra ¹	4
MATH-115	Applied Calculus ¹	5
MATH-120	Calculus I ¹	5
MATH-121	Calculus II	5
MATH-220	Linear Algebra	3
MATH-221	Multivariable Calculus	5
MATH-222	Differential Equations	3
MATH-232	Statistics	3
MATH-235	Finite Mathematics	3

¹ Transfer credit may be limited by UC or CSU or both. Check with a Counselor for limitations.

Area 3: Arts and Humanities

Select 3 courses, with at least one course from 3A and one course from 3B. The remaining course may be selected from either Area 3A or 3B, for a total of at least 9 units.

(3 courses: 9 semester or 12-15 quarter units)

Code	Title	Units
3A: Arts		
ARTS-100	Foundations of Studio Arts	3
ARTH-101	Introduction to Visual Culture	3
ARTH-105	History of Western Art: Prehistoric Through Medieval	3
ARTH-106	History of Western Art: Renaissance to Contemporary	3
ARTH-110	History of Graphic Design	3
ARTH-118	Survey of Modern Art	3
ARTH-130	History of Asian Art	3

ARTH-135	Arts of Africa, Oceania, and Native North America	3
ARTH-180	History of Photography	3
DANS-160	Dance Appreciation	3
DANS-170	Dance History	3
FILM-100	Survey and Appreciation of Film	3
FILM-110	Culture and Gender in Film	3
FILM-120	Horror Film	3
FILM-121	Film Comedy	3
FILM-125A	Film Genres: Film Noir	3
FILM-125B	Film Genres: Western	3
FILM-125C	Film Genres: Drama	3
FILM-125D	Film Genres: Musical	3
HUMA-174	Culture and Gender in Theater	3
MUSI-110	Fundamentals of Music	3
MUSI-112	Survey & Appreciation of Music	3
MUSI-113	Music In American Culture	3
MUSI-114	Survey & History of Jazz	3
MUSI-121	Music Theory I	3
MUSI-122	Music Theory II	3
PHOT-180	History of Photography	3
THEA-100	Introduction to Theater	3
THEA-105	Culture and Gender in Theater	3

3B: Humanities

ASL-121	Second-Semester American Sign Language	5
ENGL-121	Advanced Composition and Literary Analysis	3
ENGL-123	Advanced Composition and Critical Thinking About Literature	4
ENGL-213	Survey of British Literature 1	3
ENGL-214	Survey British Literature 2	3
ENGL-215	Survey of American Literature 1	3
ENGL-216	Survey of American Literature 2	3
ENGL-220	Shakespeare:Introduction	3
ENGL-224	Survey of Native American Literature	3
ENGL-226	Survey of African American Literature	3
ENGL-228	Chicano and Latinx Literature	3
ENGL-231	Literature and Sexuality	3
FILM-105	Film History: 1895-1949	3
FILM-106	Film History: 1950s to Present	3
FILM-115	World Cinema	3
HIST-122	World History 1	3
HIST-123	World History 2	3
HIST-140	History of Modern Latin America	3
HUMA-100	The American Mind 1	3
HUMA-101	The American Mind 2	3
HUMA-112	Introduction to Africana Studies	3
HUMA-113	Introduction to Mex-American and Chicana(o) Studies	3
HUMA-125	Introduction to Latin American Studies	3
HUMA-151	Women's Ethnic Heritage	3
HUMA-160	Filipina(o)-American Heritage	3
PHIL-120	Introduction to Philosophy 1	3

PHIL-121	Introduction to Philosophy 2	3
PHIL-125	Introduction to Ethics	3
PHIL-126	Contemporary American Ethics	3
PHIL-127	Feminist Philosophy	3
PHIL-128	Social and Political Philosophy	3
PHIL-129	Introduction to Epistemology and Metaphysics	3
PHIL-133	World Philosophy	3
PHIL-134	Philosophy of Religion	3
PHIL-137	Comparative Religions	3
PHOT-181	Contemporary Issues in Photography	3
PHOT-182	Photography in a Multicultural United States	3
SPAN-121	Elementary Spanish II	5
SPAN-240	Intermediate Spanish I ¹	5
SPAN-241	Intermediate Spanish II ¹	5
SPAN-280	Spanish for Heritage Speakers I ¹	5
SPAN-281	Spanish for Heritage Speakers II ¹	5
SPAN-282	Introduction to Hispanic Literature	3
THEA-120	History of Theater	3

¹ Transfer credit may be limited by UC or CSU or both. Check with a Counselor for limitations.

Area 4: Social Sciences

Select 3 courses with a maximum of 2 courses from the same discipline. (3 courses: 9 semester or 12-15 quarter units)

Code	Title	Units
ANTH-121	Introduction to Cultural Anthropology	3
ANTH-122	Magic, Witchcraft, and Religion	3
ANTH-130	Introduction to Archaeology	3
ANTH-131	Mesoamerican Archaeology	3
ANTH-150	Anthropology of Sex, Gender and Sexuality	3
ANTH-180	The Anthropology of Childhood	3
ANTH-200	Linguistic Anthropology	3
CFS-120	Child Development ¹	3
CFS-140	The Child, Family and Community ¹	3
CFS-180	The Anthropology of Childhood	3
ECON-100	Principles of Macroeconomics	3
ECON-101	Principles of Microeconomics	3
ECON-120	Economic History of the U.S.	3
ENGL-224	Survey of Native American Literature	3
ENGL-226	Survey of African American Literature	3
GEOG-101	World Regional Geography	3
HIST-120	United States History 1 ^{1,2}	3
HIST-121	United States History 2 ^{1,2}	3
HIST-122	World History 1	3
HIST-123	World History 2	3
HIST-140	History of Modern Latin America	3
HIST-142	History of Mexico	3
HIST-145	California History	3
HIST-150	History of American Women 1600-1900 ²	3
HIST-152	History of American Women Since 1900 ²	3

HUMA-112	Introduction to Africana Studies	3
HUMA-113	Introduction to Mex-American and Chicana(o) Studies	3
LGBT-120	Introduction to Lgbt Studies in the Family, Education and Community	3
LGBT-121	LGBT Communities, Family & Education in the 21st Century	3
PHIL-127	Feminist Philosophy	3
POLI-120	Introduction to the Principles Of American Government ^{1,2}	3
POLI-125	Introduction to Modern Political Ideology	3
POLI-135	Comparative Government	3
POLI-140	International Relations	3
POLI-145	International Political Economy	3
PSYC-120	General Psychology	3
PSYC-123	Social Psychology	3
PSYC-124	Psychology of Adjustment	3
PSYC-125	Human Development	3
PSYC-126	Abnormal Psychology	3
PSYC-128	Cross-Cultural Psychology	3
PSYC-135	Human Sexuality	3
PSYC-175	Theories of Personality	3
PSYC-220	Research Methods in Psychology	3
SOCI-120	Introduction to Sociology	3
SOCI-122	Social Problems	3
SOCI-130	Introduction to Queer Studies	3
SOCI-140	Sociology of Sex and Gender	3
SOCI-150	Sociology of Race & Ethnicity	3
SOCI-154	Sociology of Crime	3
SOCI-190	Introduction to Social Research	3
SPCOM-126	Intercultural Communication	3

¹ Transfer credit may be limited by UC or CSU or both. Check with a Counselor for limitations.

² May double count for Area 4 and the CSU graduation requirements in *US History, Constitution and American Ideals*.

Area 5: Physical and Biological Sciences

Select 2 courses, one each from 5A, and 5B, with at least one approved laboratory course.

(2 courses: 7-9 semester or 9-12 quarter units)

Code	Title	Units
5A: Physical Sciences		
ASTR-110	Descriptive Astronomy	3
CHEM-110	Introduction to Chemistry (Satisfied Laboratory Requirement)	4
CHEM-111	Introduction to Organic & Biological Chemistry	4
CHEM-120	General Chemistry 1 (Satisfied Laboratory Requirement)	5
CHEM-121	General Chemistry 2 (Satisfied Laboratory Requirement)	5
CHEM-240	Organic Chemistry 1 (Satisfied Laboratory Requirement)	4

CHEM-241	Organic Chemistry 2 (Satisfied Laboratory Requirement)	4
EART-110	Earth Science (Satisfied Laboratory Requirement) ¹	4
GEOG-110	Physical Geography	3
GEOL-110	Physical Geology	3
GEOL-111	Physical Geology Laboratory (Satisfied Laboratory Requirement)	1
PHYS-110	Descriptive Physics ¹	3
PHYS-111	Descriptive Physics Laboratory (Satisfied Laboratory Requirement) ¹	1
PHYS-120	General Physics 1 (Satisfied Laboratory Requirement) ¹	4
PHYS-121	General Physics 2 (Satisfied Laboratory Requirement) ¹	4
PHYS-140	Physics for Scientists & Engineers 1 (Satisfied Laboratory Requirement) ¹	4
PHYS-240	Physics for Scientists & Engineers 2 (Satisfied Laboratory Requirement) ¹	4
PHYS-241	Physics for Scientists & Engineers 3 (Satisfied Laboratory Requirement) ¹	4

5B: Life Sciences

ANTH-120	Biological Anthropology (Satisfied Laboratory Requirement) ¹	4
BIOL-105	Human Biology (Satisfied Laboratory Requirement) ¹	4
BIOL-110	Survey of Biology (Satisfied Laboratory Requirement) ¹	4
BIOL-112	Introduction to Ecology	3
BIOL-117	Wildlife Biology	3
BIOL-120	General Biology (Satisfied Laboratory Requirement) ¹	4
BIOL-218	Human Anatomy (Satisfied Laboratory Requirement)	5
BIOL-219	Human Physiology (Satisfied Laboratory Requirement)	5
BIOL-220	General Microbiology (Satisfied Laboratory Requirement)	5
BIOL-240	General Zoology (Satisfied Laboratory Requirement)	5
BIOL-241	General Botany (Satisfied Laboratory Requirement)	5

5C: Laboratory Requirement

Any course from List A or B that satisfies the Laboratory Requirement

¹ Transfer credit may be limited by UC or CSU or both. Check with a Counselor for limitations.

Language other than English (UC only)

Completion of the equivalent of 2 years of high school study in the same language (at U.S. high school or high school in a country where the language of instruction is English).

Code	Title	Units
NVC courses that meet this requirement		
ASL-120	First Semester American Sign Language	5

FREN-120	First Semester French	5
ITAL-120	First Semester Italian	5
SPAN-120	Elementary Spanish I	5-6
or SPAN-110 & SPAN-111	Elementary Spanish I (Part A) and Elementary Spanish I (Part B)	

Alternate ways to meet this requirement (*Official High School/College transcript and/or Exam Score must be on file for verification*)

1. College course (must list course and college)
2. High school course (must list course and college)
3. Completion by examination (must list name of exam, score and date taken)
 - a. SAT II : Subject Test in Languages other than English
 - b. International Baccalaureate Higher Level Examination with a score of 5 or higher
 - c. Language other than English "O" level exam with a grade of A, B, or C
 - d. Language other than English International "A" level exam with a score of 5, 6, or 7
 - e. An achievement test administered by a community college, university or other college in a language other than English
4. Two years of formal schooling at the sixth grade level or higher in an institution where the language of instruction is not English
5. Faculty member verification of a student's competency

US History, Constitution, and American Ideals (Optional for CSU transfers)

This is not an admission requirement. CSU graduation requires completion of US History, Constitution and American Ideals Requirement.

(Select one course from Group 1 and one course from Group 2. These courses may be double-counted for Area 4.)

Code	Title	Units
Group 1: History		
HIST-120	United States History 1	3
HIST-121	United States History 2	3
HIST-150	History of American Women 1600-1900	3
HIST-152	History of American Women Since 1900	3
Group 2: Political Science		
POLI-120	Introduction to the Principles Of American Government	3