

Team15 Interclub 2015 – Sailing Instructions

1.0 Rules

- i. The Team15 (T15) Interclub racing will be governed by the rules as defined in The Racing Rules of Sailing (RRS),
- ii. All visiting competitors will be deemed temporary members of the host club during the event and as such shall abide by all the Club's rules and bye-laws.

2.0 Notices to Competitors

- i. Notices to competitors will be posted on the official notice board . The location of the official notice board will be given in the briefing.

3.0 Changes to Sailing Instructions

- i. Any change to the sailing instructions will be posted not less than 60 minutes before the scheduled start time of the class on the day it will take effect, except that any change to the schedule of races will be posted by 19:00 hours on the day before it will take effect.

4.0 Signals made ashore

- i. Flag L with a sound means: 'A notice to competitors has been posted'

5.0 Schedule of Racing

- i. The first scheduled start will be 11:00 hrs.
- ii. No racing will start after 16:00 hrs.
- iii. There will be a maximum of 9 races; some races may be back-to-back.

6.0 Classes

- i. Racing will take place in the following classes: 3.5m, 4.5m, 5.8m, Techno 6.8m as detailed in the NOR
- ii. Each class refers to the maximum sail size which may be used. Smaller sails may be used, especially in windy conditions.
- iii. All boards shall have a daggerboard/central fin.
- iv. Any board and any rig shall be used in the 3.5m, 4.5m and 5.8m classes, although sailors are encouraged to use a Bic Techno.
- v. Board length should measure 320cm or less in the smaller sail size classes.
- vi. In the 3.5m class, small diameter masts and booms should ideally be used with junior sails.
- vii. Only the Bic Techno One Design board shall be used in the Techno 6.8m class; any rig may be used in this class providing it is no bigger than 6.8m.

7.0 Identifying Competitors

7.1 Race Vests

- i. All competitors shall wear their T15 race vest whilst racing.
- ii. Additional competitors shall wear black or white T15 race vests.
- iii. Teams without bespoke T15 race vests shall wear black or white T15 race vests.
- iv. Competitors requiring black or white T15 race vests should collect one at registration.

8.0 Courses & Marks

- i. All courses and marks used will be explained at the briefing.
- ii. The Race officer will set courses appropriate to the ability level of the competitors following a briefing with team coaches.

9.0 Flags & Signals

- i. Class Flags will be

Class`	Picture
3.5 m	
4.5 m	
5.8 m	
6.8 m	

10.0 The Start

The starts will be started in accordance with RRS rule 26

Title	Minutes before starting signal	Flags and sound
Warning	5 minutes	Class Flag ; 1 sound signal
Preparatory	4 minutes	Either Flag P or Flag I or Black Flag up ; 1 sound signal
1 minute period	1 minute	Either Flag P, I, or Black down and one long sound signal
Starting	0 minute	Class Flag Removed ; 1 sound signal



P



I



Black

- i. The starting line will be between the staff on the committee boat displaying an Orange flag and a mark at the pin end (description of the pin mark will be given in the briefing).
- ii. Boards whose warning signal has not been made shall avoid the starting area.

11.0 The Finish

- i. The Finishing line will be between the staff on the committee boat displaying a Blue flag and a mark at the pin end (description of the pin mark will be given in the briefing).
- ii. A blue flag means that the Race Committee boat is in position at the finishing line.

12.0 Protests & Penalties Advisory & Arbitration Hearings , Exoneration Penalty.

12.0 Exoneration Penalty

- 12.01A Board that may have broken a rule of Part 2, rule 31 or rule 42, may, after finishing the race concerned and before the start of a related protest hearing, notify the Race Committee that she accepts a 30% scoring penalty as stated in rule 44.3(c), except that the minimum penalty is two places provided that does not result in a score worse than DNF. This penalty does not reverse an OCS score, a disqualification under rule 30.3 or a penalty under Appendix P. It is not available for a breach of rule 2 or of class rules or for gross misconduct under rule 69. Nor is it available to a boat that caused injury or serious damage, or gained a significant advantage by her breach: in these circumstances, her penalty is to retire
- 12.02 When an Exoneration Penalty is accepted,
- (a) Neither the boat nor a protest committee may then revoke or remove the penalty.
 - (b) The boat shall not be penalized further in a protest hearing when the protest committee decides that it was appropriate to the facts found and the applicable rules.

12.1 Advisory Hearing

- 12.11 When there is an incident that will not result in the lodging of a protest or a request for redress, a boat, Protest Committee or Race Committee may request an advisory hearing with the race office, and notify any boat involved in the incident. . An Adviser will then call a hearing to learn what may have happened and will state whether any rule appears to have been broken, and by which boat. A boat may as a result notify the Race Office that she accepts an Exoneration Penalty when it applies to the incident, or choose to retire

12.2 RYA Arbitration

- 12.21 When a protest or request for redress is lodged, a boat may at the same time request RYA Arbitration, or the Protest Committee or Race Committee may offer it.
- 12.22 If the parties and a member of the protest or race committee agree that RYA Arbitration is suitable, an Arbitrator (who may be that member of the Protest Committee) will call a hearing conforming to Section B of Part 5 of the Racing Rules of Sailing, except that rule 64.1(a) will not apply. Instead when the Arbitrator decides that a boat that is a party to the arbitration hearing has broken a rule for which the Exoneration Penalty is available, the party will be invited to accept that penalty, and, if it is accepted by

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- a protested boat, the protesting boat will be allowed to withdraw the protest, changing rule 63.1.
- 12.23 When there is not an agreement to use RYA Arbitration, or when, after RYA Arbitration, a protest is not withdrawn or the Exoneration Penalty is not applicable to the facts, there will be a normal protest hearing, at which the Arbitrator may be a member of the Protest Committee. Rule 66 and 70 (reopening and appeal, respectively) do not apply to the arbitration decision since this is not a protest committee decision or procedure. A board may still accept an Exoneration Penalty at any time before the start of a protest hearing and receive its protection from further penalization. She may also retire.
- 12.24 When redress is offered and accepted at the RYA Arbitration, all parties the Protest Committee or Race Committee may seek
- 12.30 Protests & Requests for redress**
- 12.31 Protest forms are available at the protest office, located next to the race office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 12.32 For each class or fleet the protest time limit is 60 minutes after the last boat has finished the last race of the day.
- 12.33 Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. The location and time of hearings will be posted.
- 12.34 Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b).
- 12.35 Breaches of instructions 5, 11.3, 18, 20, 21, 22, and 23 will not be grounds for protest by a boat. This changes rule 60.1. Penalties for these breaches may be less than disqualification if the protest committee so decides
- 12.36 On the last scheduled day of racing a request for reopening a hearing shall be delivered:
- Within the protest time limit if the requesting party was informed of the decision on the previous day.
 - No later than 30 minutes after the requesting party was informed of the decision on that day. This changes rule 66.
- 12.37 On the last scheduled day of racing a request for redress from a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes rule 62.2.

13.0 Scoring

13.1 Points System

- i The low points scoring system (RRS Appendix A) will be used as follows:

1st place	=	1 point
2nd place	=	2 points
3rd place	=	3 points

Add 1 point for each place thereafter.

13.2 Discards

- ii A board's score will be calculated excluding worst results as follows:

3 races	=	1 discard
7 races	=	2 discards
9 races	=	3 discards

13.3 Ties

- i This rule is based on the RRS A8.1 / A8.2 and is relevant to a tie between two sailors in the same fleet, or a tie between two clubs.

13.4 Team Scoring

- i The team with the lowest score will win; this is based on place not points.
- ii To calculate each team's score add together the positions of the six best ranking individuals (these can be from one class or a number of classes).
- iii If a club enters a team with less than six competitors, the missing scores will be created by taking the number of attendees in the largest fleet and adding 1. This should be calculated for each individual missing to give a team score of six results to count.
- ii.

14.0 Safety Regulations

- 14.1 All competitors shall wear a personal flotation device at all times when afloat, except briefly when changing or adjusting clothing or personal equipment. Wet suits, dry suits and windsurfing harnesses are not personal flotation devices. This changes rule 40.1

- 14.2 A board that retires from a race shall notify the race committee as soon as possible.
- 14.3 Boards wishing to sail ashore before the end of the day's racing shall not do so unless authorized by a safety boat. The safety boat will instruct boats in the procedure for returning ashore.
- 14.4 Boards shall follow the instructions of the safety boats. Failure to do so will be reported to the race committee, which may protest the boat. Boats penalised under this instruction may be scored DNE, or such other penalty that the protest committee may decide. This changes rule 64.1(a).
- 14.5 Outside Help: Penalties for breaches of rule 41 (Outside Help) will be at the discretion of the protest committee. Any outside help shall be reported to the protest committee on a form available from the race office or the protest desk before the protest time limit on the day concerned.

15.0 Support Boats

- i Only the official coach and patrol boats appointed by the organising authority may:
- Communicate with competitors afloat, as directed.
 - Tow competitors to and from the race area without permission of the race management team.

16.0 Trash Disposal

- i Trash may be placed aboard support, rescue and race committee boats.
- ii The penalty for breaking rule 55, Trash Disposal, is at the discretion of the protest committee (DPI) and may be less than disqualification.

17.0 Certificates and Trophies

- i Certificates and trophies are detailed in the T15 inter-club Notice of Race

18.0 Liability

Risk Statement

- 18.1 RRS Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."
- 18.2 Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
- 18.3 They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- 18.4 They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- 18.5 They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omission;
- 18.6 Their boat is in good order, equipped to sail in the event and they are fit to participate;
- 18.7 The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- 18.8 The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;

19.0 Insurance

- i All competitors shall hold valid third party insurance to the sum of at least £2,000,000 (third party windsurfing insurance is a free benefit of RYA membership when windsurfing is specified as an interest).

20.0 Local Rules

Local rules and by-laws will be detailed on the official Notice board at the venue

End of Sailing Instructions