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PSI NEWS

OCTOBER: Pregnancy and Infant Loss Awareness Month



October is Pregnancy and Infant Loss Awareness Month. This is a very important part of the childbearing experience, and we want all who have survived loss to know that we hold you in our hearts. As an organization dedicated to perinatal emotional and mental health needs, PSI is committed to including loss as we learn about and provide resources to women and families. We have much to learn from all who have suffered through these losses and walk the difficult path through grief and recovery. We are continuously improving our trainings and website information by adding more specialized information and links for loss. [HERE is the link](#) to our page on postpartum.net with resources for loss. If you want to recommend some that we don't have yet, please add to our list of resources for pregnancy and infant loss [HERE](#).

If you are a provider, and would like to list your practice and specialties (such as loss) on our brand new PROVIDER DIRECTORY, [go right here and submit your information](#). (More on the Directory in our next newsletter.)

FEATURED PSI MEMBER: Mariella Suleiman

by Vanessa Park



One of the events at the annual PSI conference that I especially look forward to is the new members reception. This past July in Houston, I met Mariella Suleiman, a vibrant, engaging young woman from Jordan. She had just graduated from medical school at the Hashemite University and found her way to PSI because of a sequence of events, some of which were completely by chance, that changed her life's trajectory. [Click here to read more...](#)

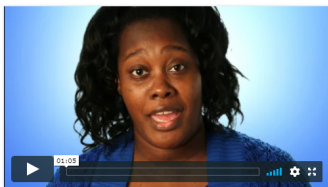
You can catch up on our previous spotlights [here](#). If you know of a PSI member you think we should feature, contact membership@postpartum.net.

PSI PUBLIC AWARENESS VIDEOS

You can help spread awareness by sharing our online PSA videos, which cover many aspects of perinatal mental health and the cultural stigma people experience while looking for help.

Check out the album below to view the 7 videos, and share widely!
<https://vimeo.com/album/5385403>

The PSA campaign candidly tells the stories of real life survivors of postpartum illnesses, blended with healthcare providers who are experts in providing treatment. Planet Grande Pictures, a multi-E Emmy award winning production company, created the content for the PSAs in collaboration with PSI. Thank you to Planet Grande and all of the video subjects!



more...

2-DAY PSI PMD CERTIFICATE TRAININGS



The 2-day [PSI Certificate of Completion Course](#), taught by experienced and engaging faculty, is a thorough and evidence-based curriculum designed for nurses, physicians, social workers, mental health providers, childbirth professionals, social support providers, or anyone interested in learning skills and knowledge for assessment and treatment of perinatal mood disorders. Registration includes training binder, handouts, breakfast and lunch, and continuing education credits. Approved for 14.5 CMEs, CNEs, CEUs. Write to training@postpartum.net for more information.

Upcoming PMD Certificate Trainings

- October 25-26, 2018, Evanston, Illinois *
- November 1-2, 2018, Madison, Wisconsin
- November 15-16, 2018, Ft. Lee, New Jersey *
- December 6-7, 2018, Oroville, California
- March 28-29, 2019, Champaign, Illinois *
- April 4-5, 2019, Anchorage Alaska

* Day 3 - Advanced Psychotherapy Trainings

MEMBERSHIP CORNER

Renewal time: Have you been procrastinating on renewing your PSI membership? Get ready for 2019 by renewing today! If you need any assistance with your renewal, or with accessing your member benefits, reach out to Edith at membership@postpartum.net. If you know your membership has expired, it's OK to go straight to the [renewal form](#) even without logging in, and we'll link your renewal payment to your account for you.

Not a current PSI member? Member benefits range from access to our online groups, including the new PSI Care Providers virtual consultation group (a monthly, facilitated group that meets via video conferencing), to discounts on trainings and educational materials. [Click here](#) to find out more about joining.

Appreciating our members and the PSI Community: We truly appreciate your support, your volunteering, and your commitment to the well-being of women, parents, and families.

Membership dues support PSI as a whole as we provide direct peer support to families, train professionals, and provide a bridge to connect them. Thank you for being part of the worldwide safety net!

NEW to PSI!

New programs:

- [Perinatal Mental Health Certification](#)
- [Frontline Provider Training - for primary care providers](#)
- [Perinatal Psychiatric Consult Line - for medical professionals](#)

New on our website:

- [Media section](#) to help members of the print and broadcast media who are covering stories related to perinatal mood and anxiety disorders
- A revamped [home page](#), making it easier to find our HelpLine for people currently in need of perinatal mental health support. Our HelpLine has both English and Spanish support, and both phone and text options.

psioffice@postpartum.net | postpartum.net | 503-894-9453

HelpLine in English & Spanish: call 800-944-4773 or text 503-894-9453

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