

N C C D P H P

HEALTHY TRIBES

RESOURCE DIGEST

Welcome to Centers for Disease Control and Prevention's (CDC) tribal resource digest for the week of October 17, 2021. The purpose of this digest is to help you connect with the tools and resources you may need to do valuable work in your communities.

Announcements

Remote Delivery of Arthritis and Chronic Disease Programs

CDC's Arthritis Program now recognizes remotely delivered arthritis and chronic disease physical activity programs that help adults manage their conditions. CDC's Arthritis Program promotes self-management education and physical activity programs that improve quality of life for adults with arthritis. Now, those organizations that develop and deliver in-person programs are offering them remotely to keep people safer during the COVID-19 pandemic. These remote delivered programs help adults of various physical abilities manage arthritis, heart disease, high blood pressure, and diabetes and have been proven effective for remote delivery.

Read more [here](#).

Center for Indigenous Innovation and Health Equity Tribal Advisory Committee; Solicitation of Nominations for Delegates

Notice from the Department of Health and Human Services (HHS) Office of Minority Health (OMH) establishing and seeking nominations for a Center for Indigenous Innovation and Health Equity Tribal Advisory Committee (CIIHE TAC) to support research, education, service, and policy development advancing Indigenous solutions that ultimately address health disparities in American Indian/Alaska Native (AI/AN) and Native Hawaiian and Pacific Islander (NHPI) populations. Nominations are due by October 29, 2021.

Read more [here](#).

Deadline: October 29, 2021

CNAY Launches 2022 Champions for Change Applications

Applications for the Center for Native American Youth's 2022 Champions for Change program are now open. The Champions for Change program recognizes Native youth leaders inspired to make positive change. All Native youth are invited to apply!

Read more and apply [here](#).

Deadline: October 29, 2021

The Star Collection

The Centers for Disease Control and Prevention is debuting two new children's books; *The Friendship Makers* and *The Stars that Connect Us*. *The Star Collection* was developed by the National Center for Injury Prevention and Control in collaboration with the Indian Health Service. These books were written with and illustrated by Marisa Erven of the Coquille Tribe of Oregon. They are for kindergarten through third grade American Indian and Alaska Native (AI/AN) readers.

Read more [here](#).

Let's Move in Libraries

Join Let's Move in Libraries for week-long event celebrating the inspiring work of libraries who spearhead StoryWalk® programs—promoting literacy, reading, health, exercise, and movement in communities and neighborhoods across the United States and the world. Submissions will be open through October 31, 2021. We invite submissions of all StoryWalk(R) programs and variations, including Story Strolls, Story Trails, PoetryWalks: Whatever you call it – if it involves reading materials posted along paths – we want to feature it!

Submissions are now open [here](#).

Deadline: October 31, 2021

Webinars

Understanding the Relationship Between Obesity and Cancer

Please join us for the Indian Health Service Health Promotion/Disease Prevention program and the HIS Clinical Support Center present the: Cancer, Tobacco, and Obesity Prevention Webinar Series. This presentation will discuss the prevalence of obesity in the U.S. and in various population subgroups, including American Indian/Alaska Native populations. The relationship of obesity to cancer incidence and outcomes; biological mechanisms that are thought to be responsible for the obesity-cancer relationship; and efforts by the National Cancer Institute (NCI) to better understand the obesity and cancer relationship and develop more effective interventions for obesity to prevent cancer and reduce its adverse outcomes.

No registration required. Join [here](#).

October 21, 2021 3:00 p.m. EDT

Understanding Alzheimer's and Dementia

In partnership with the National Indian Council on Aging (NICOA), the Alzheimer's Association is offering a one-hour Webinar "Understanding Alzheimer's and Dementia" on October 20.

Read more and register [here](#).

October 20, 2021 12:00 p.m. MT

Tribal Justice Reducing Recidivism in Indian Country Virtual Forum

The first annual Tribal Justice Reducing Recidivism in Indian Country Forum will showcase the many promising practices that are occurring in tribal communities across the United States. We will discuss the impacts of substance use and trauma on individuals and communities, and demonstrate the lifestyle improvements that go along with a decrease in arrest rates. Participants will learn about a Healing to Wellness Court model and will leave the conference with resource options for their own communities.

Co-Sponsored by the Pueblo of Santa Ana and the BIA/OJS/Field Operations Directorate

Who should attend: Judges, Prosecutors, Court Personnel, Law Enforcement and Treatment Service Providers

Read more and register [here](#).

October 20-22, 2021 12:00 p.m. MT

2021 Virtual National Native American Language Summit

This is the 8th National Native American Language Summit based on the requirements of the Memorandum of Agreement (MOA) between the Department of Education's (ED) White House Initiative on American Indian and Alaska Native Education (WHIAIANE), Department of Health and Human Services Administration for Native Americans (ANA), and the Department of Interior's Bureau of Indian Education (BIE).

Our goal through the summit is to identify ways to further support communities teaching their Native languages, improve accountability for educational progress, provide measurable goals to show our success and encourage our youth to gain the skills to speak their language. We will discuss the challenges and successes of measuring oral and written American Indian, Alaska Native and Native Pacific Islander language learning and will share promising practices.

Read more and register [here](#).

November 18, 2021 2:00 p.m. - 6:00 p.m. EST

What Evidence-Based Health Promotion Programs Work with Native Elders?

Join the webinar, "What Evidence-Based Health Promotion Programs Work with Native Elders?" to hear about initiatives to serve Indigenous communities in Arizona, Washington, and Hawai'i. Please feel free to share with your networks!

Read more and register [here](#).

November 30, 2021 3:00 p.m. EST

Contact Information:

National Center for Chronic Disease Prevention and Health Promotion

Division of Population Health

4770 Buford Highway, MS S107-6

Atlanta, GA 30341

(770) 488-5131 / <http://www.cdc.gov/chronicdisease/index.htm>

The *Digest* serves as your personal guide to repositories of open and free resources where you can find content to enrich your program or your professional growth. Please note that CDC does not endorse any materials or websites not directly linked from the CDC website. Links to non-Federal organizations found in this digest are provided solely as a courtesy. CDC is not responsible for the content of the individual organization web pages found at these links.

If you have comments or suggestions about this weekly update, please email Breanna Branche at QRR3@cdc.gov with the words "TRIBAL DIGEST" in the subject line.