

2020
mom



2020mom.org

INNOVATION
Awards



ZOMA Foundation



Moderated By:

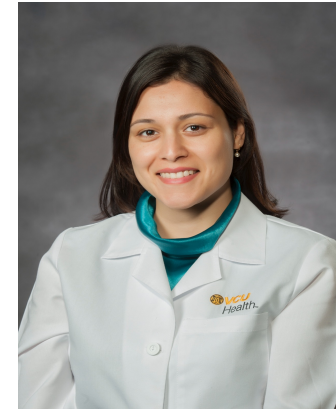
Joy Burkhard, MBA
Executive Director
2020 Mom



Fidelma Rigby, MD
Associate Professor
VCUHS OB/GYN



Janet Abraham, MSW
Clinical Social Worker
VCU Medical Center



Bushra Mubashshir Shah, MD
Assistant Professor of Psychiatry
Virginia Commonwealth University

Timeline

Three years prior

Psychiatric fellows in one high risk clinic per week for one year each

Then loss of psychiatric fellows

One year prior

Meeting of current psychiatric attending (former fellow)—MFM—

Clinical Social Worker

Multiple meetings with Stakeholders

OB chief—Psych chief—Clinic chief—Budget chief

Trial Run of one year than Reassessment

Addition of Post Partum Support Groups

Virginia MOMS

Integration of Psychiatric Care, Social Work and High Risk Obstetrics Care
Peripartum Clinic

Referred from OB clinics for specialized psychiatric care

Presence of Social Worker, Maternal Fetal Specialist and Psychiatrist

Old Referral Pattern: took 6-7 months to establish care with psychiatry

Current Pattern: immediate assessment and can be seen by psychiatry immediately if necessary

Presence of Trained Staff to foresee issues and preemptively plan for post partum care

Getting Better Together: Post Partum Support Group

How Virginia MOMS is making a difference

Making A Difference

120 patients triaged by Social Worker

100 patients referred for detailed psychiatric intervention

41 patients seen in our post partum support group

How we are making a difference

- Collaboration: Postpartum Support Virginia, PSI, others
- Timely referrals to psychiatrists, therapists, community support groups
- Richmond Coalition for Maternal Mental Health



Special thanks

- VCU Health Departments of Obstetrics and Gynecology and Psychiatry
- Dr. David Chelmow, Professor and Chair of Obstetrics and Gynecology
- Dr. James Levenson. Professor and Chair Psychosomatic Medicine
- The Coalition for Maternal Mental Health
- Adrienne Griffen, Postpartum Support Advocate
- Staff of VCU OB/GYN and Psychiatry

Questions and Answers

THANK YOU!



Upcoming Webinars:

- Tuesday Dec 17- Appalachian Perinatal Mental Health Alliance (Community Solutions)
- Monday Jan 13– Better Postpartum, Social Media Campaign (Community Solutions)

For more Information and to register:
<https://www.2020mom.org/innovation-awards>

ZOMAFoundation