



Tobacco Use Prevention Education
(TUPE)

Virtual Brief Intervention Training

December 1st & 2nd, 2021 8:30AM-12:00PM

*Participants must attend both dates

TARGET AUDIENCE

Napa County School
Administrators,
Educators, Counselors, Nurses,
CBOs, and Youth Workers

Brief Intervention is an approach that uses motivational interviewing, cognitive behavior therapy, and the stages of change model to meet the needs of adolescents who use alcohol, tobacco and other drugs.



Scan or Click to Register

VIRTUAL TRAINING VIA ZOOM



If you have any questions, please contact Johana Navarro at jnavarro@napacoe.org or (707) 253-6806



Learning Objectives

- Examine attitudes and relationships with teens
- Learn to teach adolescents how to take a more active and reflective role in decisions about their own behavior
- Identify strategies that would support an adolescent driven to make decisions they see as beneficial
- Increase knowledge about alcohol, tobacco and other drug use among teens
- Utilize motivational interviewing to empower rather than enforce
- Identify how Brief Intervention can be used as an alternative to suspension