

Up to **1 in 5** of

those who are pregnant and in the postpartum period will suffer from a maternal mental health disorder like postpartum depression <sup>1</sup>



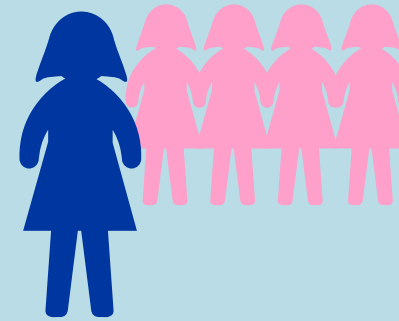
Less Than **15%**

receive treatment <sup>2</sup>



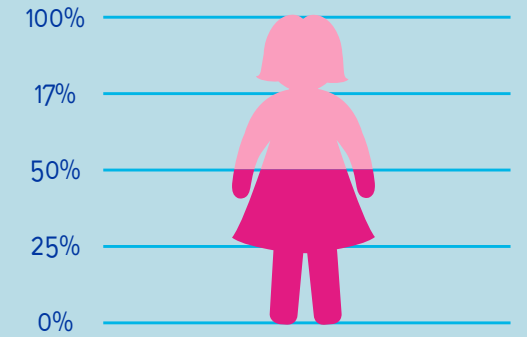
**1 in 7**

will experience depression during pregnancy <sup>3</sup>



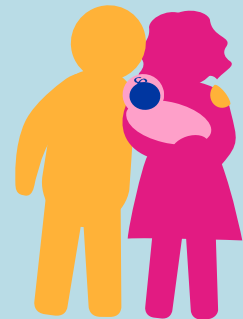
Up to **50%**

living in poverty will suffer from a maternal mental health disorder <sup>4,5</sup>



## Not Just Moms

Maternal mental health disorders impact the whole family <sup>6</sup>



More Than **600,000**

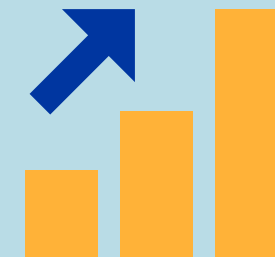
will suffer from a maternal mental health disorder in the U.S. every year <sup>7</sup>



Anxiety and depression have risen

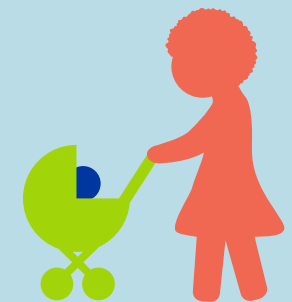
**37%** in teen girls

This will increase the number suffering postpartum depression in the future <sup>5</sup>



Rates of Depression are more than **Doubled in the Black Population**

Due to cumulative effects of stress called "weathering" <sup>8</sup>



Visionaries for the Future of Maternal Mental Health

**2020Mom.org**

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