



PSI NEWS & UPDATES

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MAY is Maternal Mental Health Month!

- **World Maternal Mental Health Day: Wednesday, May 2nd, 2018**
- **International Maternal Mental Health Week: April 30 - May 6**

The first World Maternal Health Day was launched in 2016, and is commemorated on the first Wednesday of May every year – which falls on May 2 in 2018.

The theme for World Maternal Mental Health Day 2018 is “**Listen to Mothers.**” Together with organizations from around the world – including Australia, Argentina, Canada, France, Germany, Malta, New Zealand, Nigeria, South Africa, Spain, Turkey, UK, and the US – PSI has united in a worldwide effort to raise awareness about maternal mental health through a collective social media drive and in-country events. You can learn more and send information about your services or events to the [World Maternal Mental Health Day website](#), find the [WMMHD Facebook page](#), and connect on social media with #maternalMHmatters #Listen2Mothers.

2020 Mom in the United States will focus on a campaign to lift stigma and shame, by encouraging moms to #RockTheBlueDot and embrace #RealMotherhood with #NoShame and to join the conversation with photos and posts on Twitter. Find out more on their [website](#) and [Facebook page](#).



[2018 Annual Conference in Houston, Texas](#)

REGISTRATION IS OPEN!

- **Main conference July 13-15**
- **Pre-conference Certificate Course July 11-12, Perinatal Mood and Anxiety Disorders: Components of Care.**

New this year: We have added Sunday Seminars to offer a choice of in-depth expert workshops! The Annual PSI conference has provided an opportunity to meet, learn together, and share ideas with others involved in the field of perinatal mood and anxiety disorders (PMDs) for **31 years**.

This professional event is a unique training and networking opportunity, last year attracting more than 400 participants. The purpose of the conference is to bring together and inform medical and mental health providers, childbirth professionals, support and resource providers, caregivers, policy-makers, researchers, volunteers,

families, and educators who want to improve their understanding of perinatal mental health and improve their ability to serve pregnant, postpartum, and post pregnancy-loss families.

[CLICK HERE](#) to register and take advantage of the **EARLY BIRD PRICING!**

View a full list of this years breakouts and keynotes on our [website](#).

[EXHIBITOR and SPONSORSHIP OPPORTUNITIES!](#)



2-DAY Certificate Trainings

The 2-day PSI Certificate of Completion Course, taught by experienced and engaging faculty, is a thorough and evidence-based curriculum designed for nurses, physicians, social workers, mental health providers, childbirth professionals, social support providers, or anyone interested in learning skills and knowledge for assessment and treatment of perinatal mood disorders. Registration includes training binder, handouts, breakfast and lunch, and continuing education credits. Approved for CMEs, CNEs, CEs.

- May 10-11, 2018 Burlington, Vermont
- May 18-19, 2018 Richmond, Virginia
- May 25-26, 2018 Saskatoon, Saskatchewan, Canada
- May 30-31, 2018 San Luis Obispo, California
- June 18-19, 2018 Detroit, Michigan
- July 11-12, 2018 Houston, Texas (PSI Pre-Conference Training)
- August 9-10, 2018 Baltimore, Maryland
- September 20-21, 2018 Muncie, Indiana
- September 27-28, 2018 Charlotte, North Carolina
- October 4-5, 2018 Grand Rapids, Michigan
- October 25-26, 2018 Evanston, Illinois
- November 1-2, 2018 Madison, Wisconsin
- November 15-16, 2018 Ft. Lee, New Jersey
- December 6-7, 2018 Oroville, California
- March 28-29, 2019 Champaign, Illinois
- April 4-5, 2019 Anchorage, Alaska

[Full details are here](#), including online registration links.

[Visit postpartum.net for other trainings!](#)

Membership Corner

Do you hear those popping sounds? That's our joints as we stretch. With some internal growth (increased staffing, and soon a new database), we are getting ready to expand more in Membership, to catch up to PSI's expansion in trainings and services. We have updated our member categories, and will soon launch a new portal and improved Member Directory.



Membership benefit spotlight: Did you know there is a new monthly group for professional providers of mental health services? The group meets by video conferencing to discuss cases and improve knowledge and skills relating to the treatment of perinatal mood and anxiety disorders, birth trauma and perinatal loss.

For Membership questions and suggestions, [email](#) our Membership Development Coordinator. If you aren't already a member, you can [join](#)

[here.](#)

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Upcoming PSI Trainings and Events

psioffice@postpartum.net | postpartum.net | 503-894-9453

HelpLine in English & Spanish: call 800-944-4773 or text 503-894-9453

