



## Nutritionist Answer Key

Kids.gov: <http://go.usa.gov/cjY9T> | YouTube: <https://youtu.be/1Ns4PEqEGe0>

**1. What is a nutritionist?**

A: A nutritionist is a health professional that is an expert in food, health, and nutrition.

**2. Where do nutritionists work?**

A: Nutritionists work in a variety of settings, such as hospitals helping patients, grocery stores helping customers, and gyms helping athletes perform their best.

**3. What are some things Sasha Bard does as nutritionist?**

A: Sasha creates nutrition education resources, web pages, and works with online apps and games.

**4. What is the SuperTracker?**

A: SuperTracker is an app that gives you a food plan based on information like age and weight.

**5. If you are interested in becoming a nutritionist, what are some ways to get started?**

A: She recommends volunteering at food banks or soup kitchens, and being a healthy role model for friends and family.