

# ROUTINE DELIVERY OF VITAMIN A SUPPLEMENTATION AT SIX MONTHS IN SENEGAL USING SMS REMINDER MESSAGES

NATIONAL

Codé Thiaw, Ph.D.

Micronutrient Project Coordinator, HKI Senegal





Foreign Affairs, Trade and Development Canada Affaires étrangères, Commerce et Développement Canada





#### VITAMIN A SUPPLEMENTATION IN SENEGAL



- Vitamin A supplementation (VAS) is conducted primarily through National Vaccination Days.
- National guidelines recommend the 1<sup>st</sup> dose of VAS be given at 6 months of age.



 These events were not designed to reach children at exactly 6 months



#### RATIONALE FOR A 6-MONTH CONTACT POINT



- Children receive their first dose at an average age of 9 months through twice-yearly events.
- Only 8.3% of children receive their first dose at exactly 6 months of age.
- Introduction of a 6-month contact point can reduce child mortality by an additional 2.3%.



#### **OBJECTIVES**



- 1. Increase coverage of VAS at 6 months.
- 2. Test the use of SMS reminders for raising awareness of the benefits of vitamin A.

3. Ensure stocks of vitamin A supplements are available at health facilities using SMS stock reporting.



#### STUDY DESIGN











Radio broadcasts

Flyers & Brochures

Child Health Card

Reminder SMS & Stock monitoring

3 Months, 3 intervention districts, 3 control districts

### INTERVENTION AND CONTROL DISTRICTS



Intervention (Dakar) Thies Nord	Touba Interv	vention
Yoff Bargny Thies Bambey Goudday Contro Nguekhokhe Fatick	Diburbel Colobane Reserve Sylvo Reserve Sylvo Reserve Sylvo Reserve Sylvo	Senegal
Joal Fadiout  Delta du Saloum National Park Parc national du delte du Saloum	(Guinguineo (Guinguineo (Kaffrine	Koumpentoum Koungheul
Serrekunda	The Gambia	Janjanbureh Basse
Prikama	Control de Pale	Santa Su Manda Med Velingara Gon
	Bio ona Intervention Balmadou uinchor Fanda	
	Bigene Mansaba Bissora	Contuboel Gabu Bafatá

		1 77 11
Area type	Intervention District	Control District
Urban (West Region)	Dakar	Thiès
Semi-Rural (Central Region)	Mbacké	Bambey
Rural (South Region)	Thionck Essyl	Diouloulou



#### STRATEGIES



#### Improving Demand:

- New child health card
- Social mobilization activities
- Communication campaign using posters, brochures, radio
- Reminder SMS sent to mother/caretaker at 6 months
- Community health worker follow-up at household level



#### Improving Supply:

- Provided initial stock of capsules based on census data
- Designed dynamic SMS reporting to add target children
- Introduced monitoring of stock through weekly SMS reports
- Assured availability of re-supply stock at district level
- SMS reports assure real-time feedback to reduce stock outages



#### CREATING DEMAND FOR VAS AT 6 MONTHS

Child health cards with 6 month contact point for VAS distribution.

Distributed posters and leaflets to promote VAS at 6 months.

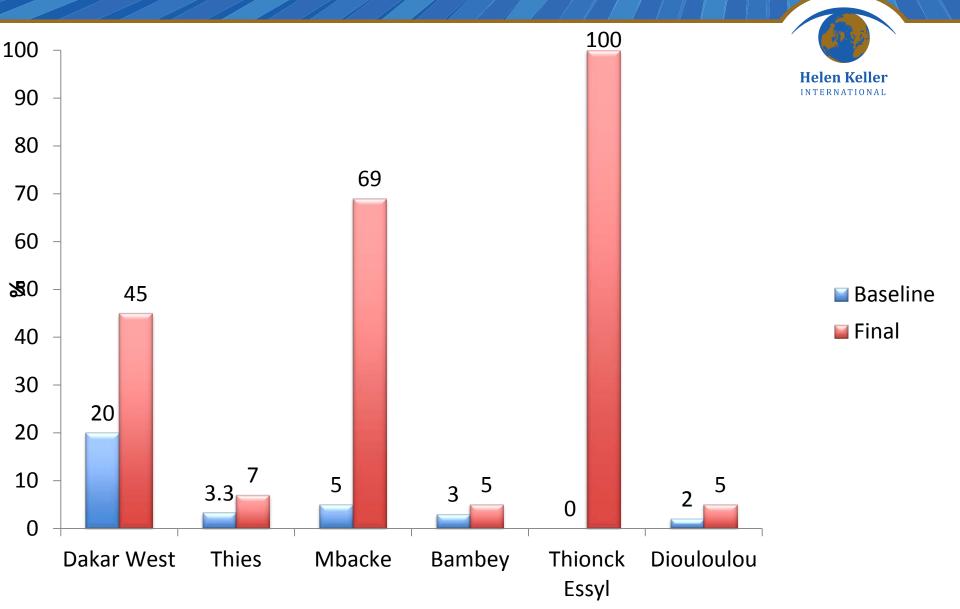






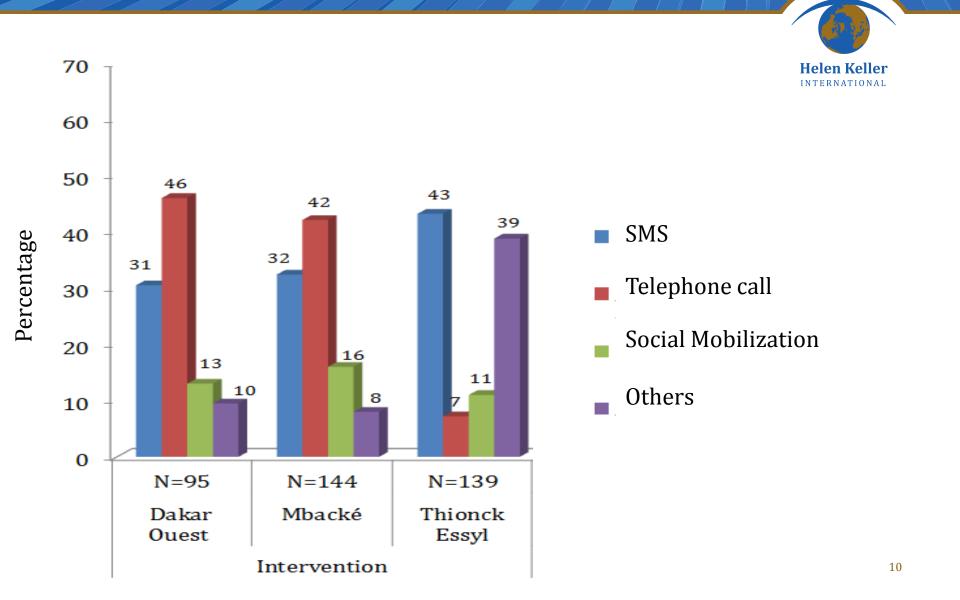


## VITAMIN A SUPPLEMENTATION COVERAGE AT SIX MONTHS IN INTERVENTION AND CONTROL HEALTH DISTRICTS





## REPORTED SOURCES OF INFORMATION THAT THE CHILD IS DUE TO RECEIVE VITAMIN A SUPPLEMENTATION AT 6 MONTHS





#### CONCLUSIONS



- 1. The addition of a 6-month contact point into the routine immunization schedule increased VAS coverage at 6 months in treatment vs. comparison districts.
- 2. SMS reminder messages and telephone calls were effective ways of informing caretakers about the 6-month visit.
- 3. SMS stock reporting was well-received and prevented stock-outs.
- 4. Further strategies may be needed to achieve high coverage in urban and semi-urban areas.

#### **ACKNOWLEDGEMENTS**



The research was realized in partnership with the Ministry of Health and Social Action and UNICEF, and with the generous financial support of the Government of Canada.





