



HOPE-Informed Checklist for Decision Making

This simple checklist will walk you through assessing if the decision you are making, policy you are creating, or tool you are considering is HOPE-informed. As you consider moving forward, ask yourself if your decision, policy, or tool does the following things.

- Identifies, celebrates and honors strengths and resilience
- Supports access to the 4 Building Blocks of HOPE (relationships, environments, engagement, and emotional growth)
- Reflects practice that promotes empathy, recognizes common goals, and understands that individuals are doing the best they can
- Incorporates community feedback into robust continuous quality improvement
- Has clear mechanisms to identify and address systems failures that result in inequities

Equally as important, you will want to screen your decision/policy/tool to ensure that it does NOT check any of the following boxes.

- Exclusive focus on identifying problems and referring to services
- Creates an "us" and "them" dynamic in association with services
- Inadvertently perpetuates labeling, stigma, or bias

If it checks all the boxes on the top of the page and none on the bottom, wonderful! You're on your way towards more HOPE-informed practice. Otherwise, use this checklist as a guide for improvement. If you're stuck, we're here to help! Reach out to the HOPE National Resource Center team at hope@tuftsmedicalcenter.org.

