



Podium Potential Pathway (P3) Full Time Transition Pilot

The RYA intends to run a pilot **full time** transition programme from September - December 2016 aimed at sailors exiting the Youth Programme who wish to embark on full time Olympic sailing. The programme will run from Weymouth and Portland National Sailing Academy and will include the following:

- Attendance at Pathway camps
- Attendance at National Rankers or UKLA qualifiers
- Coaching and support on the water (dependant on individual coaching plans)
- Additional support to aid transition
- Access to the Performance Unit
- Membership of WPNSA

Sailors accepted onto the programme will be expected to commit entirely to the activities on the programme and to base themselves full time in Weymouth and Portland. Sailors should either find their own accommodation or alternatively they will be required to contribute financially to accommodation supported by the RYA to facilitate the sailors move to Weymouth.

Sailors will be accepted onto the programme based on the following criteria:

- Results at age group World and European Championships
- Performance history (International Youth results and previous squad membership)
- Presentation of an appropriate 4 year plan (your transition plan)
- Meeting the required fitness benchmarks
- Exhibiting the correct physical attributes for the class or potential to meet them
- The needs of the programme

Sailors interested in this programme should complete an expression of interest form by 1 July 2016 to send to viv.nanopoulou@rya.org.uk

Expression of Interest in the Full Time P3 Transition Programme

Sailor Information:

Name		Date of Birth	
Current Sailing partner (if applicable)		Current Class (crew or helm?)	
Current living location?			
Intentions regards accommodation in Weymouth?			

University Information:

Have you applied to University? If yes, which ones?	
What course do you plan to study?	
If you are accepted onto the full time transition programme what do you intend to do with your University application?	
Are the Universities aware of your sailing status and commitments?	

Other Academic/Vocational aspirations:

Do you have any other academic or vocational aspirations?	
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Olympic Class Aspirations:

Which class (classes) are you looking to transition into (or continue sailing in)?	
If sailing a double handed class, what are your intentions regards a sailing partner and their intentions regarding full time sailing?	

Sailing Performance:

Class	Year	Event/Regatta	Performance Result & Achievements

4 Year Plan:

Please give details of your current plan for transition out of the Youth classes and into an Olympic Campaign. This should be considered and realistic with clear goals and an appropriate timeline. Please include any external factors that may impact on your plan along with brief thoughts on financing your campaign.