

# Quick Facts Sheet

## Integrated Dual Disorder Treatment

### 1-800-889-7871

#### About WestBridge

**Programs:** \*Residential program for Men  
\*Outpatient for Men and Women  
Assertive Community Treatment (ACT)

*Note: Admissions can be direct into ACT*

**Length of Stay:** \*Residential program is 3-5 months, on average (longer stays as necessary)  
\*Community based outpatient support  
- ACT for Women and Men are individually designed  
- Short and long term treatment (months to years)

**Telephone:** 1-800-889-7871  
1-603-634-4446

**Fax:** 1-603-606-7826

**Web site:** [www.westbridge.org](http://www.westbridge.org)

**Email:** [info@westbridge.org](mailto:info@westbridge.org)

**Funding and Fees:** WestBridge is non-profit & private pay

**Admissions** Robin Pinard Ext. 102

**Contacts:** Kathy Frost Ext. 126

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WestBridge is a private, non-profit organization dedicated to supporting the recovery of individuals that experience co-occurring mental illness and substance use. WestBridge utilizes evidenced-based practices for Integrated Dual Diagnosis Treatment (IDDT) developed by the Dartmouth PRC.

#### Who we treat

Individuals, 18 or older, who experience problems with substance use and:

- \*Schizophrenia and schizoaffective disorders
- \*Thought disorders
- \*Mood disorders
- \*Major depression
- \*Anxiety disorders
- \*Post Traumatic Stress Disorder

People who are ambivalent about treatment and/or who are ambivalent about having a mental illness and substance use disorder.

Individuals who want to build on their strengths and live in the community.

Individuals and families seeking short or long term treatment.

Families who want to relinquish the role of crisis responder and regain the role of family member.

#### Meet & Greet

**We Come To You - Anywhere - At No Charge**



*Family-centered treatment for mental illness  
& substance use disorders*

*New Hampshire*

*Massachusetts*

*Florida*