

***2020 PAC-12 KIDS
ACTIVITY WORKBOOK***



MATCHING MADNESS!

Match the mascots with the logos, then match the sports!



SOFTBALL

GOLF

SOCCER

WRESTLING

SWIMMING

FOOTBALL

CROSS COUNTRY

GYMNASTICS

VOLLEYBALL

ROWING

TRACK & FIELD

TENNIS

BASEBALL

SWIMMING

WHERE IN THE WEST?

Where on the map is each university located?



- UNIVERSITY OF ARIZONA _____
- ARIZONA STATE UNIVERSITY _____
- UNIVERSITY OF CALIFORNIA, BERKELEY _____
- UNIVERSITY OF COLORADO BOULDER _____
- UNIVERSITY OF OREGON _____
- OREGON STATE UNIVERSITY _____
- STANFORD UNIVERSITY _____
- UNIVERSITY OF CALIFORNIA, LOS ANGELES _____
- UNIVERSITY OF SOUTHERN CALIFORNIA _____
- UNIVERSITY OF UTAH _____
- UNIVERSITY OF WASHINGTON _____
- WASHINGTON STATE UNIVERSITY _____

SPELL YOUR NAME WORKOUT

Do the exercises to spell your name, try your last name too!

A= 50 JUMPING JACKS

B= 20 CRUNCHES

C= 30 SQUATS

D= 15 PUSH-UPS

E= 1 MIN. WALL SIT

F= 10 BURPEES

G= 20 SEC. ARM CIRCLES

H= 20 SQUATS

I= 30 JUMPING JACKS

J= 15 CRUNCHES

K= 10 PUSH-UPS

L= 2 MIN. WALL SIT

M= 20 BURPEES

N= 40 JUMPING JACKS

O= 25 BURPEES

P= 15 SEC. ARM CIRCLES

Q= 30 CRUNCHES

R= 15 PUSH-UPS

S= 30 BURPEES

T= 15 SQUATS

U= 30 SEC. ARM CIRCLES

V= 3 MIN. WALL SIT

W= 20 BURPEES

X= 60 JUMPING JACKS

Y= 10 CRUNCHES

Z= 20 PUSH-UPS

WORD SEARCH

Can you find all the schools and mascots?

S N S G G T R O J A N S W O C
W R X T D O M K R R L E I R A
B U A U A Y L I S O T I L E L
X R C G Z N Z D S Q Y K D G I
S K U O U O F A E L G S C O F
S E J I N O N O R N L U A N O
L E T A N G C T R V B H T S R
I D O U E S B V H D X E S L N
V U T L N O T G N I H S A W I
E I E H A T U K O D J N C R A
D S I J G F F F O P I N F S S
N M U U E D F F W D C Z D Z M
U C D V G U J U R W S G U J B
S R E V A E B A B V H K L G M
T Z G Z Z E C O L O R A D O I

ARIZONA
BEAVERS
BRUINS
BUFFALOES
CALIFORNIA

CARDINAL
COLORADO
COUGARS
DUCKS
GOLDEN BEARS

HUSKIES
LOS ANGELES
OREGON
STANFORD
SUN DEVILS

TROJANS
UTAH
UTES
WASHINGTON
WILDCATS

HOW CAN YOU GO GREEN?

- Turn off the lights when you leave a room.
- Turn off the faucet while brushing your teeth.
- Take showers instead of baths.
- Unplug appliances and chargers when you are not using them.
- With your parents, look up recipes and make your own natural cleaning products.
- Plant trees and flowers.
- Learn how to compost with recycled paper, leaves, and other materials.

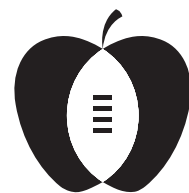
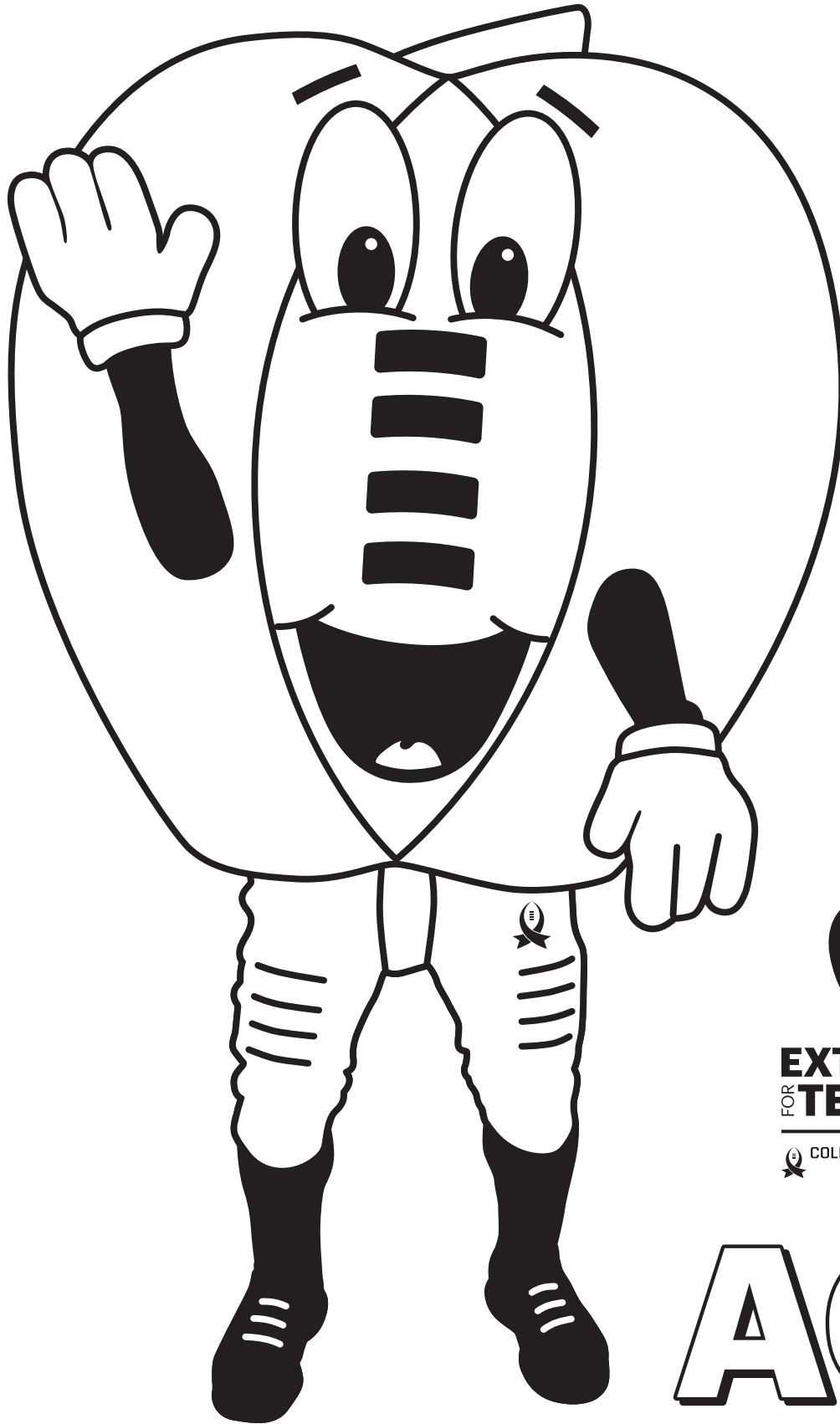


READING CHALLENGE FILL-IN

Read a book and color in a sport!



COLOR ACE!

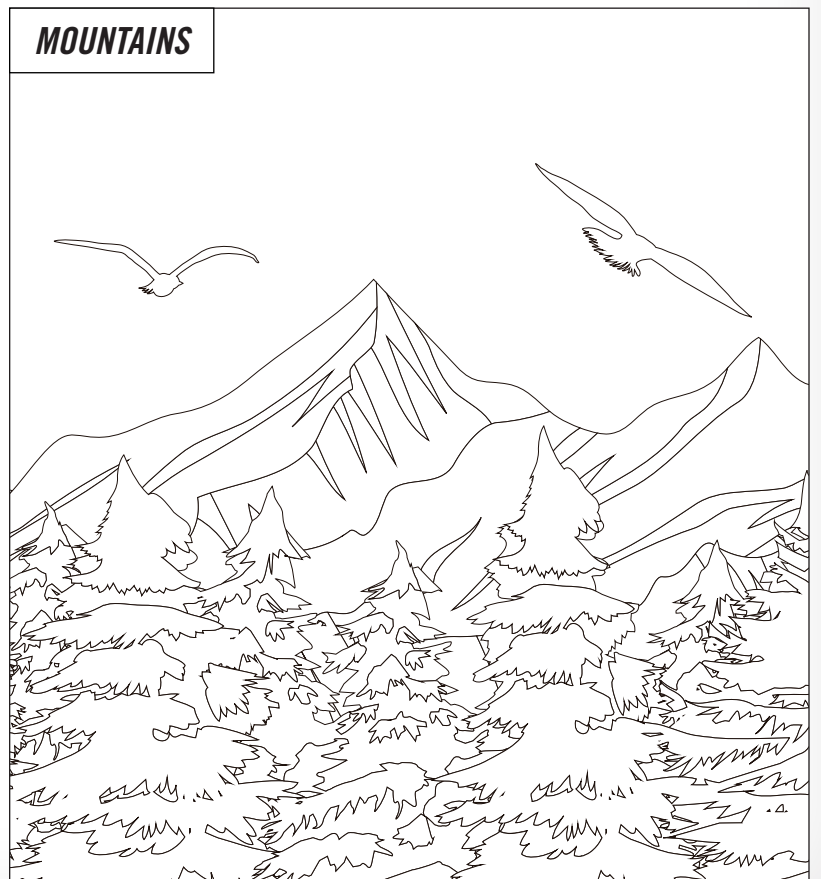
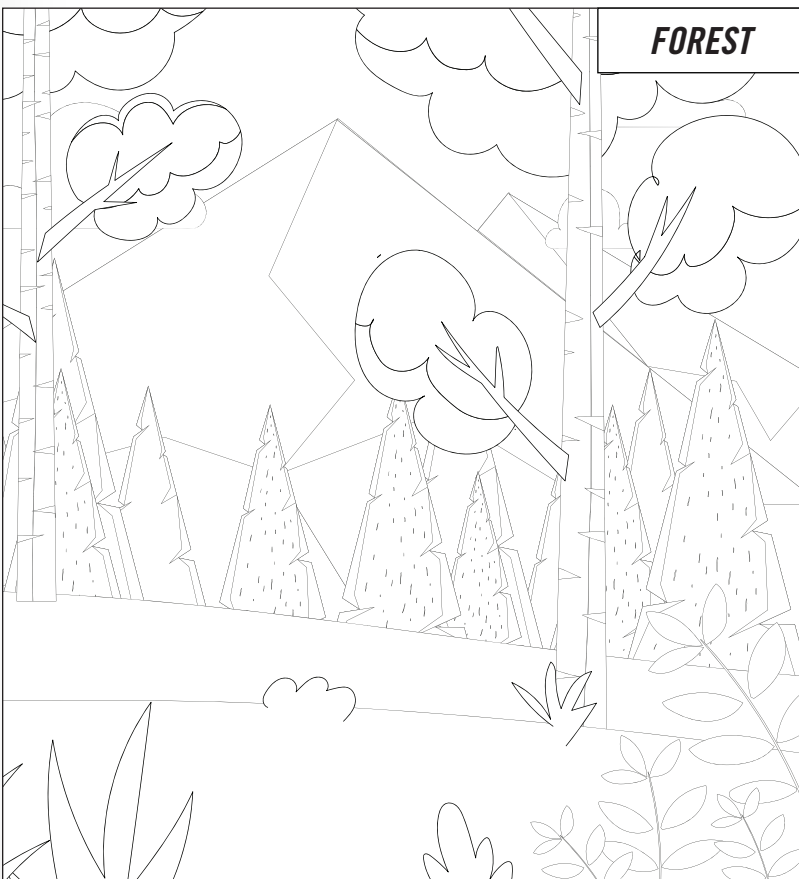
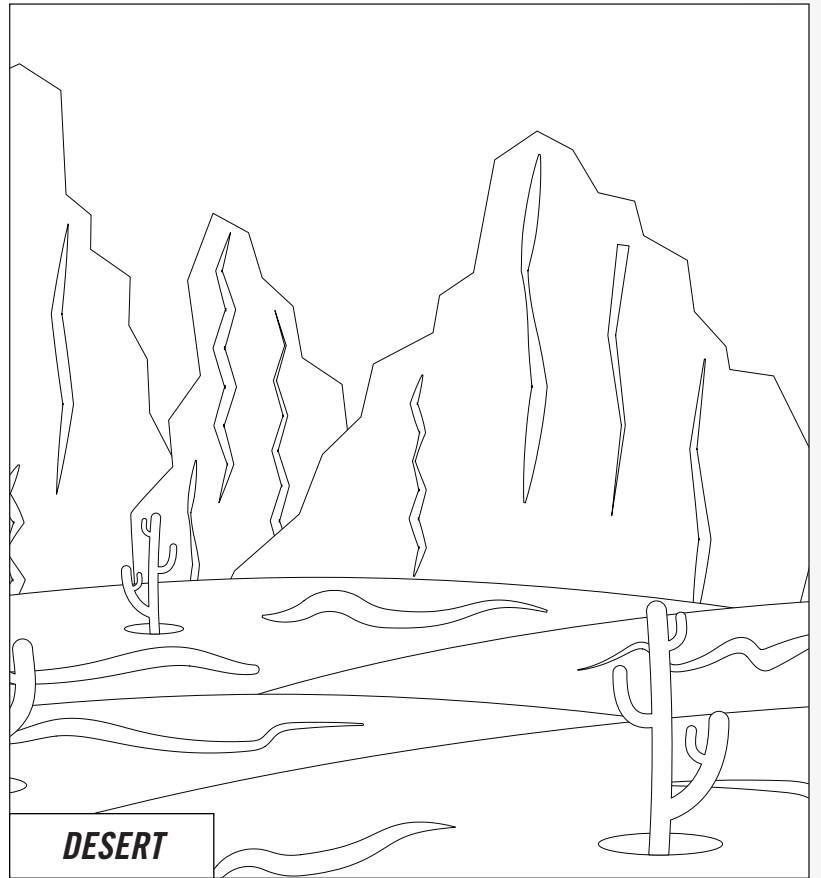
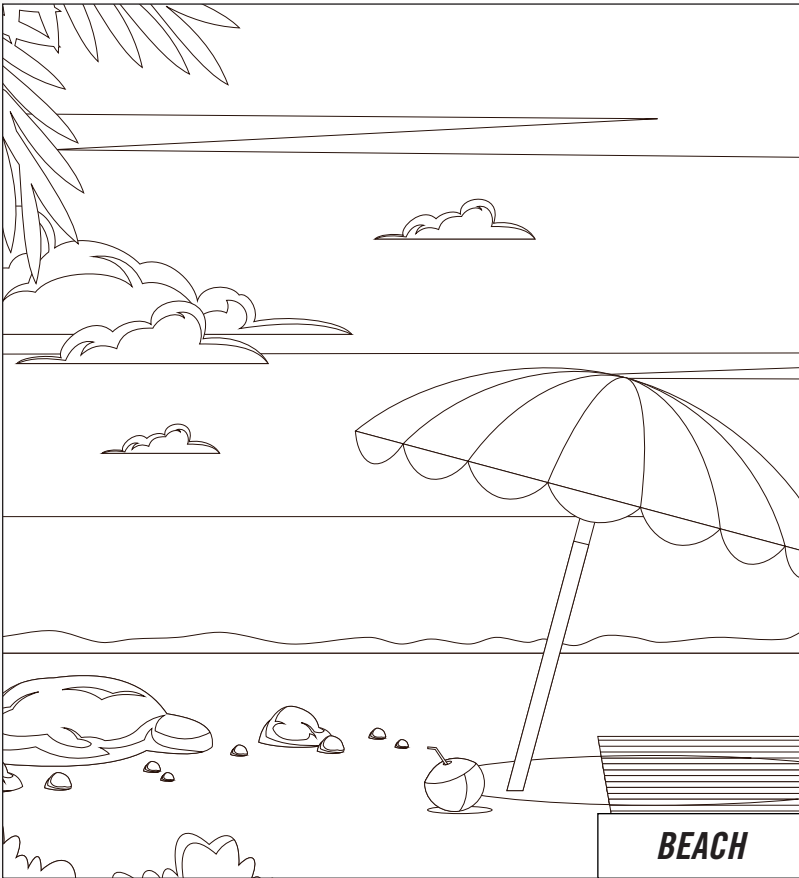


**EXTRA YARD
FOR
TEACHERS**

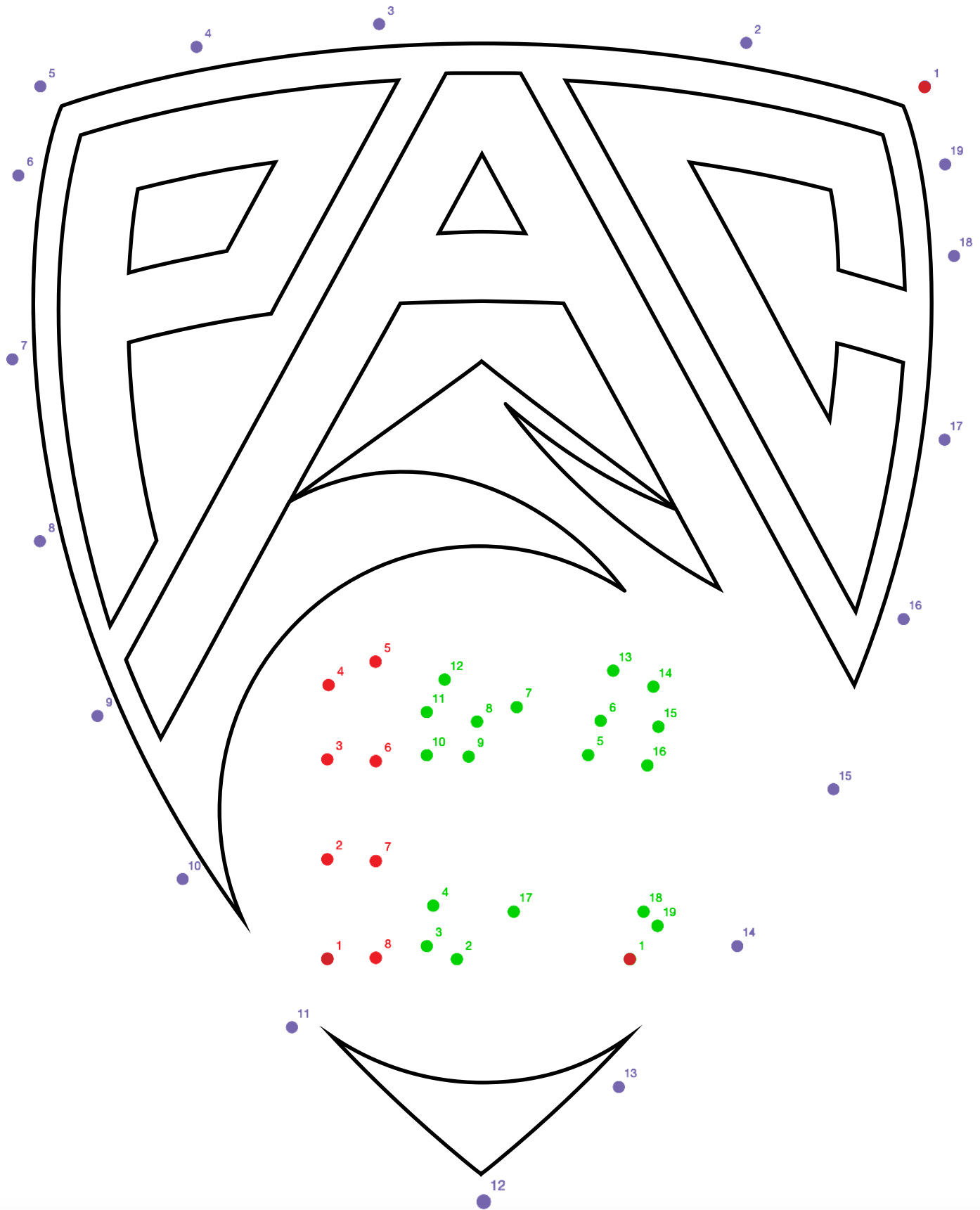
 COLLEGE FOOTBALL PLAYOFF
FOUNDATION

ACE

COLOR THE WEST!



CONNECT THE DOTS & COLOR



WORD UNSCRAMBLE

ILOAAIRCFN _ _ _ _ _ _ _ _
 SONNWTHIGA _ _ _ _ _ _ _ _
 SNOUTHRE FAONRLCAII _ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _
 OENOGRE ETATS _ _ _ _ _ _ _ _ _ _
 OAZIRNA TEAST _ _ _ _ _ _ _ _ _ _
 LSO GENSALE _ _ _ _ _ _ _ _ _ _
 RDNTSFAO _ _ _ _ _ _
 REOOGN _ _ _ _ _ _
 UAHT _ _ _ _
 HNAOSIWGTN TTEAS _ _ _ _ _ _ _ _ _ _ _ _ _ _
 LAROCDOO _ _ _ _ _ _
 RNAOIZA _ _ _ _ _ _

Unscramble the circled letters to complete the secret phrase! _ _ _ _ _ _ _ _ _ _ CHAMPIONS

CREATE YOUR OWN TEAM

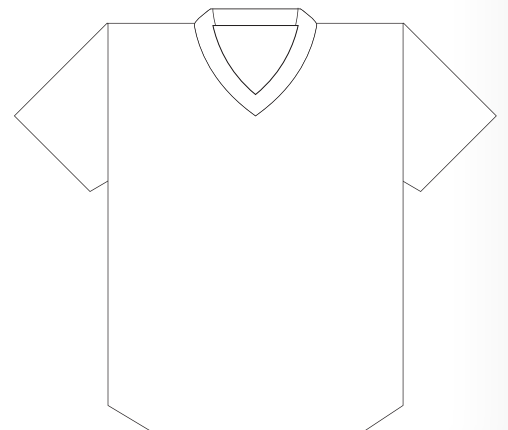
Where do you play? _____ What is your mascot? _____

What is your mascot's name? _____ What are your team colors? _____

Draw your mascot!

Draw your logo!

Draw your jersey!



ADD, SUBTRACT, DIVIDE, & CONQUER

$$\text{Football} + \text{Football} = 18$$

$$\text{Football} - \text{Goalpost} = 6$$

$$\text{Goalpost} = \text{Sneaker} - \text{Football}$$

$$\text{Football} + \text{Sneaker} = ?$$

$$\text{Soccer} + \text{Goal} = 12$$

$$\text{Sneaker} = \text{Goal} - \text{Soccer}$$

$$\text{Goal} + \text{Goal} = 14$$

$$\text{Sneaker} + \text{Soccer} = ?$$

$$\text{Bat} + \text{Bat} = 12$$

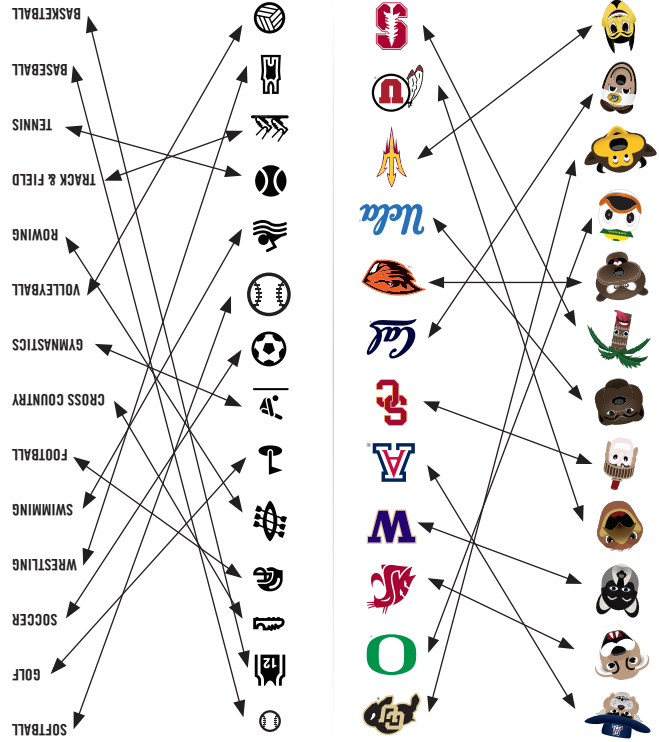
$$\text{Bat} + \text{Ball} = 16$$

$$\text{Glove} = \text{Ball} + \text{Ball}$$

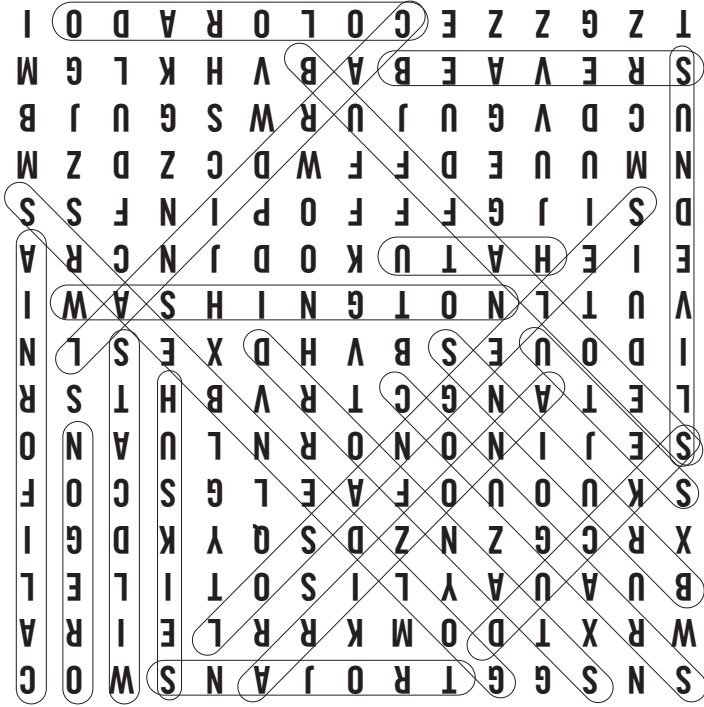
$$\text{Ball} + \text{Glove} = ?$$

ANSWER KEY

MATCHING MADNESS!



WORD SEARCH



WHERE IN THE WEST?

- 10
- 9
- 5
- 12
- 4
- 3
- 6
- 7
- 8
- 11
- 1
- 2

- UNIVERSITY OF ARIZONA
- ARIZONA STATE UNIVERSITY
- UNIVERSITY OF CALIFORNIA
- UNIVERSITY OF COLORADO
- UNIVERSITY OF OREGON
- OREGON STATE UNIVERSITY
- STANFORD UNIVERSITY
- UNIVERSITY OF CALIFORNIA LOS ANGELES
- UNIVERSITY OF SOUTHERN CALIFORNIA
- UNIVERSITY OF UTAH
- UNIVERSITY OF WASHINGTON
- WASHINGTON STATE UNIVERSITY

ADD, SUBTRACT, DIVIDE, & CONQUER

$$30 = \text{Baseball Glove} + \text{Baseball}$$

$$7 = \text{Soccer Ball} + \text{Tennis Racket}$$

$$21 = \text{Tennis Racket} + \text{Football}$$

Unscramble the circled letters to complete the secret phrases!

CALIFORNIA
 WASHINGTON
 SOUTHERN CALIFORNIA
 OREGON STATE
 ARIZONA STATE
 LOS ANGELES
 STANFORD
 OREGON
 UTAH
 WASHINGTON STATE
 COLORADO
 ARIZONA

CHAMPIONS

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#BACKTHEPAC

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