



# Northwest Native Adolescent Health Alliance

Tuesday, January 18, 2011



Sponsored and hosted by the Northwest Portland Area Indian Health Board—Portland, OR

## Tribal Introductions

The meeting in Portland, OR was attended by 34 people and we had representation from 7 of the 9 Oregon Tribes and a representative from APACSA.

**Handouts Attached:** Meeting Powerpoint Slides, Sexual Assault Prevention Tribal Recruitment Letter, It's Your Game Recruitment packet, Youth Text Messaging sign-up sheet

Participants included: Solomon Trimble, NARA Northwest; Laura Angulo, Coquille Indian Tribe; Doug Barrett, CTCLUSI Confederated Tribes; Andrew Brainard, Coquille Indian Tribe; Wayne Miller, Confederated Tribes of Warm Springs; Carolyn Knolle, Klamath Tribes; Mary Ann Lewis, P.I.E.S.- G; Lois Chilcott, P.I.E.S.- G; Linda Meanus, P.I.E.S.- G; Ramsey Hawley, P.I.E.S.- G; Ed Edmo, P.I.E.S.- G; Mary Zodrow, NARA Northwest; Victor Leo, APACSA; Vincent Wannassey, P.I.E.S.- G; Lauren Patterson, Confederated Tribes of Siletz Indians; Mike Chapman, NARA Northwest; Luella Azule, NPAIHB; Donna Noonan, Oregon Public Health Division; Jason Yarmer, Oregon Dept. of Addictions and Mental Health; Dean Azule, Portland State University; Lanette Humphrey, Burns Paiute Tribe; Phyllis Miller, Burns Paiute Tribe Elder; Wenona Scott; Confederated Tribes of the Umatilla Indian Reservation (CTUIR); Sara Frank, CTUIR; Melissa Waggoner, NAYA Early College; Niky Poole, Chemawa Indian School; Alex Baumler, Oregon Partnership; Leslie Storm, Oregon Partnership; Art McConville, CTUIR Elder; Shane Lopez-Johnston, NARA Northwest; Colbie Caughlan, NPAIHB; Wendee Gardner, NPAIHB; David Stephens, NPAIHB; and Rachel Ford, NPAIHB.

## Project THRIVE Update: Northwest Substance Abuse Tribal Action Plan

**Optional Handouts:** Final Draft of Action Plan for 2011-2015

The draft will be reviewed and hopefully a resolution will pass during the January 25-27, 2011 NPAIHB Quarterly Board Meeting (QBM) by the Tribal Delegates. Last minute suggestions and changes were accepted and worked into the plan up till January 20, 2011. A resolution will be drafted prior to January 25 and it will be brought to the QBM.

## Project THRIVE Update: Suicide Prevention

**Media Materials:** Poster, wallet tip card, flyer, thumb drive, t-shirt, note pad, window cling, factsheet Project THRIVE (Tribal Health: Reaching Out InVolves Everyone) worked with G & G Media to create a logo, slogan, and suicide prevention media campaign for the NW Tribes. The slogan is "Community is the Healer that Breaks the Silence" and a picture of the logo is in the top right corner of this document. Examples of the materials were shown during the meeting and a few are included in the attached powerpoint presentation.

These materials can be used by any of the NW Tribes, for the templates please visit [http://www.npaihb.org/epicenter/project/mspi\\_prevention\\_media\\_resources/](http://www.npaihb.org/epicenter/project/mspi_prevention_media_resources/) and download what you need. If you would like to add your own Tribal logo to the materials and need a different version of the templates please contact Colbie Caughlan at [ccaughlan@npaihb.org](mailto:ccaughlan@npaihb.org) or 503-416-3284 for more assistance.

**Training:** For suicide prevention intervention trainings such as, *ASIST, safeTALK, or QPR* information please visit [www.livingworks.net](http://www.livingworks.net), [www.qprinstitute.com](http://www.qprinstitute.com), or contact Colbie Caughlan (at [ccaughlan@npaihb.org](mailto:ccaughlan@npaihb.org)).

### **Project THRIVE Update: Regional Health Promotion Conference**

**When:** June 27th to July 1, 2011

**Hosts:** Northwest Portland Area Indian Health Board (NPAIHB), NARA Northwest, Portland State University's (PSU) Healing Feathers program

**Who:** Native high school youth

**Where:** Portland State University campus in downtown Portland, Oregon

**What:** This is an amazing opportunity for Native youth living in Washington, Oregon, and Idaho to learn about the signs of suicide, the impacts of drug and alcohol abuse, how to be a resource for friends and family, and much more. At the conference, participants will learn to positively express their emotions and feelings about these challenging topics through interactive, educational workshop tracks. The four tracks will include: digital story-telling, comic book development, videography, and writing and producing songs. Sessions will incorporate American Indian/Alaska Native culture, traditional learning strategies, and skill-building activities that educate youth about healthy behaviors.

**Update:** We are currently fundraising for this conference and have a long way to go. Whether we have \$35,000 or \$80,000 we will hold this conference. The conference may be scaled back depending on the amount of funding received and we also may need to charge an affordable registration fee to help cover costs. There is another youth camp being held the same week either in Salem, OR or Portland, OR and we have spoken with the Executive Director of the Native Wellness Institute about combining these two conferences if absolutely needed. There will be a cultural night where the participants of both conferences gather together and share traditions and culture over dinner and activities. To inquire about donating to this conference or for comments or suggestions please contact Colbie Caughlan at [ccaughlan@npaihb.org](mailto:ccaughlan@npaihb.org) or 503-416-3284.

### **Project Red Talon Update: Multimedia STD/HIV Prevention Strategy**

**It's Your Game and Multi-Media Project:** PRT has secured funds to develop a multimedia health website and text messaging service for Native teens and young adults that will promote holistic health and positive identity and development. The website and text messaging campaign (funded by the President's National HIV/AIDS Strategy, the Indian Health Service's National HIV/AIDS Program and STD Program, respectively) will specifically target American Indian and Alaska Native teens and young adults.

The site will address health and social issues important to Native youth, and will integrate other social marketing strategies like MySpace®, Facebook®, Twitter®, and text messaging.

Native youth, elders, and topical experts from throughout the U.S. will soon be sought to assist in the construction of the website, by becoming authors of blogs, directors of videos, graphic design artists, and more. The text messaging service being designed to support the website will send out periodic health tips, provide subscribers with updates on related contests and social service opportunities, and challenge youth to take a more active role in their personal health and wellbeing. Attached is a sign-up sheet for the text messaging service.

Project Red Talon is excited to begin a new research study, *It's Your Game...Keep It Real!* The study is recruiting American Indian and Alaska Native youth who live in OR, WA, or ID and are between 12 and 14 years old.

Participants in the study will test an interactive Internet-based sexual health curriculum called "*It's Your Game...Keep it Real (IYG)*," and provide feedback on ways to improve the program for other Native youth 12-14 years old.

Attached is a recruitment flyer and packet explaining the study in detail and more information on how to sign-up! Please feel free to post these packets or pass them along to others who might be interested.

For more information contact David Stephens, Multimedia Project Specialist at (503) 416-3307 or [dstephens@npaih.org](mailto:dstephens@npaih.org)

### **Project Red Talon Update: Native VOICES**

Recently underway, the goal of the Native VOICES project is to develop an evidence-based sexual health video for the NW tribes that will provide young people with accurate risk information and demonstrate culturally-specific strategies for encouraging condom use and enhancing partner communication. The project is supported by a three-year grant from the Indian Health Service, issued through its Native American Research Centers for Health (NARCH) program.

The project is working closely with tribal and Indian Health Service partners to adapt a CDC-recognized intervention, *Video Opportunities for Innovative Condom Education and Safer Sex (VOICES)*, and to evaluate its effectiveness as an HIV/STD prevention resource for AI/AN teens and young adults in Oregon, Washington, and Idaho.

To maximize the cultural appropriateness of the Native VOICES video and supplementary intervention materials, the project will host a series of talking circles, individual interviews, and community feedback sessions over the next three years. Project staff will seek input from tribal clinicians and health educators on the feasibility of the intervention, and ways to successfully integrate the video into the flow of tribal health services.

At the Alliance Meeting attendees were asked about the feasibility of using current VOICES videos to solicit information from youth. Respondents had a variety of opinions for integrating the videos into the

focus groups and in-depth interviews. Alliance members strongly suggested tailoring the clips to the maturity level of youth, and expressed that they felt the final Native VOICES video intervention should incorporate community and traditional values, while communicating to youth the need to care for themselves and their partners (with regard to STDs/HIV).

For additional information about the Native VOICES project contact, Wendee Gardner, Project Coordinator at [wgardner@npaihb.org](mailto:wgardner@npaihb.org) or (503) 416-3275.

## Sexual Assault Prevention Project Update

**Handouts:** Tribal Recruitment Letter

This is a new project at the Board and the Coordinator is recruiting a few NW Tribes for the opportunity to participate in the development of Tribal Sexual Assault Prevention Programs. For more information please contact:

Rhonda Metcalf  
Sexual Assault Prevention Project Coordinator  
Phone: (503) 416-3257  
[rmetcalf@npaihb.org](mailto:rmetcalf@npaihb.org)  
[http://www.npaihb.org/programs/sexual\\_assault\\_prevention\\_project/](http://www.npaihb.org/programs/sexual_assault_prevention_project/)