

Risk Assessment: Kayak, Canoe & Open boating

Hazard	Control Measure	Further Considerations
<p>Drowning Drowning is an inherent risk in all water activities.</p>	<ul style="list-style-type: none"> • Buoyancy Aids must be worn. • BCU/UKCC Qualified Instructors. • Trained and assessed UKSA in house instructors working alongside UKCC instructors. • VHF Radio carried. • EAP in place. • Buoyancy Aids are checked by instructors before use. • Use of operating procedures 	<p>Self-inflating lifejackets should be available for guests that have injuries or disabilities which prevent them from turning themselves face up after falling in the water.</p>
<p>Collisions Other Kayaks Other water users Paddles</p>	<ul style="list-style-type: none"> • Helmets must be worn • Use of operating procedures • EAP in place. • Guests are briefed on the importance of being aware of your paddle. • BCU/UKCC Qualified Instructors. • Trained and assessed UKSA in house instructors working alongside UKCC instructors. 	<p>IC to ensure operating areas are correct for group sizes and abilities. SI afloat to monitor sessions and offer support where necessary</p>
<p>Entrapment Risk of drowning or secondary drowning</p>	<ul style="list-style-type: none"> • Instructor to demonstrate how to exit a kayak without a spray deck • Instructor to demonstrate how to exit a kayak with a spray deck fitted • Instructor to demonstrate how to exit a kayak 	<p>Consider ability of group and allocate equipment accordingly Consider choice of location according to ability</p>
<p>Hypothermia Cold</p>	<ul style="list-style-type: none"> • BCU/UKCC/In house assessed. Qualified Instructors • Wetsuits must be worn (At CI's Discretion) • Wear clothing appropriate to conditions 	<p>UKSA Instructors to carry additional clothing when conditions require.</p>

Risk Assessment: Dinghy

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Hyperthermia Hot	<ul style="list-style-type: none"> BCU/UKCC/In house assessed. Qualified Instructors Instructors make sure guests are drinking enough water during the day Instructors make sure sun-cream and clothing is suitable. 	
Guest Medical Issues	<ul style="list-style-type: none"> All guests must have completed a medical form before going afloat. All instructors must check if there any medical issues with the group they are taking out. If a guest has a medical issue which may warrant an individual risk assessment the chief instructor will make sure this is completed. 	Group leader to attend session if needed Guests with additional needs will require separate risk assessment prior to arrival.
Manual Handling Injury whilst lifting the kayaks	<ul style="list-style-type: none"> Instructors to demonstrate correct technique Instructors to lift down kayaks off stacks and out of racks Instructors to carry kayaks for young students who struggle Students to carry kayaks in pairs or even groups of four for younger students. 	
Group Control Whilst Afloat	<ul style="list-style-type: none"> All Guests receive a safety briefing before going afloat Use of operational procedures 	IC to ensure SOPs are applied to all sessions.