

RYA Wavelength

keeping RYA instructors and coaches in touch

Paul Wyeth



Dates for the Diary

Now! Closing date for articles and job ads in April's Wavelength

25-26 February: Trinity House, Conference, London

2-3 March: RYA Volvo Dinghy Show, London

11 March: RYA e-canal Ltd Inland Waterways Conference

31 March: No more paper certificates to be issued for Day Skipper, Coastal Skipper and Inland Waterways practical courses.

1 April: First aid certificates required for Powerboat Level 2, Advanced Powerboat and Day Skipper Commercial Endorsement applicants (see page 12)

1 April: RYA Interactive student fees increase (see page 3)

30 April: Closing date for RYA Instructors and Principals survey (see page 11)

1 July: Closing date for articles and job ads in September's Wavelength

11 October (tbc): SRC Assessor and Principal conference (see page 4)

In this *issue...*

Sail and motor cruising 2

Conference round-up, new Yachtmaster™ Handbook and two exciting new motor cruising courses to be trialled

Shorebased 3

SRC course developments and RYA Interactive news

Powerboat, PW and Inland Waterways 5

Kill cords and prop strikes, changes for powerboat courses, centres and instructor certificates, and your last chance to book for the e-canal inland waterways conference

Dinghy and keelboat 6

Advice on entrapments and how to challenge your sailors

Safety management 8

Coping with cold shock

Centre management 9

New consolidated Guidance Notes, dealing with complaints, new exam fees and changes to legislation

Something for everyone 10

How we are moving into the 21st century, plus important news on first aid and SRC certificates

February 2013

Around the UK 13

Regional contacts and regional instructor training days

Jobs page 13

People wanted and people available

Don't receive *Wavelength* direct?

Moved house and not told us?

Log in to www.rya.org.uk and edit your profile or email us your name, address and membership number so that we can update our records.

wavelength@rya.org.uk

New ways to reach us



CLICK HERE to start the Instructor Survey



New motor cruising courses

As announced at the Yachtmaster™ Instructor Conference, we are testing the water with a step towards a couple of shorter motor cruising courses. This is in response to suggestions from training centres and students. The new courses can both be run over two days.

The first is the Start Motor Cruising Crew Course - a basic level course which can be run in conjunction with a Helmsman or Day Skipper course, and would be great for families who would all benefit from being trained and involved to various levels.

The second is the Motor Cruising Advanced Pilotage Course - a higher level course designed to take people beyond Day Skipper

training and prepare them for more advanced cruising by day and night. Currently there is low attendance on the Coastal Skipper course for motor cruisers, so we hope this course will provide a valuable alternative for those who consider the Coastal Skipper course too advanced for what they require.

Initially we are piloting these courses and spending the summer gathering feedback and making changes to the syllabus if needed. We intend to launch the courses formally at the PSP Southampton Boat Show in September 2013.

We would appreciate help with running these pilot courses from as many motor cruising centres as possible. Your existing recognition

and instructor qualifications will automatically cover you for running the courses, and there is no additional investment required. Certificates will be available to order through your centre's RYA account.

At the end of each course we will ask you to answer a few short questions to help us gather feedback and evolve the course if necessary.

More information on both courses can be found on the website through the links below, including the syllabus and a feedback form.

Start Motor Cruising Crew Course information
Motor Cruising Advanced Pilotage Course information.

Raymarine RYA Yachtmaster™ Instructor Conference

The Bournemouth Highcliffe Marriott was again the venue for the annual instructors' conference for the cruising schemes. Raymarine continued to support us, enabling sponsored places to be offered to new instructors. The keynote address was split between two speakers:

Roger Towner, The Registrar of Shipping and Seaman and Chief Examiner at the Maritime and Coastguard Agency gave a down to earth presentation about the Yachtmaster™ Scheme from the eyes of the MCA. He also looked at the positive relationship the Yachtmaster™ Certificates of Competence have with other

professional qualifications.

Richard Hayworth from High Latitudes gave a very informative presentation on their work preparing people for extreme sailing expeditions, proving we can never say we have nothing to learn.

Numerous workshops, led by industry experts, were available:

- » The new Cruising Instructor training regime due to come into effect in 2014, and the route to becoming a Cruising Instructor Trainer
- » What to cover in our man overboard training without setting an 'RYA way'
- » Safeguarding of young children and vulnerable adults

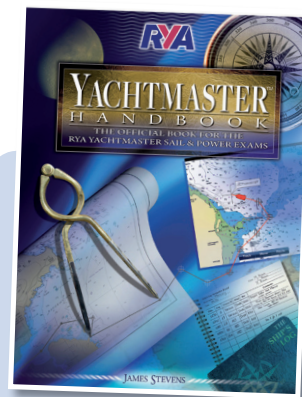
- » Training from RYA Sailability and helpful hints on working with people with disabilities
- » Overview of the trial new motor cruising courses
- » How to handle difficult customers and complaints
- » Insurance for instructors and centres from an insurer's perspective.

Break-out discussion groups covered a wide range of subjects from communication and support for RYA instructors to modular training as a possible route for the future.

Thanks to the discussion and workshop group leaders, and to the exhibitors for their part in making this a success. Particular thanks go to Raymarine, Marriott Hotels, Maritime and Coastguard Agency, High Latitudes, John Lewis Group, OYT South, RYA Sailability and DeNovo Insurance.

A full report of the conference will be available on the RYA website.

Raymarine®



RYA Yachtmaster™ Handbook

James Stevens (former RYA Training Manager and Chief Examiner) is the author of our new RYA Yachtmaster™ Handbook, the first official guide to preparing for the world-renowned RYA Yachtmaster™ Offshore and Coastal exams.

Featuring stunning illustrations, this book assumes the reader has knowledge at (or close to) RYA Yachtmaster™ level. It highlights what a candidate needs to be thinking about at this level, setting them up for life beyond the exam as a competent, confident skipper.

This book expands on the course companion book (Yachtmaster™ Shorebased Notes), which is ideal as an 'aide-memoire' to the RYA Coastal Skipper Practical course, and will appeal to sailors and motor boaters, as well as anyone wanting to use the RYA Yachtmaster™ qualification professionally.

Order code: G70
Price: £17.99

Trinity House Conference

The International Association of Maritime Institutions would like to invite you to the Trinity House Conference on 25-26 February at Trinity House, London.

The subject of the conference is 'Changing maritime education and training in Europe to meet the STCW 2010 standard'.

If you would like to attend, please see www.iami.info for full information. The deadline for bookings is 8 February.



Craig Burton
 Chief Instructor, Sail Cruising

E-mail: craig.burton@rya.org.uk
 Tel: 023 8060 4182



Rachel Andrews
 Chief Instructor, Motor Cruising & Power

E-mail: rachel.andrews@rya.org.uk
 Tel: 023 8060 4187

RYA Interactive news

2012 was a good year for RYA Interactive. With the introduction of the Professional Practices and Responsibilities (PPR) course in April, the site continued to grow at a frenetic pace, both in terms of the number of training centres offering online courses, and the number of students signing up with them.

The PPR course

While it is always contentious to introduce a new compulsory course, students who have completed the PPR course have generally appreciated the need for it.

An overwhelming proportion of students have also confirmed that they have learned from the course, despite having been involved in the commercial maritime world for a number of years. We always wanted the course to be more than just a box-ticking exercise,

and it seems to be doing its job.

Confirmation of the quality of the course also came from outside the marine world when, in November, we received a Silver eLearning Award in the category 'Best use of eLearning to ensure compliance with external regulations'. There were over 200 submissions for awards from around the world, from companies with many years' experience of offering online courses. It is rare for such a new course to even be shortlisted for an award, so we were extremely honoured to win silver.

New SRC course

As detailed on page 4 we have started work on developing an online course for the Short Range Certificate course. This will be an alternative option to the classroom course and will help to deal with some of the challenges currently facing the course. We will keep you up to date as the project progresses.

Recognition and student fees

In line with other recognition fees, it is necessary for us to increase the RYA Interactive fees slightly. The fees from 1 April 2013 are shown below.

Site upgrade

During this spring and summer we will be upgrading the RYA

Interactive site. With the new site will come some additional functionality that will help us manage and develop the site more effectively and help you manage your students more easily.

There will be some new processes for us all to learn, but the end result should be a very positive step forward.

From 1 April 2013 student fees will rise as follows:

Course:	Fee: (Subject to VAT)
Essential Navigation	£10.50 per enrolment, invoiced to centre
CEVNI test	£10.50 per enrolment, invoiced to centre
PPR	£15.75 per enrolment, paid to centre - Note: the fee payable by the student will rise to £32.50 plus VAT at the same time

From January 2014 recognition fees will rise as follows:

Course:	Fee: (Subject to VAT)
Site hosting fee	£105.00
Essential Navigation course fee	£52.50
CEVNI test fee	£21.00
PPR course fee	£52.50

VHF Simulators... the easy way to pass SRC

By using ICOM radio simulators, your students can gain live experience with simulators based on our latest range of VHF radios. Models currently available are the latest IC-M423 fixed-mount and IC-M91D handheld. Make the SRC easier for your students and less stressful for yourself...

...use ICOM VHF simulators!

ICOM



Icom UK Ltd. Blacksole House, Altira Park, Herne Bay, Kent CT6 6GZ. Telephone: 01227 741741 e-mail: info@icomuk.co.uk www.icomuk.co.uk

SRC course developments

As discussed at last year's SRC conference, we have been assessing the changes required to keep our Short Range Certificate (SRC) training and exams in line with the CEPT regulations.

One of the main challenges is the requirement to have clear separation between training and examination, and also to ensure a minimum course length of 10 hours. This will inevitably lead to changes in the way the course is offered in the classroom and will impact on costs for your students.

As mentioned in September's Wavelength, in order to achieve the required separation between training and examination, and in

line with the changing needs of students, we are developing an online alternative to the classroom course. We have started work on this and plan to have the course ready for public release in January 2014. It will be run through our RYA Interactive eLearning site alongside our other online courses.

Please note - the classroom based course will remain, with students being able to choose whether to take the course online or visit a centre for face-to-face training. Equally, training centres will be able to choose whether to offer the online course, the classroom course, or both. Only bona fide SRC centres will be able to offer the online option.

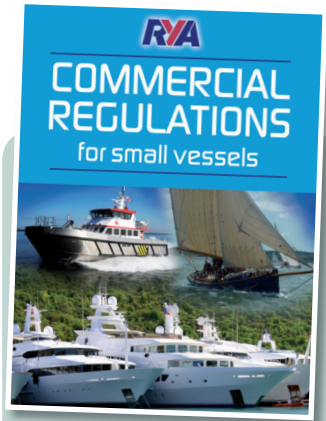
Regardless of the method of

training chosen by a student, the course will be sold by RYA SRC centres just as current courses are, and all students will be required to attend a training centre for their SRC exam.

There is no intention to create a new examiner role, and all current SRC assessors will be able to instruct or assess provided they do not instruct and assess the same person.

To make sure everyone is aware of the changes to SRC training and assessment that will take effect in 2014, we will be holding a conference for SRC Assessors and training centres. The provisional date is 11 October. We will send the relevant people details nearer to that time.

During the conference there will be a chance to ask questions about the future delivery of the course and exam, and an opportunity to preview the online course during that day.



RYA Commercial Regulations eBook

RYA Commercial Regulations for Small Vessels is now available as an RYA eBook (RRP £11.99).

To access this eBook download our free RYA Books App for iPad®, iPhone® and iPod touch® from the App Store™. A free taster is available for you to try before you buy.



Craig Burton
Chief Instructor, Sail Cruising

E-mail: craig.burton@rya.org.uk
Tel: 023 8060 4182



Norcom Technology

Navistick 4G

Combo GPS + microSD USB Dongle

Norcom Technology are pleased to introduce their latest product: the Navistick. This is a USB GPS with combined storage space, allowing data to be saved and stored onto the device. GPS data can be logged to the device using the provided GPS logger, and the GPS signal can be monitored using Norcom's Satvis software which is also supplied. The Navistick can have the software and everything needed self-contained on the device meaning you can use your own computer or any computer of convenience to access your software and data.



Navistick uses include:

- Chartplotting Software
- Position Logging
- Surveying Software
- Portable GPS and Storage

Norcom Technology Limited

www.navistick.co.uk
info@navistick.co.uk
Tel: +44 1603 216 104

Norcom Technology Ltd

50 Unthank Road
Norwich
NR2 2RF

Kill cords and prop strikes

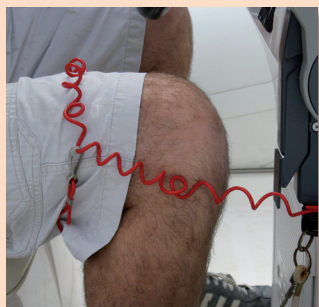
We have heard about a number of incidents around the world involving passengers, and in one case the helm, falling out of moving powerboats and being hit by the boat's propeller.

These accidents happened during leisure activities on private individual's boats and were not related to training. It underlines how difficult it is to raise awareness of kill cord usage and man overboard recovery techniques to the general boating public.

It's all in the syllabus – we just need to make sure the message is loud and clear to anyone taking an RYA course.

How to wear the kill cord

The RYA recommends that the kill cord be attached around your leg or securely to your personal buoyancy. In either case it should



not foul the steering or gear controls.

Any alterations to kill cords must be checked with the engine manufacturer.

Top tip for teaching good kill cord discipline

When changing students around in the boat, disconnect the kill cord at both ends and hand it to the next student. This will give them practice in attaching the lanyard to both themselves and the kill switch.

[Click here for further information on the safe use of kill cords.](#)

Instructor certificate changes

Powerboat Instructor certificates have been changed to include the Safety Boat and Advanced Powerboat Instructor Qualifications.

If you are a Powerboat Instructor who has subsequently passed the Safety Boat course, you can have your certificate updated free of charge by sending a copy of your Safety Boat certificate to our Certification Department.

Existing Powerboat Instructor and Advanced Powerboat Instructor certificates remain valid for the remainder of their five year term, and the new type will be issued on your next revalidation, if

we have details of your safety boat certificate.

This change means that you will only have one Powerboat Instructor certificate carrying endorsements to teach the Safety Boat and Advanced courses if applicable.



Rachel Andrews
Chief Instructor, Motor Cruising & Power
E-mail: rachel.andrews@rya.org.uk
Tel: 023 8060 4187

Important changes for powerboats and equipment

We are having to make changes to our requirements for boats used on Intermediate and Advanced powerboat courses.

In accordance with the Powerboat review and the RYA's exemption for training under the Small Commercial Vessel and Pilot Code of Practice (MGN 280),

centres will need to comply with new equipment levels.

A letter has been sent to all powerboat training centres, Trainers and Advanced Powerboat Instructors giving full details of the changes. If you haven't received your copy yet, you can download it from the 'Resources' section of www.rya.org.uk.

PW Instructor courses

Reminder:

All candidates for Personal Watercraft instructor courses and Instructor conversion courses must have at least two years' experience of driving personal watercraft.

Instructor course pre-requisites are in place to make sure that only those with enough experience and background knowledge are representing the RYA as instructors.

Trainers, please make sure you don't accept candidates for instructor training without this level of experience.

Powerboat Trainer selection days

If you are an experienced Advanced Powerboat Instructor who wants to run Instructor courses within the powerboat scheme, have you considered becoming a Powerboat Trainer?

You can find information and an application for the selection days in the resources section of www.rya.org.uk. See the page for courses, updates and revalidations.

Selection days will take place in November 2013 for the trainers' course in February/March 2014.

Completed forms should be sent to your Regional Development Officer (details on page 13) to sign, and returned to Rachael Upton at RYA HQ by the end of July.

Are you kitted out correctly?

Don't forget to familiarise yourself with the Powerboat checklist in the new consolidated **Recognition Guidance Notes**. This booklet was posted to all centres in January, and you will find the list you need in Appendix 13.

e-canal mapp

RYA e-canal Ltd Inland Waterways Conference

LAST CHANCE TO BOOK!

11 March 2013 - Holiday Inn, Rugby/Northampton - Price: £35

Open to all RYA Inland Waterways instructors, trainers and principals of RYA Training Centres who run the RYA Inland Waterways Helmsman's course.

Guest speaker: Simon Salem from Canal and River Trust
Want to come? Call Rachael Upton on 023 8060 4188 today.
Sponsored by e-canal Ltd

Visit www.e-canal mapp.co.uk to find out more

Entrapments



We all know there is a risk of entrapment when a dinghy capsizes.

Avoidance techniques and rescue procedures are many and varied, but there are two recurring themes.

Firstly, in a training situation the use of a masthead float would, in most situations, prevent complete inversion. The fact that an entangled crew member's head would be close to or on the surface, would allow them to at least take a breath and buy them some time while others deal with trying to free them.

Secondly, if a dinghy needs to be righted quickly, the traditional method of two hefty folk on the upturned hull applying leverage to the centreboard will bring the dinghy to 90 degrees as quickly, if not quicker, than any other method.

Sadly, entrapments continue to occur, occasionally with deadly results. But there are some encouraging signs, as illustrated by the following example.

A day boat was being raced in a regatta, helmed by a disabled gentleman with a crew of three experienced sailors. During a downwind leg, the boat inadvertently gybed and inverted,

and the helm was trapped underwater beneath the hull. The situation was exacerbated by a modification to the boat and the fact that the helm was wearing an automatically inflated lifejacket.

The day boat crew and the crews of the attending RIBs made brave attempts to reach the trapped sailor. But it was only when one of the RIB's crew used a line to right the craft, that they were able to reach the helm, who by then had stopped breathing. Fortunately, due to the prompt first aid given, the helm began to breathe for himself and was quickly evacuated to hospital by the local air ambulance, where he made a full recovery.

Investigation after the event revealed that the crew of the RIB had been on a RYA Safety Boat course and had received training on how to right inverted dinghies - a significant factor in this case.

The RYA Safety Boat course teaches useful skills for all boat drivers who may find themselves offering support or safety cover to fleets. We would encourage all those working in a support capacity for clubs or centres to consider attending this popular and useful course, and to make full use of the opportunities to practice techniques that the exercises in the course provide.

Useful reading:

David Ritchie, former RYA National Coach carried out an investigation into entrapments and came up with some interesting findings and solutions. You can download a copy of his report [here](#).



More and more training centres are switching to **RS Quba**



"RS's Quba seems to clearly line up against Laser's Pico ... The Quba provides a similar package, enhanced by better sailing performance, slicker features and a wider range of use."

Yachts and Yachting

"...safe yet exciting all-rounder and is frankly several steps ahead of the competition...exceptional detailing adds to an impressive package..."

Yachting World

- Competitively priced against the Pico and other alternatives
- Simply the best training dinghy of its size for children and adults
- Fast delivery - great service - reliable back-up

Don't be left behind - contact us for a Quba quote or trial now and be ready when you need more boats



RS
Sailing

www.RSsailing.com

T: 01794 526760

E: info@RSsailing.com

Challenge your sailors



Tim Anderton, RYA Thames Valley Sailing Development Officer, has some ideas to keep things interesting for sailors and instructors alike.

A lot of the focus in the past few years has been on providing good quality, varied training sessions for youngsters. As a sport we have done this well and have seen positive results. So, surely we should use a similar technique for adult training.

I run sessions at a lot of clubs for adults who are keen to improve their skills or get into racing. The feedback I get is that it is the variety of exercises which makes their day so enjoyable. I tend to avoid the typical triangle setup, and run a few different exercises through the day instead. This can be starting, mark rounding, gybing or anything else.

There is no doubt that it is easier to keep existing members or customers than it is to find new ones. So by providing an interesting and enjoyable mix of exercises, whatever level they are at, we are more likely to keep them keen and keep them involved in the sport.

Have a look at the **RYA Race Training Exercises** and try something different on your next course – they can be used to develop general boat handling skills as well as to improve racing techniques. New exercises may be a bit daunting the first time you try them, but sailors and instructors alike enjoy the challenge of doing something different!

Get ready for your inspection

As mentioned on page 9, the new consolidated **Guidance Notes** for training centres are now available.

Please take time to check these as soon as possible, but especially before your

inspection. The requirements for recognition haven't changed but the new Guidance Notes include a vessel checklist for each of our training schemes. See Appendix 13 of the notes to make sure your boats and boards are as they should be.

The new favourite big training dinghy –

RS
Venture



In terms of space the Venture is clearly a winner... with a huge, wide-open cockpit... an official maximum crew capacity up to 640kg... a people carrier with the potential to carry more than its dinghy rivals"

Yachts and Yachting

"Remarkable stability and a cockpit genuinely large enough to carry an instructor and six pupils make the Venture stand out. We are very impressed."

Ben Willows – UKSA

- Incredible stability – plus ballasted centreboard option
- Massive cockpit with space for an instructor and 7 pupils
- Fast delivery – great service – reliable back-up

The RS Venture also offers remarkable value – contact us now for a quote and a trial



RS
Sailing

www.RSsailing.com

T: 01794 526760

E: info@RSsailing.com

LIFERAFT HIRE

Go to



THE LIFERAFT HIRE COMPANY

We can supply any and all safety equipment required by the charter code of practice including Solas B pack liferafts for hire by the season or year

Send for our free info pack and depot list
or call

0800 243673

www.liferafts.com
info@liferafts.com
Fax: 01621 785924

Liferaft, Dinghy & Lifejacket Servicing

Liferaft House
Burnham Business Park
Burnham on Crouch
CM0 8TE

***The UK's Largest dedicated
Liferaft Hire Company***

Drownproof your students



For a number of years the Maritime and Coastguard Agency have warned of the dangers of cold shock, or cold water shock. It is one of our requirements when assessing whether a first aid certificate is acceptable for RYA Instructors. However very few first aid courses cover the subject, and many confuse it with standard run-of-the-mill shock. Why?

Well, because it's not really a first aid subject and there isn't much the first aider can do. Rather than treating the symptoms, it's more about forewarning the person who might end up in the water about the risk of cold shock. Arming them with this knowledge should help them cope with the effects.

What is cold shock?

When a person enters cold water, a series of initial responses can take effect for the first few minutes. The sudden lowering of skin temperature produces these involuntary responses which take effect almost immediately, reach their peak in the first 30 seconds and last for two to three minutes.

- » Breathing becomes quicker – hyperventilation
- » This over-breathing can cause dizziness and confusion in the first few minutes.
- » In water below 15°C an initial involuntary gasp of air can result in inhalation of water and near drowning.
- » The ability to hold breath is greatly reduced to less than 10 seconds.
- » In choppy water where waves

wash over the face frequently, this rapid breathing and reduced breath holding greatly increases the risk of water inhalation and drowning.

- » The blood vessels near the surface of the skin constrict to reduce flow and prevent heat loss, leading to increased blood pressure as the heart pumps against the constrictions. Any exertion at this point can increase the risk of heart attack or stroke.

It is easy to see how these responses could cause panic in someone who has just fallen overboard. If they are forewarned that the rapid breathing will settle down in a minute or two, they can focus on protecting their airway and NOT undertaking that swim to safety until they have calmed down.

People unaccustomed to entering cold water may experience these effects in water temperatures up to 25°C. People used to entering cold water can become accustomed to the whole situation and therefore are less likely to suffer cold shock.

All practical disciplines should incorporate cold shock into their man overboard instruction.

Focus on the practicalities:

1. You are likely to gasp for air and then breathe rapidly, so protect your airway from waves and spray.
2. Your heart will be working harder, so don't try to swim. Just relax until you feel your responses stabilising.
3. The effects will be at their worst in the first 30 seconds but will have gone within three minutes.

Changes to criminal records checks

The Protection of Freedoms Act 2012 introduces a number of changes to the Disclosure and Barring process in England and Wales (previously known as CRB checks).

The key changes that centres and clubs need to be aware of immediately are:

- » The Criminal Records Bureau and the Independent Safeguarding Authority have been merged into a single body called the Disclosure and Barring Service.
- » There are new, narrower definitions of 'Regulated Activity' with children and adults.
- » It is no longer possible for anyone aged under 16 to apply for a Disclosure.
- » The range of documents that can be used to prove identity has been reduced. The new definitions also apply to the AccessNI process in Northern Ireland.

Further changes are due to be implemented in 2013, including an update service which will remove the need for multiple Disclosures for different organisations.

See the website for more information.

Posters for clubs and centres

We now have a set of posters to help promote RYA membership to your customers and members.

Download the free posters and leaflets to help us promote the many reasons why they should become RYA personal members.

Complaint or opportunity?

Anyone who has worked on the water in a teaching capacity or in a sailing school handling administration has had to deal with a customer complaint at some point. How such situations are handled early on often dictates whether a customer goes away satisfied and likely to return as a repeat customer, or becomes a thorn in your side that saps time and resource over many months.

Here are a few tips to help you turn a potential nightmare into a massive opportunity.

1. Listen to what the customer

is saying. If they have gone to the trouble of raising an issue with you, there is likely to have been some catalyst to start the complaint.

2. Do not judge. It is almost irrelevant whether the customer is right or wrong. If you value them as a customer or club member and wish to retain their business your first priority should be to resolve their complaint.

3. Don't be defensive. The more polite, receptive and friendly you are with an upset customer, the more they are disarmed and therefore easier to deal with.

We expect that on the rare occasion a complaint is encountered every effort should be made by the RYA training centre to resolve it. Ultimately, if you are able to resolve an unhappy customer's complaint you are likely to turn them into a loyal advocate for your organisation and will most likely see them and their friends for future training. Conversely, the average unhappy customer tells a minimum of eight people of their negative experience and costs you a great deal of effort in responding to calls and emails as their dissatisfaction grows. The choice is yours!

RYA exam fees 2013

The following exam fees took effect from 1 January 2013

Advanced Powerboat and Yachtmaster™ Coastal South Africa & Asia	£171 £200
Yachtmaster™ Offshore South Africa & Asia	£198 £231
South Africa & Asia Yachtmaster™ Ocean	£231 £150
Partial re-exam South Africa & Asia	£91 £100
Conversion exam South Africa & Asia	£107
Commercial endorsement	£32
Short Range Certificate	£30

For exam fees in Australia please contact Yachting Australia or see www.yachting.org.au. For fees in New Zealand please contact CBES or see www.boatingeducation.org.nz

Breaches of legislation

The Health and Safety Executive (HSE) now have new powers to enable them to implement a Fee For Intervention (FFI).

If you are found by an HSE inspector to have breached health and safety legislation, receive notification in writing of a contravention, an improvement notice, or a prosecution, the HSE can recover the costs of the investigation at the rate of £124 an hour.

Please see the document below to understand how this could affect you.

What you need to know

Age discrimination

The Government has implemented the age discrimination provisions of the Equality Act 2010. They apply to employers, to service providers (which include the vast majority of RYA training centres) and to private members' clubs.

The Act outlaws discrimination based on age, subject to certain exceptions. **See more information here**

New Guidance Notes for training centres

A brand new consolidated version of the Guidance Notes for Recognised training centres is now available. For the first time, requirements for all types of practical and shorebased centres are all in one place.

The ethos and spirit of RYA Training remains unchanged, but the process of consolidation has enabled us to tidy up some inconsistencies and clarify some grey areas.

One area to check is the branding guidelines. We have seen a few examples recently of centres not quite complying with the guidelines, which can lead to problems when potential customers are deciding whether to choose your centre.

We strongly recommend that you familiarise yourself with the Guidance Notes.

They are available to download from the Guidance section of www.rya.org.uk/coursestraining/resources. You can also request a copy by email or through the post from training@rya.org.uk.

Brave new world

Here at RYA Training we are dragging ourselves kicking and screaming into the 21st century by improving the way we pass information on to you, keep you up to date and help your customers find you. Here are a few examples of how we are doing it:

Mobile Wavelength

Wavelength should reach you three times each year by two different methods – once in the mail (each April) and twice by email (January and September). From our next issue onwards there will be a third way.

If you would like to receive Wavelength through the RYA eBook app instead of by post or email, please let us know by emailing wavelength@rya.org.uk with the words Wavelength App in the subject line. We will need to know your name, membership number (if you have one) and your postcode. You will then be able to view Wavelength on your iPhone, iPad or Android phone or tablet. **You can take a look at the RYA eBook app here:**



Resources on the web

There are an awful lot of useful documents and resources for instructors and centres on www.rya.org.uk. In fact there are so many that it can be difficult to find exactly what you want. So we've reorganised the way we present this information in the Resources section and have grouped the contents by the type of information it is, rather than which scheme it relates to.

You can see what we mean by going to www.rya.org.uk/coursestraining/resources. There you should find everything you need under these headings:

Keeping current	Guidance
Application and report forms	Courses, updates and revalidations
First aid and medical	Conference reports
Child protection	Disability awareness
Equality training	Scheme specific information
Share your ideas	Wavelength

'Keeping current' is a brand new feature of the Resources area where we will catalogue any major changes to training schemes or courses. In this way you will always be able to refer to a historical record of changes and when they were implemented.

Going social



We've finally taken the plunge with Facebook and Twitter.

The RYA generally has been using these sites for a while but we wanted more ways to talk specifically to our instructors and centres – anyone who runs RYA courses. So we've set up an RYA Training Facebook page and Twitter account.

We also have a dedicated Twitter account for RYA Publications.

Click the links below to follow us and make sure you get news in a timely way.

From now on, as well as using Wavelength, letters, emails, conferences and the website to disseminate information, we will also post to Facebook and Twitter.



RYA Training



@RYA_training
@RYAPublications

How customers find you

We're working hard to improve our web search for finding training centres and courses, with ease of use for your customers being the ultimate goal.

As well as improving the users' experience, another driver for this change has been a decision to stop producing the annual brochures that we have done for many years. Over recent years the brochures have become less representative of the availability of RYA courses and fewer people have been picking them up at boat shows and other events. From what we can tell, what people really want is the instant, tailored results that an intelligent web search can provide. Work is on-going and we will keep you updated.

Cruising and shorebased scheme briefings

This year we are delivering cruising and shorebased scheme briefings online.

Hour long webinars for up to 20 people at a time will be trialled during February, March and April. If they are successful, the programme may be expanded to cover instructor development training.

To access the webinars you will need a computer or an iOS device with an internet connection, speakers and microphone. Alternatively audio may be accessed through a phone line if your computer does not have speakers or a microphone. Details will be announced soon.



Crewsaver technical safety bulletin

We have received notification from Survitec regarding the **Crewfit 290N Advanced Life Jacket**.

Life jackets of this model manufactured between June 2011 and October 2012 may be subject to loosening of the bladder webbing straps, which may result in the stability of the jacket being affected.

Survitec Group is requesting the return of the Crewfit 290N Advanced Life jacket ONLY for inspection.

No other crewsaver products are affected.

If you have any questions, please contact Crewsaver directly on 0044 (0)2392 528621.

Instructor survey

In early 2012 we ran the Shape the Future survey to gather views, predominantly from the general public, on where RYA Training should concentrate its efforts. The results have been invaluable in helping us understand what the public want from our courses and have given us some great ideas for the future.

It's now your turn. We have opened a survey specifically aimed at RYA instructors, coaches, trainers, examiners and centre principals.

Our courses lead the world in terms of quality, recognition and popularity, largely due to the efforts of people like you over the last 40 years or more. We hope that, like us, you are eager to see our training schemes, resources and standards continue to develop and become even better than they are today.

To help us chart the future of RYA Training we feel it is essential to gather the views of as many of you as possible. We want to know what YOU think of RYA Training - What works? What doesn't work?

What makes you feel proud to be a part of the world's greatest leisure and commercial training schemes? What can we do better?

We cannot promise to make changes to suit everyone. But by sharing your thoughts with us you will be helping us to develop a clear and successful path for the future.

Please spare a few minutes of your time to share your views as a key stakeholder in RYA Training. The survey is short and completely anonymous.

[Click here to start the survey](#)

Membership benefits for instructors

RYA Instructor membership seeks to recognise and reward the valuable work done by RYA Instructors. It doesn't cost any more than standard membership - you just need to be a current RYA member and a currently qualified instructor.

On top of all the advice, information and money saving discounts that personal members receive, RYA Instructor Members also benefit from an additional package of rewards:

- » Discounts on selected courses including the RYA Cruising Scheme
- » 10% extra discount on dinghy

insurance through Bishop Skinner

- » 25% discount on RYA Instructor branded clothing from Musto, and free embroidery
- » Exclusive discounts on Spinlock products including the Instructor branded Spinlock Deckvest
- » 40% discount on Prosport Sunscreen
- » 40% discount on Bollé Marine Sunglasses
- » Dedicated instructor membership card
- » RYA Instructor car and boat stickers

See the website for more information on RYA Instructor membership benefits.

SRC and commercial endorsements

From the 1 April 2013, anyone applying for a commercial endorsement on a course completion certificate will be required to submit a valid Short Range Certificate (SRC) and first aid certificate (see page 12).

Certificates affected by this change are:

- » Powerboat Level 2
- » Day Skipper practical course completion (sail or motor)
- » Advanced Powerboat course completion certificate (issued before 2005)

This change does not affect the requirements for commercially endorsing certificates of competence such as Advanced Powerboat and the three grades of Yachtmaster™. This is because SRC and first aid certificates are already checked during the exam.

RYA logos

A small reminder:

RYA instructors are not able to use the RYA logo when publicising their qualifications or availability for work. There is an RYA Instructor logo, but it is specifically for use by the RYA on clothing and lifejackets etc for sale to instructors.

Guidelines on the use of the RYA training centre logo are available in the Guidance Notes recently sent to all recognised training centres.

16th - 17th February 2013

Safety Open Weekend

in Southampton

See and take part in flare and R10 AIS demonstrations

Talk to our safety experts

See your liferaft inflated

To book your liferaft inspection slot call us on 023 80 720 800 or email: openweekend@oceansafety.com

www.oceansafety.com



in association with **YACHTING MONTHLY**

FREE entry into prize draw for SEA SURVIVAL experience



RYA eBooks app now available on the Google Play Store

First Aid certificates simplified

A number of changes are coming into effect in the first quarter of 2013.

These are a consequence of a review of the first aid certificate requirements for RYA Instructors, Trainers and Coaches, candidates for RYA/MCA certificates of competence and applicants for commercial endorsements.

The good news is that it is now easier to determine what is and is not an acceptable certificate.

A definitive list of certificates accepted by the RYA will soon be on the [RYA website](#) and the advice will be: 'If it's not on the list, then it's not currently accepted.'

However, first aid training providers who want their certificates added to the published list can apply to us by submitting their syllabus for approval, so this list will undoubtedly grow. The current list of acceptable first aid certificates is shown later in this article.

In addition to the list of accepted certificates, a list of those which have been assessed and deemed to be unacceptable will also be available.

It's worth pointing out that for the vast majority of Instructors the best and most appropriate course is the RYA First Aid course. It is the only one guaranteed to cover all of the above and, more importantly, is delivered by someone who understands the issues of administering first aid afloat.

Changes to first aid training

To enable the lists to be created, we need to make a couple of changes:

1. Training in the use of Category C medical stores required for commercial endorsements will be covered on the Professional Practices and Responsibilities course, increasing the number of certificates acceptable for commercial endorsements.
2. The teaching of cold water shock will be incorporated into the instruction for man overboard in all practical disciplines. Again, this increases

the number of acceptable certificates. Please see the article on cold water shock on page 8.

Applicants for commercial endorsements

From 1 April 2013, anyone applying for a commercial endorsement to a Powerboat Level 2, Day Skipper or Advanced Powerboat course completion certificate (dated before 1 January 2005) needs to send a copy of an acceptable first aid certificate with their application form.

Health and Safety Executive changes

The Health and Safety Executive (HSE) has announced changes to the way First Aid at Work training is regulated. They will no longer inspect and recognise centres and all existing HSE approval of first aid training providers will expire in April 2013. This is likely to result in a wide range of issuing bodies cropping up and issuing certificates with previously unheard of names, making our list of accepted certificates even more important.

First Aid at Work training now comes under two new titles:

- » Level 2 Award in Emergency First Aid at Work (EFAW) – 1 day course
- » Level 3 Award in First Aid at Work (FAW) – 3 day course

Acceptable first aid certificates

As of the end of January 2013, the list of acceptable first aid certificates is shown below. This list is subject to change.

For the most up to date information please check the www.rya.org.uk.

- » RYA First Aid
- » STCW Elementary First Aid
- » St Johns Ambulance Activity First Aid
- » STCW Ships Captain Medical Course
- » STCW Medical Care on Board Ship
- » STCW First Aid At Sea
- » HSE Approved First Aid at Work
- » All UK Red Cross

- » Austrian Red Cross
- » French Red Cross
- » American Red Cross
- » Australian Red Cross
- » The German Red Cross two day First Aid course
- » Wilderness First Responder
- » Outdoor Emergency Care Technician – National Ski Patrol
- » Rescue Emergency Care First Aid – HSE Approved
- » Sea Fish First Aid
- » Emergency First Aid – HSE Approved
- » Italian Offshore Personal Survival
- » Escola Nautica Llevant Blau
- » Outdoor Emergency First Aid - British Association of Ski Patrollers
- » Metropolitan Police (Emergency Life Support and Officer Safety Training)

Please note:

- » All certificates must have been issued within the last three years. The only exception is STCW, which is accepted up to five years when using for a Commercial Endorsement or examination.
- » Medical doctors, dental practitioners and paramedics who are both registered and practicing in the UK, may be exempt from taking a first aid course, providing they are fully aware of current first aid practices. To gain this exemption they must submit a letter confirming their qualifications with a copy of their registration to practice in the UK.

ML5 medical forms

When submitting an ML5 medical form to support a commercial endorsement application or renewal, please make sure you are using the latest version.

The latest version is available from the MCA website. See www.dft.gov.uk/mca and search for ML5, or go straight to this link: [Latest ML5 form](#)

Win a pair of Bollé Marine Speed Sunglasses



To celebrate the return of Bollé sunglasses to our range of instructor member benefits, we are pleased to announce this exclusive competition, just for instructors.

Bollé's high performance Marine collection has been specifically designed to cope with the harsh challenges of the water and, as a result, they are worn by the world's best sailors. Bollé is the Official Supplier of Skandia Team GBR and a sponsor of sailing events throughout the world.

Combining polarized anti-glare technology, a hydrophobic treatment which repels water off the lens surface and impact resistant polycarbonate lenses, the Bollé Marine collection guarantees high performance and sharp, crisp vision giving superior visibility at all times.

Competition question

For your chance to win a pair of Bollé Marine Speed Sunglasses, simply answer this question correctly: Sunglasses in the Marine collection come with either Polarized Inland Gold or Polarized Offshore Blue lenses. Which Bollé Marine lens is designed for harsh glare?

You can find the answer here on the [Bollé website](#).

Email your answer to marketing@rya.org.uk by the closing date of 28 February 2013.



Dates for your diary

RYA Regional Instructor Training Days for instructors in the dinghy, windsurfing, powerboat and PW schemes

- 9 February: South Devon College, Dartmouth
- 23 February: East Midlands - Rutland Sailing Club
- 24 February: West Midlands - Bartley Sailing Club
- 9 March: North East - South Shields Sailing Club
- 10 March: East - Grafham Water Centre
- 16 March: North West - Southport
- 17 March: Yorkshire and Humber - Pugneys Country Park
- 23 March: South West - Bristol Corinthian Yacht Club, Somerset
- 23 March: Thames Valley - Datchet Water Sailing Club
- 24 March: South/South East - at Portsmouth Watersport Centre

Regional contacts

East Robbie Bell 07747 563298 robbie.bell@rya.org.uk	South West Graham Manchester 07766 136704 rdo.ssw@rya.org.uk	Channel Islands John Elliott elliott@cwgsy.net
Midlands Gareth Brookes 07876 330136 gareth.brookes@rya.org.uk	Thames Valley and London Guy Malpas 07799 714779 guy.malpas@rya.org.uk	Army Clive Grant 07768 925678 clive.grant937@mod.uk Jon Metcalfe 07768 988258 jon.metcalfe928@mod.uk
North East and Yorkshire Adam McGovern 07771 642933 adam.mcgovern@rya.org.uk	Northern Ireland Mary Farrell mary.farrell@rya.org.uk	Navy Wayne Shirley 07786 702143 rnsailingmanager@gmail.com
North West Sally Kilpatrick 07747 534527 sally.kilpatrick@rya.org.uk	Scotland Jane Campbell Morrison jcm@rya.scotland.org.uk	RAF Laurie Dengate coach@dinghy.rafsa.org.uk
South and South East Andy Hooper 07748 806733 andy.hooper@rya.org.uk	Wales Ruth Iiliffe 07824 990696 ruth.iiliffe@welshsailing.org	Sea Cadets Tye Shuttleworth 07920 767933 tshuttleworth@ms-sc.org

Jobs Page



Wanted: Seasonal Watersports Instructors for 2013

- Can you deliver dinghy, kayak and windsurf sessions at all levels?
- Can you inspire, motivate and educate?
- Do you want to work within an inspirational environment?
- Do you have a love of watersports and the outdoor lifestyle?

UKSA is a youth education and maritime training charity.

To apply, please email your CV with a covering letter to sue.hopkins@uksa.org or in writing to Sue Hopkins, HR Co-ordinator UKSA, Arctic Road, Cowes, Isle of Wight, PO31 7PQ

UKSA is a registered charity no. 299248, Patron: HRH The Princess Royal



Seasonal Watersports Instructor
40 hours per week
April – October
£9.08 per hour

Job Description:

We are looking for dynamic, hardworking and flexible watersports instructors to be part of our team. The role includes teaching a variety of school groups, clubs, and NGB courses.

Essential requirements:

- Employees must hold at least one of the following:
- RYA Dinghy Instructor
- BCU UKCC Level 2 Paddlesport Coach
- BCU Level 2 Canoe/Kayak Coach

RYA Safety Boat qualification and experience working at a busy outdoor watersports centre are desirable.

Vision - Redbridge Culture & Leisure provides leisure services on behalf of the London Borough of Redbridge. This post is located at Fairlop Outdoor Activity Centre.

Vision - Redbridge Culture & Leisure aims to increase participation, accessibility and inclusivity across its services, developing partnerships and sharing best practice throughout facilities.

To apply for the above position please email ajones@vision-rcl.org.uk for an application form



Two Experienced Senior Instructors: (dinghy & windsurf)
To work in a superb coastal location: at SeaSports Southwest:
'Delivering tuition & training to the highest standard.'

You will be working with Tim and the team at SeaSports, where the focus is on high quality personal service.

Development opportunities are good. We are offering a long season 5 days per week (accommodation can be arranged).

Please call Sue or Tim Cox; 01626 772555
 E mail your CV to info@seasports-sw.co.uk or send to SeaSports Southwest, New Quay St, Teignmouth TQ14 8DA

01626 772555
www.seasports-sw.co.uk







Wanted: Lead Watersports Instructors

UKSA is a youth education and maritime training charity.

To apply, please email your CV with a covering letter to sue.hopkins@uksa.org or in writing to Sue Hopkins, HR Co-ordinator, UKSA, Arctic Road, Cowes, Isle of Wight, PO31 7PQ

UKSA is a registered charity no. 299248, Patron: HRH The Princess Royal

PEOPLE WANTED

PEOPLE AVAILABLE



Full time seasonal RYA Instructors – Queen Mary Sailsports

Queen Mary Sailsports is a leading inland Training Centre on the outskirts of London. We are looking to employ RYA Instructors (Dinghy and/or Windsurf) on a full time basis from end of March 2013 until early November 2013 (for the right candidate the contracted finish time may be brought forward to September).

Full induction, personal training and a competitive salary will be available. For more information or to apply (attaching your CV) please contact Vicki Thurston (vicki.thurston@queenmary.org.uk)



Activity Instructors required end of March to end of October 2013

We require keen enthusiastic instructors with experience leading groups in open canoeing and/or dinghy sailing.

Skills in safety boating, hill-walking, mountain biking an advantage. Come and live and work on a large comfortable converted canal barge.

Be part of a fun crew and meet lots of great customers. Learn lots of new skills too. For further information.

info@caledonian-discovery.co.uk
 Tel 01397 772167
www.caledonian-discovery.co.uk



Camel Sailing and Powerboat Centre

Camel Sailing and Powerboat Centre

Job Title: Dinghy Instructor (Tidal)

Location: Rock, Cornwall

Salary: ££s Competitive

The centre is under new management and in search of qualified Dinghy Instructors. Join our professional and friendly team in providing both water and shore-based activities as a Seasonal Instructor.

We offer a variety of courses, with clients ranging from schools and youth groups to adult courses and corporate team-building groups. We are looking for self motivated RYA instructors able to work with initiative and enthusiasm to deliver educational and fun activity sessions and courses.

Please send CVs to:
 Camel Sailing and Powerboat Centre
 The Pontoon, Rock, Cornwall PL27 6LD



Dinghy, windsurf, powerboat & kayak instructors required for summer 2013

Dinghy, windsurf, powerboat & kayak instructors required for summer 2013. Crystal clear water and white sand beaches offering you the UKs most stunning location to spend a season. Excellent rates of pay, accommodation.

Please email cv to sailing@sailingscilly.com
www.sailingscilly.com



RYA yachting instructors

40 hours per week over 5 days, with pro-rata hours for sea phases

The role will involve:

- » Teaching the RYA Sail Cruising Scheme, from Comp Crew to Yachtmaster prep
 - » Teaching shorebased modules
 - » Ensuring the safe running of the boat at sea in accordance with RYA and MCA regulations
- You'll be an RYA Yachtmaster Instructor, with proven industry working and teaching experience. Applications considered from RYA Cruising Instructors where further training may be provided.

Benefits include:

- » Permanent, year round position
- » Working within a structured training program with the opportunity to develop skills and qualifications
- » The possibility of overseas ocean training
- » Use of extensive site facilities and subsidised meals

Please email your CV with a covering letter to susanne.hopkins@uksa.org



Freelance RYA Instructor/Coach/Trainer and Commercial Skipper available

- » RYA Coach Assessor - DI, SI, Racing, Advanced, Keelboat and Multihull Instructor courses
- » RYA Powerboat Trainer - PBI, Advanced PBI courses
- » RYA Advanced Power Examiner - Advanced Power Exams
- » Dinghy and Power course of all levels
- » Commercially Endorsed Advanced Powerboat Skipper
- » Commercially Endorsed Yachtmaster Offshore (sail)
- » RYA Shorebased Instructor - Navigation courses to Yachtmaster Offshore level
- » Club/commercial centre consultancy & documentation – 15 years club/centre management experience
- » Full liability insurance

South coast based but can travel anywhere in UK or overseas
 01992 628403

grahamstones@hotmail.com

Daniel Wakefield - RYA Personal Watercraft Instructor

Experienced instructor, trained in south of France, available for flexible, weekend work anywhere including UK, overseas and international assignments.

Power boating for 25 years. Can use my own safety boat if courses are based in Poole.

I offer competitive rates and I am a dependable resource to work with.

Tel: +44 7813 024 255

Email: devo79@outlook.com

Advertise your jobs here...

Wavelength is the only magazine to go to all RYA instructors. What better place could there be to find your future staff?
wavelength@rya.org.uk