



**I KNOW  
MY BODY.  
I KNOW  
MY STATUS.**

**NATIVE  
TESTED. PROUD.**

American Indians and Alaska Natives have the third highest HIV rate among ethnic groups in the U.S. It's time for us to protect ourselves and our people.

HIV testing is recommended for everyone as a part of routine healthcare.

Know your body, know your status. To find out more about HIV and where to go to get tested, visit your local clinic or [hivtest.org](http://hivtest.org)



INDIAN HEALTH SERVICE  
HIV/AIDS PROGRAM