

# What to pack...



UKSA will provide you with the technical clothing that you need which may include Oil Skins, wetsuits, helmets and buoyancy aids.

All you need to do is bring the following:

- Toiletries
- Bath towel
- Swimming kit
- Clothes which can be layered for activity sessions – these will get wet
- Casual clothes for evening activities
- Old trainers or wet suit boots / deck shoes – these will get wet
- Pyjamas and slippers
- Sunglasses, sun cream and hat in summer
- Gloves, hat and scarf in winter
- Large plastic bag for dirty clothes

## Other useful items

- Books, playing cards and other quiet activities
- Torch
- Money for snacks and souvenirs  
- if students wish to bring money we recommend they bring no more than £15 for a three day stay and £30 for a five day stay

Please ensure that clothes are clearly marked with a name.

UKSA cannot accept responsibility for loss, damage or theft of any item.