BEING UNDER SAIL OPENS UP A WHOLE NEW WORLD TO YOU.

MAKE NEW FRIENDS FROM ALL **WALKS OF LIFE.**

OUR CHARITY ENABLES THE LESS ABLE, TO SAIL

SUPPORT US WITH OR WITHOUT **SAILING BY**

- **FUNDRAISING**
- **DONATING**
- **GIVING TIME**

DISABILITY OR AGE IS NOT A BARRIER TO SAILING

NO SPECIAL CLOTHING OR **EQUIPMENT NEEDED**

PERSONAL MEMBERSHIP 12 yrs + THOSE WITH DISABILITY 16 yrs + FOR OTHERS

COMMUNITY GROUPS WELCOME— **CONTACT US FOR DETAILS**

ANY BUSINESS CAN SUPPORT US BY BECOMING A CORPORATE MEMBER

ABLE BODIED APPLICANTS NEED NO PREVIOUS EXPERIENCE. WE WILL PROVIDE TRAINING FOR YOU TO **BECOME AN EFFECTIVE CREW MEMBER AND TO HELP THOSE LESS** ABLE.

For details about how to join us contact Membership on 07624 471666 Email membership@manx.net

For information about sailing with us contact Crewmaster on 07624 471222

email crewmaster@manx.net





Like us on Facebook

www.sftd-iom.com



Manx Charity 325

WITH THE SUPPORT OF ABI F **BODIED MEMBERS, OUR CHARITY ENABLES THOSE WHO ARE LESS ABLE, TO SAIL.**





The Queens Award for Voluntary Service

Charity formed 1984

Leaflet sponsored by Viking Office Systems

EVERYTHING CHANGES ONCE YOU STEP ON **BOARD**

Sailing for the Disabled enables adults and young people with a wide range of disabilities and health issues to enjoy the pleasure of sailing in a safe and harmonious environment. On board our large modern cruiser yacht you will be given the opportunity of getting involved with what goes on, or if you wish you can just sit back and enjoy the experience.

Having no sailing experience is not a barrier to joining us and with the support of our able bodied members you will be able to experience the magic, and varied nature, of being under sail. We believe that disability should not be a barrier to any person sailing. With adaptations, our boat allows those with mobility problems, including wheelchair users, to be able to join our sails.



ABOUT PRIDE OF MANN III

Our current vessel is a Beneteau Oceanis 48 cruiser named Pride of Mann III, purchased new in September 2014.

She has some special adaptations to suit our needs and these include a moveable cockpit table to provide additional space, and a lift platform to assist those with mobility problems to go below. These, together with stern boarding and a ramp, allow wheelchair users to be accommodated.



She is comfortably furnished with ten berths in five cabins and has three toilets: up to 14 people can be carried on a sail. The cockpit is protected from the elements by an enclosure. She is equipped to a high standard, with the latest electronic navigation aids and safety equipment.



FUNDING

Our members pay an annual membership fee and raise money through flag days, fundraising events, and collection boxes Other funding comes from our corporate members and sponsors, charitable trusts and private donations. Every contribution is greatly valued and help with fund raising is always needed.

- There are no paid officers of the charity.
- Everyone gives their time freely.

WHO SAILS WITH US?

In addition to our members, we offer sailing opportunities to relevant groups from primary and secondary schools, adult community groups, and visitors to the Island who have disabilities.



JOIN US, SUPPORT US, ASSIST US ...



You can sail with us or just support us by taking a personal membership at £10 a year; OR

Encourage your employer to become a corporate member starting from just £100 a year or ask your colleagues to help on our collection days.

WHERE TO FIND US

Pride of Mann III is moored on a pontoon in Douglas inner harbour and can be accessed via the road leading to Douglas Bay Yacht Club. Pay and display parking is available on The Tongue with disabled parking nearby.

LOOK US UP www.sftd-iom.com