



**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**



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**NORTHWEST TRIBAL EPIDEMIOLOGY CENTER (THE EPICENTER) PROJECTS  
REPORTS INCLUDE:**

- ▲ **Adolescent Behavioral Health**
- ▲ **Clinical Programs-STI/HIV/HCV**
- ▲ **NTDSC-Dental**
- ▲ **Epicenter Biostatistician**
- ▲ **Epicenter National Evaluation Project**
- ▲ **IDEA- Northwest (Tribal Registry Project)**
- ▲ **Immunization and Portland Area IHS IRB**
- ▲ **Medical Epidemiologist**
- ▲ **Native CARS & PTOTS**
- ▲ **Northwest Tribal Comprehensive Cancer Project**
- ▲ **Public Health Improvement and Training/Injury Prevention**
- ▲ **THRIVE**
- ▲ **WEAVE**
- ▲ **Western Tribal Diabetes**
- ▲ **Cancer Prevention and Control Research in AI/ANs**
- ▲ **Tribal Opioid Response (TOR)**
- ▲ **Enhancing Asthma Control for Children in AI/AN communities**
- ▲ **Northwest Native American Research Center for Health (NARCH)**
- ▲ **Response Circles – Domestic & Sexual Violence Prevention**



**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**



**Adolescent Behavioral Health**

*Stephanie Craig Rushing, PhD, MPH, Principal Investigator*

*| Jessica Leston, MPH, PhD(c) Project Director*

*Colbie Caughlan, MPH, THRIVE Project Director | David Stephens, RN, ECHO Director  
Danica Brown, MSW, PhD, Behavioral Health Manager | Michelle Singer, HNY Manager  
Celena McCray, THRIVE Project Coordinator | Tommy Ghost Dog, WRN Project Coordinator  
Tana Atchley-Culbertson, Youth Engagement Coordinator | Paige Smith, THRIVE/DVPI  
Coordinator | Corey Begay, Multimedia Specialist | Eric Vinson, ECHO Specialist  
Contractor: Amanda Gaston, MAT, Native IYG*

**Quarterly Report: January – March 2019**

Technical Assistance and Training

**Tribal Site Visits**

- Suquamish Tribe: Quarterly Board Meeting, January 20-23, 2019.

**January Technical Assistance Requests**

- 1 Tribal TA Requests = UIHI
- 7 = ANA; Mental Health America; Kaiser; Seattle Children's Hospital; EDC; UW; Johns Hopkins

**February Technical Assistance Requests**

- 2 Tribal TA Requests = UIHI, Maniilaq
- 7 = ANA; Kaiser; Seattle Children's Hospital; Hope Nation Consulting; IHS; GPTCHB; Cardea

**March Technical Assistance Requests**

- 5 Tribal TA Requests = NCUIH, Maniilaq, Puyallup, IHS/ABR/BCH, NIHB
- 1 = Institute for Sexual and Gender Minority Health and Wellbeing.

**Project Red Talon | We R Native**

During the quarter, Project Red Talon staff participated in three planning calls, three partner meetings, and facilitated or presented during two conferences/webinars, including:

- Award Notifications: We R Native selected for Nonprofit Technology award and University of Wisconsin's Technology and Adolescent Mental Wellness (TAM) grant.
- Award Presentation: We R Native, Non-profit Technology Conference, Portland, OR, March 15, 2019. Approximately 2,500 adults were in attendance. See: <https://www.nten.org/article/2019-award-honorees-at-the-19ntc/>
- Meeting: NW Adolescent Tribal Health Alliance Action Plan Update Meeting, NPAIHB. January 11, 2019. Approximately 20 people in attendance in-person and via zoom.



**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**



- Meeting: Quarterly Board Meeting, Behavioral Health Committee, Suquamish Tribe, January 20-23, 2019. Approximately 10 adult delegates and 4 youth delegates were in attendance.
- Meeting: We R Native Ambassadors, NPAIHB. Feb. 28, 2019. Approximately 7 people in attendance in-person and via zoom. New applications will open March 2019.
- Presentation: Chemawa Indian School Health & Education Career Fair, Salem, OR, Jan. 28, 2019. School wide (grades 9-12) event.
- Presentation: We R Native, Non-profit Technology Conference, Portland, OR, March 14, 2019. Approximately 2,500 adults were in attendance.
- Training: We R Native, 2019 The Blanket Exercise Train-the-Trainer, Movement for Truth and Healing. Washington, DC, Jan. 16, 2019. Approximately 15 people in attendance.

#### **Gen I / Bootcamps**

- Promoted Healthy Relationships PSA campaign.

#### **Youth Spirit Evaluation**

During the quarter, Project staff participated in thirteen planning Zoom calls, including:

- Zoom & Face-to-face: Tulalip Partners Meeting, Tulalip, WA, March 12, 2019.
- Zoom: YSP HESS Meeting, March 20, 2019
- Call: OMH Swinomish (Recruitment and Retention) Call, March 7, 2019.

#### **Parenting Teens – WA DOH**

During the quarter, Project staff participated in seven planning calls and two meetings:

- Call: Monthly check-in re: 6-month report with WA DOH, January 9
- Call: Tulalip Site MOA/Contract finalized, January 10
- Call: Site (Lummi) Q&A to review drafted MOA/Contract, January 31
- Call: Tulalip Site Q&A grant implementation check-in, February 7
- Call: Monthly check-in with WA DOH, February 13
- Call: Tulalip monthly check-in call, March 7, 2019
- Call: planning call re: Child Passenger Safety Technician Training, March 13, 2019
- Meeting: with WA DOH and other grantees, Tumwater, WA. March 19, 2019.
- Meeting: with Yakama Nation, Toppenish, WA. March 26, 2019

#### **Native It's Your Game | Native STAND | Healthy Native Youth**

During the quarter, Healthy Native Youth staff participated in eight planning calls with study partners, and the following trainings/events:

- HNY website 2.0: Working to edit, update, and refine towards a spring 2019 launch.
- Call: HNY AI/AN Adolescent Sexual Health National Work Group, Feb.28, 2019. Approximately 28 partners in attendance.
- Presentation: Native It's Your Game and Healthy Native Youth, International Society for Research on Internet Interventions (ISRII), Auckland, New Zealand. February 13, 2019.



**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**



- Zoom: Community of Practice: Session #5 – Youth Engagement: Social Media, Text Messaging, Jan 25, 2019. Approximately 30 adult educators were in attendance. Recorded trainings are available at: <https://www.healthynativeyouth.org/community-of-practice-sessions>
- Zoom: Community of Practice: Session #6 – Technical Assistance for Selected Curricula. February 13, 2019. Approximately 30 adult educators were in attendance. Recorded trainings are available at: <https://www.healthynativeyouth.org/community-of-practice-sessions>
- Zoom: Community of Practice: Session #7 – Cultural Connectedness: Supporting curricula with Enhancement Activities. March 13, 2019. Approximately 30 adult educators were in attendance. Recorded trainings are available at: <https://www.healthynativeyouth.org/community-of-practice-sessions>

#### **OHSU Native American Center of Excellence and SIP**

During the quarter, staff participated in thirteen planning calls with study partners, and submitted one IRB amendment:

- Focus Group: Sexual Health Messages, NAYA young men 15-18. February 13, 2019.
- IRB: Pathway's Workforce Survey, March 28 and 29, 2019
- Meet: SIP Codebook. March 18, 2019.
- Meeting: Med Student Project, February 22, 2019

#### **ANA – I-LEAD**

During the quarter, staff participated in one grantee call, thirteen SMS text mentoring chats with 901 “healer” participants,” and the following I-LEAD meetings and activities:

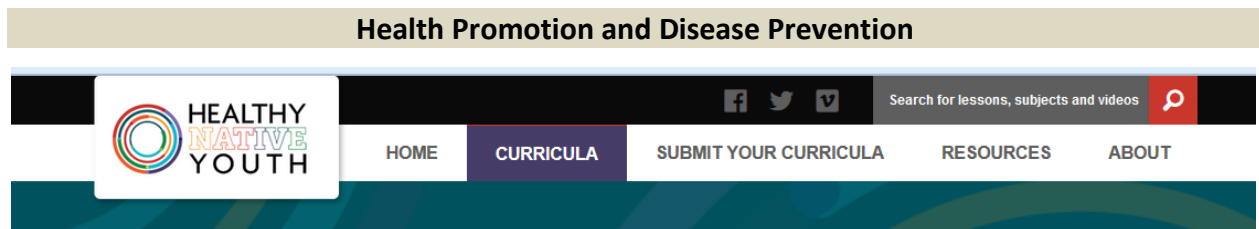
- SMS Chat: Text Mentoring – Pathways: SMS chat included 901 “Healer” participants.
  - January 2, 2018 | January 9, 2018 | January 16, 2018 | January 23, 2018 | January 30, 2018.
  - February 6, 2018 | February 13, 2018 | February 20, 2018 | February 27, 2018
  - March 6, 2018 | March 13, 2018 | March 20, 2018 | March 27, 2018
- Meeting: “Healer” Text Message Strategy Session, Portland, OR, January 18, 2019. Approximately 10 staff/contractors in attendance.
- Meeting: Quarterly Board Meeting, Youth Committee, Suquamish Tribe, January 20-23, 2018. Approximately 11 delegates in attendance.
- Youth Delegates: Quarterly Board Meeting, Suquamish Tribe, January 20-23, 2018. Approximately 7 delegates in attendance. Passed bylaws and a Resolution.
- New Youth Delegate applications are now open. [http://www.npaihb.org/youth-delegate/?fbclid=IwAR1MFNzWdo5bxocP9kiU63fhUeE\\_XiQ34TzU6STHX6aIVkXffjFfFdQn8PTg#FAQ](http://www.npaihb.org/youth-delegate/?fbclid=IwAR1MFNzWdo5bxocP9kiU63fhUeE_XiQ34TzU6STHX6aIVkXffjFfFdQn8PTg#FAQ)
- WRN Leadership Training: February 28, 2019. Approximately 4 Ambassadors in attendance. Recorded sessions are available at: <https://www.wernative.org/ambassadors/ambassador-training>



**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**



- WRN Leadership Training: Recorded videos are available at:  
<https://www.wernative.org/ambassadors/ambassador-training>
- Youth Delegates: Check-in call, February 17, 2019. Approximately 7 delegates in attendance.  
Link to recorded session: <https://youtu.be/S0Kz0UN3oZs>
- Youth Delegates: Check-in call, March 14, 2019. Approximately 8 delegates in attendance.  
Link to recorded session:  
[https://www.youtube.com/watch?v=ep\\_VrChpKfo&feature=youtu.be&fbclid=IwAR172Q80GGnjEd9ic7vMvCskBcDG1IExrJjeKK1IJgdTFaxwUm8I4sh3WOs](https://www.youtube.com/watch?v=ep_VrChpKfo&feature=youtu.be&fbclid=IwAR172Q80GGnjEd9ic7vMvCskBcDG1IExrJjeKK1IJgdTFaxwUm8I4sh3WOs)
- Youth Delegates: Suicide Prevention Check-in call with Johns Hopkins University, January 13, 2019. Approximately 8 delegates in attendance.



**Website:** The Healthy Native Youth website launched on August 15, 2016:  
[www.healthynativeyouth.org](http://www.healthynativeyouth.org)

Last month, the **Healthy Native Youth** website received:

- Page views = 1,338
- Sessions = 571
- Users = 417
- Average session duration = 2:11



**Website:** The We R Native website launched on September 28, 2012: [www.weRnative.org](http://www.weRnative.org)

In March, the Monthly reach across the We R Native Channel: **140,902** (4,545/day)

In March, the **We R Native** website received:

- Page views = 22,454
- Sessions = 14,983
- Users = **13,532**
- Percentage of new visitors = 93%



**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**



- Average visit duration = 2:29
- Pages per session =1.50

Twitter Followers = 6,363 (**16,000 Impressions**)

YouTube: The project currently has 706 uploaded videos, has had 375,300 video views, with 498,900 estimated minutes watched. (**13,300 views last month**)

Facebook: By the end of the month, the page had 49,758 followers.

Instagram: By the end of the month, the page had 8,202 followers. (**1,370 likes/video plays**)

**Text Message Service:**

- *Northwest Portland Area Indian Health Board* has 7,628 active subscribers.
- *We R Native* has 5,579 active subscribers.
- The *Text 4 Sex Ed* service currently has 471 active subscribers, 737 total profiles. Broken down by opt-in path:
  - Sex (Facebook): 291
  - Condom (Text Message): 184
  - Love (Text Message): 311
  - Snag, Banana (Instagram): 36
  - Hook up (twitter): 4
- *We R Healers* has 338 subscribers.
- *STEM* has 563 subscribers. :)
- *Youth Spirit* has 32 subscribers.
- *We R Navajo* has 152 subscribers.
- *I Know Mine* has 775 subscribers.
- *Native Fitness* has 808 subscribers.
- *Hepatitis C Patient and ECHO* project has 320 subscribers.
- *Healthy Native Youth* has 468 subscribers.
- *THRIVE-DBT* has 34 active subscribers.

**January Social Media Messages:** Number/Reach of We R Native messages addressing...

- Bootcamp PSAs = 0 posts, 0 text message, **0** people reached
- Concerning Social Media Post Tips = 1 posts, 0 text message, **7,500** people reached
- Sexual health/Healthy Relationships = 1 posts, 0 text message, **422** people reached
- DVPI = 0 posts, 0 text message, 0 people reached
- Sexual Assault Campaign (to be created this year) = 0 posts, 0 text message, 0 people reached
- Substance prevention = 6 post, 1 text message, **11,751** people reached
- Suicide (general) = 2 posts, 0 text message, **2,300** people reached
  - #WeNeedYouHere Campaign (specifically THRIVE) = 0 posts, 0 text message, 0 people reached
  - #WeNeedYouHere - LGBT2S = 0 post, 0 text message, 0 people reached



**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**



- #WeNeedYouHere – Veterans = 0 post, 0 text message, 0 people reached
- Mental health = 4 posts, 1 text messages, **7,500** people reached
- Youth leadership/empowerment = 12 posts, 3 text messages, **50,545** people reached

**February Social Media Messages:** Number/Reach of We R Native messages addressing...

- Bootcamp PSAs = 2 posts, 0 text message, **45,800** people reached
- Concerning Social Media Post Tips = 0 posts, 0 text message, 0 people reached
- Sexual health/Healthy Relationships = 14 posts, 3 text message, **128,470** people reached
- DVPI = 0 posts, 0 text message, 0 people reached
- Sexual Assault Campaign (to be created this year) = 0 posts, 0 text message, 0 people reached
- Substance prevention = 1 post, 0 text message, **9,800** people reached
- Suicide (general) = 0 posts, 0 text message, 0 people reached
  - #WeNeedYouHere Campaign (specifically THRIVE) = 0 posts, 0 text message, 0 people reached
  - #WeNeedYouHere - LGBT2S = 0 post, 0 text message, 0 people reached
  - #WeNeedYouHere – Veterans = 0 post, 0 text message, 0 people reached
- Mental health = 4 posts, 1 text messages, **7,500** people reached
- Youth leadership/empowerment = 11 posts, 1 text messages, **33,091** people reached

**March Social Media Messages:** Number/Reach of We R Native messages addressing...

- Bootcamp PSAs = 0 posts, 0 text message, 0 people reached
- Concerning Social Media Post Tips = 0 posts, 0 text message, 0 people reached
- Sexual health/Healthy Relationships = 3 posts, 0 text message, **4,071** people reached
- DVPI = 0 posts, 0 text message, 0 people reached
- Sexual Assault Campaign (to be created this year) = 0 posts, 0 text message, 0 people reached
- Substance prevention = 2 post, 0 text message, **5,100** people reached
- Suicide (general) = 0 posts, 0 text message, 0 people reached
  - #WeNeedYouHere Campaign (specifically THRIVE) = 0 posts, 0 text message, 0 people reached
  - #WeNeedYouHere - LGBT2S = 0 post, 0 text message, 0 people reached
  - #WeNeedYouHere – Veterans = 0 post, 0 text message, 0 people reached
- Mental health = 5 posts, 1 text messages, **13,560** people reached
- Youth leadership/empowerment = 29 posts, 3 text messages, **73,969** people reached

**Research and Surveillance**

**Concerning Post Social Media:** The NPAIHB has partnered with the Social Media Adolescent Health Research Team to design educational tools to address concerning posts on social media.



**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**



**2B**

We are currently writing a paper that describes the evaluation of the video intervention for adults who work with Native youth.

**Technology and Adolescent Mental Health (TAM):** The NPAIHB is partnering with the Social Media Adolescent Health Research Team and the mHealth Impact Lab to evaluate We R Native’s mental health messaging impact and efficacy.

**Help-Seeking Messages:** We R Native partnered with Steven Hafner to carryout formative research to design a violence prevention intervention that will be delivered to Native young men. The team conducted a pilot test of the intervention and is making improvements to role-model script and the SMS series based on their feedback. The role-model filming will take place in April.

**Other Administrative Responsibilities**

**Reports, Grants, Publications Submitted**

- Submitted an Application for: <https://tamprogram.org/>
- Received a new award for: <https://tamprogram.org/>
- Submitted GLS Grant for 5-year Renewal

**STI/HIV/HCV Clinical Programs**

*Jessica Leston, MPH, Clinical Programs Director - Tsimshian*  
*David Stephens, RN ECHO Clinic Director*  
 Eric Vinson, BA, ECHO Clinic Manager – *Cherokee*  
 Megan Woodbury – Opioid Program Coordinator  
 Danica Love Brown – Behavioral Health Manager – *Choctaw*  
 Morgan Thomas – CDC Presidential Fellow

Contractors: Brigg Reilley, MPH  
 Carolyn Crisp, MPH  
 Crystal Lee, PhD – *Navajo*

**Quarterly Report: January – March 2019**

**Technical Assistance and Training**

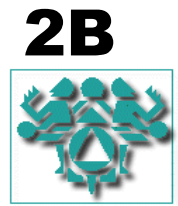
**NW Tribal Site Visits**

- Suquamish, QBM – January 21-23
- Grand Ronde, SUD/MAT ECHO Training – February 28, 2019
- Yellowhawk, SUD/MAT ECHO Training – March 5-6, 2019





## Northwest Tribal Epidemiology Center (The EpiCenter) January – March 2019 Quarterly Reports



### Out of Area Tribal Site Visits

- Cherokee Nation LGBTQ 2 Spirit Filming – March 22-25, 2019

### January Technical Assistance Requests

- Tribal TA Requests = 5 (Jessica), 6 (David), 2 (Eric), (2) Brigg,
- Other Agency Requests = 7 (CDC, OMB, SAMHSA, IHS, GPTCHB, WA, OR, AZ, CRIHB, GLITC, NIHB)

### February Technical Assistance Requests

- Tribal TA Requests = 10 (Jessica), 5 (David), 3 (Eric), (2) Brigg, Megan (0), Danica (0), Morgan (3)
- Other Agency Requests = 7 (CDC, OMB, SAMHSA, IHS, GPTCHB, CA, WA, OR, ID, AZ, CRIHB, GLITC, NIHB)

### March Technical Assistance Requests

- Tribal TA Requests = 10 (Jessica), 15 (David), 3 (Eric), (2) Brigg, Megan (4), Danica (0), Morgan (3)
- Other Agency Requests = 13 (CDC, OMB, SAMHSA, IHS, GPTCHB, CA, WA, OR, ID, AZ, CRIHB, GLITC, NIHB)

**During the quarter, project staff participated in 88 technical assistance calls and requests.**

### Health Promotion and Disease Prevention

**HCV Overview:** Hepatitis C Virus (HCV) is a common infection, with an estimated 3.5 million persons chronically infected in the United States. According to the Centers for Disease Control and Prevention, American Indian and Alaska Native people have the highest mortality rate from hepatitis C of any race or ethnicity. But Hepatitis C can be cured and our Portland Area IHS, Tribal and Urban Indian primary care clinics have the capacity to provide this cure. Some of these clinics have already initiated HCV screening and treatment resulting in patients cured and earning greatly deserved gratitude from the communities they serve.



**Goals:** HCV has historically been difficult to treat, with highly toxic drug regimens and low cure rates. In recent years, however, medical options have vastly improved: current treatments have few side effects, are taken by mouth, and have cure rates of over 90%. Curing a patient of HCV greatly reduces their risk of developing liver cancer and liver failure. Early detection of



**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**



HCV infection through routine and targeted screening is critical to the success of treating HCV with these new drug regimens.

It is estimated that as many as 120,000 AI/ANs are currently infected with HCV. Sadly, the vast majority of these people have not been treated. By treating at the primary care level, we can begin to eradicate this disease. Our aim is to provide resources and expertise to make successful treatment and cure of HCV infection a reality in Northwest IHS, Tribal and Urban Indian primary care clinics. More at [www.npaihb.org/hcv](http://www.npaihb.org/hcv)

Currently, the program has strategic partnerships with: Alaska Native Tribal Health Consortium, University of New Mexico, Cherokee Nation, Norther Tier Initiative for Hepatitis C Elimination, Oklahoma IHS Area, United Southern and Eastern Tribes TEC, Rocky Mountain TEC, Great Plains Tribal CHairmans Health Board and TEC, Great Lakes Inter Tribal Council TEC, and IHS.

**Text Message service/email marketing:** To date, the project has sent 12,480 and received 1,687 messages from 297 text message subscribers. The project sent 13 marketing emails and had a reach of 2,414 through constant contact in the month of March.

**HCV Print & Video Campaign:** In 2017, the project disseminated the Hepatitis C is Everybody's Responsibility Campaign <http://www.npaihb.org/hcv/#Community-Resources> To date, 6,000 items (posters, rack cards, pamphlets) have been printed, and the campaign (print + video) has received 547 video views on YouTube, and reached 5,515 on Facebook.

**Example of text message received in November 2018:** *"Thank you. I don't know if I am able to respond to you but I'm responding anyway. I just want to express my sincere appreciation for all you do. My CIHA (Cherokee Indian Hospital Authority) colleagues and I are energized with the possibility that we can eradicate Hep C in our community. We are meeting weekly to discuss Hep C treatment, patients, issues, ideas and complaints. We are, or I am preparing a presentation for one of our private recovery centers. Our goal in this is to reach out to as many people as we can to educate and spread awareness on all things Hep C. I am preparing the presentation because I am the performance improvement person for our primary care. The nurses are busy caring for our patients. I am also creating a hep B lab guide for our nursing staff to try and eliminate confusion over the hep B labs. I am by education an CLS (clinical laboratory scientist) formerly known as an MT ( medical technologist). I went to school to be a lab tech. Not just drawing blood but running the tests. So for once I am excited because the lab part of all this is right up my alley. My comfort zone, you could say."*



## Northwest Tribal Epidemiology Center (The EpiCenter) January – March 2019 Quarterly Reports



**Opioid Overview:** NPAIHB's Northwest Tribal Epidemiology Center (TEC) has examined death certificate and hospital discharge data (corrected for AI/AN racial misclassification) to identify the burden and disparities in drug and opioid overdoses experienced by Northwest AI/AN. Since 1997, Northwest AI/AN people have had consistently higher drug and opioid overdose mortality rates compared to non-Hispanic Whites (NHW) in the region. From 2006-2012, AI/AN age-adjusted death rates for drug and prescription opioid overdoses were nearly twice the rate for NHW in the region. A higher proportion of AI/AN drug and opioid overdose deaths occurred in younger age groups (less than 50 years of age) compared to NHW overdose deaths. A more recent analysis of Washington death certificates found that although AI/AN and NHW had similar overdose mortality rates from 1999-2001, AI/AN overdose rates subsequently increased at a faster rate. From 2013-2015 mortality rates that were 2.7 times higher than those of NHW for total drug and opioid overdoses and 4.1 times higher for heroin overdoses.



**Goals:** Opioids and OUD (Opioid Use Disorder) historically has been more prevalent in AI/AN populations. In recent years, research has shown that OUD is not just a medical issue, but is more effectively treated when approached holistically. This has led to an increased move towards integrated care and harm reduction approaches to treat the whole individual, not just the disease. Harm reduction is defined as a way of reducing/ mitigating the negative consequences associated with OUD/ opioid misuse through a variety of intervention strategies.

While there are many resources available to the public on harm reduction, they are scattered at best. To ensure that the Tribes are not only aware of current and promising harm reduction practices and strategies for opioid response, both regionally and nationally, the Indian Country Opioid Response Monthly Newsletter and Community of Learning webinar series were developed. The goal of these two tools is to not only use them as a way to cultivate a community of practice, but also to disseminate the strategies and promising practices currently being implemented to address OUD/ opioid misuse across Indian Country. More at <http://www.npaihb.org/opioid/#communityresources>.

**Text Message service/email marketing:** The project sent 6 constant contact surges and had a reach of 292 through constant contact through the month of February.

**Opioid Print & Video Campaign:** In 2019, the project is developing a number of campaigns for community.

**e-Newsletter/ Community of Learning Reminders and Sessions:** The monthly [newsletter](#) is released at the beginning of each month to those subscribed through the Constant Contact



**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**



listserv (n=172). The Indian Country Opioid Response [Community of Learning](#) (COL) occurs the second Thursday of every month. In the month of February, 40 people participated in our COL.

**LGBTQ & Two Spirit Overview:** Increasingly, healthcare providers across the United States are realizing that traditional European concepts of gender identity (as a male-female binary) and sexual orientation (as attraction to the opposite sex) are too limited. They cannot account for the range of gender identities and sexual orientations people experience.

People who are LGBTQ or Two Spirit have gender identities and/or sexual orientations that exist outside of this limited, European conception. LGBTQ is a general acronym, which stands for lesbian, gay, bisexual, transgender, and queer. Two spirit is a term for a Native person who expresses their gender identity or sexual orientation in indigenous, non-Western ways.

Native people who identify as LGBTQ and Two Spirit face barriers to healthcare, including discrimination in healthcare settings and lack of cultural competency among healthcare providers. Overall, they also face health disparities, including increased risk of anxiety, depression, sexual violence, and suicide. However, research suggests that when people who identify as LGBTQ or Two Spirit are accepted by their communities and healthcare providers, these health disparities disappear. When affirmed by relatives, friends, and clinics, Native people who identify as LGBTQ or Two Spirit thrive. Several Native clinics have already begun developing supportive, affirming relationships with their LGBTQ and Two Spirit clients, earning their trust and gratitude.

**Goals:** Native American and Alaska Native people who identify as LGBTQ or Two Spirit face widespread discrimination. Discrimination in healthcare settings causes many people who identify as LGBTQ or Two Spirit to avoid or postpone treatment. Others do not feel safe fully disclosing their identities to their healthcare providers, which can result in incomplete or ineffective care.

We know this experience of discrimination has not always been true for Native people who are LGBTQ or Two Spirit. Prior to colonization, people who identified as LGBTQ and Two Spirit were often vital, celebrated parts of their Native communities.

To create tribal communities and healthcare settings in which Native LGBTQ and Two Spirit people again feel acknowledged and affirmed, we are creating two documentary-style films celebrating Native LGBTQ and Two Spirit identities and providing recommendations for healthcare providers working with clients who are LGBTQ or Two Spirit.

**LGBTQ 2-Spirit Print & Video Campaign:** We are creating two documentary-style films focused on destigmatizing LGBTQ and Two Spirit identities. Both films include participants from various



**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**



tribes and regions in the USA, including Alaska, Washington, Oregon, Oklahoma, and North Dakota.

The first, shorter film, will include testimony from Native people who identify as LGBTQ or Two Spirit about their experiences with healthcare providers. Additionally, LGBTQ-affirming healthcare providers will share their experiences, best practices, and recommendations when working with clients who identify as LGBTQ or Two Spirit.

The second, longer film will include footage from the daily lives of 3-4 Native people who identify as LGBTQ or Two Spirit. These participants will tell us about their work, their activism and advocacy, their families and communities, their process of understanding identity, and the changes that understanding has created in their lives.

In addition to these films, a print campaign, including 3 posters, 3 rack cards, and 3 instructional pamphlets will promote and support the campaign. These print materials will direct people to the two documentaries. They will also provide introductory guidance for people who identify as LGBTQ or Two Spirit; their relatives, friends, and allies; and their healthcare providers.

Both films and print materials will be disseminated at annual LGBTQ and Two Spirit gatherings this year, as well as through clinics with whom IHS or NPAIHB has a relationship.

### **Surveillance and Research**

**STD/HIV/HCV Data Project:** STD/HIV/HCV Data Project: The project is monitoring STD/HIV GPRAs measures for IHS sites throughout Indian Country. National standardized indicators on HIV, HCV, and STD screening are included in the national health informatics platform. These data are then used to identify leading facilities to identify best practices that may have potential to replicate in policy and practice in other I/T/U facilities. In response to national data, a new measure, HIV diagnoses among men 25-45 was added, as this group had significantly higher rates of HIV diagnoses. As per the national screening technical assistance project, data monitoring found that HIV screening coverage of 13-64 year olds increased from 52% to 55%, HIV screening of STI+ patients increased from 54% to 58%, and HCV screening of persons born 1945-1965 increased from 54% to 63%. The new measure, HIV screening coverage among men ages 25-45 is up from 44% to 48%.

**PWID Study:** To capture the heterogeneous experience of AI/AN PWID and PWHID, this project is being conducted in four geographically dispersed AI/AN communities in the United States using semi-structure interviews. The project is based on indigenous ways of knowing, community-based participatory research principles and implementation science.



**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**



**Extension of Community Healthcare Outcomes (ECHO)**

**ECHO:** Each month, the Northwest Portland Area Indian Health Board offers multiple teleECHO clinics with specialists focusing on the management and treatment of patients with HCV and SUD. The 1-hour long clinics includes an opportunity to present cases, receive recommendations from a specialist, engage in a didactic session and become part of a learning community. Together, we will manage patient cases so that every patient gets the care they need. ***A total of 487 patients have received recommendations via the NPAIHB ECHO HUB.***

**Other Administrative Responsibilities**

**Publications**

- AI/AN Methods Paper on PWID Project accepted to Public Health <https://doi.org/10.1016/j.puhe.2018.12.002>
- AI/AN PWID Results Paper in Review
- Working on OUD Indicators Paper with CDC

**Reports/Grants Submitted**

- Awarded for FYI 2019: SAMHSA ECHO – 524,000
- Awarded for FYI 2019: OMH ECHO – 350,000
- Awarded for FYI 2019: CDC Opioid Response Strategy – 265,000
- Awarded for FYI 2019: SAMHSA TOR – 3.5 Million
- Awarded for FYI 2019: IHS SMAIF HIV 1.3 Million

**Administrative Duties**

- Budget tracking and maintenance: Ongoing
- Managed Project Invoices: Ongoing
- Managed Project Subcontracts: Ongoing
- Staff oversight and annual evaluations: Ongoing

**NORTHWEST TRIBAL DENTAL SUPPORT CENTER QUARTERLY REPORT  
(January – March 2019)**

The Northwest Tribal Dental Support Center (NTDSC) is in their 19th year of funding. The overall goals of NTDSC are to provide training, quality improvement, and technical assistance to the IHS/Tribal Dental programs, and to ensure that the services of the NTDSC result in measurable improvement in the oral health status of the AI/AN people served in the Portland Area. NTDSC activities are listed in categories corresponding to the current grant objectives.



**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**



**Ensure quality and efficient care is provided in Portland Area dental programs through standardization of care and implementation of public health principles to improve dental access and oral health outcomes.**

- There were no site visits this quarter, but six total for this fiscal year. NTDSC staff and consultants, in coordination with the Area Dental Consultant (ADC), visited Umatilla (Yellowhawk), Chehalis, Squaxin Island, Port Gamble S'Klallam, Shoshone-Bannock (Ft. Hall) and Chemawa so far this fiscal year.

**Expand and support clinical and community-based oral health promotion/ disease prevention initiatives in high-risk groups to improve oral health.**

- The work with ARCORA (The Foundation of Delta Dental of Washington) on our Baby Teeth Matter Initiative (BTM) is continuing with eight dental programs. The first in-person meeting was October 17, 2019 and noon webinar on December 19, 2018. We hosted another in-person meeting on March 27, 2019. NTDSC is currently developing a program manual for new programs.
- The Elder Initiative is continuing with 10 dental programs and the first in-person meeting was October 24, 2019. Participants included dental staff and Elder Coordinators from various tribes. We had a noon webinar on January 16, 2019 and another in-person meeting on March 20, 2019.

**Implement an Area-wide surveillance system to track oral health status.**

**Data from the surveillance system will be used to identify vulnerable populations and plan/evaluate clinical and community-based prevention programs.**

- The screening of 0-5 year olds in medical and community settings is complete and we are waiting on the survey results.

**Provide continuing dental education to all Portland Area dental staff at a level that approaches state requirements.**

CDE: NTDSC tracks the number of participants and CDE credits provided through the Update on Prevention Course provided during site visits, BTM and Elders Initiatives, NTDSC yearly orientation and full meeting, and the addition of the clinical MID course.

NTDSC consultants participate in email correspondence, national conference calls, and respond to all requests for input on local, Portland Area, and national issues.



**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**



NTDSC staff is assisting with the national Indian Health Service Dental Updates meeting on agenda topics and presenters. NTDSC staff notifies our regional area about this meeting, which also provides CDE to our dental programs.

The Portland Area exceeded the dental GPRA objectives for FY 2018. Congratulations to the dental programs for their hard work and commitment to dental access and prevention!

**EPICENTER BIostatistician**

Nancy Bennett

**Conference Calls:**

- TPHEP 2019 conf. planning committee call bi-weekly
- eMars Zoom call to go over product
  - trouble shoot forms and reports
- BRFSS planning call with Tulalip tribe

**NPAIHB Meetings:**

- All staff meeting – monthly
- Biostat meeting – bi-weekly
- Staff retreat planning meeting
  - Research and find venue
  - Research facilitators
- Onboarding committee meeting
  - Go over and update forms
- Safety meeting
  - Parking lot safety issues
- Asthma data meeting
  - Begin work on Asthma database
- Art committee meeting
  - Where to hang new art
- State of WA community health assessment tool training.

**Conferences/QBMs/Out of area Meetings**

- QBM in Portland Or.
- CSP Conference, New Orleans, LA

**Miscellaneous**

- QI onboarding survey





**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**



- Continue to send onboarding survey to new employees

Reports:

- Begin work on COTS vs RPMS comparison report

Site Visits:

- none

**EPICENTER NATIONAL EVALUATION PROJECT**  
Birdie Wermey – Epicenter National Evaluation Project Specialist  
1<sup>st</sup> Quarter Activity Report  
January – March 2019

**Technical Assistance via telephone/email**

January – March

- Ongoing communication with NPAIHB EpiCenter Director
- Ongoing communication with Tribal sites regarding project updates, information and technical assistance
- Email correspondence with the two to four regarding T.A., reporting and program implementation and their LDCP.

**Reporting**

January

- Good Health and Wellness in Indian Country (GHWIC) C2 call on 1.23 @ 10am
- Good Health and Wellness in Indian Country (GHWIC) All Hands call on 1.28 @ 10am

February

- DVPI APO call on 2.13 @ 9am
- Good Health and Wellness in Indian Country (GHWIC) TEC call on 2.13 @ 10am
- MSPI APO call on 2.13 @ 1pm
- Good Health and Wellness in Indian Country (GHWIC) ¼ call call on 2.21 @ 10am
- APO TEC call on 2.28 @ 9am

March

- TEC APO call on 3.07 @ 11am
- MSPI call on 3.20 @ 9am
- DVPI call in 3.20 @ 10:30am
- Good Health and Wellness in Indian Country (GHWIC) C2 call on 3.27 @ 10am cancelled

**Updates**



**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**



Birdie – continuing to provide evaluation TA to MSPI/DVPI service areas and GHWIC NW WEAVE Project.

- Amidst the Government shutdown, I emailed all MSPI & DVPI programs as a reminder about the technical assistance provided by her and the Board as it relates to their program.
- As a reminder I sent the MOU template to all MSPI/DVPI programs as a guide to establish future partnerships.
- Warm Springs will be hosting their own Spring Suicide Preventions Conference.
- I was on bereavement leave 3.20-3.22 and was not present for the MSPI and DVPI call on 3.20.

**Challenges/Opportunities/Milestones**

- Government shut down as of 12.22.18 – no contact with area project officer and staff at headquarters. All calls with IHS have been cancelled.
- I was able to assist two Tribes regarding their community activity and questions regarding reporting.
- Suicide Prevention Meeting cancelled on 1.29 due to Government shutdown.
- I was able to assist two Tribes regarding their community activity and updated LDCP during the month of February.
- Provided feedback to the Portland area project officer regarding the top 3-4 Tribes who need assistance with reporting and other TA needs.
- GHWIC C2 call on 2.27 @ 10am cancelled due to inclement weather.
- GHWIC C2 call on 3.27 @ 10am cancelled and re-scheduled for May (tentative).

**Meetings/Trainings**

- Mandatory Security Training on 1.10 @ 11am
- Indian Day Meeting with Pioneer Square rep on 1.22 @ 10am
- Wellness planning meeting for 2019 on 1.28 @ 11:30am
- Opioid webinar on 2.26 @ 12pm
- Indian Day Meeting with Pioneer Square rep on 2.22 @ 10am
- Wellness meeting on 3.01 @ 10am
- Indian Day Meeting on 3.13 @ 9am
- Supporting Women in Recovery: A Trauma-Informed Approach to Substance Use Treatment Webinar on 3.13 @ 12pm
- Webinar on 3.27 @ 10am

**Site Visits**

- None.

**Upcoming Calls/Meetings/Travel**



**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**



- GHWIC All Hands call on 4.03 @ 10am
- Oregon Food Bank Volunteer 4.03 @ 9am
- DVPI Webinar on 4.04 @ 10am
- TEC APO Call on 4.04 11am
- Indian Day planning meeting on 4.05 @ 11am
- GHWIC TEC workgroup call on 4.10 @ 10am
- Webinar on 4.10 @ 11am
- Webinar on 4.11 @ 9am
- Portland APO call on 4.17 @ 9am
- Webinar on 4.17 @ 9:30am
- Wellness meeting on 4.19 @ 10:45am
- Native Women and Men's Wellness Conference; San Diego, CA. 4.22-4.25



**IMPROVING DATA & ENHANCING ACCESS (IDEA-NW)/  
NORTHWEST TRIBAL EPICENTER (NWTEC) PUBLIC HEALTH  
INFRASTRUCTURE**

**Quarterly Board Meeting Report – April 2019**

Reporting period: January – March 2019

Victoria Warren-Mears, Principal Investigator  
Sujata Joshi, Project Director  
Chiao-Wen Lan, Epidemiologist  
Heidi Lovejoy, Substance Use Epidemiologist  
Joshua Smith, Health Communications Specialist  
Karuna Tirumala, Project Biostatistician  
Natalie Roese, Project Intern  
Email: [IdeaNW@npaihb.org](mailto:IdeaNW@npaihb.org)

**Staff Updates**

- No updates

**Current status of data linkage, analysis, and partnership activities**

**Northwest Tribal Registry (NTR) data linkages**

- Completed linkage between Northwest Tribal Registry and national IHS patient registration file (for CDC 1803 IHS/NDI Linkage project)
- Created template for linkage report on linkage and misclassification results



**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**



***Dataset Preparation***

- Birth Certificates
  - Added additional variables to Oregon birth certificate dataset, updated data dictionary
- Hospital Discharge
  - Continued cleaning and preparation of CHARS 2015 records, preparing to divide data set based on ICD-9-CM and ICD-10-CM procedure codes
  - Continued cleaning and preparation of CHARS 2016 records, updated ICD-10-CM loading program and external injury codes, completed multi-CCS loading program and data coding
- Death Certificates
  - Final checks of Oregon death records (1997-2017) dataset for consistency
  - Completed linkage report for most recent linkage with OR death certificates (2014-2017)
  - Completed update of OR death records data dictionary/Read Me file
- Washington Communicable Diseases
  - STD Data
    - Completed updating linkage report for WA STD 2007 – 2016 using the latest linkage template and completed pre-post linkage result comparison
- Oregon Medicaid
  - Began reviewing data dictionaries for OR Medicaid claims and comparing with previously received OR Medicaid dataset (2007-2014)
  - Began data import and race recoding of 2011-2014 Medicaid recipient information

***Data Analysis and Report Preparation Projects***

- Tribal Health Profiles project
  - Washington Substance Abuse Profile
    - Continued analysis of CHARS 2011–2016 for acute drug overdose and acute opioids overdose
- Maternal & Child Health Data Profiles and Analyses – Oregon
  - MCH profile complete and under final revisions
  - Smoking cessation model
    - Preliminary tables built for smoking cessation model
    - Smoking cessation model built and in final model diagnostics and interpretation stages
- Tobacco-related Causes of Death Analysis
  - Conducted preliminary descriptive analysis of causes of death for AI/AN in OR and WA
  - Conducted literature review and additional research into background for tobacco-use-recording conventions on death certificates



**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**



- Began composing analysis plan and timeline to clarify direction of the project
- Tableau
  - Continued working with visualizations of 1997-2017 OR death records
- Colville Tribes' Community Household Health Assessment analysis
  - Continued edits of survey dataset data dictionary
- Journal of Public Health Management and Practice manuscript
  - Revised and resubmitted manuscript on identification of AI/AN in public health datasets based on comments received from reviewers
- Population Denominators
  - Downloaded and began comparison of U.S. Census annual population projections to Bridged Race Estimates
- Substance Use Analyses
  - Submitted CSTE 2019 conference abstract, titled "Racial disparities in substance use disorders and self-inflicted injury among youth in Washington, 2011 – 2014"
  - Submitted NPAIHB January 2019 newsletter, titled "Substance abuse and self-harm among Native youth"
  - Prepared analysis for CHARs 2011-2016 manuscript on substance use comorbidities
  - Submitted abstract to 2019 American Public Health Association annual conference, entitled "Maternal substance use disorders and infant withdrawal syndromes in hospital deliveries among American Indians/Alaska Natives in Washington"
  - Presentation preparation for accepted abstract entitled "Racial disparities in substance use disorder and self-inflicted injury among American Indian and Alaska Native youth in Washington, 2011 – 2014"

***Suicide Surveillance Project***

- Suicide data profiles
  - Prepared analysis of death certificates for OR, WA, and ID
- Suicide Monitoring Planning Projects
  - Prepared and submitted contracts to be signed and submitted POs for disbursement of sub-awards
  - Set up monthly project calls with 3 sub-awardee tribes
  - Provided TA and support to Chehalis, Coeur d'Alene, and Shoshone Bannock Tribes

***Maternal & Child Health (MCH) Workgroup***

- Met with Suzanne Zane, Oregon MCH Epidemiologist, for a discussion about PRAMS surveys
- Joined Census, OR state, and other partners in a discussion of purchasing an oversample of National Survey for Children's Health for Oregon



**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**



- Continued WA PRAMS analysis on maternal social support and utilization of healthcare services
- Prepared and submitted abstract to 2019 CityMatCH Maternal and Child Health Leadership Conference, entitled “mental health and access to services among American Indians/Alaska Natives women of reproductive age”
- Discussed the MCH vaccination grant submission preparation, potential partners to collaborate with, and the need to include focus groups to understand how expert/native/non-native presenters are perceived by the Tribal community
- In response to the summary statements given by NIH - Revised research approach for MCH opioid grant R21

***NWTEC Public Health Infrastructure (TEC-PHI) Grant Activities***

- BioStat Core Meetings
  - Continued bi-weekly meetings
- Health Communications/Evaluation Specialist
  - Finalized infographic describing EpiCenter Opioid work
  - Created template for NPAIHB Weekly Mailout in Constant Contact
  - Worked on adapting GIS session for HDL in February
  - Attended a meeting with Jessica to help plan an upcoming opioid education campaign
  - Worked on developing Piktochart for use with other projects
  - Worked on creating communication standards for NPAIHB
  - Developed project summary for NWTEC program directory
- Health Data Literacy Trainings
  - Modified slides and oral presentation for HDL at Yakama Nation
  - Updated list of data sources in HDL curriculum
  - Rescheduled HDL training in Yakama for 4/10-4/11
- TEC-PHI Workgroups and Meetings
  - Continued attending TEC-PHI community of practice meetings and webinars
- Other
  - Prepared and submitted letter of intent/application to CSTE to hold partnership meeting with tribes, states, and NWTEC
  - Prepared and submitted research concept to National Institute on Minority Health and Health Disparity Health Disparities Research Institute. Identified NIH funding opportunity entitled “Collaborative Minority Health and Health Disparities Research with Tribal Epidemiology Centers” (PAR-17-483)”. The research project abstract focused on suicide and drug overdose surveillance using linked hospital discharge data and the death certificate to provide longitudinal data analysis on the risks and protective factors of suicidality and drug overdose.



**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**



- Submitted annual training and updated user agreements to maintain/obtain access to EDM data tables
- Brainstormed ideas for collaborating with/hosting a Wy'East student during April/May 2019
- Prepared for and facilitated team retreat on 3/29

***Data requests/Technical assistance***

- Provided information to Victoria Warren-Mears on Washington's TARGET behavioral health/substance use treatment monitoring system
- Reviewed survey assessing clinician's knowledge/use of Medication Assisted Treatment for Brigg Reilley and Jessica Leston
- Provided aggregated data on Northwest AI/AN cervical cancer incidence and mortality rates to Celena McCray
- Met with Kerri and Rosa to brainstorm ideas for projects to conduct as part of CDC Cancer Survival grant supplement
- Provided Census estimates of Northwest and U.S. AI/AN population to Sarah Hatcher (for HCV manuscript) and Victoria Warren-Mears (for presentation)
- Started working on a AI/AN focused graphic for Jessica Leston for "harm reduction saves lives"
- Provided TA and information via call and email to Rocky Mountain TEC regarding methods and logistics for conducting record linkages with state death certificates
- Provided information on datasets available and ideas for potential analysis projects to Sydelle Harrison (CTUIR/Yakama, OSU PhD Program)
- Provided data on Northwest AI/AN population estimates to Victoria Warren-Mears
- Provided links to reports on AI/AN incarceration rates to Victoria Warren-Mears
- Provided copies of NPAlHB cancer and mortality reports produced for Spokane Tribe to Kerri Lopez
- Analyzed and provided aggregated data on suicide deaths among Oregon AI/AN to Lynndie Horton at NARA
- Provided links to data reports on intimate partner violence to Paige Smith
- Analyzed and provided data on observed vs. expected deaths among AI/AN in Oregon to Dr. Eric Brodt
- Attended meetings to help advise an Opioid media campaign
- Provided technical support to cancer project for Northwest Tribal Cancer Coalition update (fliers/ agenda)
- Provided national and regional statistics for background section of GLS grant for THRIVE Project
- Provided list of IDEA-NW datasets to Rosa Frutos for Wy'East research project



**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**

**2B**



- Provided data on asthma, general health, and access to health care providers to Laura Platero for letter of support for Quileute Tribe
- Provided update on status of linkage-corrected datasets during Motor Vehicle data grant project kick-off meeting
- Provided info/training on age-adjusted rate macro to NWTEC EIS officer

***Presentations & Results Dissemination***

- MCH presentation (Natalie) for MPH Epidemiology program
- Abstract “Racial disparities in substance use disorder and self-inflicted injury among American Indian and Alaska Native youth in Washington, 2011 – 2014” accepted for CSTE 2019 Annual Conference
- Abstract “Who “Counts” As American Indian/Alaska Native? An Examination of Definition and Misclassification of AI/An on Mortality Estimates in Washington State” accepted for CSTE 2019 Annual Conference

***Trainings Provided to Tribes/Tribal Programs***

- None

***Institutional Review Board (IRB) applications and approvals/Protocol development***

- Finalized data use agreement for linkage with Oregon ORPHEUS data
- Updated data sharing agreement for linkages with Cancer Data Registry of Idaho, received approval
- Submitted research application requests to Idaho Bureau of Vital Records and Statistics for 1) linkage with Idaho birth and death records (2013-2018) and 2) release of cause of death information for CDRI linkages
- Revised and signed DSA with Oregon State Cancer Registry
- Extended data use agreement with Oregon Medicaid Data
- Submitted IRB exempt determination application and data sharing agreement for Washington Healthy Youth Survey data

***Grant Administration and Reporting***

- Received approval for TEC-PHI Year 1 carryover request
- Received guidance and began work on TEC-PHI Base/Opioid Supplement progress reports and continuation applications





**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**



**Travel**

*Site Visits*

- Quarterly Board Meeting at Suquamish Tribe, Washington 1/22-1/23

*Linkages*

- Linkage with national IHS patient registration data, Albuquerque, NM 1/29-1/31

*Other*

- SAS Macro 1 training (Karuna), San Francisco, CA 3/14 – 3/15
- TEC-C Strategic Planning Meeting, Roseville, CA 3/18 - 3/2

**Data reports, fact sheets, and presentations are posted to our project website as they are completed: <http://www.npaihb.org/idea-nw/>**  
**Please feel free to contact us any time with specific data requests.**  
**Email: [sjoshi@npaihb.org](mailto:sjoshi@npaihb.org) or [IdeaNW@npaihb.org](mailto:IdeaNW@npaihb.org)**  
**Phone: (503) 416-3261**

**TEC-PHI OPIOID SUPPLEMENT**

***Coordination and Partnership Activities***

- Opioid workgroup identified sources for starting the structure & outline of the Northwest Opioid Strategic Agenda
  - Megan and Heidi scheduled meetings to start developing the Plan outline
  - Held weekly opioid strategic planning meetings to develop NW Tribal Strategic Plan outline
  - Developed NW Tribal Opioid Strategic Plan outline and met with Opioid Workgroup to discuss outline and overall Plan goals
  - Worked with Biostat & Epi Group to draft the Data & Surveillance section of NW Tribal Opioid Strategic Agenda
- Held meet and greet call with WA DOH opioid and AI/AN epidemiologists - identified key data sources for opioid statistics and discussed partnership opportunities
- Reviewed available SUD Epi or similar course objectives to begin developing grant SUD workshop, briefly met with Dr. Becker regarding previous SI SUD course
  - Connected with previous SUD course instructors and obtained previous course materials for use in developing new SUD course
- Held meet and greet call with opioid epidemiologist at the Urban Indian Health Institute regarding current projects and partnership opportunities
- Connected with WA DOH epidemiologist to receive list of community health assessments being done at LHJs as well as the contact person for each
- Brief email discussion with WA DOH on AI/AN linkage result incorporation



**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**



***Data Analysis, Visualization, and Report Preparation***

- Completed Tableau Training for use in data visualization and potential for creating a live data dashboard for tribes to access anytime
- Started WA Healthy Youth Survey analysis and requested access to full dataset for more detailed analysis
- Finalizing Washington death certificates analysis
- Developed Substance Use Epidemiology PowerPoint presentation for Yellowhawk clinic DATA-waiver training
- Experimented with mapping overdose data in Tableau software
- Analyzed WA fentanyl numbers in death certificates and death text file
- Analyzed non-opioid drug rates in WA death certificates
- Started prep work for alcohol deaths analysis
- Starting Oregon death certificates analysis
- Requested and gained access to ODMAP ([www.odmap.org/](http://www.odmap.org/)), a real-time overdose reporting and tracking system for first responders and public health officials.
- Requested and gained access to Idaho's Youth Risk Behavior Surveillance System (YRBSS) data for 2001-2017.
- Discussed alcohol mortality indicator methods with CDC Alcohol Program Health Scientist
- Connected with West Virginia DOH Opioid Research Specialist about mortality literal file utility in overdose analyses
- Connected with GIS/Spatial Analysis Researcher at Tufts regarding her work on novel opioid data visualization through the use of a 'story map'

***Data Requests/Technical Assistance***

- Provided national opioid data for another project at NPAIHB, an opioid education campaign targeted to AI/AN communities nationally
- Provided several of my Yellowhawk presentation slides for the NPAIHB Health Data Literacy Training Workshop provided for tribes
- Provided assistance to CDC EIS officer with opioid SAS coding

***Trainings Provided to Tribes/Tribal Programs***

- Presented on AI/AN SUD Epidemiology as part of the SUD/DATA Waiver training at the Yellowhawk Tribal Health Clinic

***Presentations & Results Dissemination***

- Presented CDC Opioid Supplement grant goals, challenges, and an overview of Washington overdose death data at January QBM as part of NPAIHB opioid projects update



**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**



- Abstract accepted for presentation at the CTSE conference in Raleigh, NC, titled: *Racial disparities in substance use disorder and self-inflicted injury among American Indian and Alaska Native youth in Washington, 2011 – 2014*

***Grant Administration and Reporting***

- Provided monthly updates to CDC project officers

***Other Activities***

- Obtained software/accounts with Tableau, PiktoChart, Zoom, Box, TEC Connect, and IHS Secure Data Transfer Service/D1 Credentials
- Attended two days of QBM to learn about current tribal projects, goals, and needs
- Completed seven NPAIHB onboarding meetings, and NPAIHB Computer Security training
- Reviewed new National Drug Control Strategy released by the US Office of National Drug Control Policy
- Attended Rhapsody and Indian Health Leadership demo webinar to see if it would meet our needs as a data transfer system between NPAIHB and tribes as well as other potential uses
- Reviewed CDC guidelines for death certificate reporting
- Reviewed 10 state/region/county Opioid Strategic Plans and compiled all goals into one document. Also compiled all NPAIHB opioid related goals. Distributed to Opioid workgroup for review.
- Reviewed previous SUD course materials, identified potential instructors, and started developing goals of new SUD course. Also met with Jenine at NPAIHB and reviewed HDL slides for potential inclusion in SUD course.
- Worked with Biostat & Epi Group to start developing a comprehensive list of relevant opioid/overdose data sources to explore, including NAS data discussion
- Attended a training by WA DOH on Washington's Community Health Assessment Tool (CHAT)
- Attended presentation "Treatment and Management of Opiate Use Disorders" at OHSU
- Reviewed draft Tribal Opioid Media Campaign by American Indian Health Commission MCH project
- Completed TMS profile for team retreat
- Attended IDEA-NW team retreat and TECPHI planning session
- Continuing to attend Substance Use Disorders Clinic ECHOs and numerous other webinars related to opioid use/treatment, data & surveillance, data visualization, and AI/AN topics



**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**



***Travel***

**Site Visits**

- Quarterly Board Meeting at Suquamish Tribe, WA 1/22-1/23
- Pendleton, OR, Yellowhawk Tribal Clinic - Presented on AI/AN SUD Epidemiology at SUD/DATA Waiver training 3/4 – 3/5

**Other**

- Tableau Training in Kirkland, WA 1/28-1/29

**IMMUNIZATION AND IRB COORDINATOR  
NORTHWEST PORTLAND AREA INDIAN HEALTH BOARD**

Clarice Charging  
Quarterly Report  
**January-March 2019**

**Meetings:**

- NPAIHB all-staff meeting, January 7, 2019
- NPAIHB Project Presentations, January 14, 2019
- NPAIHB Epicenter staff meeting, January 16, 2019
- NPAIHB staff meeting, February 4, 2019
- NPAIHB Indian Day planning meeting, February 6, 2019
- Indian Day planning meeting, February 22, 2019
- NPAIHB staff meeting, March 4, 2019
- Immunization Policy Action Team (IPAT), March 7, 2019
- Indian Day planning meeting, March 8, 2019
- Strong Men-Strong Communities presentation, March 19, 2019
- Indian Day planning meeting, March 22, 2019
- Jamestown S'Klallam Elder Luncheon, Sequim, WA, March 30, 2019

**Quarterly board meetings/conferences/site visits:**

- Internet security training, January 10, 2019
- NPAIHB quarterly board meeting, Suquamish Tribe, Clearwater Casino and Resort, Suquamish, WA, January 22-24, 2019
- North Dakota Tribal ICWA Conference, February 11-14, 2019, Four Bears Casino and Hotel, New Town, ND
- Breast Cancer Issues Conference, Lloyd Center Doubletree, Portland, OR, March 16, 2019
- Tribal IRB training, Heritage University, Toppenish, WA, March 27, 2019



**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**



**Conference Calls:**

2019 Emergency Preparedness Conference planning, January 14, 2019  
Region 10 Adult Immunization Stakeholder meeting, January 17, 2019  
Cancer Coalition, January 18, 2019  
NPAIHB Committee Workgroup, January 18, 2019  
Region 10 Adult Immunization Stakeholder meeting, February 13, 2019  
Region 10 Adult Immunization Stakeholder meeting, February 27, 2019  
Portland Area Immunization Coordinator's, March 5, 2019  
IHS flu prevention and updates, March 12, 2019  
Native Traditional Food Gathering planning meeting, March 28, 2019

Portland Area (PA) Indian Health Service (IHS) Institutional Review Board (IRB):

**PA IRB Meetings:**

PA IHS IRB committee meeting, March 6, 2019

During the period of July 1 – September 30, Portland Area IRBNet program has 166 registered participants, received 5 new electronic submissions, processed 25 protocol revision approvals, approved 7 publications/presentations, and approved 6 annual renewals and closed out 2 projects.

**Provided IT and IRB regulation assistance to Primary Investigators from:**

- 1) Confederated Tribes of the Umatilla Indian Reservation
- 2) Cowlitz Tribe
- 3) NPAIHB
- 4) Confederated Tribes of Warm Springs Indian Reservation
- 5) Portland State University
- 6) Shoshone Bannock Tribe
- 7) Yakama Tribe
- 8) Native Project

**NORTHWEST PORTLAND AREA INDIAN HEALTH BOARD AND PORTLAND AREA IHS**

Thomas Weiser, MD, MPH  
Medical Epidemiologist  
January-March 2019

**Projects:**

\*IRB

\*Immunizations Program-routine immunization monitoring

\*EIS Supervision



**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**



**2B**

- \*Hepatitis C
- \*Children with Disabilities (CWDA)
- \*Opioid Epidemic
- \*MCH Assessment
- \*Suicide Surveillance and Prevention

**Travel/Training:**

- \*Deployment to SW border, January 26-February 9, 2019
- \*ACIP Meeting, Atlanta, GA, February 26-28, 2019
- \*Toppenish, WA, (Yakama Nation), March 13-14, 2019
- \*Clinic Duty, 1/3, 1/4, 1/8, 1/9, 1/10, 1/11, 2019, Warm Springs Health and Wellness Center, Warm Springs, OR.

**Opportunities:**

- \*IRB met in March. Because there had not been a convened meeting for some time, there were a large number of projects/decisions listed on the March agenda, but the majority of these were determined by expedited review before the convened meeting. There were 5 new electronic submissions, processed 25 protocol revision approvals, approved 7 publications/presentations, approved 6 annual renewals and closed out 2 reports.
- \*Immunization Coordinator's Calls-January and March. Among the topics discussed were: recent measles outbreak, influenza and updates from the ACIP meeting.
- \*EIS Surveillance Project-EISO officer has submitted an article for MMWR Notes from the Field to CDC clearance, and is completing his presentation for EIS National and regional meetings.
- \*Hepatitis C: No new work.
- \*Children With Disabilities project: Discussed revised results with primary author/investigator. Still one table to complete.
- \*Opioid Epidemic: As the lead for the Metrics workgroup, have clarified ICD codes for defining Opioid Use Disorder, Substance Use during Pregnancy, Neonatal Abstinence Syndrome and some of the prescribing measures including co-prescribing of opioids and benzodiazepine, and opioids and naloxone; continue to serve an active role with the NPAIHB opioid workgroup.
- \*MCH Assessment: Team meetings have continued. A new funding opportunity has been identified and I will assist the MCH team in preparing background materials for this, focusing on immunizations. Continue to advocate for infant mortality analysis and PRAMS data analysis projects.



**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**



\*Suicide Surveillance and Prevention (Colville): Did not meet during March but we have rescheduled a meeting for this month.

**\*Other workgroups and projects: Surgeon General’s visit with Portland Area Commissioned Officers and Regional Public Health Officials, 3/6; IHS Community of Practice meeting, 3/7; Human Subjects Presentation to Graduate Students, OHSU, 3/11; Boost Oregon Community Presentation, 3/18; ACIP Combination Vaccines Workgroup Call, 3/25; IHS NCCMO call 3/28**

**NATIVE CARS - MOTOR VEHICLE DATA  
TOTS TO TWEENS STUDY  
Quarterly Report: January-March 2019**

Tam Lutz, Co-Investigator/Project Director (Motor Vehicle Data), Co-PI (TOTS to Tweens)  
Nicole Smith, Biostatistician (Motor Vehicle Data and TOTS to Tweens)  
Candice Jimenez, Research Manager (Motor Vehicle Data and TOTS to Tweens)  
Jodi Lapidus, Co-PI (Motor Vehicle Data), Co-Investigator (TOTS to Tweens)  
Thomas Becker, Co-PI (TOTS to Tweens)  
Meena Patil, Biostatistician (Motor Vehicle Data)  
Kai Lei, Temp Data Analyst (TOTS to Tweens)

**Native CARS – Motor Vehicle Data Grant Activities**

**Project News and Activities**

This quarter Native CARS with funding award from the National Institute on Minority Health and Health Disparities pursued improving the use of Motor Vehicle Data. Native CARS formed a partnership with Oregon Health Sciences University (OHSU) and Northwest Washington Indian Health Board to move forward with these efforts. This partnership continues the collaboration of Co-PI’s Jodi Lapidus and Tam Lutz, as well as current Biostatistician Nicole Smith and Research Manager, Candice Jimenez all of which have been part of Native CARS. In addition, the Native CARS will bring on an OHSU Co-Investigator with expertise in informatics, Robert Schuff and NWWIHB Co-Investigator in Injury Prevention, Stephanie Coffey and new Motor Vehicle Data Biostatistician, Meena Patil.

**Disseminating**

**Back at the office Native CARS staff has kept the Native CARS Atlas** updated and responded to individual tribal site and local tribal organization requests. Much of our time has been spent drafting three new papers (Main Outcomes, CBPR and Qualitative findings) to disseminate to



**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**

**2B**



peer reviewed journals. Native CARS have continued investigation and preparing for future regional and national venues, such as a poster presentation at the Lifesavers Conference, to get the word out that the Native CARS Atlas is up and running at [www.nativecars.org](http://www.nativecars.org) – an online toolkit.

**Specific activities of the Portland Native CARS team are as follows:**

**Meetings – Conference Calls – Presentations - Trainings**

- Staff Meetings – each Monday
- Meetings with Tribal Sites – Native CARS Mini Grant (*as needed*)

**Program Support or Technical Assistance**

- Communication with Jeff Nye/Julia Hammond regarding Atlas Revisions
- Meeting coordination, minutes and action item documentation
- Follow-up communication with tribes, tribal organizations
- Outcomes & CBPR Manuscript writing
- Submission of “Continuation” documentation for Motor Vehicle Data Grant
- Presentation and Poster Abstract Submissions for Lifesavers Conference
- Poster and presentation at Lifesavers Conference
- Motor Vehicle Data Grant Award Letters for Sub-contracts
- Motor Vehicle Project Timeline Preparation
- Sub-award contract preparation – OHSU & NWWIHB
- Drafting of Analysis Plan template
- Sensitivity Analysis for Native CARS Main Outcomes
- Collated code for Native CARS Main Outcomes
- Notice of Motor Vehicle Grant award to Advisory Committee

**TOTS to Tweens Study**

**Project News and Activities**

This quarter TOTS to Tweens Study team continued with data management, cleaning and conducting preliminary analysis of quantitative data collected to preparation for manuscript preparation and individual Tribal specific reports.

**Specific activities of the TOTS to Tweens team are as follows:**

**Meetings - Conference Calls – Presentations – Trainings**

- Project Meetings – Weekly
- Site specific meetings – as needed

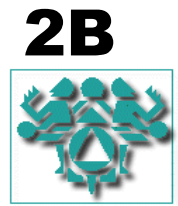
**Program Support or Technical Assistance**

- Meeting coordination, minutes and action item documentation
- Data Management & Preliminary Analysis
- TOTS to Tweens data cleaning and re-coding review





**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**



- Communicated progress, timeline and next steps with investigators
- Outlined two potential papers – Main Outcome and Access to Care
- NARCH 8 Audit Preparation of grant materials
- Transcription of elicitation interviews from written recorder notes
- Schedule and completion of tribal elicitation interviews
- Planning and tracking of remaining tribal elicitation interviews
- Submission of qualitative interview recordings for transcription
- Transcription of qualitative elicitation interviews
- Preparation of Elicitation Interview files for analysis

**No. of Requests Responded to for Technical Assistance, including the following: Data Requests to Tribal and Urban Organizations, Communities or AI/AN Individuals**

How many requested:	2
How Many NW Tribe Specific:	2
Email Assisting with:	Warm Springs – Child Safety Seat Grant
Phone assisting with:	0
How Many Responded to:	2

**No. of Tribal Epidemiology Center-Sponsored Trainings and Technical Assistance Events Provided to Build Tribal Public Health Capacity**

Number of project trainings:	0
Training Titles:	0
Number of individuals in attendance:	0

**Site Visits**

None

**Project(s) Contact Information**

**Tam Lutz**, Project Director, Co-Investigator, Co-PI, 503-416-3271, [tlutz@npaihb.org](mailto:tlutz@npaihb.org)  
**Jodi Lapidus**, Principal Investigator, [lapidusj@ohsu.edu](mailto:lapidusj@ohsu.edu)  
**Tom Becker**, Co-PI, [tbecker@npaihb.org](mailto:tbecker@npaihb.org)  
**Candice Jimenez**, Research Manager, 503-416-3264, [cjimenez@npaihb.org](mailto:cjimenez@npaihb.org)  
**Nicole Smith**, Biostatistician, 503-416-3292, [nsmith@npaihb.org](mailto:nsmith@npaihb.org)  
**Meena Patil**, Biostatistician, 503-416-3307, [mpatil@npaihb.org](mailto:mpatil@npaihb.org)  
**Kai Lei**, TOTS to Tweens Temp Data Analyst, [klei@npaihb.org](mailto:klei@npaihb.org)



**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**



**NORTHWEST TRIBAL COMPREHENSIVE CANCER PROJECT (NTCCP)**

April Quarterly Board Report

January-March 2019

**Training**

- Share resources and training opportunities with Oregon Tribal TPEP coordinators; all month
  - Native Youth Wellness Day – Grand Ronde, OR
    - E-cigarette presentation – topics covered; e-cigarettes, health effects, dangers (poisonings and explosions), AI/AN rates, marketing and targeting youth, social media impact
    - E-cigarette pledge – I Strengthen My Nation poster and share why you choose not to vape #escapethevape; 123 participants - 1 ID, 3 OR, 2 WA
- NARA Portland Area Native Youth Leadership Academy Spring Break
  - Present tobacco Jeopardy game – topics covered; traditional tobacco, commercial tobacco, e-cigarettes/vaping, health effects, cessation, and targeting youth; 27 youth, 4 adults
  - HPV presentation for NARA “You are the Key”
- Cowlitz – development of tobacco cessation program – resources, brainstorm, and clinic training ideas

**Technical Assistance**

- Burns Paiute: Shared and assisted on Kick Butts Day event information, Pledge Wall and mini grant funding with the website link
- Coos, Lower Umpqua & Siuslaw: TA to review and provide feedback on draft commercial tobacco pledge, commercial tobacco-free youth events and gatherings policy and resolution
- Coquille Indian Tribe: Shared tribal tobacco cessation protocol resources and policy example, NRT webinar, all clinic staff participated, mini grant TA, encouraged to use for request for traditional tobacco and food garden supplies
- CowlitzⓂ) Follow-up from site visit – smoke-free resolution template, commercial tobacco-free including nicotine delivery systems clinic policy sample, and smoking cessation referral and ordering form
- Klamath Tribes: Shared tobacco cessation tea recipes
- Makah: Follow-up on NW Tribal Cancer Action Plan Implementation application
- Nez Perce – TA NW Tribal Cancer Action Plan Implementation application – awarded
- Samish - TA materials and information on Second Wind and Freedom
- Sauk-Suiattle: New hire, RN – talked about BCC (breast, colon, cervical) screening event, Pink Ribbon education event, NW Tribal Cancer Action Plan Implementation application, Breastfeeding training
- Siletz: - cessation program progress
- Spokane – cancer fact sheets, Spokane tribal report



**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**

**2B**



- Squaxin Island Tribe: Shared upcoming Basic Tobacco Interventions Skills Training for Native Communities
- Tulalip: TA for youth smoking cessation, e-cigarettes, sent fact sheets and infographics, tobacco 101
- Umatilla (3)– smoke free information for businesses; Shared tobacco Jeopardy game to update Umatilla’s tobacco Jeopardy game to play at the B.A.A.D. (Basketball Against Alcohol and Drugs) tournament prevention presentation
- Warm Springs Tribes: TA e-cigarettes education materials and factsheets along with NPAIHB commercial tobacco factsheets; SHS, third hand smoke, pregnancy, diabetes, asthma, e-cigarettes, and real cost of commercial tobacco
- Yakama: E-introduce Rosa with Robin John and set up a time to meet in-person; Shared information about NW Tribal Clinical Cancer Update and NW Tribal Cancer Coalition Meeting
- Follow-up on NW Tribal Cancer Action Plan Implementation application – awarded for funding

**Special projects**

- NW Tribal Cancer Action Plan Implementation
  - Sent requests for 2019 applications for funding
- Northwest Tribal Clinicians’ Cancer Update
  - Follow up recruitment and check on registration and hotel
  - Work on Cardea items to provide CME’s; communicate with speakers to obtain presentations and conflict of interest surveys
- NW Tribal Cancer Coalition Meeting
  - Hotel communication of logistics with Marriott Residence Inn RiverPlace
  - Submit NTCCP Continuation and new survivorship grants
    - SOW and Budgets
- NTCCP Coalition Meeting
  - Met with Chair
  - Discussion of advisory group meeting at June coalition
  - Format will be Risky business – HPV, e-cigarettes, breast feeding, survivorship
  - Planning 20-year celebration of NTCCP grant at October Board Meeting
- Compile and prepare NTCCP Annual Report for refunding
  - Train in CDMIS – Chronic Disease Management Information System
  - Work with evaluator
- NTCCP January zoom webinar (61 participants)
  - Review and edit evaluation survey for with Cardea (CE organization)
- AI/AN Quitline Coach Pilot Media Workgroup
  - Hotel communication of logistics with Marriott Residence Inn RiverPlace
  - Block out meeting space
  - Sent out workgroup invite letter



**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**



- Tobacco cessation in tribal communities: Spring 2019 Survey
  - Completed 9 Surveys
- TPEP Contract work
  - Shared Tribal Policy guide for review
  - Contact list for tobacco cessation in tribal communities: Spring 2019 survey
- Reached out to all Oregon Tribal TPEP coordinators about doing a brief tribal history write up for educational information shared at next OPTUM meeting for AI/AN quit-line next steps, media workgroup proposed dates
- Share background information to Oregon Tribal TPEP coordinators on Tobacco Cessation in Tribal Communities telephone survey Spring 2019
- On-going follow-up with Oregon and Washington tribes on 2015 EpiCenter and PSE survey for tobacco cessation and policy for the Policy Resource Library Review and provide feedback on Metropolitan Group (MG) contract proposal for the AI/AN Quitline Coach Pilot project
- Develop tobacco Jeopardy game for NARA Portland Area Native Youth Leadership Academy Spring Break – topics covered; traditional tobacco, commercial tobacco, e-cigarettes/vaping, health effects, cessation, and targeting youth
- Edit and update Tribal Policy Guide based off peer reviewed editors
- BRFSS data report for Warm Springs

**Meetings/Conferences**

- All Staff Meeting
- Governor's Tobacco Tax Coalition (2)
- Quarterly Prevention Meeting (Grand Ronde)
- AI/AN Quitline Coach Pilot Meeting
- AI/AN Quitline Coach Pilot Meeting (NTCCP, OPTUM, OHA)
- BRFSS phone call with Tulalip
- Hotel and Logistic Planning Meeting (Marriott Residence Inn)
- Indian Day Planning Meeting (2)
- Media Contract Proposal Review Meeting (NTCCP & Metropolitan Group – MG)
- Met with HR to discuss Wy'east Scholars internship
- Met with Wy'east Scholars to begin planning their learning service project at NPAIHB
- Mid-Winter Potluck Gathering
- New Employee onboarding
- NNACOE Meeting with Program Coordinator to help provide guidance and projects
- NTCCP/WTDP Team Meeting
- Planning committee meeting for Oregon HPV Roundtable annual conference (2)
- Tribal Policy Guide – Yakama HDL Planning Meeting
- Tribal Policy Guide Review Meeting (NTCCP/WEAVE-NW)
- Tule Films Media Meeting



**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**



- Yakama Health Data Literacy Training Planning Meeting

**Conference / Webinar calls**

- NNN: Colorectal Cancer and Diabetes
- Webinar: Strengthening Patient Navigation in Tribal Cancer Screening Programs
- TPEP tribal bi monthly call
- Invitation to OR TPEP for AI/AN quitline
- Decolonizing Data: Reclaiming Culture – Building Beauty
- Data within Reach: Tobacco Cessation
- Behavior Health & Wellness Program – Maximize Mental Health and Substance Abuse Outcomes with Nicotine Dependence Co-Treatment
- NACDD – the sugar factor

***PUBLIC HEALTH IMPROVEMENT & TRAINING (PHIT) PROJECT***

***INJURY PREVENTION PROJECT (IPP)***

*(January-February-March)*

Bridget Canniff, Project Director

Luella Azule, Project Coordinator

Taylor Ellis, Project Specialist

**Meetings/Calls/Conferences/Presentations**

- 1/11 Adolescent Health Alliance meeting
- 1/15 NWCPHP SHARE-NW Rural Health Equity advisory committee meeting – reviewed progress on health data portal and potential data sources/indicators (Bridget)
- 1/14 Kick-off conference call: Tribal Public Health Emergency Preparedness conference planning committee (Bridget, Luella, Taylor)
- 1/17 10<sup>th</sup> Annual We Can Do Better Conference (Taylor)
- 1/23 NPAIHB QBM: PHIT updates presentation and discussion at Suquamish (Bridget)
- 1/31 TIPCAP News article completed and submitted (Bridget, Luella, Taylor)
- 1/31 TIPCAP Conference Call with IHS and University of Colorado evaluators (Luella, Bridget, Taylor)
- 1/31 CDC PHAP Mental Health Workgroup (Taylor)
- 2/1 CDC PHAP Tribal Workgroup (Taylor)
- 2/12 OHA PartnerSHIP meeting (Taylor and Bridget)
- 2/13 SHIP Mini-Grant call (Taylor)
- 2/25 ID/OR/WA SOR, STR, NPAIHB TOR joint call (Bridget)



**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**



- 2/26 NW Center for Public Health Practice Regional Network Steering Committee call (Bridget)
- 2/27 TPHEP conference planning committee call (Bridget, Taylor)
- 3/1 NIHB/PHAB Tribal Public Health Accreditation Advisory Board (TPHAB) workgroup call (Bridget)
- 3/6 TPHEP Planning Committee call (Bridget and Taylor)
- 3/13-15 NTEN Nonprofit Technology Conference, Portland (Bridget)
- 3/18 WA DOH Emergency Preparedness and Response program update call (Bridget)
- 3/19 Attend Strong Men/Communities recruitment (Luella)

### **Trainings/Webinars**

- 1/30 NARCH presentation War on Melanoma (Bridget, Luella, Taylor)
- 2/14 Indian Country Opioid Response Community of Learning Session (Taylor)
- 2/26 A Public Health Approach to the Opioids Crisis webinar (Taylor)
- 3/12 Washington Community Health Assessment Tool training (Taylor)

### **Funding**

- Looked into two potential CDC funding opportunities, one on Preventing Violence and Violence-Related Injury, and one on Polysubstance Use/Impaired Driving. Neither turned out to be the best fit for NPAIHB, so we decided not to apply.
- Submitted additional clarifying information to CDC for Opioid Response supplement to umbrella grant – updated NOA should be issued shortly.
- 1/31 Completed survey period and report for Oregon Health Authority on health priorities for the 2020-2024 State Health Improvement Plan (SHIP)
- 2/18 CDC PHAP Host Site application submitted for 2019-2021
- 3/18 Submitted semi-annual report for Injury Prevention Project to IHS (Bridget, Taylor)

### **Technical Assistance**

- NPAIHB Health Policy: continued assistance in analyzing responses from the Electronic Health Records survey
- AASTEC: responded to request for speaker recommendation for their TPHEP conference; Fauna Larkin (Coquille) to present in May in Albuquerque

### **Other Core Activities**

#### **Bridget**

#### **OHA SHIP Mini-grant:**

- Oversaw AI/AN community outreach, especially on Facebook, where boosting post during last 2 days brought us great results – we exceeded our goal of 200 completed



**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**



surveys, finishing on January 31 with 215 from AI/AN residents of Oregon, plus 3 additional surveys from OR tribal members living outside Oregon (whose responses will be included in tribal-specific reports)

- Notified winners (2) of gift card incentive drawing and sent prizes
- Reviewed and edited draft tribal-specific SHIP reports prepared by Taylor

**Emergency Preparedness:**

- The TPHEP Planning committee (in follow-up after the call) approved holding this year's conference in Portland, OR during the second week of June, at Embassy Suites Portland Airport, June 10-14, 2019. Contract is in process.
- Save the Date flyer released for NW Tribal Public Health Emergency Preparedness Training & Conference, Portland, OR, June 10-14, 2019
- Oversee TPHEP planning including registration and call for presenter's launch, including outreach messages via Constant Contact and

**Opioids:**

- Working with Jessica, Heidi, and Megan on draft Northwest Tribal Opioid Response Strategic Agenda, to be presented to delegates at April QBM
- Provided CDC with updated budgets and additional requested information for Opioid Response supplement – updated NOA received 2/15

**Luella**

- 1/16 Video NCOA Elder Caregiving, Trips and Falls, Tai Chi, STEADI, Matter of Balance, OTAGO

**E-news and Resources Reviewed:** NIHB (Tell Congress How the Shutdown is Harming your Tribe's health, CDC Epi Manual, Healthy People 2030, funding opportunities, Stay Mobile and Independent as You Age, TICAP newsletters, website (health and outdoors.org), OEI quarterly newsletter, read Wellness meeting minutes, Healthy Native Youth Community of Practice newsletter, We Save lives 3D Advisor Newsletter Think, Tribal Digest (187, 189, 191)

**E-mails to Injury Prevention Tribal contacts, IP Coalition Committee, Child Passenger Techs** Stay Mobile and Independent as You Age, read and file EpiCenter meeting notes, read TICAP newsletters, forward TBI and Domestic Violence to Taylor,

**IP Resource Review:**

- Family Safety and Health Nation Safety Council, Healthy Native Youth, NIHB Washington Report, NAYA and Wisdom of Elders newsletters

**Taylor**

**OHA SHIP Mini-grant:**



**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**

**2B**



- Wrote and finalized data sharing agreement with Yellowhawk Tribal Health Clinic
- Reached out to approximately 15 community-based organizations and contacts at the 9 Oregon tribes to distribute information about the SHIP survey
- Tracked and organized responses by demographic information
- Reported survey findings to OHA
- Completed the draft reports for each of the Oregon tribes, NAYA, and NARA comparing responses from their service areas to overall responses
- Wrote an article about the SHIP process and results for the Tribal Epi Center website
- With Bridget, attended PartnerSHIP meeting at OHA for the selection of the final priorities for SHIP to report back to our tribes and partners

**Tribal Injury Prevention Toolkit:**

- Review of the firearm safety module by a subject matter expert
  - Additional review of the module is on hold until all feedback from SME has been received and updates made to existing materials

**Opioids:**

- Pulled quotes from People Who Inject Drugs (PWID) interviews to use for opioid education campaign
- Wrote bid for opioid education campaign
- Revised opioid materials based on feedback and “Trickster Coyote” story from Danica
- Finalized contract with Kauffman for Opioid Educational Campaign
- Finished updating draft materials and posted for the opioid workgroup to review
- Requested opioid-related data from Heidi and Sujata for use in educational materials

**TPHEP:**

- Launched TPHEP registration and call for presenters
- Contacted potential presenters recommended by the TPHEP Planning Committee and Oregon Tribal Emergency Preparedness Coalition
- Reached out to two tribes about involving their youth delegate in emergency preparedness/management work

**Other:**

- Reached out to Oregon Housing and Community Services for AI/AN homelessness data





**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**



**Travel/Site Visits**

<b>Tribe:</b> Suquamish <b>Date:</b> 1/22-23 <b>Purpose:</b> QBM <b>Who:</b> Bridget	<b>Tribe:</b> Coquille <b>Date:</b> 2/19-21 <b>Purpose:</b> Oregon Tribal Emergency Preparedness Coalition <b>Who:</b> Bridget and Taylor
<b>Location:</b> Atlanta, GA <b>Date:</b> 3/18-22 <b>Purpose:</b> CDC PHAP Graduation Training <b>Who:</b> Taylor	

**THRIVE (TRIBAL HEALTH: REACHING OUT INVOLVES EVERYONE)**

*Colbie Caughlan, MPH, Project Director – THRIVE, TOR, & RC  
 Celena McCray, MPH(c), B.S.Ed., THRIVE Project Coordinator  
 Paige Smith, THRIVE & RC Project Coordinator*

**Quarterly Report: January - March 2019**

**Site Visits**

**Tribal Site Visits**

- Warm Springs Tribe, Warm Springs, OR – January 14-15
- Quarterly Board Meeting, Suquamish, WA – January 22-24
- Confederated Tribes of Grand Ronde, Grand Ronde, OR – March 4-5
- Yakama Nation, Toppenish, WA – March 25-26

**Out of Area and Other Travel**

- Chemawa Indian School Wellness and Health Fair, Salem, OR – January 28
- Follow-up Zero Suicide (ZS) presentations for Tribes and State of Minnesota, St. Cloud, MN – Feb. 12-13
- Applied Suicide Intervention Skills Training (ASIST) for trainers, Denver, CO – Feb. 25-Mar. 1
- Oregon Suicide Prevention Summit, Sunriver, OR – March 12-15

**Technical Assistance & Training**

During the quarter, project staff:



**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**



- Participated in 66 meetings and conference calls with program partners.
- Disseminated 16 packages of the suicide prevention campaign(s) for #WeNeedYouHere.

During the quarter, THRIVE provided or participated in the following presentations and trainings:

- Presentations (5)– Presented on THRIVE at the Northwest Adolescent Health Alliance meeting, 23+ attendees, Portland, OR; THRIVE project update at the OR 9 Tribes Quarterly Suicide Prevention meeting, 45 attendees, Grand Ronde, OR; multiple short presentations on Zero Suicide (ZS) implementation for a follow-up ZS meeting, 35 attendees, St. Cloud, MN; presented on a webinar about THRIVE’s LGBTQ media materials, 22 participants and; presented on another webinar about the Healing of the Canoe (HOC) curricula, 27 participants.
- Facilitation/Training (3) – Attended an Applied Suicide Intervention Skills Training (ASIST) for trainers in Denver, CO and facilitated 2 ASIST workshops one for 23 and one for 28 participants.
- Booth (1): Provided media materials and information at the Chemawa Indian School Wellness and Health Fair.

During the quarter, the THRIVE project responded to over 120 phone or email requests for suicide, bullying, Zero Suicide Model, or media campaign-related technical assistance, trainings, or presentations.

### Health Promotion and Disease Prevention

**THRIVE Media Campaign:** All THRIVE promotional materials are available on the web. Materials include: posters, informational rack and tip cards, t-shirts, radio PSAs, and Lived Experience videos.

**GLS Messages January-March:** Number/Reach of We R Native Facebook messages addressing...

- Suicide (general) = 2 posts, 0 text message, 2,300 people reached
  - #WeNeedYouHere - LGBT2S = 1 post, 0 text message, **3,500** people reached

### Other Administrative Responsibilities

#### Staff Meetings

#### EpiCenter meetings

- All-staff meetings
- Project Director meetings
- Wellness Committee – monthly meetings and events

#### Publications



**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**



- Submitted a THRIVE article for the January Quarterly NPAIHB Health News & Notes, Northwest Native Adolescent Health Alliance.

**Reports/Grants**

- Submitted the year 4 MSPI PA 2 annual report during this reporting month and a year 4 quarter 1 financial report
- Submitted a budget modification for MSPI PA 2 year 4 due to an increase of indirect rate.
- Submitted an application for the 2019 Funding Announcement for the next round of SAMHSA GLS grants

**Administrative Duties**

- Budget tracking and maintenance: Ongoing.
- Managed Project Invoices: Ongoing.
- Staff/Intern oversight and annual evaluations: Ongoing.
- Managed Project Subcontracts: Ongoing

**WEAVE-NW Quarterly Report**  
*Jenine Dankovchik, Evaluation Project Specialist*  
*Nora Frank, Health Educator*  
*Chelsea Jensen, Project Assistant*  
*Tam Lutz, Project Director*  
*Ryan Sealy, Tobacco Specialist*  
*Victoria Warren Mears, PI*  
*Birdie Wermey, National Evaluator*

**Meetings (excluding internal)**

<b>Conference/committee:</b>	7	Community (non-tribal):	1
Tribal Community:	7	Government Partner:	4
Funding Agency:	8	Other:	4
Sub-Awardee:	1		

**Total Meetings:** 32

**Site Visits:**

**01/14/19**

Cowlitz Tribe

Met with commission core Alyssa Fine to set up and navigate Cowlitz Tribal Tobacco funds



**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**

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**01/30/19**

Nez Perce Tribe

Nez Perce Small Model Farm Plan meeting

**03/05/19**

Grand Ronde Tribe State, Oregon Tribes & NPAIHB to discuss the new contract between OHA and NPAIHB on the Tribal alcohol and drug prevention



**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**



*Total number of site visits this quarter: 3*

**Presentations**

*WEAVE-NW gave a total of 3 presentations this quarter*

**Professional Development**

*WEAVE-NW staff completed a total of 2 professional development activities this quarter*

**Technical Assistance Given**

*WEAVE-NW responded to 24 requests for technical assistance this quarter*

**Trainings**

**In-Person**

- 3/18/2019 Traditional Medicines and AI/AN Food Policy Systems
- 3/19/2019 Healthy Relationships
- 3/25/2019 Risky Business

**Webinar**

- 1/8/2019 NW Tribal Nicotine Dependence Treatment Webinar

*Total number of trainings given this quarter: 4*

**WESTERN TRIBAL DIABETES PROJECT QUARTERLY BOARD REPORT**

January- March 2019

**Site Visits**

- Cowlitz site visit for iCare training
- Cowlitz; TA and support to clinical tobacco cessation program
- Nisqually; Cleaned up register to prepare for 2019 IHS Audit
- Port Gamble S'Klallam, TA submitting the 2019 Care and Outcomes Audit
- Quiluate; prepare for 2019 IHS Audit
- Quinault; Cleaned up register to prepare for 2019 IHS Audit
- Skokomish site visit
- Squaxin Island site visit for Audit
- Umatilla site visit for training
- NTCCP January ECHO Webinar NRT Tobacco/Chronic disease
  - 61 participants
  - Coordination and assistance with continuing education communication Cardea
- DMS training, Mar 5-7
  - 31 online participants



**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**



- 2 in-class participants: Shoshone-Bannock Tribes and Colville Tribes

**Trainings and Technical Assistance:**

- Ongoing for updating new program staff
- Email to all NW SDPI grantees - SOS and WebAudit deadlines and TA requests
- Chehalis Tribe; TA about a GPRA taxonomy (the Hep C diagnoses)
- Colville Service Unit; TA to update the DPCP in RPMS, information on training in March
- Coquille Indian Tribe; TA to submit an annual IHS audit; TA with uploading their manual audit.
- Cowlitz, TA iCare training
- David C. Wynecoop Memorial; TA to upload annual audit
- IHS PAO and NATIVE Project, TA on the 2019 Audit Logic
- Jamestown S'Klallam Tribe, link to attend the training; TA audit submission in EPIC
- Lower Elwah: TA with Taxonomies and 2019 IHS Audit
- Makah: TA upload SOS
- NARA, TA capturing ENDS usage and screening
- Native Project; TA on how to populate taxonomies
- Nisqually Tribe; (3) TA creating a new register; TA in creating template through QMAN
- Nooksack, TA CVD codes, QMAN search they conducted, the individual audit sheets for some patients. Audit Logic, and diagnosis codes
- Port Gamble S'Klallam, (2) TA for data from 2018; TA number of patients listed as in the Audit
- Quileute Health Center; (3) TA requesting information on the software UptoDate. No longer using this platform in IHS; TA finding patients on register due to data not being uploaded to RPMS or EH
- Quinault Nation; (2) TA to find patients/elders who have come in for a foot exam during 2018; about taxonomy issues with Microalbumin ratio
- Samish Nation; TA SOS data submission. Helped upload files through WebAudit; TA with new Patch 12 changes; TA on how to find the DMU, it was taken out of DMS in the new patch, but it was still in PCDE under ENT, TA to upload it to the WebAudit so he could complete his SOS Final
- Siletz Diabetes Program ; TA to send audit before the Jan. 31<sup>st</sup> release date.
- Skokomish, (4) TA uploaded to the WebAudit ; Audit assistance.; uploading the SOS RKM 2018 data;
- Sophie Trettevick clinic; TA how to populate the register using iCare; suggested to attend one of our upcoming DMS trainings.
- Spokane Tribe, (2) TA SOS and Audit; TA to new Diabetes coordinator – RPMS and DMS
- Squaxin Island, (3) TA to upload an audit file for her so she could submit her SOS baseline data, TA to create a new register (for SOS), and how to search for patients aged 45-65; uploaded to WebAudit, TA for completing SDPI Outcomes System Final for 2018



**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**



- Swinomish Tribe; (4) TA on Allocating Security Keys within DMS; TA DMU option in the GUI; TA to use RPMS and Patch12
- Yellowhawk Tribal Health; TA with SOS and upload files through WebAudit
- Out of Area
- Great Lakes Inter-Tribal Epicenter; TA to submit annual audit
- Navajo Area Diabetes Program, TA value for UACR was input as alphabetical
- Ramah Navajo Prevention Program (ABQ area); TA with finding DM patients who came in for education classes
- Ramah Navajo Prevention Program, TA finding DM patients who came in for education classes, with birthdates in 2018. Helped with a QMAN search.
- Phoenix HIS; TA updating patient information without creating a visit. Had an adobe connect with staff on how to update through the DMU.
- Phoenix Area IHS; TA Zoom link for DMS training
- San Diego American Indian Health Center; TA Patch 12
- Urban Indian Center of Salt Lake; TA requesting resources for youth programs and N7 account for diabetes program
- Urban Inter-Tribal Center of Texas; TA to clean a register via online; TA to find newly diagnosed patients to her register.
- Whiteriver Indian Health Service, DMS training online
- Zuni IHS Diabetes Program; TA uploaded 2019 IHS Annual Audit
- National and Area
- Portland Area CAC; WTDP's webAudit flyer to listServ in order to reach all NW SDPI grantees.
- IHS Division of Diabetes Treatment; requesting information about the evaluations gathered after DMS training
- Worked with Karen Sheff, Chris Lamer, et al, to provide online availability for the March 5-7

**Special Projects:**

- Contacted all Oregon tribal diabetes coordinator's
  - Promote DPP training Cowlitz and Portland Metro Area both
  - Contract with OHA – train and travel for Oregon tribe and urban
- Conference logistics for 2019 Regional DM conference
- Endo ECHO: meeting with panel and expert
  - Meeting with NPAIHB ECHO staff – walk through of session
- Cardea CEU's
  - Submitted all resumes for staff and panel
  - Submitted presentation titles
- Worked on 2019 Dancing in the Square flyer
- Created Save the date for NF



**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**



- Created Save the Date flyers for NW Gathering
  - Disseminated to all NW SDPI programs
  - Confirmed key note speaker
  - Working with Kathy on roundtable facilitators
  - Hotel logistics in place
- Beta testing for the Patch 12 Diabetes Management System
- Updating the Shortcut & Reference Manual to reflect the changes to the Audit and the changes in the DMS
- Reviewed NPAIHB Letter to Secretary of the VA requesting that a VA tribal advisory committee be formed
- NACOE: Grant updates, SOW discussion, Budget discussion

**Partnerships and collaborations**

- Secured dates for Native Fitness – August 15<sup>th</sup> and 16<sup>th</sup>
- Governor’s work group for Oregon tobacco tax (2)
- Oregon Health Authority
  - Submitted NPAIHB signed contract
  - Additional funding for DPP and Oregon Quit line
- Washington Community Health Assessment Tool Training
- Ongoing follow-up with Oregon and Washington tribes on PSE survey for tobacco cessation and policy for the policy resource library
- Invitation for EndoECHO live session at SDPI – Carol Greenlee – Tribal Panel- ECHO team

**Meetings and Conferences**

- NPAIHB All-Staff Meeting (3)
- Project Directors Meeting (3)
- Epi Staff Meeting (2)
- Computer Security Training
- Echo meeting (3)
- Meeting with native artist for cancer prevention messaging
  
- Wellness Meeting
- Obesity Coalition Leadership Team Meeting
- NCO
- OHA – Optum (3)

**Conference Calls:**

- Advancements in Diabetes Webinar: Macronutrients and Health: A Progress Report
- Advancements in Diabetes Webinar: Optimizing Care for the Food Insecure Patient





**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**



- Advancements in Diabetes Webinar: Quality Improvement Efforts in Nutrition and Diabetes Care
- Advancements in Diabetes Webinar: Starting the Conversation: Basic Nutrition Education
- Data Within Reach: Tobacco Cessation
- Diabetes Prevention Program Training Meeting
- Epicenter PD and Manager meeting
- IHS Improving Health Care Delivery Data Project: Quarterly Steering Committee
- National diabetes data project – national office hours
- SDPI Steering committee (2)

**NORTHWEST NATIVE AMERICAN RESEARCH CENTER FOR HEALTH (NARCH) CANCER  
PREVENTION AND CONTROL RESEARCH IN AI/ANS**

Tom Becker, PI  
Victoria Warren-Mears, Director  
Tom Weiser, Medical Epidemiologist  
Ashley Thomas, Project Coordinator  
Jacqueline Left Hand Bull

The Tribal Researchers Cancer Control Fellowship Program has successfully recruited ten fellows for the second cohort. Planning is well underway for both the two-week summer training and the week-long training in the fall. We are currently conducting a needs assessment and tailoring the curriculum for both trainings accordingly.

Our team, in collaboration with our curriculum advisory committee, developed the first distance learning packet for cohort one. All ten fellows from the first cohort have continued to be highly involved in follow-up activities. This quarter we designed and administered the post-test. We are happy to report that all ten fellows completed and returned their post-tests. The fellows have been presenting at national conferences and we have been tracking those dissemination efforts.



**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**



**TRIBAL OPIOID RESPONSE (TOR) CONSORTIUM**  
*Colbie Caughlan, MPH, Project Director – THRIVE, TOR, & RC*  
*Megan Woodbury, Opioid Project Coordinator*

**Quarterly Report: January – March 2019**

**Site Visits**

**Tribal Site Visits**

- Quarterly Board Meeting in Suquamish, WA Jan. 22-24.
- Confederated Tribes of Grand Ronde, Grand Ronde, OR – March 4

**Out of Area and Other Travel**

- Region 10 Tribal Opioid Summit planning meeting, Portland, OR – March 28

**Technical Assistance & Training**

During the quarter, project staff:

- Participated in 43 meetings and conference calls with program partners.
- Hosted and presented on monthly regional video conference calls around the TOR Consortium grant deliverables and scope of work options for the 22 consortium tribes, 47 TOR Consortium attendees across the 3 video calls.
- Attended 3 webinars during the reporting period: *ESAS: Treatment Knowledge* by the TOR technical assistance provider, Addiction Technology Transfer Center (ATTC); *Preventing Opioid Misuse and Overdose Death* hosted by the Pacific Southwest Region's Prevention Technology Transfer Center Network (PTTC) and; *Treating Co-Occurring Trauma and Addiction* hosted by the Northwest ATTC Opioid Prevention Strategies by ATTC
- Presentations (1): *Opioid Response* at the QBM, 70 attendees, Suquamish, WA

During the quarter, the TOR consortium project responded to over 81 phone or email requests for opioid and substance use disorder prevention, education, medication, grant requirements, etc.

**Health Promotion and Disease Prevention**

The TOR Consortium staff work closely with many other Opioid Prevention projects at the NPAIHB and together these projects continue to disseminate a monthly Substance Use Disorder e-newsletter which monthly. Staff also host a monthly video call for the TOR Consortium tribes *after* each Indian Country Opioid Response Community of Learning (CoL) on the second Thursday of each month. The CoL is paid for from a different grant than TOR.



**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**



**Other Administrative Responsibilities**

**Staff Meetings**

- EpiCenter meetings
- All-staff meetings
- Project Director meetings
- Wellness Committee – monthly meetings and events

**Publications**

- None during this reporting period.

**Reports/Grants**

- Submitted a list of activities started by the Tribes and NPAIHB in the first four months of the grant to the project officer in February 2019.

**Administrative Duties**

- Budget tracking and maintenance: Ongoing.
- Managed Project Invoices: Ongoing.
- Staff/Intern oversight and annual evaluations: Ongoing.
- Managed Project Subcontracts: Ongoing

**ENHANCING CONTROL OF CHILDHOOD ASTHMA IN AI/AN COMMUNITIES  
“ASTHMA PROJECT”**

January – March 2019

Mattie Tomeo-Palmanteer – Asthma Project Coordinator

Celeste Davis- Asthma Project Director

**Technical Assistance via telephone/email**

January – March

- Ongoing communication with NPAIHB Epi Center Director.
- Celeste & Mattie – continue to provide support to site 1: Indian Health Service, Yakama Service Unit.
- Ongoing communication to recruit additional sites to evaluate the *Enhancing Control of Childhood Asthma in AI/AN Communities*.

**Reporting**

April

- Preparing for June 1<sup>st</sup> National Institutes of Health (RPPR) report due 01-June-19- at the present time.

**Updates**

Asthma Project.



**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**



- Mattie completed ISSA RPMS Accessibility training to assist with referrals and schedule reminder calls for Yakama site 1 project research participants.

As **Challenges/Opportunities/Milestones**

- The consultant (Celeste) Project Director and Project Coordinator (Mattie) worked together to plan for adding in additional sites within the grant timeline and annual budget capabilities.
- A green cleaning kit with educational information was developed in January. All other supplies were ordered and the first participant is scheduled to have their home visit early February.
- An email was sent to Yakama Nation HEW Chairwomen Lottie Sam requesting her approval and guidance to expand the current advisory board from the project coordinator. In addition, a Collaborative Resource Guide developed by the Collaborative Resource Center for AI Health was included for her review.
- The consultant (Celeste) Project Director and Project Coordinator (Mattie) worked together with the Yakama site team to plan for a providers training mid-march. In addition, Mattie will provide recruitment outreach at a women's health fair at Yakama Winter Lodge and receive data report training at her next site visit.
- A recruitment letter was forwarded to all Tribal Health Directors and Clinical Directors to support an additional site addition.
- The consultant (Celeste) Project Director and Project Coordinator (Mattie) worked together with the Yakama site team to complete an IRB protocol modification that will allow Mattie to use a telephone script for outreach and follow up scheduling reminder calls.
- The Tribal Clinical Health Director from Umatilla, and public health staff from Swinomish and Quinault were contacted by Asthma Project Director to support an additional site addition. Still awaiting responses regarding their interest.
- This Asthma Project team reached out to Nimiipuu Health to recruit for an additional site. The conference call conversations were promising; a MOA is in the process of being written and the Asthma Project team will meet with Joe Cladouhos at the next QBM in April 2019 to follow up and review the drafted MOA and Data Sharing Agreement.
- Yakama Site 1 has begun enrolling patients in the study
- Healthy Heart Program review for successful replication and sustainability advice has taken place.

**Meetings/Trainings**

- All Staff Meeting 07-January-19-
- Mandatory Security Training on 10-January-19
- Indian Day Meeting with Pioneer Square rep on 22-January-19



**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**



- Yakama Zoom Video RPMS Training meeting with Ryann Pett 12-February-19-
- All Staff Meeting 04-February-19-
- Yakama Zoom Video RPMS Training meeting with Ryann Pett 21-February-19-
- Data System Development meeting with Asthma team and Nancy Bennett 26-February-19
- All Staff Meeting 04-March-19
- WA Community Health Assessment Tool Training 12-March-2019
- SIRS Report Planning Meeting 22-March-2019
- Mattie Toppenish Training for PAIRB: NCAI Toolkit for Partners in Tribal Research Training 26-March-19-

**Site Visits**

- Yakama Informal meetings with Robin John and Ryann Pett due to government shut down. 17-January-19-
- Tulalip Tribal Health Clinic Visit. 23 -January-19-
- Clinicians update meeting. Mattie and Dr. Tom Weiser 14-March-19
- Data report training meeting with Heather Peterson and Mattie, Indian Health Service Yakama Unit. 15-March-19
- Mattie Check in and vacuum delivery to Shawn Blackshear, Environmental Health Specialist. 28-March-19-

**Upcoming Calls/Presentations/Meetings/Travel**

- Systems Thinking in Public Health Webinar Mattie & Celeste participated. 29-January-19
- Suquamish QBM Asthma Update Presentation. 22-January-19-
- Celeste presented information about the project at a session during the 2019 EPA Region 10 Tribal Environmental Leaders Summit. 07-March-2019
- Mattie presented career pathways in health care with OHSU On Track Program and Warm Springs students. 21-March-2019
- Mattie was an Oregon Food Bank Volunteer. 03-April-19
- Indian Day planning meeting. 05-April-19

**Publications**

- N/A



**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**



**NORTHWEST NATIVE AMERICAN RESEARCH CENTER FOR HEALTH (NARCH)  
SUMMER RESEARCH TRAINING INSTITUTE AND TRAVEL SCHOLARSHIPS**

Tom Becker, PI  
Victoria Warren-Mears, Director  
Tom Weiser, Medical Epidemiologist  
Grazia Cunningham, Coordinator  
Jacqueline Left Hand Bull

We have awarded roughly 30 travel scholarships to 2018 SI Graduates & Instructors. We predict to award a total of 50 scholarships by the July 2019 deadline.

Dr. Becker and Ms. Cunningham have conducted a six-month follow up with 2018 SI trainees and have drafted a manuscript. We hope to publish my summer 2019.

**Fellowship Support Program for Tribal Graduate Students**

**Tom Becker, PI  
Victoria Warren-Mears, Director  
Tom Weiser, Medical Epidemiologist  
Grazia Cunningham, Coordinator  
Jacqueline Left Hand Bull**

We continue to support three Fellows with monthly stipends associated with their dissertation coursework and five Board Scholars with expenses associated with their graduate coursework. Each Fellow is making great progress toward the completion of their degrees. Support for two of the three Fellows will end next month as their graduation is expected in early summer.

Ms. Cunningham conducted a follow-up survey of all NARCH award recipients to track individual career progress. Ms. Cunningham made multiple efforts (n=4) to increase the response rate including offering an incentive to invitees. Currently, response rate increased to 42.3%; they survey will close soon so data can be compiled. Ms. Cunningham has started a manuscript which she hopes will be ready for submission by late Spring 2019.

**Dissertation Support Program for Tribal Graduate Students**

**Tom Becker, PI  
Victoria Warren-Mears, Director  
Tom Weiser, Medical Epidemiologist  
Grazia Cunningham, Coordinator  
Jacqueline Left Hand Bull**

We are excited to share that we have met our goal and are supporting eight (8) Research Support Fellows - AI/AN graduate student as they conduct scientific research necessary to



**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**



complete their degrees! We also have recruited one Summer Intern and are in discussions to support one more intern. We hope to be able to support a few Board Research Assistants, but the parameters continue to be a challenge for many employees. We will continue to advertise this opportunity and look forward to supporting one more Summer Intern and Board Research Assistants.

**RESPONSE CIRCLES – DOMESTIC & SEXUAL VIOLENCE PREVENTION**

*Colbie Caughlan, MPH, Project Director – THRIVE and Response Circles*

*Paige Smith, Project Coordinator – THRIVE and Response Circles*

**Quarterly Report: January – March 2019**

**Site Visits**

**Tribal Site Visits**

- Quarterly Board Meeting, Suquamish, WA – January 22-24

**Out of Area and Other Travel**

- Chemawa Indian School Wellness and Health Fair, Salem, OR – January 28
- Kairos Blanket Exercise, Washington DC – January 15-16

**Technical Assistance & Training**

During the quarter, project staff:

- Participated in 19 meetings and conference calls with program partners.
- Outlined a plan to promote and improve the project during grant year two.

During the quarter, Response Circles (RC) staff provided or participated in the following presentations, webinars and/or trainings:

- Training (1) – Attended the Kairos Blanket Exercise Training in Washington D.C.
- Booth (1): Provided media materials and information at the Chemawa Indian School Wellness and Health Fair.
- Presentation (1): Radio guest speaker for Native Calling, topic: Healthy Teen Dating
- Webinar (3) – Attended three webinars for DV or SA to become more knowledgeable about the topics.

During the quarter, the RC project responded to over 24 phone or email requests for domestic or sexual violence prevention, or media campaign-related technical assistance, trainings, or presentations.



**Northwest Tribal Epidemiology Center  
(The EpiCenter)  
January – March 2019 Quarterly Reports**



### Health Promotion and Disease Prevention

**Response Circles Media Campaign:** All RC promotional materials (including the almost completed updated materials) are available on the web. During this reporting month staff disseminated 55 THRIVE materials to tribes and tribal organizations that requested. Materials include: posters, brochures, tip cards, and radio PSAs.

During this reporting period through social media, RC posted messages about Healthy Relationships and teen dating violence prevention = 14 posts, 3 text message, **128,470** people reached

### Other Administrative Responsibilities

#### Staff Meetings

- EpiCenter meetings
- All-staff meetings
- Project Director meetings
- Wellness Committee – monthly meetings and events

#### Publications

- Submitted an article for the January Quarterly NPAIHB Health News & Notes, *A Glimpse of Domestic Violence in Indian Country*.

#### Reports/Grants

- Submitted the financial report for year 2 quarter 1 of the Domestic Violence Prevention Initiative (DVPI) grant.
- Submitted a budget modification for year 2 for an increase of indirect rate.

#### Administrative Duties

- Budget tracking and maintenance: Ongoing.
- Managed Project Invoices: Ongoing.
- Staff/Intern oversight and annual evaluations: Ongoing.
- Managed Project Subcontracts: Ongoing





**IT DEPARTMENT**  
**Quarterly Report for**  
**January, February, March 2018**

**Overview**

The Northwest Portland Area Indian Health Board has a high level of office automation and extensive information services. The staff uses desktop computers, laptops, PDAs and office equipment that require periodic maintenance and upgrades. This is in addition to 11 servers and other electronic equipment housed in a secure and temperature-controlled server room. The Board also has a 24 station training room using Dell PCs and Microsoft Terminal Server technology. The purchase of technical equipment, configuration, and maintenance is handled by the department director and the network administrator. The Electronic Health Record –RPMS training and support is now a part of the IT Department and its activities will be part of this report.

**Strategic Priorities by Functional Area****Meetings Attended:**

- Management Group Meeting
- Project Directors Meeting
- All Staff Meeting (cancelled)
- eMARs Project conference call meeting(s)
- Weekly Area Informaticist call
- EHR Office Hours (weekly)
- EPCS for RPMS Alpha Testing calls bi-weekly
- Government Shutdown cancelled many regular meetings
- Portland Area CAC call (monthly)
- Washington HCA-BHA Monthly Tribal Meeting
- Indian Day Planning mtg.
- Safety Committee Meeting
- IHS MACRA Work Group – weekly
- EPCS for RPMS Alpha Testing calls bi-weekly
- IHS National Pharmacy Council meeting (monthly)
- IHS National Council of Informatics (monthly)
- IHS HOPE Committee meeting (monthly)

**Conferences and Trainings Supported/Provided:**

- ECHO Hepatitis C sessions – (minimum 3 per month)
- Staff IT Class (avoiding phishing scams)
- January Quarterly Board Meeting in Suquamish
- New Staff Policy Overview
- RPMS / Diabetes Training

- New Staff Policy overview
- EHR Office Hours weekly
- DMS / RPMS Training for Diabetes
- Advanced HER Clinical Informatics (Advanced CAC) / IHS
- Diabetes Presentation for Native Men, Diabetes Research Study and Native American Men

**Presentations:** N/A

**NPAIHB Activity:**

- Troubleshooting EHR – helpdesk activities daily
  - Nisqually, Yellowhawk, Swinomish, Cowlitz, Neah Bay, Ft Hall, Wellpinit, Nimiipuu
- New CAC training – Nisqually
- Adjusting screening dialogs at Quinault and Swinomish
- HOPE Committee – Technical Assistance workgroup –
  - developing guidance on documentation of PDMP checking and how to monitor that in RPMS
  - Substance abuse screening tools – development and research on how to disseminate to RPMS users
  - Measures discussion/development on substance abuse screenings
- National Pharmacy Council Communications Committee - organizing and initiating, developing pages on max.gov, development of content for IHS Pharmacy public webpage
- Precept ASHP accredited Informatics rotation for IHS Pharmacy Residents
- Public comments on HHS Strategy on Reducing Burden Relating to the Use of Health IT and EHRs
- Development work for hepatocellular cancer RPMS EHR Reminder
- Input large number of new staff into the office IT environment
- Regularly updated Board website
- Competed selection and purchase of SHORE wireless microphone system
- Purchased, configured, and installed a large amount of computer equipment.
- Began replacement of old server computer equipment from the server room
- Site Visit to Cowlitz – data extraction reports, visit type discussions
- Troubleshooting EHR – helpdesk activities daily
  - Nisqually, Yellowhawk, Swinomish, Cowlitz, Ft Hall, Wellpinit, Nimiipuu
- New CAC training – Nisqually
- HOPE Committee – Technical Assistance workgroup
  - developing guidance on documentation of PDMP checking and how to monitor that in RPMS
  - Substance abuse screening tools – development and research on how to disseminate to RPMS users
  - Measures discussion/development on substance abuse screenings
- Introduced more new staff, interns, and temps into the office with equipment purchases and installations

- Purchased new MS Office licenses for large number of staff
- Working with IHS to prepare for data circuit and router upgrades
- New primary domain controller – This server will replace our aging domain controller that is no longer under warranty. It is still being configured. It will also be a test environment for the website.
- New Backup server – This server will replace our aging backup server that is no longer under warranty. This server will back up our file server, and other production servers. This server is still in the early stages of being configured.
- VEEAM backup – Looking into this software as another option for backups.
- New Samsung tablets – purchased 43 new tablets for future QBM's.
- National Pharmacy Council Communications Committee - organizing and initiating, developing pages on max.gov, development of content for IHS Pharmacy public webpage
- Precept ASHP accredited Informatics rotation for IHS Pharmacy Residents
- Work with Sarah Sullivan on survey of EHR use for NW Tribes
- Development work for hepatocellular cancer RPMS EHR Reminder
- HOPE Committee 4PS screening tool documentation development for RPMS
- Researched and ordered 2 large transport/recharging cases for tablets and iPADS
- Purchased updated ESRI ArcGis software for IDEA/NW and installed it, along with STATA15 and new versions of SAS from IHS.
- New microphone system - Purchased for future QBM's, still waiting on the hardware.
- IHS switches – Working with IHS to replace outdated switches for the training room. Still waiting on the hardware.
- New workstations – We have been replacing workstations in the office as needed, and configuring new ones for new employees.
- Security training – Had two “lunch and learn” security training sessions. Went over different types of malware, email scams, and other types of attacks.
- Completed Microsoft Hyper-V and Windows 10 training course.