



Notice of Selection 2 - RYA Youth/Olympic Classes U21 (Laser Standard, Laser Radial Girls & RS:X ONLY)

Part 1

2016/17 RYA UK Youth and Transition 2 (T2) Squad Selection (Laser Standard, Laser Radial Girls & RS:X) Selection

Part 2

2016 British Youth Sailing Team Selection

Version Details:	
Programme:	British Youth Sailing
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1. INTRODUCTION

- 1.1 This document sets out the squad, team or class - specific selection policy, practice, process, criteria and the responsibilities of individuals involved in the selection process for the RYA British Youth Squad and the British Youth Sailing Team.
- 1.2 This document supplements and should be read in conjunction with the British Youth Sailing Programme “Selection Policy & Procedures”, which is available from the RYA website. It consists of the following sections:
 1. Aims of the Programme.
 2. Eligibility.
 3. Section practice.
 4. Selection process.
 5. Selection criteria.
 6. Appeals.
 7. Status.
 8. RYA UK Youth Squad and British Youth Sailing Team composition.
 9. RYA UK Youth Squad and British Youth Sailing Team Indicator Events.
 10. Application.

Appendices:

- A – 2016/17 RYA British Youth Sailing Team supported events & anticipated RYA UK Youth & T2 Squad sizes & selection.
- B – 2016/17 Physiological Benchmarks.

2. AIMS OF THE PROGRAMME

- 2.1 The overall aim of the British Youth Sailing UK Youth Squad programme is to:

“Develop the Best Young Racing Sailors in the World”
- 2.2 In order to achieve the above, we aim to select a squad comprising those individuals and teams who are most likely to excel at dinghy and windsurf racing to receive additional coaching and support from the RYA and thereby:
 1. Ensure the best chances of medal success;
 2. Accelerate individuals/team development;
 3. Create a squad which will optimally feed the GBR Olympic, GBR Paralympic and other senior development programmes; and
 4. Make best use of RYA, funding partner and sponsor resources (together the “Programme Aims”).

3. ELIGIBILITY

Selection to the RYA UK Youth Squad and British Youth Sailing Team is conditional upon:

- Full commitment to the programme.
- Continuing to satisfy the eligibility criteria.
- **Meeting and maintaining the physical fitness benchmarks set by British Youth Sailing Pathway Sport Science Team.**
- Complying with all terms and conditions within the squad contract.

- Fulfilling all squad training requirements (unless dispensation has been sought and granted).
- Adherence to a personal competition and training programme.

Normally, to be eligible for selection, sailors must:

1. At the time of selection be eligible to compete for Great Britain at an ISAF sanctioned event as defined in ISAF Regulation 19.
2. For the **British Youth Sailing Team (i.e. April selection)**; normally be aged U21 on the 31st December 2016 (individual event selections may differ to this), with the exception of the below.
3. For the **UK Transition 2 (i.e. September selection)** be U20 on the 31st December 2016, with the exception of the below.

At the point of selection sailors U19 will be regarded as Youth Squad and those over 19 will be Transition 2.

In exceptional circumstances, sailors who do not comply with 3.1 may nevertheless be eligible and selected, if expressly confirmed by the RYA Youth Racing Manager. Such sailors will be required to carry GBR on their sails and may be required to sign a written declaration of intent to comply with 3.1.

Any selection is subject to the prior compliance to and on-going conformance to any standards, expectations, charters and codes of conduct laid down by the RYA and its representatives.

4. SELECTION PRACTICE

The Selection Committee is appointed as per the British Youth Sailing Programme “Selection Policy & Procedures” and currently comprises of the following people, none of whom will have eligible children within the Classes:

- Chair of Selectors – Youth Racing Committee.
- RYA Performance Director.
- RYA Youth Racing Manager.
- RYA Single-handed Pathway Manager.
- RYA Double-handed Pathway Manager.

The RYA UK Youth & T2 Squad is selected annually at the winter selection point in September and then reviewed quarterly.

British Youth Sailing teams for summer international support are selected at the April selection point. This will also be used as the Youth & T2 Squad review. All sailors who wish to be considered for selection should apply or reapply as appropriate.

Selection or reselection is at the discretion of the Selection Committee and based upon meeting the sailing performance and physiological benchmarks as defined, irrespective of previous squad membership.

This applies for all sailors.

Each class uses specified indicator events from which there are normally places allocated on the basis of results, age criteria and the discretion of the Selection Committee.

The timings and principles are outlined below:

	Youth & T2 Squad		British Youth Sailing Team
Time of year selections made	September/October		April (after the RYA Youth National Championships)
Purpose	Select sailors for RYA UK Youth & T2 Squad October 2016 – September 2017		Select sailors for British Youth Sailing Team for the Summer 2016
Review Points	1 st January, RYA Youth National Championships, 1 st July		1 st July 2016
Small group training environment (Regional/HC)	HPC/HC 6-10 days A Status	HPC/HC 4-6 days B Status	Pro rata depending on time of selection
Medium group environment (National)	3 x Half term camps plus 1 x Summer camp (min. 4 day camps)		Pro rata depending on time of selection
Large group environment (Racing)	Class Racing events (approx.6 per year)		Relevant international event/s

5. SELECTION PROCESS

5.1 Selection of the sailors for inclusion in the UK Youth & T2 Squad or British Youth Sailing Team will be determined by an independent Selection Committee who are appointed as per British Youth Sailing Programme “Selection Policy & Procedures”. Their remit is to select a squad which, when taken as a whole, will:

1. Have the best prospects of producing medal winners at World and European Championships, now and in the future.
2. Have the best prospects of producing medal winners at the Youth Sailing World Championships and EUROSAF Youth Sailing European Championships .
3. Have the best prospects of optimally feeding the British Sailing Team, and other senior development programmes; and
4. Best fulfil the Programme Aims.

5.2 All selections are made at the discretion of the Selection Committee.

5.3 The process the Selection Committee will normally follow to select the squad is:

1. A number of places will normally be allocated by the Selection Committee based upon the highest ranked eligible sailors at the *primary indicator event(s)* using the indicative number of result based places and the criteria listed in Appendices A, B.
2. Further places may be allocated by the Selection Committee based upon the indicative number of additional places listed in the Appendices and their consideration the criteria listed in sections 2, 3 & 6.

5.4 At the designated review points the Selection Committee may select sailors to join the RYA UK Youth & T2 Squad and or the British Youth Sailing Team. Sailors may also be deselected from both squad and team at these points.

The process that the Selection Committee will normally follow to review sailors is:

1. Results progression.
2. Adherence to the Eligibility criteria detailed in section 3.

5.5 2016 British Youth Sailing Team Selection

The Selection Committee have full discretion when awarding international travel grants and places within British Youth Sailing teams.

International travel grants and places within British Youth Sailing teams will ordinarily be awarded following the British Youth Squad selection point in April. The likely size of any British Youth Sailing Teams, the process, number of grants available and the likely notification date is outlined in Appendix A. Grants may be offered in whole, in part or not offered at all depending on the Selector's appraisal of the best way of fulfilling Programme Aims detailed in item 2.

Unless otherwise stated, or unless the eligibility criteria for the regatta differs, where an age category is mentioned as part of the results based criteria for international events or grants, this shall be assumed to be as of 31st December 2016.

The indicative number of grants may not be awarded if insufficient eligible sailors win places in teams via the class selection process **Sailors may only normally accept a grant/subsidy for a given regatta from either the British Youth Sailing or Podium Potential programme, not both.**

Where a selected sailor has already been offered a Podium Potential Squad grant for that regatta, then the British Youth Sailing grant may either be offered to another sailor or withheld entirely.

Additional support may be provided for other events identified later in the year as appropriate. This will be dependent on available funding and resource at that time.

6. SELECTION CRITERIA

The Selection Committee have full discretion within the remit of fulfilling the programme aims when making their selections.

The Selection Committee will ordinarily only select Sailors that have achieved the minimum physiological benchmarks as set by the Pathway Sports Science Team (available from the RYA upon request).

The Selection Committee will normally use one or more of the following criteria to select sailors, in accordance with the British Youth Sailing Programme "Selection Policy & Procedures":

- Performance at the *Primary Indicator event*.
- Performance at the *Secondary Indicator event(s)*.
- Performance at other *events*.
- Performance at a significant international regatta.
- Performance at major national events/training.
- Age, height and weight.
- Future potential.
- Goals and aspirations.
- Attitude and behaviour at the events in the series and during previous training.
- Factors affecting results.
- Class ranking lists.
- Anticipated squad dynamics.
- Any other factors the selectors consider relevant to fulfilling the Programme Aims.

The Selection Committee or their representatives may attend events during the year to gather information upon which to make their decisions.

The Selection Committee may review any available fitness testing data, as well as data and information provided as part of the application process.

They may also monitor the results and seek relevant reports from coaches and class association representatives about the *primary* and *secondary indicators* and *other events*.

7. APPEALS

No legal action may be taken arising from a decision made by the Selectors.

Any appeal relating to the selection process will be conducted in accordance with the RYA Racing Department Selection Appeals Policy. A copy of this document is available on request from the RYA Racing Operations Manager.

8. STATUS

The Royal Yachting Association (RYA)'s policies and procedures are subject to change from time to time, including variations required to comply with Sports Councils' directions on the investment of National Lottery funds. The RYA reserves the right to amend, supplement and/or discontinue at its absolute discretion, for whatever reason, any or all of its policies and procedures.

Grants will be repayable upon notification, if the competitor does not attend the regatta(s) for any reason. The RYA reserves the right NOT to provide international competition grants or withhold them for any reason.

9. RYA UK YOUTH & T2 SQUAD AND BRITISH YOUTH SAILING TEAM COMPOSITION

Appendices A and B outline the intended RYA UK Youth/T2 Squad and British Youth Sailing Team sizes, number of places and team support offered.

For the avoidance of doubt: all selections, squad sizes and composition will be determined by the Selection Committee, however this document outlines the clear intent of the Selection Committee, and the principles they follow.

1. There are 10 Youth disciplines that correspond with the 10 Olympic Classes

RS:X Girls	
RS:X Boys	
Laser Radial Girls	
Laser Radial Boys) See Selection Notice 1
Laser Standard	
420 Girls) See Selection Notice 1
420 Boys) See Selection Notice 1
29er Girls) See Selection Notice 1
29er Boys) See Selection Notice 1
Multihull Open) See Selection Notice 1

2. Indicative squad size per discipline is 6 boats or boards.

3. Selection is based upon the quality of sailors and the needs of the programme at the point of selection. The selectors may exercise their discretion to not select a

full squad or any squad dependant on what the programme needs and the desire to maintain quality.

10. RYA UK YOUTH & T2 SQUAD AND BRITISH YOUTH SAILING TEAM INDICATOR EVENTS

Appendices A and B also detail the two categories of events which contribute to selection decisions. These are:

1. **Primary**, which are used principally to allocate any results based places.
2. **Secondary**, which can be used in conjunction with **primary** indicators to support any additional selections.

The Selection Committee will also use other national and international events to review the sailors' performance as appropriate.

11. APPLICATION

Sailors who wish to be considered for a place in the RYA UK Youth & T2 Squad and British Youth Sailing Team must apply on-line in due course. Sailors who are offered a place must be a member of the RYA in order to accept.

Applicants will be notified in writing as soon as is practically possible after the completion of the final indicator event, and usually within 14 days.

Further Information

For further information please initially contact:

Double-handed Pathway Manager (doublehandedmanager@rya.org.uk) or

Single-handed Pathway Manager (singlehandedmanager@rya.org.uk)

Alternatively please send an e-mail to the Youth Racing Manager at youthracingmanager@rya.org.uk

Please note:

Sailors wishing to be considered for selection for transition to Olympic Class sailing in the classes below should register their interest with the appropriate pathway manager and through the Youth Squad intentions process (*anyone outside of the programme can be forwarded by request the intentions document*) and comply with the standard British Sailing Team guidelines for eligibility.

Single handed – Finn

Double handed (Symmetric) – 420, 470

Double handed (Asymmetric) – 29er, 49erFX, 49er, Nacra 17

Normally:

- Minimum top 20% Youth international performer at Youth class World or Europeans.
- Demonstrate achievement of the elite standards in the fitness preparation and commitment/behaviours expected of the UK Youth Squad programme.
- Has an agreed individual/team development and action plan for an appropriate Olympic class.
- Has the required Olympic Class boat or feeder boat (as determined by the RYA).
- Has submitted a suitable programme in collaboration with the relevant RYA Pathway Manager.

Appendix A – 2016/17 RYA British Youth Sailing Team supported events & anticipated RYA UK Youth & T2 Squad sizes & selection process

Discipline	Phase	Events/Squad	Primary Indicator	Secondary Indicator(s)	Indicative Squad/ Team size	Indicative Places		Grant/Trip Arrangements	
						Results based	Additional		
Laser Standard	Summer Team (April)	A Europa Cup (of your choice) May 2016 to suit individual programmes	RYA Youth National Championships, Pwllheli, 2–8 Apr 2016	UKLA 2016 Spring Qualifier 2. 12 th & 13 th March 2016 – Mount Batten SC	3	Top 3 U21	-	£200 (G) No coach support. Sailors make all own arrangements.	
		EUROSAF Champions Sailing Cup – Kiel 22 nd – 26 th June 2016			3	Top 2 U21 & Top U19	-	£200 (G) Coach Support. Sailors make all own arrangements.	
		Laser Standard U21 World Championships – Kiel, German 9 th - 16 th August 2016			6	UKLA 2016 Spring Qualifier 3. 19 th & 20 th March 2016 – Stokes Bay SC	Top 5 U21 & Top U19	-	£700 (G) Coach support. Sailor makes all own arrangements.
		Laser Standard U21 European Championships – Split, Croatia 20 th – 27 th August 2016							
	Squad (Sept)	UK Youth/T2 Squad	Laser Standard U21 World Championships, Kiel, Germany. 9 th –14 th Aug 2016	UKLA Qualifier 17 th – 18 th Sept 2016 South Shields SC	8	Top 4 U20 & Top U18	3	4-10 HPC days, 3 x half-term camps, 1 x summer camp.	
		Christmas Race, Palamos, Spain December 2016			All UKYS/UKT2 Squad			Coach support. Sailor makes all own arrangements.	

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Discipline	Phase	Events/Squad	Primary Indicator	Secondary Indicator(s)	Indicative Squad/ Team size	Indicative Places		Grant/Trip Arrangements			
						Results based	Additional				
Laser Radial (Female)	Summer Team (April)	A Europa Cup (of your choice) May 2016	RYA Youth National Championships, Pwllheli, 2 nd – 8 th Apr 2016	UKLA 2016 Spring Qualifier 2. 12 th & 13 th March 2016 – Mount Batten SC	3	Top 3 U21	-	£200 (G) No coach support.			
		EUROSAF Champions Sailing Cup – Kiel 22 nd – 26 th June 2016						£200 (G) Coach support only.			
		Laser Radial Youth Worlds – Dun Laoghaire, Ireland – 24 th – 31 st July 2016			RYA Youth National Championships, Pwllheli, 2 nd – 8 th Apr 2016	UKLA 2016 Spring Qualifier 2. 12 th & 13 th March 2016 – Mount Batten SC	3	Top 2 U19 & Top U18	-	£600 (PC) Residential trip Inc. coaching & transport. Sailor to pay for entry & subsistence.	
		Laser Radial Youth Europeans – Tallinn, Estonia – 7 th – 14 th August 2016								£900 (PC) Residential trip Inc. coaching & transport. Sailor to pay for entry & subsistence.	
		Laser Radial U21 World Championships – Kiel, Germany 9 th – 16 th Aug 2016					UKLA 2016 Spring Qualifier 3. 19 th & 20 th March 2016 – Stokes Bay SC	2	Top 2 U21	-	£700 (G) Coach support. Sailor makes all own arrangements.
		Laser Radial U21 European Championships – Split, Croatia 20 th – 27 th Aug 2016									
	Squad (Sept)	UK Youth Squad	Laser Radial Youth World Championships	UKLA Qualifier 17 th – 18 th Sept 2016 South Shields SC	4	Top U18 & Top U17	2	4-10 HPC days, 3 x half-term camps, 1 x summer camp.			
		UK T2 Squad	Laser Radial U21 World Championships, Kiel, Germany		1	Top U20	2				
			Laser Radial Youth World Championships		1	Top U18					

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Discipline	Phase	Events/Squad	Primary Indicator	Secondary Indicator(s)	Indicative Squad/ Team size	Indicative Places		Grant/Trip Arrangements
						Results based	Additional	
Laser Radial (Female) Contd.	Squad (Sept) Contd.	Christmas Race, Palamos, Spain December 2016	N/A		All UKYS/UKT2 Squad			Coach support. Sailor makes all own arrangements.
RS:X (Female)	Summer Team (April)	French National Championships 2016 Marseille – 15 th – 21 st August 2016	RYA Youth National Championships, Pwllheli, 2 nd – 8 th Apr 2016	RYA Olympic classes spring series, 12 th – 13 th March 2016 – WPNSA	3	-	3	£200 (G) No Coach Support. Sailor makes all own arrangements.
		RS:X Youth European Championships, Helsinki, Finland – 2 nd – 8 th July 2016			3	Top U19 Top U18	1	As per PP
		RS:X Youth World Championships, Limassol, Cyprus – November 2016	RS:X Youth European Championships, Helsinki, Finland – 2 nd – 8 th July 2016			-	3	TBC
	Squad (Sept)	UK Youth/T2 Squad	National Windsurfing Championships, Rutland SC. 10 th – 11 th Sept 2016	UKWA, Pwllheli Aug 27 th – 28 th	3	-	3	4-10 HPC days, 3 x half-term camps, 1 x summer camp.

Appendix A – 2016/17 RYA British Youth Sailing Team supported events & anticipated RYA UK Youth & T2 Squad sizes & selection process

Discipline	Phase	Events/Squad	Primary Indicator	Secondary Indicator(s)	Indicative Squad/ Team size	Indicative Places		Grant/Trip Arrangements
						Results based	Additional	
RS:X (Male)	Summer Team (April)	Eurosaf Palma Regatta (9.5 only)	RYA Olympic classes spring series, 12 th – 13 th March 2016 – WPNSA. (9.5 Only)	N/A	2	Top 2 U21	-	£200 (G) coach support tbc. Sailors make all own arrangements.
		French National Championships 2016, Marseille – 15 th – 21 st August	RYA Youth National Championships, Pwllheli, 2 nd – 8 th Apr 2016	RYA Olympic classes spring series, 12 th – 13 th March 2016 – WPNSA.	3	-	3	£200 (G) No Coach Support. Sailor makes all own arrangements.
		RS:X Youth European Championships, Helsinki, Finland – 2-8 July 2016			4	Top U19 Top U18	2	TBC
		RS:X Men's European Championships, Helsinki, Finland – 2 nd – 8 th July 2016 (9.5)	RYA Spring Series 1 & UKWA Christchurch Regatta (9.5 only)	N/A	2	Top U21 (9.5)	1	As per PP
		RS:X Youth World Championships, Limassol, Cyprus – November 2016	RS:X Youth European Championships, Helsinki, Finland – 2 nd – 8 th July 2016		3	-	3	TBC
	Squad (Sept)	UK Youth Squad (8.5)	National Windsurfing Championships, Rutland SC. 10 th – 11 th Sept 2016	UKWA, Pwllheli Aug 27 th – 28 th	4	Top 2 U18	2	4-10 HPC days, 3 x half-term camps, 1 x summer camp.
		UK T2 Squad (9.5)	RS:X European/World Championships	N/A	4	Results in top 10 for consideration	4	

Appendix B – 2016/17 Physiological Benchmarks

The Physiological Benchmarks are collated from non-elite research in athletic individuals of the same age and gender. These are considered the minimum level of physical performance for a UK squad sailor to give the best possible chance of progression through the pathway by increasing robustness and maximising effective time on the water through the following:

- a) Reduce days lost on the water due to chance of injury.
- b) Reduce days lost on the water due to chance of illness.
- c) Reduce fatigue – Increase effectiveness of time on the water.
- d) Improve recovery - Accelerate learning.
- e) Reduce decline in cognitive function over time.
- f) Enable a more productive learning environment to maximise skill development.
- g) Display positive behaviours in physical development to enable smoother transition to the greater demands of the Olympic classes or into new classes that have different physical demands.

These benchmarks have been converted into percentiles (100% represents best score recorded in British Youth Sailing Team for male/female, with 0% being the worst).

To be eligible for selection on to RYA UK Youth/T2 squads, sailors must **achieve or better the average benchmark percentile of all tests combined**. NB. In double-handed boats, both sailors must achieve average benchmark percentiles of all tests combined.

Within 5% of achieving average benchmark = a sailor may request a re-test*
>20% above average benchmark = consideration for additional support.

Benchmark figures are available upon request.