



# NATIONAL SAILING SCHEME

## INSTRUCTOR COURSES

# 2017

Full details of the requirements for Instructor, Senior Instructor and Coach/Assessor Training can be found on the RYA website and are published in the [Dinghy Coaching Handbook and Logbook G14](#).

### INFORMATION IN THIS LEAFLET INCLUDES:

[Pre-Entry Assessments](#)  
[Dinghy Instructor Courses](#)  
[Multihull Instructor Endorsements/Courses](#)  
[Keelboat Instructor Endorsements/Courses](#)  
[Dinghy Senior Instructor Courses](#)  
[Keelboat Senior Instructor Courses](#)  
[Racing Instructor Endorsements](#)  
[Advanced Instructor Endorsements](#)  
[Regional Coaches & Development Officer Contacts](#)

### AS AVAILABLE

Please note that RYA Instructor Certificates are no longer endorsed Inland or Coastal

*All dates are correct at the time of printing.*

*For further information and dates in your area, please contact your [Regional Coach or Development Officer](#) who is listed at the back of this booklet. A fully up-to-date edition of this booklet can also be found on the website at [www.rya.org.uk](http://www.rya.org.uk).*

## WHO TEACHES WHAT?

### RYA National Sailing Scheme & Youth Sailing Scheme\*\*

	<b>National Sailing Scheme in dinghies</b>	<b>National Sailing Scheme in keelboats</b>	<b>National Sailing Scheme in multihulls</b>	<b>Youth Sailing Scheme</b>
<b>Dinghy Instructor</b>	Levels 1,2 & 3, Day Sailing, Seamanship Skills, Sailing with Spinnakers*			Stage 1, 2, 3, 4
<b>Keelboat Instructor</b>		Levels 1,2 & 3, Day Sailing, Seamanship Skills, Sailing with Spinnakers*		Stage 1, 2, 3, 4 in keelboats
<b>Multihull Instructor</b>			Levels 1,2 & 3, Day Sailing, Seamanship Skills, Sailing with Spinnakers*	Stage 1, 2, 3, 4 in multihulls
<b>Advanced Instructor</b>	As Instructor plus Sailing with Spinnakers, Performance Sailing	Sailing with Spinnakers, Performance Sailing (must also be Keelboat Instructor)	Sailing with Spinnakers, Performance Sailing (must also be Multihull Instructor)	
<b>Racing Instructor</b>	As Instructor plus Start Racing, Intermediate Racing*, Advanced Racing*	Start Racing, Intermediate Racing*, Advanced Racing* (must also be Keelboat Instructor)	Start Racing, Intermediate Racing*, Advanced Racing* (must also be Multihull Instructor)	As Instructor plus Start Racing, Intermediate Racing*, Advanced Racing*
<b>Racing Coach Level 2</b>	Start Racing, Intermediate Racing, Advanced Racing*			Start Racing, Intermediate Racing, Advanced Racing*
<b>Racing Coach Level 3</b>	Start Racing, Intermediate Racing, Advanced Racing			Start Racing, Intermediate Racing, Advanced Racing
<b>Dinghy Senior Instructor with Day Skipper Sail or above</b>	Levels 1,2 & 3, Day Sailing, Seamanship Skills, Sailing with Spinnakers*	Levels 1,2 & 3, Day Sailing, Seamanship Skills, Sailing with Spinnakers*		

\*Instructor who is suitably experienced and approved by the Principal or Chief Instructor.

\*\* All RYA tuition should be supervised by a RYA Senior Instructor (see [RYA Recognition Guidance Notes](#) for details).

RYA National Sailing Scheme courses may only be run at an RYA Training Centre. For details of how to become recognised, please contact the RYA Office for a [Recognition Pack](#) and [Application Form](#).

## **RYA ASSISTANT INSTRUCTOR**

Training for this award is carried out by the Principal or Chief Instructor of an RYA Training Centre, and will be valid at that Centre only. Please contact your local Training Centre for details (a full list can be found at [www.rya.org.uk](http://www.rya.org.uk)).

### **ELIGIBILITY FOR THE RYA DINGHY INSTRUCTOR COURSE** **(also applies to RYA Keelboat and Multihull Instructor courses)**

Candidates must fulfil the following criteria **before** taking part in the 5-day instructor training course:

- Minimum age 16 (no candidates will be accepted for training under this age)
- Candidates should be water confident and able to sign the RYA health declaration, confirming they are not suffering from any physical or mental impairment which has an adverse effect on their ability to properly discharge their duty of care as an instructor.
- Valid and [approved](#) first aid certificate (list available on the RYA website)
- [RYA Powerboat Level 2 certificate](#)
- Pre-entry sailing assessment completed within one year prior to the instructor training course (details below)
- [RYA Safe & Fun](#) safeguarding certificate and completed pre-course worksheet
- [RYA member](#)

Full details of eligibility and training requirements are in the RYA publication [G14 Dinghy Coaching Handbook and Logbook](#).

#### **The Instructor Pre-entry Assessment**

The assessment is intended to confirm that the candidate has the sailing ability and background knowledge required of an instructor and will be carried out by an RYA Coach/Assessor. The assessment will ideally be conducted in a minimum wind speed of 11 knots, using a boat of the candidate's choice with a Portsmouth Yardstick of less than 1230. Full details can be found in the [G14 Dinghy Coaching Handbook and Logbook](#).

During the assessment the candidate will be asked to complete the following:

- a) Sail around a triangular course of 100m (minimum) legs to the best of his ability using all the boat's normal equipment, including spinnaker if carried.
- b) Sail a tight circular course around a stationary boat, making only one tack and one gybe.
- c) Sail a 'follow my leader' course behind another boat. The course may include all points of sailing and may be behind another sailing dinghy or behind a powered boat.
- d) Pick up a man overboard dummy; the boat to be stopped and more than one attempt should not be needed.

You may also be asked to complete some of the following:

- e) Sail without a rudder, or with the tiller on a loose elastic around a triangular course. You will be expected to make good progress around the course in a seamanlike manner (not applicable to keelboat or multihull instructor candidates).
- f) Lee shore landing and departure
- g) Anchor or pick up a mooring - wind against tide (if appropriate)
- h) Come along-side a moored boat - wind against tide (if appropriate)
- i) Recover a capsized dinghy and sail away (not keelboats)

During the assessment, the Coach/Assessor will be judging the candidate's preparation for and execution of each of the tasks, including his/her awareness of others.

Candidates should be able to complete the required tasks sailings at all times with an awareness of the 'five essentials', and confirming they can sail in a controlled and confident manner, showing consideration for preparation, communication, approach and execution, at all times.

The pre-entry assessment must be completed before attending the Instructor course. If this has proved impossible due to weather conditions, it may in certain circumstances be completed during the first part of the Instructor course by arrangement with the Training Centre and course Coach/Assessor. No final Instructor assessment will be made of candidates who have not successfully completed the pre-entry test.

### **ELIGIBILITY FOR THE RYA SENIOR INSTRUCTOR COURSE**

Candidates must fulfil the following criteria before taking part in the Dinghy or Keelboat Senior Instructor training course:

- Minimum age 18
- Dinghy Senior Instructor: At least two years intermittent or one year full time instructing since qualifying as an RYA Dinghy or Multihull Instructor
- Keelboat Senior Instructor: At least two years intermittent or one year full time instructing since qualifying as an RYA Keelboat Instructor
- [RYA Safety Boat Certificate](#)
- Valid and [approved](#) first aid certificate (list available on the RYA website)
- Signed recommendation from the Principal of an RYA recognised Training Centre (see G14)
- [RYA Safe & Fun](#) safeguarding certificate and completed pre-course worksheet
- Sailing ability to at least the standard of RYA Instructor (an assessment may be necessary if sailing ability cannot be adequately demonstrated during the training course).

The Senior Instructor course will be run over a minimum of 4 days (or two weekends), preceded by completion of a workbook. Details can be found in the [G14 Dinghy Coaching Handbook and Logbook](#). The [Senior Instructor Workbook](#) can be downloaded from the RYA website.

### **RYA RACING COACH COURSES**

Further information is available on the [RYA website](#), or contact  
Racing Department, RYA House, Ensign Way, Hamble,  
Hants SO31 4YA Tel: 02380 604167

### **RYA COACH/ASSESSOR**

Experienced Senior Instructors holding the Advanced Instructor endorsement may wish to be put forward for RYA Coach/Assessor training. Candidates should contact their [Regional Coach/Development Officer](#) to be nominated for the annual training. Overseas candidates should contact [RYA House](#).

## RYA INSTRUCTOR PRE-ENTRY ASSESSMENTS

Dinghy unless otherwise stated, KB = keelboat

### **February**

5	Southampton Water Activities Centre	02380 915753	<a href="mailto:info@swac.co.uk">info@swac.co.uk</a>
12	Andrew Simpson Sailing Centre, Weymouth	01305 457400	<a href="mailto:weymouth@andrewsimpsonsailing.org">weymouth@andrewsimpsonsailing.org</a>
12	Rockley Watersports, Poole	01202 677272	<a href="mailto:hello@rockley.org">hello@rockley.org</a>
17	Southampton Water Activities Centre	02380 915753	<a href="mailto:info@swac.co.uk">info@swac.co.uk</a>

### **March**

4	Aztec Adventure Ltd, Worcestershire	01527 861426	<a href="mailto:uptonwarren@aztecadventure.co.uk">uptonwarren@aztecadventure.co.uk</a>
5	Cobnor Activities Centre Trust, Chichester	01243 572791	<a href="mailto:sail@cobnor.com">sail@cobnor.com</a>
12	Andrew Simpson Sailing Centre, Weymouth	01305 457400	<a href="mailto:weymouth@andrewsimpsonsailing.org">weymouth@andrewsimpsonsailing.org</a>
12	Bewl Water Outdoor Centre, Kent	03000 415200	<a href="mailto:bewl.water@kent.gov.uk">bewl.water@kent.gov.uk</a>
17	Rockley Watersports, Poole	01202 677272	<a href="mailto:hello@rockley.org">hello@rockley.org</a>
18	Carsington Sports and Leisure, Derbyshire	01629 540478	<a href="mailto:enquiries@carsingtonwater.com">enquiries@carsingtonwater.com</a>
19	Fellowship Afloat Charitable Trust, Essex	01621 868113	<a href="mailto:info@fact.org.uk">info@fact.org.uk</a>
19	Queen Mary Sailing Club, Middlesex	01784 248881	<a href="mailto:sailondon@queenmary.org.uk">sailondon@queenmary.org.uk</a>
19	Rockley Watersports, Poole	01202 677272	<a href="mailto:hello@rockley.org">hello@rockley.org</a>
26	SeaSports Southwest, Teignmouth	01626 772555	<a href="mailto:info@seasports-sw.co.uk">info@seasports-sw.co.uk</a>
26	Southampton Water Activities Centre	02380 915753	<a href="mailto:info@swac.co.uk">info@swac.co.uk</a>
26	Sportscotland National Centre Cumbrae	01475 530757	<a href="mailto:cumbraecentre@sportscotland.org.uk">cumbraecentre@sportscotland.org.uk</a>

### **April**

2	Galloway Activity Centre, Scotland	01556 502011	<a href="mailto:gac@lochken.co.uk">gac@lochken.co.uk</a>
2	Port Edgar Watersports, West Lothian	0131 319 1820	<a href="mailto:bookings@portedgarwatersports.com">bookings@portedgarwatersports.com</a>
5-7	East Anglian Sea School, Suffolk	01473 659992	<a href="mailto:sales@eastanglianseaschool.com">sales@eastanglianseaschool.com</a>
7	Rockley Watersports, Poole	01202 677272	<a href="mailto:hello@rockley.org">hello@rockley.org</a>
7	Southampton Water Activities Centre	02380 915753	<a href="mailto:info@swac.co.uk">info@swac.co.uk</a>
8	Gurnard Sailing Club	01983 295169	<a href="mailto:training@gurnardsc.org.uk">training@gurnardsc.org.uk</a>
9	Rockley Watersports, Poole	01202 677272	<a href="mailto:hello@rockley.org">hello@rockley.org</a>
14	Rockley Watersports, Poole	01202 677272	<a href="mailto:hello@rockley.org">hello@rockley.org</a>
15-16	Plas Menai National Outdoor Centre, North Wales	0300 300 3113	<a href="mailto:info@plasmelai.co.uk">info@plasmelai.co.uk</a>
16	Andrew Simpson Sailing Centre, Weymouth	01305 457400	<a href="mailto:weymouth@andrewsimpsonsailing.org">weymouth@andrewsimpsonsailing.org</a>
16	Rockley Watersports, Poole	01202 677272	<a href="mailto:hello@rockley.org">hello@rockley.org</a>
17	Pembrokeshire Performance Sailing Academy	07967 049885	<a href="mailto:coach@ppsa.co.uk">coach@ppsa.co.uk</a>
22	Cobnor Activities Centre Trust	01243 572791	<a href="mailto:sail@cobnor.com">sail@cobnor.com</a>
29	Essex Outdoors Bradwell	01621 776256	<a href="mailto:bradwell@essexoutdoors.com">bradwell@essexoutdoors.com</a>

### **May**

6	Mount Batten Centre, Plymouth	01752 404567	<a href="mailto:enquiries@mount-batten-centre.com">enquiries@mount-batten-centre.com</a>
13	Cobnor Activities Centre Trust, Chichester	01243 572791	<a href="mailto:sail@cobnor.com">sail@cobnor.com</a>
22	Galloway Activity Centre, Scotland	01556 502011	<a href="mailto:gac@lochken.co.uk">gac@lochken.co.uk</a>
27-28	Plas Menai National Outdoor Centre, North Wales	0300 300 3113	<a href="mailto:info@plasmelai.co.uk">info@plasmelai.co.uk</a>

28	Andrew Simpson Sailing Centre, Weymouth	01305 457400	<a href="mailto:weymouth@andrewsimpsonsailing.org">weymouth@andrewsimpsonsailing.org</a>
28	Rockley Watersports, Poole	01202 677272	<a href="mailto:hello@rockley.org">hello@rockley.org</a>
<b>June</b>			
3	Essex Outdoors Bradwell	01621 776256	<a href="mailto:bradwell@essexoutdoors.com">bradwell@essexoutdoors.com</a>
10	Cobnor Activities Centre Trust, Chichester	01243 572791	<a href="mailto:sail@cobnor.com">sail@cobnor.com</a>
11	Andrew Simpson Sailing Centre, Weymouth	01305 457400	<a href="mailto:weymouth@andrewsimpsonsailing.org">weymouth@andrewsimpsonsailing.org</a>
16	Sportscotland National Centre Cumbrae	01475 530757	<a href="mailto:cumbraecentre@sportscotland.org.uk">cumbraecentre@sportscotland.org.uk</a>
18	Galloway Activity Centre, Scotland	01556 502011	<a href="mailto:gac@lochken.co.uk">gac@lochken.co.uk</a>
18	Sea View Yacht Club, Isle of Wight	01983 613268	<a href="mailto:training@svyc.org.uk">training@svyc.org.uk</a>
23	Flying Fish, Greece	01983 280641	<a href="mailto:emma.baker@flyingfishonline.com">emma.baker@flyingfishonline.com</a>
24	Essex Outdoors Bradwell	01621 776256	<a href="mailto:bradwell@essexoutdoors.com">bradwell@essexoutdoors.com</a>
25	Southampton Water Activities Centre	02380 915753	<a href="mailto:info@swac.co.uk">info@swac.co.uk</a>
<b>July</b>			
2	Galloway Activity Centre, Scotland	01556 502011	<a href="mailto:gac@lochken.co.uk">gac@lochken.co.uk</a>
7	Southampton Water Activities Centre	02380 915753	<a href="mailto:info@swac.co.uk">info@swac.co.uk</a>
8	Cobnor Activities Centre Trust, Chichester	01243 572791	<a href="mailto:sail@cobnor.com">sail@cobnor.com</a>
9	Andrew Simpson Sailing Centre, Weymouth	01305 457400	<a href="mailto:weymouth@andrewsimpsonsailing.org">weymouth@andrewsimpsonsailing.org</a>
9	Rockley Watersports, Poole	01202 677272	<a href="mailto:hello@rockley.org">hello@rockley.org</a>
9	Sea View Yacht Club, Isle of Wight	01983 613268	<a href="mailto:training@svyc.org.uk">training@svyc.org.uk</a>
14	Rockley Watersports, Poole	01202 677272	<a href="mailto:hello@rockley.org">hello@rockley.org</a>
16	Queen Mary Sailing Club, Middlesex	01784 248881	<a href="mailto:sailondon@queenmary.org.uk">sailondon@queenmary.org.uk</a>
16	Sea View Yacht Club, Isle of Wight	01983 613268	<a href="mailto:training@svyc.org.uk">training@svyc.org.uk</a>
16 (KB)	Sea View Yacht Club, Isle of Wight	01983 613268	<a href="mailto:training@svyc.org.uk">training@svyc.org.uk</a>
16	Rockley Watersports, Poole	01202 677272	<a href="mailto:hello@rockley.org">hello@rockley.org</a>
21	Rockley Watersports, Poole	01202 677272	<a href="mailto:hello@rockley.org">hello@rockley.org</a>
22-23	Plas Menai National Outdoor Centre, North Wales	0300 300 3113	<a href="mailto:info@plasmelai.co.uk">info@plasmelai.co.uk</a>
23	Rockley Watersports, Poole	01202 677272	<a href="mailto:hello@rockley.org">hello@rockley.org</a>
28	Rockley Watersports, Poole	01202 677272	<a href="mailto:hello@rockley.org">hello@rockley.org</a>
30	Galloway Activity Centre, Scotland	01556 502011	<a href="mailto:gac@lochken.co.uk">gac@lochken.co.uk</a>
30	Pembrokeshire Performance Sailing Academy	07967 049885	<a href="mailto:coach@ppsa.co.uk">coach@ppsa.co.uk</a>
30	Rockley Watersports, Poole	01202 677272	<a href="mailto:hello@rockley.org">hello@rockley.org</a>
<b>August</b>			
4	Flying Fish, Greece	01983 280641	<a href="mailto:emma.baker@flyingfishonline.com">emma.baker@flyingfishonline.com</a>
4	Rockley Watersports, Poole	01202 677272	<a href="mailto:hello@rockley.org">hello@rockley.org</a>
5-6	Plas Menai National Outdoor Centre, North Wales	0300 300 3113	<a href="mailto:info@plasmelai.co.uk">info@plasmelai.co.uk</a>
6	Andrew Simpson Sailing Centre, Weymouth	01305 457400	<a href="mailto:weymouth@andrewsimpsonsailing.org">weymouth@andrewsimpsonsailing.org</a>
6	Port Edgar Watersports, West Lothian	0131 319 1820	<a href="mailto:bookings@portedarwatersports.com">bookings@portedarwatersports.com</a>
6	Rockley Watersports, Poole	01202 677272	<a href="mailto:hello@rockley.org">hello@rockley.org</a>
6	Sportscotland National Centre Cumbrae	01475 530757	<a href="mailto:cumbraecentre@sportscotland.org.uk">cumbraecentre@sportscotland.org.uk</a>
11	Rockley Watersports, Poole	01202 677272	<a href="mailto:hello@rockley.org">hello@rockley.org</a>

12	Cobnor Activities Centre Trust	01243 572791	<a href="mailto:sail@cobnor.com">sail@cobnor.com</a>
12	Essex Outdoors Bradwell	01621 776256	<a href="mailto:bradwell@essexoutdoors.com">bradwell@essexoutdoors.com</a>
13	Rockley Watersports, Poole	01202 677272	<a href="mailto:hello@rockley.org">hello@rockley.org</a>
18	Rockley Watersports, Poole	01202 677272	<a href="mailto:hello@rockley.org">hello@rockley.org</a>
19-20	Plas Menai National Outdoor Centre, North Wales	0300 300 3113	<a href="mailto:info@plasmenai.co.uk">info@plasmenai.co.uk</a>
20	Galloway Activity Centre, Scotland	01556 502011	<a href="mailto:gac@lochken.co.uk">gac@lochken.co.uk</a>
20	Rockley Watersports, Poole	01202 677272	<a href="mailto:hello@rockley.org">hello@rockley.org</a>
20	Southampton Water Activities Centre	02380 915753	<a href="mailto:info@swac.co.uk">info@swac.co.uk</a>
25	Hillingdon Outdoor Activities Centre, Middlesex	01895 824171	<a href="mailto:admin@hoac.net">admin@hoac.net</a>
25	Rockley Watersports, Poole	01202 677272	<a href="mailto:hello@rockley.org">hello@rockley.org</a>
27	Andrew Simpson Sailing Centre, Weymouth	01305 457400	<a href="mailto:weymouth@andrewsimpsonsailing.org">weymouth@andrewsimpsonsailing.org</a>
27	Rockley Watersports, Poole	01202 677272	<a href="mailto:hello@rockley.org">hello@rockley.org</a>
<b>September</b>			
1	Southampton Water Activities Centre	02380 915753	<a href="mailto:info@swac.co.uk">info@swac.co.uk</a>
3	Essex Outdoors Bradwell	01621 776256	<a href="mailto:bradwell@essexoutdoors.com">bradwell@essexoutdoors.com</a>
9	Cobnor Activities Centre Trust, Chichester	01243 572791	<a href="mailto:sail@cobnor.com">sail@cobnor.com</a>
17	Bewl Water Outdoor Centre, Kent	03000 415200	<a href="mailto:bewl.water@kent.gov.uk">bewl.water@kent.gov.uk</a>
22	Flying Fish, Greece	01983 280641	<a href="mailto:emma.baker@flyingfishonline.com">emma.baker@flyingfishonline.com</a>
23	Essex Outdoors Bradwell	01621 776256	<a href="mailto:bradwell@essexoutdoors.com">bradwell@essexoutdoors.com</a>
24	Andrew Simpson Sailing Centre, Weymouth	01305 457400	<a href="mailto:weymouth@andrewsimpsonsailing.org">weymouth@andrewsimpsonsailing.org</a>
<b>October</b>			
1	Sportscotland National Centre Cumbrae	01475 530757	<a href="mailto:cumbraecentre@sportscotland.org.uk">cumbraecentre@sportscotland.org.uk</a>
8	Southampton Water Activities Centre	02380 915753	<a href="mailto:info@swac.co.uk">info@swac.co.uk</a>
15	Queen Mary Sailing Club, Middlesex	01784 248881	<a href="mailto:sailondon@queenmary.org.uk">sailondon@queenmary.org.uk</a>
20	Southampton Water Activities Centre	02380 915753	<a href="mailto:info@swac.co.uk">info@swac.co.uk</a>
21	Cobnor Activities Centre Trust, Chichester	01243 572791	<a href="mailto:sail@cobnor.com">sail@cobnor.com</a>
22	Andrew Simpson Sailing Centre, Weymouth	01305 457400	<a href="mailto:weymouth@andrewsimpsonsailing.org">weymouth@andrewsimpsonsailing.org</a>
22	Galloway Activity Centre, Scotland	01556 502011	<a href="mailto:gac@lochken.co.uk">gac@lochken.co.uk</a>
22	Rockley Watersports, Poole	01202 677272	<a href="mailto:hello@rockley.org">hello@rockley.org</a>
27	Rockley Watersports, Poole	01202 677272	<a href="mailto:hello@rockley.org">hello@rockley.org</a>
28-29	Plas Menai National Outdoor Centre, North Wales	0300 300 3113	<a href="mailto:info@plasmenai.co.uk">info@plasmenai.co.uk</a>
29	Rockley Watersports, Poole	01202 677272	<a href="mailto:hello@rockley.org">hello@rockley.org</a>
<b>November</b>			
12	Andrew Simpson Sailing Centre, Weymouth	01305 457400	<a href="mailto:weymouth@andrewsimpsonsailing.org">weymouth@andrewsimpsonsailing.org</a>
18	Grafham Water Centre, Huntingdon	01480 810521	<a href="mailto:info@grafham-water-centre.co.uk">info@grafham-water-centre.co.uk</a>
<b>December</b>			
9-10	Plas Menai National Outdoor Centre, North Wales	0300 300 3113	<a href="mailto:info@plasmenai.co.uk">info@plasmenai.co.uk</a>
10	Andrew Simpson Sailing Centre, Weymouth	01305 457400	<a href="mailto:weymouth@andrewsimpsonsailing.org">weymouth@andrewsimpsonsailing.org</a>
<b>On demand</b>			
	Southampton Water Activities Centre	02380 915753	<a href="mailto:info@swac.co.uk">info@swac.co.uk</a>

## **RYA DINGHY INSTRUCTOR COURSES**

Minimum 5 day course (two day endorsement for Multihull or Keelboat Instructors).

### **February**

13-17	Andrew Simpson Sailing Centre, Weymouth	01305 457400	<a href="mailto:weymouth@andrewsimpsonsailing.org">weymouth@andrewsimpsonsailing.org</a>
13-17	Rockley Watersports, Poole	01202 677272	<a href="mailto:hello@rockley.org">hello@rockley.org</a>
20-24	Southampton Water Activities Centre	02380 915753	<a href="mailto:info@swac.co.uk">info@swac.co.uk</a>

### **March**

4-5, 11 & 18-19	Aztec Adventure Ltd, Worcestershire	01527 861426	<a href="mailto:uptonwarren@aztecadventure.co.uk">uptonwarren@aztecadventure.co.uk</a>
4-5, 18-19 & 1-2	Norfolk Schools Sailing Association	01603 812230	<a href="mailto:principal@nssa.co.uk">principal@nssa.co.uk</a>
13-17	Andrew Simpson Sailing Centre, Weymouth	01305 457400	<a href="mailto:weymouth@andrewsimpsonsailing.org">weymouth@andrewsimpsonsailing.org</a>
20-24	Rockley Watersports, Poole	01202 677272	<a href="mailto:hello@rockley.org">hello@rockley.org</a>
27-31	University of Southampton	02380 592119	<a href="mailto:sportandwellbeing@soton.ac.uk">sportandwellbeing@soton.ac.uk</a>

### **April**

2-7	Fellowship Afloat Charitable Trust, Essex	01621 868113	<a href="mailto:info@fact.org.uk">info@fact.org.uk</a>
3-7	Bewl Water Outdoor Centre, Kent	03000 415200	<a href="mailto:bewl.water@kent.gov.uk">bewl.water@kent.gov.uk</a>
3-7	Buzz Active, Eastbourne	01323 417023	<a href="mailto:info@buzzactive.org.uk">info@buzzactive.org.uk</a>
3-7	Galloway Activity Centre, Scotland	01556 502011	<a href="mailto:gac@lochken.co.uk">gac@lochken.co.uk</a>
3-7	Port Edgar Watersports, West Lothian	0131 319 1820	<a href="mailto:bookings@portedarwatersports.com">bookings@portedarwatersports.com</a>
3-7	Queen Mary Sailing Club, Middlesex	01784 248881	<a href="mailto:sailondon@queenmary.org.uk">sailondon@queenmary.org.uk</a>
3-7	SeaSports Southwest, Teignmouth	01626 772555	<a href="mailto:info@seasports-sw.co.uk">info@seasports-sw.co.uk</a>
7-11	Port Edgar Watersports, West Lothian	0131 319 1820	<a href="mailto:bookings@portedarwatersports.com">bookings@portedarwatersports.com</a>
9-13	Cobnor Activities Centre Trust, Chichester	01243 572791	<a href="mailto:sail@cobnor.com">sail@cobnor.com</a>
10-14	Carsington Sports and Leisure, Derbyshire	01629 540478	<a href="mailto:enquiries@carsingtonwater.com">enquiries@carsingtonwater.com</a>
10-14	East Anglian Sea School, Suffolk	01473 659992	<a href="mailto:sales@eastanglianseaschool.com">sales@eastanglianseaschool.com</a>
10-14	Gurnard Sailing Club	01983 295169	<a href="mailto:training@gurnardsc.org.uk">training@gurnardsc.org.uk</a>
10-14	Rockley Watersports, Poole	01202 677272	<a href="mailto:hello@rockley.org">hello@rockley.org</a>
10-14	Southampton Water Activities Centre	02380 915753	<a href="mailto:info@swac.co.uk">info@swac.co.uk</a>
10-14	Sportscotland National Centre Cumbrae	01475 530757	<a href="mailto:cumbraecentre@sportscotland.org.uk">cumbraecentre@sportscotland.org.uk</a>
10-15	Tighnabruaich Sailing School, Argyll	01700 811717	<a href="mailto:enquiries@tssargyll.co.uk">enquiries@tssargyll.co.uk</a>
15-19	Aqua Sports Company, Surrey	01737 644288	<a href="mailto:info@aquasports.co.uk">info@aquasports.co.uk</a>
17-21	Andrew Simpson Sailing Centre, Weymouth	01305 457400	<a href="mailto:weymouth@andrewsimpsonsailing.org">weymouth@andrewsimpsonsailing.org</a>
17-21	Plas Menai National Outdoor Centre, North Wales	0300 300 3113	<a href="mailto:info@plasmelai.co.uk">info@plasmelai.co.uk</a>
17-21	Rockley Watersports, Poole	01202 677272	<a href="mailto:hello@rockley.org">hello@rockley.org</a>
18-22	Pembrokeshire Performance Sailing Academy	07967 049885	<a href="mailto:coach@ppsa.co.uk">coach@ppsa.co.uk</a>

### **May**

22-26	Galloway Activity Centre, Scotland	01556 502011	<a href="mailto:gac@lochken.co.uk">gac@lochken.co.uk</a>
29-2 June	Andrew Simpson Sailing Centre, Weymouth	01305 457400	<a href="mailto:weymouth@andrewsimpsonsailing.org">weymouth@andrewsimpsonsailing.org</a>
29-2 June	Mount Batten Centre, Plymouth	01752 404567	<a href="mailto:enquiries@mount-batten-centre.com">enquiries@mount-batten-centre.com</a>



29-2 June	Plas Menai National Outdoor Centre, North Wales	0300 300 3113	<a href="mailto:info@plasmenai.co.uk">info@plasmenai.co.uk</a>
29-2 June	Rockley Watersports, Poole	01202 677272	<a href="mailto:hello@rockley.org">hello@rockley.org</a>
<b>June</b>			
4-10	Seafarer Training - Nikiana BC	0208 324 3118	<a href="mailto:academy@seafarerholidays.com">academy@seafarerholidays.com</a>
12-16	Andrew Simpson Sailing Centre, Weymouth	01305 457400	<a href="mailto:weymouth@andrewsimpsonsailing.org">weymouth@andrewsimpsonsailing.org</a>
19-23	Galloway Activity Centre, Scotland	01556 502011	<a href="mailto:gac@lochken.co.uk">gac@lochken.co.uk</a>
19-23	Sea View Yacht Club, Isle of Wight	01983 613268	<a href="mailto:training@svyc.org.uk">training@svyc.org.uk</a>
19-23	Sportscotland National Centre Cumbrae	01475 530757	<a href="mailto:cumbraecentre@sportscotland.org.uk">cumbraecentre@sportscotland.org.uk</a>
26-30	Flying Fish, Greece	01983 280641	<a href="mailto:emma.baker@flyingfishonline.com">emma.baker@flyingfishonline.com</a>
<b>July</b>			
2-8	Seafarer Training - Nikiana BC	0208 324 3118	<a href="mailto:academy@seafarerholidays.com">academy@seafarerholidays.com</a>
3-7	Mylor Sailing School, Falmouth	01326 377633	<a href="mailto:info@mylorsailingschool.co.uk">info@mylorsailingschool.co.uk</a>
10-14	Andrew Simpson Sailing Centre, Weymouth	01305 457400	<a href="mailto:weymouth@andrewsimpsonsailing.org">weymouth@andrewsimpsonsailing.org</a>
10-14	Cobnor Activities Centre Trust, Chichester	01243 572791	<a href="mailto:sail@cobnor.com">sail@cobnor.com</a>
10-14	Galloway Activity Centre, Scotland	01556 502011	<a href="mailto:gac@lochken.co.uk">gac@lochken.co.uk</a>
10-14	Guernsey Sailing Trust	01481 710877	<a href="mailto:info@sailingtrust.org.gg">info@sailingtrust.org.gg</a>
10-14	Rockley Watersports, Poole	01202 677272	<a href="mailto:hello@rockley.org">hello@rockley.org</a>
10-14	Sea View Yacht Club, Isle of Wight	01983 613268	<a href="mailto:training@svyc.org.uk">training@svyc.org.uk</a>
10-14	Southampton Water Activities Centre	02380 915753	<a href="mailto:info@swac.co.uk">info@swac.co.uk</a>
17-21	7th Wave Ltd, Isle of Man	01624 836366	<a href="mailto:jen@7thwave-iom.com">jen@7thwave-iom.com</a>
17-21	Essex Outdoors Bradwell	01621 776256	<a href="mailto:bradwell@essexoutdoors.com">bradwell@essexoutdoors.com</a>
17-21	Rockley Watersports, Poole	01202 677272	<a href="mailto:hello@rockley.org">hello@rockley.org</a>
17-21	Sea View Yacht Club, Isle of Wight	01983 613268	<a href="mailto:training@svyc.org.uk">training@svyc.org.uk</a>
24-28	Essex Outdoors Bradwell	01621 776256	<a href="mailto:bradwell@essexoutdoors.com">bradwell@essexoutdoors.com</a>
24-28	Horizon Watersports, Greece	0044 7871 401 674	<a href="mailto:info@horizonwatersports.co.uk">info@horizonwatersports.co.uk</a>
24-28	Plas Menai National Outdoor Centre, North Wales	0300 300 3113	<a href="mailto:info@plasmenai.co.uk">info@plasmenai.co.uk</a>
24-28	Queen Mary Sailing Club, Middlesex	01784 248881	<a href="mailto:sailondon@queenmary.org.uk">sailondon@queenmary.org.uk</a>
24-28	Rockley Watersports, Poole	01202 677272	<a href="mailto:hello@rockley.org">hello@rockley.org</a>
31-4 Aug	Felpham Sailing Club, West Sussex	01243 587883	<a href="mailto:felphamsailingclub@gmail.com">felphamsailingclub@gmail.com</a>
31-4 Aug	Galloway Activity Centre, Scotland	01556 502011	<a href="mailto:gac@lochken.co.uk">gac@lochken.co.uk</a>
31-4 Aug	Rockley Watersports, Poole	01202 677272	<a href="mailto:hello@rockley.org">hello@rockley.org</a>
31-4 Aug	Pembrokeshire Performance Sailing Academy	07967 049885	<a href="mailto:coach@ppsa.co.uk">coach@ppsa.co.uk</a>
<b>August</b>			
7-11	Andrew Simpson Sailing Centre, Weymouth	01305 457400	<a href="mailto:weymouth@andrewsimpsonsailing.org">weymouth@andrewsimpsonsailing.org</a>
7-11	Flying Fish, Greece	01983 280641	<a href="mailto:emma.baker@flyingfishonline.com">emma.baker@flyingfishonline.com</a>
7-11	Plas Menai National Outdoor Centre, North Wales	0300 300 3113	<a href="mailto:info@plasmenai.co.uk">info@plasmenai.co.uk</a>
7-11	Rockley Watersports, Poole	01202 677272	<a href="mailto:hello@rockley.org">hello@rockley.org</a>
13-18	Royal Varuna Yacht, Thailand	+66 (0)909 139736	<a href="mailto:jordan@varuna.org">jordan@varuna.org</a>
14-18	Cobnor Activities Centre Trust, Chichester	01243 572791	<a href="mailto:sail@cobnor.com">sail@cobnor.com</a>

14-18	Rockley Watersports, Poole	01202 677272	<a href="mailto:hello@rockley.org">hello@rockley.org</a>
14-18	Sportscotland National Centre Cumbrae	01475 530757	<a href="mailto:cumbraecentre@sportscotland.org.uk">cumbraecentre@sportscotland.org.uk</a>
21-25	Galloway Activity Centre, Scotland	01556 502011	<a href="mailto:gac@lochken.co.uk">gac@lochken.co.uk</a>
21-25	Plas Menai National Outdoor Centre, North Wales	0300 300 3113	<a href="mailto:info@plasmenai.co.uk">info@plasmenai.co.uk</a>
21-25	Rockley Watersports, Poole	01202 677272	<a href="mailto:hello@rockley.org">hello@rockley.org</a>
21-26	Tighnabruaich Sailing School, Argyll	01700 811717	<a href="mailto:enquiries@tssargyll.co.uk">enquiries@tssargyll.co.uk</a>
28-1 Sep	Andrew Simpson Sailing Centre, Weymouth	01305 457400	<a href="mailto:weymouth@andrewsimpsonsailing.org">weymouth@andrewsimpsonsailing.org</a>
28-1 Sep	Rockley Watersports, Poole	01202 677272	<a href="mailto:hello@rockley.org">hello@rockley.org</a>
29-2 Sep	Mylor Sailing School, Falmouth	01326 377633	<a href="mailto:info@mylorsailingschool.co.uk">info@mylorsailingschool.co.uk</a>
<b>September</b>			
4-8	Southampton Water Activities Centre	02380 915753	<a href="mailto:info@swac.co.uk">info@swac.co.uk</a>
24-30	Seafarer Training - Nikiana BC	0208 324 3118	<a href="mailto:academy@seafarerholidays.com">academy@seafarerholidays.com</a>
25-29	Andrew Simpson Sailing Centre, Weymouth	01305 457400	<a href="mailto:weymouth@andrewsimpsonsailing.org">weymouth@andrewsimpsonsailing.org</a>
25-29	Flying Fish, Greece	01983 280641	<a href="mailto:emma.baker@flyingfishonline.com">emma.baker@flyingfishonline.com</a>
<b>October</b>			
16-20	Sportscotland National Centre Cumbrae	01475 530757	<a href="mailto:cumbraecentre@sportscotland.org.uk">cumbraecentre@sportscotland.org.uk</a>
23-27	Andrew Simpson Sailing Centre, Weymouth	01305 457400	<a href="mailto:weymouth@andrewsimpsonsailing.org">weymouth@andrewsimpsonsailing.org</a>
23-27	Bewl Water Outdoor Centre, Kent	03000 415200	<a href="mailto:bewl.water@kent.gov.uk">bewl.water@kent.gov.uk</a>
23-27	Essex Outdoors Bradwell	01621 776256	<a href="mailto:bradwell@essexoutdoors.com">bradwell@essexoutdoors.com</a>
23-27	Galloway Activity Centre, Scotland	01556 502011	<a href="mailto:gac@lochken.co.uk">gac@lochken.co.uk</a>
23-27	Hillingdon Outdoor Activities Centre, Middlesex	01895 824171	<a href="mailto:admin@hoac.net">admin@hoac.net</a>
23-27	Queen Mary Sailing Club, Middlesex	01784 248881	<a href="mailto:sailondon@queenmary.org.uk">sailondon@queenmary.org.uk</a>
23-27	Rockley Watersports, Poole	01202 677272	<a href="mailto:hello@rockley.org">hello@rockley.org</a>
23-27	Southampton Water Activities Centre	02380 915753	<a href="mailto:info@swac.co.uk">info@swac.co.uk</a>
30-3 Nov	Plas Menai National Outdoor Centre, North Wales	0300 300 3113	<a href="mailto:info@plasmenai.co.uk">info@plasmenai.co.uk</a>
30-3 Nov	Rockley Watersports, Poole	01202 677272	<a href="mailto:hello@rockley.org">hello@rockley.org</a>
<b>November</b>			
13-17	Andrew Simpson Sailing Centre, Weymouth	01305 457400	<a href="mailto:weymouth@andrewsimpsonsailing.org">weymouth@andrewsimpsonsailing.org</a>
<b>December</b>			
2-6	Grafham Water Centre, Huntingdon	01480 810521	<a href="mailto:info@grafham-water-centre.co.uk">info@grafham-water-centre.co.uk</a>
11-15	Andrew Simpson Sailing Centre, Weymouth	01305 457400	<a href="mailto:weymouth@andrewsimpsonsailing.org">weymouth@andrewsimpsonsailing.org</a>
11-15	Plas Menai National Outdoor Centre, North Wales	0300 300 3113	<a href="mailto:info@plasmenai.co.uk">info@plasmenai.co.uk</a>

## **RACING INSTRUCTOR ENDORSEMENT**

One day endorsement for existing Instructors

### **February**

11-12 Southampton Water Activities Centre 02380 915753 [info@swac.co.uk](mailto:info@swac.co.uk)

### **May**

13-14 Southampton Water Activities Centre 02380 915753 [info@swac.co.uk](mailto:info@swac.co.uk)

### **July**

22-23 Oxford Sail Training Trust 01865 865 551 [paul@oxfordsailtraining.co.uk](mailto:paul@oxfordsailtraining.co.uk)

### **September**

21-22 Flying Fish, Greece 01983 280641 [emma.baker@flyingfishonline.com](mailto:emma.baker@flyingfishonline.com)

### **On demand**

Rockley Watersports, Poole 01202 677272 [hello@rockley.org](mailto:hello@rockley.org)

## **MULTIHULL INSTRUCTOR ENDORSEMENT/COURSE**

2 day endorsement plus pre-entry assessment for Dinghy or Keelboat Instructors or 5 day course

### **January**

3-5 Colwyn Bay Watersports, Wales 01492 437177 [info@colwynbaywatersports.co.uk](mailto:info@colwynbaywatersports.co.uk)

### **February**

27-28 Southampton Water Activities Centre 02380 915753 [info@swac.co.uk](mailto:info@swac.co.uk)

### **March**

18-19 Plas Menai National Outdoor Centre, North Wales 0300 300 3113 [info@plasmenai.co.uk](mailto:info@plasmenai.co.uk)

### **April**

27-28 Southampton Water Activities Centre 02380 915753 [info@swac.co.uk](mailto:info@swac.co.uk)

### **May**

6-7 Essex Outdoors Bradwell 01621 776256 [bradwell@essexoutdoors.com](mailto:bradwell@essexoutdoors.com)

### **August**

17-18 Southampton Water Activities Centre 02380 915753 [info@swac.co.uk](mailto:info@swac.co.uk)

### **September**

2-3 Oxford Sail Training Trust 01865 865 551 [paul@oxfordsailtraining.co.uk](mailto:paul@oxfordsailtraining.co.uk)  
17-18 Flying Fish, Greece 01983 280641 [emma.baker@flyingfishonline.com](mailto:emma.baker@flyingfishonline.com)

### **October**

30-31 Southampton Water Activities Centre 02380 915753 [info@swac.co.uk](mailto:info@swac.co.uk)

### **On demand**

Rockley Watersports, Poole 01202 677272 [hello@rockley.org](mailto:hello@rockley.org)

## **KEELBOAT INSTRUCTOR ENDORSEMENT/COURSE**

5 day course (C) or 2 day endorsement (E) plus pre-entry assessment for Dinghy or Multihull Instructors

### **January**

23-24 (E) Southampton Water Activities Centre 02380 915753 [info@swac.co.uk](mailto:info@swac.co.uk)

### **April**

1-2 (E) Pembrokeshire Performance Sailing Academy 07967 049885 [coach@ppsa.co.uk](mailto:coach@ppsa.co.uk)

3-4 (E) Mylor Sailing School, Falmouth 01326 377633 [info@mylorsailingschool.co.uk](mailto:info@mylorsailingschool.co.uk)

3-4 (E) Southampton Water Activities Centre 02380 915753 [info@swac.co.uk](mailto:info@swac.co.uk)

### **June**

24-25 (E) Port Edgar Watersports, West Lothian 0131 319 1820 [bookings@portedarwatersports.com](mailto:bookings@portedarwatersports.com)

<b>July</b>			
17-21 (C)	Sea View Yacht Club, Isle of Wight	01983 613268	<a href="mailto:training@svyc.org.uk">training@svyc.org.uk</a>
<b>August</b>			
14-15 (E)	Southampton Water Activities Centre	02380 915753	<a href="mailto:info@swac.co.uk">info@swac.co.uk</a>
<b>October</b>			
7-8 (E)	Mount Batten Centre, Plymouth	01752 404567	<a href="mailto:enquiries@mount-batten-centre.com">enquiries@mount-batten-centre.com</a>
17-18 (E)	Southampton Water Activities Centre	02380 915753	<a href="mailto:info@swac.co.uk">info@swac.co.uk</a>

### **RYA DINGHY SENIOR INSTRUCTOR COURSES**

Minimum 4 day course. The course may be run over a week, or a number of weekends.

<b>January</b>			
30-2 Feb	Mount Batten Centre, Plymouth	01752 404567	<a href="mailto:enquiries@mount-batten-centre.com">enquiries@mount-batten-centre.com</a>
<b>February</b>			
13-16	Andrew Simpson Sailing Centre, Weymouth	01305 457400	<a href="mailto:weymouth@andrewsimpsonsailing.org">weymouth@andrewsimpsonsailing.org</a>
13-16	Rockley Watersports, Poole	01202 677272	<a href="mailto:hello@rockley.org">hello@rockley.org</a>
<b>March</b>			
4-5 & 1-2 April	Cobnor Activities Centre Trust, Chichester	01243 572791	<a href="mailto:sail@cobnor.com">sail@cobnor.com</a>
18-19 & 1-2 April	RYA Midlands at tbc	<a href="https://www.rya.org.uk/projects/event-booking/Pages/booking-form.aspx">https://www.rya.org.uk/projects/event-booking/Pages/booking-form.aspx</a>	
30-2 April	Mylor Sailing School, Falmouth	01326 377633	<a href="mailto:info@mylorsailingschool.co.uk">info@mylorsailingschool.co.uk</a>
<b>April</b>			
3-6	Rockley Watersports, Poole	01202 677272	<a href="mailto:hello@rockley.org">hello@rockley.org</a>
10-13	Andrew Simpson Sailing Centre, Weymouth	01305 457400	<a href="mailto:weymouth@andrewsimpsonsailing.org">weymouth@andrewsimpsonsailing.org</a>
13-16	Plas Menai National Outdoor Centre, North Wales	0300 300 3113	<a href="mailto:info@plasmenai.co.uk">info@plasmenai.co.uk</a>
14-17	Sportscotland National Centre Cumbrae	01475 530757	<a href="mailto:cumbraecentre@sportscotland.org.uk">cumbraecentre@sportscotland.org.uk</a>
18-21	Southampton Water Activities Centre	02380 915753	<a href="mailto:info@swac.co.uk">info@swac.co.uk</a>
22-23 & 6-7 May	RYA Midlands at Toddbrook SC	<a href="https://www.rya.org.uk/projects/event-booking/Pages/booking-form.aspx">https://www.rya.org.uk/projects/event-booking/Pages/booking-form.aspx</a>	
<b>May</b>			
29-1 June	Andrew Simpson Sailing Centre, Weymouth	01305 457400	<a href="mailto:weymouth@andrewsimpsonsailing.org">weymouth@andrewsimpsonsailing.org</a>
29-1 June	Rockley Watersports, Poole	01202 677272	<a href="mailto:hello@rockley.org">hello@rockley.org</a>
30-2 June	Pembrokeshire Performance Sailing Academy	07967 049885	<a href="mailto:coach@ppsa.co.uk">coach@ppsa.co.uk</a>
<b>July</b>			
3-6	Andrew Simpson Sailing Centre, Weymouth	01305 457400	<a href="mailto:weymouth@andrewsimpsonsailing.org">weymouth@andrewsimpsonsailing.org</a>
3-6	Sea View Yacht Club, Isle of Wight	01983 613268	<a href="mailto:training@svyc.org.uk">training@svyc.org.uk</a>
4-7	Southampton Water Activities Centre	02380 915753	<a href="mailto:info@swac.co.uk">info@swac.co.uk</a>
<b>August</b>			
17-20	Royal Varuna Yacht, Thailand	+66 (0)909 139736	<a href="mailto:jordan@varuna.org">jordan@varuna.org</a>
<b>September</b>			
4-7	Rockley Watersports, Poole	01202 677272	<a href="mailto:hello@rockley.org">hello@rockley.org</a>
<b>October</b>			
7-8 & 14-15	Port Edgar Watersports, West Lothian	0131 319 1820	<a href="mailto:bookings@portedarwatersports.com">bookings@portedarwatersports.com</a>

23-26	Andrew Simpson Sailing Centre, Weymouth	01305 457400	<a href="mailto:weymouth@andrewsimpsonsailing.org">weymouth@andrewsimpsonsailing.org</a>
23-26	Rockley Watersports, Poole	01202 677272	<a href="mailto:hello@rockley.org">hello@rockley.org</a>
23-26	Southampton Water Activities Centre	02380 915753	<a href="mailto:info@swac.co.uk">info@swac.co.uk</a>
<b>November</b>			
2-5	Plas Menai National Outdoor Centre, North Wales	0300 300 3113	<a href="mailto:info@plasmennai.co.uk">info@plasmennai.co.uk</a>
18-19 & 25-26	Mount Batten Centre, Plymouth	01752 404567	<a href="mailto:enquiries@mount-batten-centre.com">enquiries@mount-batten-centre.com</a>

### **RYA KEELBOAT SENIOR INSTRUCTOR COURSES**

Minimum 4 day course. The course may be run over a week, or a number of weekends.

#### **March**

11-12 & 18-19	Rutland Sailing Club, East Midlands	01780 720292	<a href="mailto:info@rutlandsailingschool.co.uk">info@rutlandsailingschool.co.uk</a>
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### **ADVANCED INSTRUCTOR ENDORSEMENT**

A two day endorsement for existing Dinghy, Keelboat or Multihull Instructors

#### **February**

18-19	Bartley Sailing Club, Birmingham	0121 477 5872	<a href="mailto:training@bartleysailingclub.com">training@bartleysailingclub.com</a>
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#### **March**

11-12	Southampton Water Activities Centre	02380 915753	<a href="mailto:info@swac.co.uk">info@swac.co.uk</a>
25-26	Plas Menai National Outdoor Centre, North Wales	0300 300 3113	<a href="mailto:info@plasmennai.co.uk">info@plasmennai.co.uk</a>

#### **April**

8-9	Pembrokeshire Performance Sailing Academy	07967 049885	<a href="mailto:coach@ppsa.co.uk">coach@ppsa.co.uk</a>
22-23	Sportscotland National Centre Cumbrae	01475 530757	<a href="mailto:cumbraecentre@sportscotland.org.uk">cumbraecentre@sportscotland.org.uk</a>

#### **June**

10-11	Southampton Water Activities Centre	02380 915753	<a href="mailto:info@swac.co.uk">info@swac.co.uk</a>
17-18	Pembrokeshire Performance Sailing Academy	07967 049885	<a href="mailto:coach@ppsa.co.uk">coach@ppsa.co.uk</a>

#### **July**

1-2	Oxford Sail Training Trust	01865 865 551	<a href="mailto:paul@oxfordsailtraining.co.uk">paul@oxfordsailtraining.co.uk</a>
3-4	Sea View Yacht Club, Isle of Wight	01983 613268	<a href="mailto:training@svyc.org.uk">training@svyc.org.uk</a>

#### **August**

1-2	Sea View Yacht Club, Isle of Wight	01983 613268	<a href="mailto:training@svyc.org.uk">training@svyc.org.uk</a>
26-27	Port Edgar Watersports, West Lothian	0131 319 1820	<a href="mailto:bookings@portedgarwatersports.com">bookings@portedgarwatersports.com</a>
26-27	Sportscotland National Centre Cumbrae	01475 530757	<a href="mailto:cumbraecentre@sportscotland.org.uk">cumbraecentre@sportscotland.org.uk</a>

#### **September**

19-20	Flying Fish, Greece	01983 280641	<a href="mailto:emma.baker@flyingfishonline.com">emma.baker@flyingfishonline.com</a>
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#### **October**

28-29	Southampton Water Activities Centre	02380 915753	<a href="mailto:info@swac.co.uk">info@swac.co.uk</a>
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#### **On demand**

	Rockley Watersports, Poole	01202 677272	<a href="mailto:hello@rockley.org">hello@rockley.org</a>
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