



RYA Training Checklist – Windsurfing

All vessels used for RYA Training must comply with these requirements plus the equipment requirements of the country of operation.

RTC name	
Inspection date	
Inspector's name	

Item	Check
BOARDS	
A Suitable equipment to teach all courses requested	
B Complete set of equipment for each student	
C Junior boards, junior rigs in a variety of sizes, suitable fins, rigging sticks	
BOARDS IN GOOD CONDITION:	
A Hull free from punctures and waterlogging	
B Effective and securely fixed deck plate	
C Non-slip surface	
D Safe facility to enable towing	
E Daggerboard (if fitted) correctly adjusted, secure in up/down positions, free to move in between, free from sharp edges	
F Fins, appropriate to board, courses, prevailing conditions, free from sharp edges	
STORAGE	
A Safe, secure and easily accessible	
RIGS IN GOOD CONDITON	
A Sails presentable, free from holes and tears, suitable for levels being taught	
B Mast suitable length, bend characteristic and material for the sail, watertight	
C Mast bases operate correctly: <ul style="list-style-type: none"> Downhaul free to move and cleat Quick release system 	
D Boom : <ul style="list-style-type: none"> secure clamp, doesn't slip but easily adjusted to height of user correct length for sail grip surface in good condition 	

Item	Check
UPHAUL*	
A Uphaul* fitted to all rigs	
DOWNHAUL / OUTHAUL ROPES	
A Unfrayed	
B Suitable diameter for fittings used	
BOARD AND RIG JOINT (UJ)	
A Free from wear	
B Quick release should be capable of being performed by student whilst afloat	
SIMULATOR (basic)	
A stable, low, well dampened	
B Board representative of type used afloat <ul style="list-style-type: none"> Good non-slip surface Securely attached 	
C Positioned so students will not injure themselves or others should they fall off	
RECOGNITION ABOVE START WINDSURFING	
A Harness lines on boom in sound condition (if teaching beyond Start W)	
B Range of harnesses in suitable sizes	
STATIC SIMULATOR FOR TEACHING THE COACHING FORMULA, HARNESS AND FOOTSTRAPS:	
A Board representative of type used afloat: <ul style="list-style-type: none"> Positioned securely Sail-less rig attached 	
B Device representing the pull of the wind: <ul style="list-style-type: none"> Safe and in good condition Adjustable for difference wind strengths / student size 	
C Positioned so students will not injure themselves or others should they fall off	

Amended December 2013

* uphaul –thick rope with elastic return (beginner rigs), attached about 1/3 from the bottom. Elasticated cords may be used for more advanced rigs