

We can save xxx children in one year in xx Region by making sure children receive a vitamin A supplement every six months



**VITAMIN A SUPPLEMENTATION
SAVES CHILDREN'S LIVES**



Photo of a healthy child



How many lives can we save in one year with vitamin A?

District 1	xxxxx
District 2	xxxxx
District 3	xxxxx
District 4	xxxxx
District 5	xxxxx
District 6	xxxxx
District 7	xxxxx
District 8	xxxxx

Every mother and father in Tanzania wants their child to grow up healthy and strong. Unfortunately, too many children in Tanzania suffer repeated illnesses and do not grow well. Tragically, many children die before they even reach their fifth birthday.

Why are vitamin A supplements important?

Vitamin A supplements save children's lives by protecting them from dangerous illnesses, including malaria, diarrhea and measles. They also protect their eyes from blindness. Children who do not receive vitamin A supplements are more likely to suffer serious illness, blindness and die.

Who needs vitamin A supplements?

Every child aged between 6 months and 5 years needs a vitamin A supplement every six months. Vitamin A supplements are given to children during the Day of the African Child in June and World AIDS Day in December. During vitamin A supplementation, children aged 1-5 years also receive a deworming tablet.

What do parents and caretakers need to know?

Every parent/caretaker of young children needs to know how important vitamin A supplements are for the health and survival of their children. They must know when the vitamin A supplementation takes place so that they take their child to get a vitamin A supplement every six months.

What is the duty of district leadership?

It is essential that the district leadership recognizes the importance of vitamin A supplementation for saving children's lives. The district leadership must ensure that the Comprehensive Council Health Plan includes sufficient resources to implement successful vitamin A supplementation twice a year.