









NARCH Team

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**Current NARCH staff and valued helpers**

- Mattie Tomeo-Palmanteer
- Celeste Davis
- Ashley Thomas
- Grazia Ori Cunningham
- Tam Lutz
- Nicole Smith
- Candice Jimenez
- Kerri Lopez

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- Jacqueline Left Hand Bull
- Victoria Warren-Mears
- Eugene Mostofi
- Tara Fox
- Tom Weiser
- Teshia Solomon
- Linda Burhansstipanov
- Nancy Scott
- Board of advisors

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### Prevention Research Center (PRC)

- Funding from CDC to OHSU, to partner with the Board and member tribes in health projects
- Main topics: preservation of sight and hearing via community-based research projects, avoidance of risky decisions by tribal youth
- Additional activities: regular seminar series on Indian health, classes in epidemiology of health conditions in tribal people, assisting with Board projects, provided funding for expansion of HPV vaccine

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### Future of the PRC

- In our last year of funding in current cycle
- We were not eligible to apply for renewal
- We will seek the Delegates’ support for exploring additional funding sources (like NIH)
- We have a viable research idea that has met with enthusiastic response from local tribal people –related to fall prevention in older American Indians

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**Key Participants in PRC**

- Caitlin Donald
- Michelle Singer
- Bill Lambert
- Brittany Morgan
- Jodi Lapidus
- Stephanie Craig-Rushing
- Jackie Shannon
- Raina Croff

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- Thanks much...please contact me if questions at [tbecker@npaih.org](mailto:tbecker@npaih.org)
- Mattie Tomeo-Palmanteer will update you on the Asthma (NARCH 9) Project and seek volunteer tribal sites
- Graham Harker is also here to answer questions about falls and new balance-related technology

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*“Enhancing Control of Childhood Asthma in AI/AN Communities*

- The Asthma project is funded by the U.S. Department of Health and Human Services, National Institutes of Health and is sponsored by the Northwest Portland Area Indian Health Board in partnership with the Indian Health Service. <https://www.youtube.com/watch?v=PzflDi-sL3w>




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**Purpose**

- We want to learn how to help AI/AN children and their caregivers be successful in managing asthma triggers, medications, and decreasing hospitalization visits




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### Project Aims

- Provide clinic-based education by pharmacy emphasizing self-management and coordinated with home environment management
- Provide training materials and recommended practices for dissemination and implementation of childhood asthma control programs in additional Pacific NW Tribes and/or Urban Indian Health Clinics
- Support Tribal and Urban Indian Health Clinic's ability to sustain their pediatric asthma control program through organizational and institutional resources

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### Benefits

- Benefits: the goal of this research is to improve asthma management for AI/AN children and their quality of life
- Tribes and participants will help create better asthma education for AI/AN children
- Participants and their parent and/or caregiver will receive asthma education
- Patients and their parent and/or caregiver will receive in-home visits in order to conduct an environmental health assessment
- Participants will receive vacuum cleaners with High Efficiency Particulate Air (HEPA) filters, mattress & pillow covers, and green cleaning supplies




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### Risks

- Risks are minimal. However, we will be collecting personal information and asthma related data from children and adolescent participants IHS electronic health record
- Participants who choose to enroll will be assigned with a random participant identification number to de-identify data obtained from three questionnaires




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## Progress

- December 17, 2019 The Portland Area Institutional Review Board granted approval
- The Yakama Indian Health Service Clinic is enrolling patients to participate in the project.
- Supplies to complete environmental home visits are now in the process of being ordered after receiving recommendations from the Indian Health Service, Environmental Protection Agency and Housing and Urban Development
- We are seeking additional volunteer NW tribes and/or Urban Indian Health Centers that serve AI/AN to join our research project expansion efforts.

Please contact Mattie if you are interested in obtaining more information in person during QBM or via email [asthma@npaihb.org](mailto:asthma@npaihb.org)

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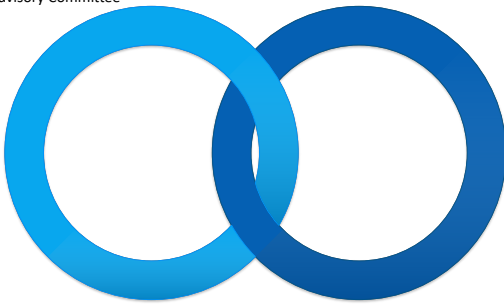
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We are thankful for our project collaborators including Lieutenant Commanders Ryan Pett and Shawn Blackshear, Yakama Service Unit CEO Jay Sampson, Yakama Service Unit Providers, Yakama Nation HEW Committee, and the Community Advisory Committee



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## Additional Resources

- <https://www.healthandenvironment.org/our-work/publications/a-story-of-health>
- <https://www.thecommunityguide.org/topic/asthma>
- <https://www.lung.org/lung-health-and-diseases/lung-disease-lookup/asthma/living-with-asthma/creating-asthma-friendly-environments/asthma-at-home.html>

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Questions?



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