

WHO Global Database on Vitamin A Deficiency

The Vitamin A Deficiency database includes data by country based on xerophthalmia and/or serum or plasma retinol concentration

							Preval	ence of	ceropht	thalmia	(%)		Serun	Serum / plasma retinol concentration (µmol/l)						
		Location and sample descriptor		٨٥٥	0	1							Prev	alence	(%)			Reference	Not	es
Level	Date		Sex	Age (years)	Sample size	Current XN	Previous XN	X1B	X2	ХЗА	ХЗВ	xs	<0.35	<0.70	< 1.05	Mean	SD		General	Line
L	2003 P	Kitui and Nairobi: Pre-SAC/SAC: Total	В	4.00-7.99	342	1.50	i –	0.60		i –	†	0.00						4106	*	
		Pre-SAC/SAC by age	В	4.00-4.99	73	0.00		0.00												
		Pre-SAC/SAC by age	В	5.00-5.99	91	0.30		0.30												
		Pre-SAC/SAC by age	В	6.00-6.99	79	0.90		0.00												
		Pre-SAC/SAC by age	В	7.00-7.99	99	0.30		0.30												
N	1999	National: Pre-SAC: Total	В	0.17-5.07	945								24.2	84.4				3442	*	1
		National: Women: Total	F	NS-50.99	1674								10.3	50.7						2
		National: Men: Total	М	15.00-50.99	618								5.3	42.4						3
		Pre-SAC by age	В	0.17-0.49	NS								34.3							
		Pre-SAC by age	В	0.50-1.07	NS								22.3							
		Pre-SAC by age	В	1.08-2.07	NS								25.9							
		Pre-SAC by age	В	2.08-3.07	NS								19.5							
		Pre-SAC by age	В	4.08-5.07	NS								24.5							
		Pre-SAC by age	В	3.08-4.07	NS								27.7							
		Pre-SAC by city: Nairobi	В	0.17-5.07	62								29.0	77.4						4
		Pre-SAC by cluster: Osiri	В	0.17-5.07	60								40.0	91.7						5
		Pre-SAC by cluster: Kandiang'a	В	0.17-5.07	65								27.7	90.8						6
		Pre-SAC by cluster: Sisenye	В	0.17-5.07	78								30.8	89.8						7
		Pre-SAC by cluster: Nakhwana	В	0.17-5.07	82								52.4	89.0						8
		Pre-SAC by cluster: Misikhu	В	0.17-5.07	75								44.0	94.7						9
		Pre-SAC by cluster: Mwamosioma	В	0.17-5.07	79								20.3	87.4						10
		Pre-SAC by cluster: Birongo	В	0.17-5.07	69								13.0	84.0						11
		Pre-SAC by cluster: Sirwet	В	0.17-5.07	26								3.8	76.9						12
		Pre-SAC by cluster: Ruii	В	0.17-5.07	73								5.5	67.1						13
		Pre-SAC by cluster: Njabini	В	0.17-5.07	45								4.4	86.6						14
		Pre-SAC by cluster: Kibaranyaki	В	0.17-5.07	64								4.7	62.5						15
		Pre-SAC by cluster: Ng'aratuko	В	0.17-5.07	8								0.0	75.0						16
		Pre-SAC by cluster: Kibureni	В	0.17-5.07	63								19.0	88.8						17
		Pre-SAC by cluster: Kyatune	В	0.17-5.07	37								0.0	78.4						18
		Pre-SAC by cluster: Wii	В	0.17-5.07	25								0.0	60.0				l		19
		Pre-SAC by cluster: Elan	В	0.17-5.07	8								0.0	75.0				l		20
		Pre-SAC by cluster: Kikoneni	В	0.17-5.07	35								57.1	97.1				l		21
		Pre-SAC by cluster: Kifyonzo	В	0.17-5.07	8								12.5	87.5				l		22
		Pre-SAC by cluster: Miritini	В	0.17-5.07	6								66.7	100.0				l		23
		Pre-SAC by cluster: Utange	В	0.17-5.07	9								55.5	99.9				l		24
		Pre-SAC by cluster: Korkora	В	0.17-5.07	30								33.3	90.0				l		25
		Women by physiological status: NPW	F	NS-50.99	1342									47.5				l		



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						Prevalence of xerophthalmia (%)							Serur	n / plasm	a retinol	concentration				
				Age (years)	Sample size	Prevalence (%) Mean SD										000	Reference	Not	ies	
Level	Date	Location and sample descriptor	Sex			Current XN	Previous XN	X1B	X2	ХЗА	ХЗВ	xs	<0.35	<0.70	< 1.05	Mean	20		General	Line
N	1999	Women by physiological status: PW	F	15.00-50.99	204	İ	Ì		Ì	İ	İ	İ	i	66.7			Ì	3442		
		Women by cluster: Osiri	F	NS-50.99	61								9.8	67.2						26
		Women by cluster: Kandiang'a	F	NS-50.99	72								19.4	61.1						27
		Women by cluster: Sisenye	F	NS-50.99	102								6.9	58.9						28
		Women by cluster: Nakhwana	F	NS-50.99	86								12.8	58.1						29
		Women by cluster: Misikhu	F	NS-50.99	83								7.2	61.4						30
		Women by cluster: Mwamosioma	F	NS-50.99	88								4.5	45.4						31
		Women by cluster: Birongo	F	NS-50.99	71								0.0	42.3						32
		Women by cluster: Sirwet	F	NS-50.99	60								3.3	40.0						33
		Women by cluster: Ruii	F	NS-50.99	80								2.5	22.5						34
		Women by cluster: Njabini	F	NS-50.99	56								0.0	30.4						35
		Women by cluster: Kibaranyaki	F	NS-50.99	81								0.0	19.8						36
		Women by cluster: Ng'aratuko	F	NS-50.99	48								0.0	33.3						37
		Women by cluster: Kibureni	F	NS-50.99	78								3.8	43.5						38
		Women by cluster: Kyatune	F	NS-50.99	162								0.0	19.8						39
		Women by cluster: Wii	F	NS-50.99	116								0.0	16.4						40
		Women by cluster: Elan	F	NS-50.99	37								8.1	73.0						41
		Women by cluster: Kikoneni	F	NS-50.99	184								31.0	82.6						42
		Women by cluster: Kifyonzo	F	NS-50.99	51								3.9	54.9						43
		Women by cluster: Miritini	F	NS-50.99	69								50.8	98.3						44
		Women by cluster: Utange	F	NS-50.99	37								45.9	100.0						45
		Women by cluster: Korkora	F	NS-50.99	60								11.7	86.7						46
		PW by trimester: 1st trimester	F	15.00-50.99	56									46.4						"
		PW by trimester: 2nd trimester	F	15.00-50.99	69									72.4						
		PW by trimester: 3rd trimester	F	15.00-50.99	79									76.0						
		Men by cluster: Osiri	М	15.00-50.99	19								21.1	42.2						47
		Men by cluster: Kandiang'a	М	15.00-50.99	29								13.8	62.1						48
		Men by cluster: Sisenye	М	15.00-50.99	37								16.2	70.3						49
		Men by cluster: Nakhwana	М	15.00-50.99	55								3.6	45.4						50
		Men by cluster: Misikhu	М	15.00-50.99	20								0.0	35.0						51
		Men by cluster: Mwamosioma	М	15.00-50.99	31								0.0	25.8						52
		Men by cluster: Birongo	М	15.00-50.99	21								4.8	14.3				I		53
		Men by cluster: Sirwet	М	15.00-50.99	41								0.0	14.6						54
		Men by cluster: Ruii	М	15.00-50.99	12								0.0	16.7				I		55
		Men by cluster: Njabini	М	15.00-50.99	5								0.0	20.0				I		56
		Men by cluster: Kibaranyaki	М	15.00-50.99	33								0.0	21.2						57
		Men by cluster: Ng'aratuko	М	15.00-50.99	39								0.0	15.4						58
		Men by cluster: Kibureni	M	15.00-50.99	34								0.0	35.3						59



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		Prevalence of xerophthalmia (%)								Serun	ı / plasm	a retinol								
		Location and sample descriptor		Age	Sample								Prev	alence	(%)		SD	Reference	Note	es
Level	Date		Sex	(years)	size	Current XN	Previous XN	X1B	X2	ХЗА	ХЗВ	xs	<0.35	<0.70	< 1.05	Mean 5			General	Line
N	1999	Men by cluster: Kyatune	М	15.00-50.99	53					<u> </u>	†		0.0	30.2				3442		60
		Men by cluster: Wii (Kit)	М	15.00-50.99	49								2.0	22.4						61
		Men by cluster: Elan	М	15.00-50.99	4								0.0	100.0						62
		Men by cluster: Kikoneni	М	15.00-50.99	36								26.9	80.7						63
		Men by cluster: Kifyonzo	М	15.00-50.99	24								0.0	37.5						64
		Men by cluster: Miritini	М	15.00-50.99	27								11.1	85.2						65
		Men by cluster: Utange	M 15.00-50.99 47 8.5 87.2						66											
		Men by cluster: Korkora	М	15.00-50.99	12								8.3	66.6						67
L	1998 -2000	Mombasa: Women	F	18.00-42.99	200									6.0	29.0	1.28		4184	*	
LR	1998 -1999	Kokwet rural community: LW	F	15.00-45.99	62									45.2		0.69	0.26	5038	*	68
L	1998	Kyeni South: SAC	В	6.00-14.99	442								22.0	90.6				4123	*	69
N	1994	National: Pre-SAC: Total	В	0.50-6.07	6425				0.10			0.10						1967	*	70
		Pre-SAC by sex	F	0.50-6.07	3127				0.10			0.10								71
		Pre-SAC by sex	М	0.50-6.07	3298				0.10			0.10								72
		National: Pre-SAC: Total	В	0.50-6.07	6425								7.7	40.6		0.84	0.58			
		Pre-SAC by sex	F	0.50-6.07	3127								8.2	40.9		0.87	0.65			
		Pre-SAC by sex	М	0.50-6.07	3298								9.2	45.2		0.82	0.51			
		Pre-SAC by age	В	0.50-0.99	NS								11.2	61.9						
		Pre-SAC by age	В	1.00-1.99	NS								9.6	44.5						
		Pre-SAC by age	В	2.00-2.99	NS								8.4	43.1						
		Pre-SAC by age	В	3.00-3.99	NS	1							7.6	43.0						
		Pre-SAC by age	В	4.00-4.99	NS	1							6.9	43.5						
		Pre-SAC by age	В	5.00-6.07	NS	1							6.8	38.1						
		Pre-SAC by district: Baringo	В	0.50-6.07	NS								4.0	37.1						
		Pre-SAC by district: Bungoma	В	0.50-6.07	NS	1							18.4	56.2						
		Pre-SAC by district: Garisa	В	0.50-6.07	NS	1							3.8	61.4						
		Pre-SAC by district: Kiambu	В	0.50-6.07	NS								0.9	22.3						
		Pre-SAC by district: Kisii	В	0.50-6.07	NS								21.5	62.4						
		Pre-SAC by district: Kisumu	В	0.50-6.07	NS								13.4	61.7						
		Pre-SAC by district: Kitui	В	0.50-6.07	NS								4.6	35.1						
		Pre-SAC by district: Kwale	В	0.50-6.07	NS								8.4	42.3						
		Pre-SAC by district: Mandera	В	0.50-6.07	NS								5.3	48.1						
		Pre-SAC by district: Meru	В	0.50-6.07	NS								0.6	16.2						
		Pre-SAC by district: Mombasa	В	0.50-6.07	NS								10.6	47.2						



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							Prevalence of xerophthalmia (%)						Serun	n / plasm	na retinol	l concentratio	n (µmol/l)			
				Age (years)	Sample size								Prevalence (%)			Mean	SD	Reference	Note	es
Level	Date	Location and sample descriptor	Sex			Current XN	Previous XN	X1B	X2	ХЗА	ХЗВ	xs	<0.35	<0.70	< 1.05		30		General	Line
N	1994	Pre-SAC by district: Nakuru	В	0.50-6.07	NS								0.8	18.4				1967		
		Pre-SAC by district: Nyeri	В	0.50-6.07	NS								0.9	13.2						1 1
		Pre-SAC by district: S. Nyanza	В	0.50-6.07	NS								12.8	57.4						
D	1990 P	Turkana district: All: Total	В	0.00-NS	900													1628		73
		Pre-SAC by age	В	0.00-4.99	150															74
		SAC by age	В	5.00-9.99	97															75
		SAC by age	В	10.00-14.99	126															76
		Adults by age	В	15.00-24.99	137															77
		Adults by age	В	25.00-34.99	237															78
		Adults by age	В	35.00-44.99	79															79
		Adults by age	В	45.00-54.99	42															80
		Adults by age	В	55.00-64.99	22															81
		Adults by age	В	65.00-74.99	7															82
		Adults by age	В	75.00-NS	3															83

NOTES

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Note 30

Bungoma district. Geometric mean: 0.63 µmol/L

Ref	ference No:	4106
Ger	neral notes:	Sample comprised of children from Mathare, slum area in Nairobi and Tiva/Ithiani of Kitui.
Ref	ference No:	3442
Ger	neral notes:	National survey, data collected from 21 clusters drawn from 12 districts that represent dominant ecological-altitude zones in the country. Districts included: Nyando, Kisuma, Busia, Kisii, Bungoma, Nyandarua, Meru, Baringo, Kitui, Mombasa, Kwale and Garissa. Separate facility-based study for pre-SAC from the area of Kibera, Nairobi included. Serum retinol concentrations converted from μg/mL to μmol/L
Not	te 1	Geometric mean: 0.46 μmol/L
Not	te 2	Geometric mean: 0.66 μmol/L
Not	te 3	Geometric mean: 0.75 μmol/L
	te 4	Geometric mean: 0.55 (SD 0.25) μmol/L, median: 0.51 μmol/L
Not	te 5	Kisumu district. Geometric mean: 0.39 μmol/L
Not	te 6	Nyando district. Geometric mean: 0.40 μmol/L
Not	te 7	Busia district. Geometric mean: 0.44 µmol/L
Not	te 8	Bungoma district. Geometric mean: 0.36 μmol/L
Not	te 9	Bungoma district. Geometric mean: 0.35 μmol/L
Not	te 10	Kisii district. Geometric mean: 048 μmol/L
Not	te 11	Kisii district. Geometric mean: 0.49 μmol/L
Not	te 12	Baringo district. Geometric mean: 0.57 μmol/L
Not	te 13	Nyandarua district. Geometric mean: 0.62 μmol/L
Not	te 14	Nyandarua district. Geometric mean: 0.53 μmol/L
Not	te 15	Meru district. Geometric mean: 0.62 μmol/L
Not	te 16	Baringo district. Geometric mean: 0.59 μmol/L
Not	te 17	Meru district. Geometric mean: 0.48 μmol/L
Not	te 18	Kitui district. Geometric mean: 0.63 μmol/L
Not	te 19	Kitui district. Geometric mean: 0.73 μmol/L
Not	te 20	Garissa district. Geometric mean: 0.53 μmol/L
Not	te 21	Kwale district. Geometric mean: 0.31 μmol/L
Not	te 22	Kwale district. Geometric mean: 049 µmol/L
Not	te 23	Mombasa district. Geometric mean: 0.22 μmol/L
Not	te 24	Mombasa district. Geometric mean: 0.26 μmol/L
Not	te 25	Garissa district. Geometric mean: 0.41 μmol/L
Not	te 26	Kisumu district. Geometric mean: 0.56 μmol/L
Not	te 27	Nyando district. Geometric mean: 0.55 μmol/L
Not	te 28	Busia district. Geometric mean: 0.66 µmol/L
Not	te 29	Bungoma district. Geometric mean: 0.63 μmol/L

NOTES

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Note	31	Kisumu district. Geometric mean: 0.71 µmol/L
Note	32	Kisumu district. Geometric mean: 0.75 μmol/L
Note	33	Baringo district. Geometric mean: 0.76 µmol/L
Note	34	Nyando district. Geometric mean: 0.92 µmol/L
Note	35	Nyando district. Geometric mean: 0.82 µmol/L
Note	36	Meru district. Geometric mean: 0.95 μmol/L
Note	37	Baringo district. Geometric mean: 0.84 μmol/L
Note	38	Meru district. Geometric mean: 0.75 µmol/L
Note	39	Kitui district. Geometric mean: 0.90 μmol/L
Note	40	Kitui district. Geometric mean: 0.92 μmol/L
Note	41	Garissa district. Geometric mean: 0.56 µmol/L
Note	42	Kwale district. Geometric mean: 0.44 µmol/L
Note	43	Kwale district. Geometric mean: 0.63 µmol/L
Note	44	Mombasa district. Geometric mean: 0.31 μmol/L
Note	45	Mombasa district. Geometric mean: 0.32 μmol/L
Note	46	Garissa district. Geometric mean: 0.49 μmol/L
Note	47	Kisumu district. Geometric mean: 0.66 µmol/L
Note	48	Nyando district. Geometric mean: 0.61 µmol/L
Note	49	Busia district. Geometric mean: 0.54 µmol/L
Note	50	Bungoma district. Geometric mean: 0.73 μmol/L
Note	51	Bungoma district. Geometric mean: 0.92 μmol/L
Note	52	Kisumu district. Geometric mean: 0.86 μmol/L
Note	53	Kisumu district. Geometric mean: 1.02 μmol/L
Note	54	Baringo district. Geometric mean: 1.07 μmol/L
Note	55	Nyando district. Geometric mean: 0.95 µmol/L
Note	56	Nyando district. Geometric mean: 0.88 µmol/L
Note	57	Meru district. Geometric mean: 0.92 μmol/L
Note	58	Baringo district. Geometric mean: 0.95 µmol/L
Note	59	Meru district. Geometric mean: 0.80 μmol/L
Note	60	Kitui district. Geometric mean: 0.84 μmol/L
Note	61	Kitui district. Geometric mean: 0.88 μmol/L
Note	62	Garissa district. Geometric mean: 0.57 µmol/L
Note	63	Kwale district. Geometric mean: 0.44 µmol/L
Note	64	Kwale district. Geometric mean: 0.75 µmol/L
Note	65	Mombasa district. Geometric mean: 0.49 μmol/L
Note	66	Monbasa district. Geometric mean: 0.49 µmol/L
Note	67	Garissa district. Geometric mean: 0.60 µmol/L

NOTES

KENYA

Reference No: 4184

General notes: Sample comprised of randomly selected women (HIV-1-seropostive women attending outpatient clinics at Coast Provincial General Hospital in Mombasa. Data on HIV-1-seropostive women

not included in the database.

Reference No: 5038

General notes: Sample comprised of LW from 7 villages in Kokwet, a rural community located in Nandi district. Same survey reported in reference No. 4379 (sample size 69).

Note 68 SR <0.07 µmol/L: 50.7%

Reference No: 4123

General notes: Facility based survey (12 schools, Kyeni South) in Embu district.

Note 69 Median: 0.45 µmol/L, plasma retinol interquartile range: 0.36-0.58 umol/L

Reference No: 1967

General notes: Multi-stage cluster sampling. Nairobi not included. Same survey reported in reference No. 47.

Note 70 Combined prevalence (X1A, X1B): 1.00%

Note 71 Combined prevalence (X1A, X1B): 0.70%

Note 72 Combined prevalence (X1A, X1B): 1.40%

Reference No: 1628

General notes: Sample comprised of subjects from the Turkana Tribe, form 10 different sites in the Turkana district, north-west, Kenya.

Note 73 Total xerophtahalmia (XN and/or X1B) prevalence: 4.40% Note 74 Total xerophtahalmia (XN and/or X1B) prevalence: 0.70% Note 75 Total xerophtahalmia (XN and/or X1B) prevalence: 0.00% Note 76 Total xerophtahalmia (XN and/or X1B) prevalence: 4.80% Note 77 Total xerophtahalmia (XN and/or X1B) prevalence: 13.10% Note 78 Total xerophtahalmia (XN and/or X1B) prevalence: 3.80% Note 79 Total xerophtahalmia (XN and/or X1B) prevalence: 6.30% Note 80 Total xerophtahalmia (XN and/or X1B) prevalence: 2.40% Note 81 Total xerophtahalmia (XN and/or X1B) prevalence: 0.00% Note 82 Total xerophtahalmia (XN and/or X1B) prevalence: 0.00% Note 83 Total xerophtahalmia (XN and/or X1B) prevalence: 0.00%

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