

Up to one in seven women
will experience depression
during pregnancy or after birth.



- ✓ Learn whether you are at risk
- ✓ Understand the triggers
- ✓ Know it is treatable

Talk to your health care professional
and contact:

Postpartum Support International
1-800-944-4773
www.postpartum.net

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text boxes



The American College of
Obstetricians and Gynecologists
WOMEN'S HEALTH CARE PHYSICIANS



Si cree que usted o algún miembro de su familia sufre de una depresión postparto, le podemos ayudar gratuitamente.
Llame al 1 800 944 4773 de Postpartum Support International.