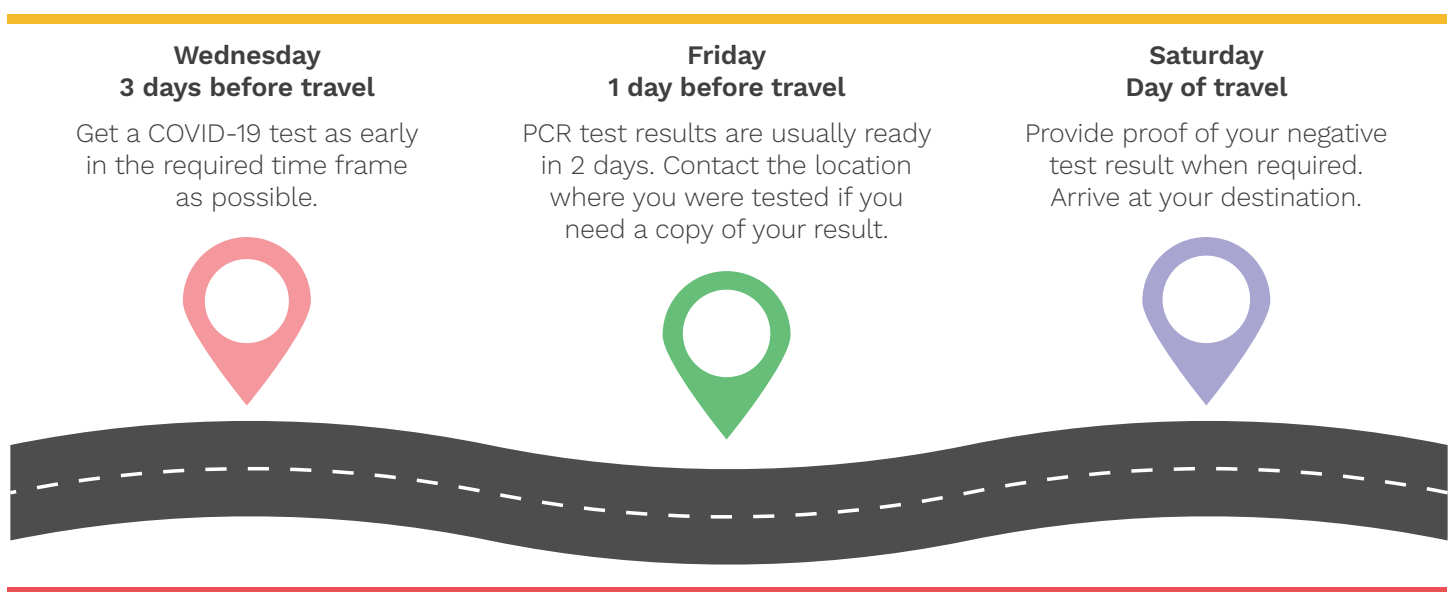# Traveling out of state?
Don't forget your COVID-19 test.

Ask the health department in the state or country you are traveling to for quarantine guidance and testing requirements. Some states, countries, or airlines require proof of a negative result from a test taken within 72 hours prior to arrival. Make sure you have enough time to get your test result before you travel.

In the below example, a Rhode Islander is planning to arrive at their travel destination on a Saturday. The location they are traveling to requires proof of a negative result from a lab-processed PCR test taken within the 3 days before arrival.

Wednesday **3 days before travel**	**Friday** **1 day before travel**	**Saturday** **Day of travel**
Get a COVID-19 test as early in the required time frame as possible.	PCR test results are usually ready in 2 days. Contact the location where you were tested if you need a copy of your result.	Provide proof of your negative test result when required. Arrive at your destination.

Rhode Island's State-run test sites are intended for diagnostic testing and asymptomatic screening only. Results from State-run test sites are not guaranteed to meet testing requirements for travel. If you are getting tested before or after travel because you need test results within a strict timeframe or documentation more detailed than a standard lab report, you may need to be tested elsewhere. For a full list of testing options in Rhode Island, visit **covid.ri.gov/testing**.

Traveling to Rhode Island?

You are not currently required to get tested or quarantine after arrival in Rhode Island. To lower the chances of catching and spreading COVID-19, the Rhode Island Department of Health (RIDOH) recommends travelers get tested 3-5 days after arrival. For more information, visit **covid.ri.gov/travel**.

11/8/2021

| **covid.ri.gov**

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