



PARTIAL HOSPITALIZATION PROGRAM

The Partial Hospitalization Program (PHP) for youth provides multi-specialty treatment through group, individual, and family therapy sessions. These intensive treatment options focus on thorough assessment and symptom stabilization while working on healthy living skills. Treatment is guided by a Board Certified Child & Adolescent Psychiatrist who meets with all patients individually. PHP is a helpful level of care for children and adolescents who are struggling with symptoms of mental illness that interfere with their ability to function in their daily tasks, like: going to school, progressing academically, making and keeping friends, and participating in family life.

HOURS

REGULAR: Monday thru Friday from 8:45 am–3:45 pm

SUMMER: Monday thru Friday from 9:00 am–3:00 pm

AVERAGE PROGRAM LENGTH

3 - 4 weeks

CARE TEAM:

- Psychiatrists
- Psychologists
- Therapists
- Social Workers
- Nurses

TREATMENT PROVIDED:

- Psychiatric Medication Management
- Psychoeducation
- Group, Individual & Family Therapy
- Collaborative Problem Solving
- Self-Regulation Skills
- Symptom Management
- Skills Building
- Activity & Recreational Therapy
- Art Therapy
- Occupational Therapy (*at Edina & MOB locations only*)
- Spirituality
- Academic Schooling Provided by Licensed Teachers

PHP AVAILABLE AT THESE SITES:

- **Brooklyn Park Medical Office Building (MOB)**
- **Chaska**
- **Edina**
- **Mankato** • 507-322-5464
- **Maplewood**
- **Rochester** • 507-218-3701
- **Woodbury** • Open July 25

For more information on programs and locations, please visit prairie-care.com or call our AID Team at 952-826-8475.

PrairieCare has been providing specialized psychiatric services for all ages in the Twin Cities since 2005 built on our mission to provide each individual patient the psychiatric care they truly need. We offer additional youth and adult IOP programs, outpatient clinic, partial hospital program (PHP), residential, and inpatient services to the Twin Cities metro area and Rochester, and Mankato.