

**Table A-7. Time spent in primary activities<sup>1</sup> by married mothers and fathers with own household children under 18 by employment status of self and spouse and age of youngest child, average for the combined years 2007-11**

Own household children under 18

| Activity  | Average hours per day       |         |   |         |   |         | Differences in married mothers' and fathers' time use on an average day (hours) <sup>2</sup> |   |   |
|---|-----------------------------|---------|---|---------|---|---------|--|---|---|
|   | Both spouses work full time |         | Mother employed part time and father employed full time |         | Mother not employed and father employed full time |         | Both spouses work full time  | Mother employed part time and father employed full time | Mother not employed and father employed full time |
|   | Mothers                     | Fathers | Mothers   | Fathers | Mothers   | Fathers |  |   |   |
| Total, all activities .....                                       | 24.00                       | 24.00   | 24.00   | 24.00   | 24.00   | 24.00   | 0.00   | 0.00  | 0.00  |
| Personal care activities .....                                    | 8.96                        | 8.59    | 9.15  | 8.52    | 9.43  | 8.74    | .37  | .63   | .69   |
| Sleeping .....  | 8.12                        | 7.98    | 8.41  | 7.96    | 8.80  | 8.15    | .15  | .45   | .65   |
| Household activities .....  | 1.95                        | 1.34    | 2.62  | 1.21    | 3.51  | 1.07    | .62  | 1.40  | 2.44  |
| Housework .....   | .82                         | .26     | 1.13  | .21     | 1.57  | .20     | .56  | .92   | 1.37  |
| Food preparation and cleanup .....                                | .79                         | .37     | 1.00  | .30     | 1.45  | .28     | .43  | .70   | 1.18  |
| Lawn and garden care .....  | .07                         | .23     | .11   | .24     | .14   | .18     | -.16   | -.13  | -.05  |
| Purchasing goods and services .....                               | .55                         | .34     | .63   | .34     | .72   | .37     | .21  | .30   | .35   |
| Grocery shopping .....  | .13                         | .06     | .15   | .06     | .19   | .08     | .06  | .09   | .11   |
| Consumer goods purchases, except grocery shopping .....           | .34                         | .22     | .38   | .22     | .42   | .23     | .12  | .15   | .18   |
| Caring for and helping household members .....                    | 1.29                        | .88     | 1.92  | .93     | 2.62  | .84     | .41  | .99   | 1.77  |
| Caring for and helping household children .....                   | 1.28                        | .86     | 1.89  | .91     | 2.60  | .82     | .42  | .98   | 1.78  |
| Physical care .....   | .57                         | .28     | .76   | .33     | 1.03  | .25     | .29  | .43   | .78   |
| Education-related activities .....                                | .11                         | .09     | .17   | .05     | .26   | .04     | .02  | .12   | .22   |
| Reading to/with children .....                                    | .05                         | .03     | .07   | .03     | .09   | .03     | .02  | .03   | .05   |
| Playing/doing hobbies with children .....                         | .22                         | .24     | .38   | .30     | .63   | .33     | -.02   | .08   | .30   |
| Working and work-related activities <sup>3</sup> .....            | 5.27                        | 6.07    | 2.78  | 6.07    | .08   | 6.20    | -.80   | -3.29   | -6.12   |
| Working <sup>3</sup> .....  | 5.24                        | 6.03    | 2.72  | 6.02    | .02   | 6.15    | -.79   | -3.30   | -6.13   |
| Leisure and sports .....  | 2.91                        | 3.68    | 3.45  | 3.62    | 4.09  | 3.55    | -.78   | -.17  | .54   |
| Socializing and communicating .....                               | .60                         | .54     | .78   | .58     | .87   | .55     | .06  | .20   | .32   |
| Watching television .....   | 1.53                        | 2.15    | 1.65  | 1.89    | 2.13  | 2.06    | -.62   | -.24  | .08   |
| Participating in sports, exercise, and recreation .....           | .18                         | .32     | .24   | .35     | .24   | .27     | -.14   | -.11  | -.03  |
| Travel .....  | 1.35                        | 1.41    | 1.37  | 1.48    | 1.15  | 1.40    | -.06   | -.11  | -.25  |
| Travel related to caring for and helping household children ..... | .23                         | .16     | .28   | .12     | .30   | .09     | .08  | .16   | .22   |
| Other activities, not elsewhere classified .....                  | 1.73                        | 1.70    | 2.08  | 1.83    | 2.40  | 1.82    | .03  | .25   | .58   |

See footnotes at end of table.

**Table A-7. Time spent in primary activities<sup>1</sup> by married mothers and fathers with own household children under 18 by employment status of self and spouse and age of youngest child, average for the combined years 2007-11—Continued**

Own household children, youngest under 6

| Activity  | Average hours per day       |         |   |         |   |         | Differences in married mothers' and fathers' time use on an average day (hours) <sup>2</sup> |   |   |
|---|-----------------------------|---------|---|---------|---|---------|--|---|---|
|   | Both spouses work full time |         | Mother employed part time and father employed full time |         | Mother not employed and father employed full time |         | Both spouses work full time  | Mother employed part time and father employed full time | Mother not employed and father employed full time |
|   | Mothers                     | Fathers | Mothers   | Fathers | Mothers   | Fathers |  |   |   |
| Total, all activities .....                                       | 24.00                       | 24.00   | 24.00   | 24.00   | 24.00   | 24.00   | 0.00   | 0.00  | 0.00  |
| Personal care activities .....                                    | 9.00                        | 8.63    | 9.16  | 8.43    | 9.45  | 8.72    | .38  | .73   | .73   |
| Sleeping .....  | 8.22                        | 8.07    | 8.46  | 7.92    | 8.89  | 8.15    | .15  | .54   | .74   |
| Household activities .....  | 1.81                        | 1.22    | 2.30  | 1.15    | 3.33  | 1.04    | .59  | 1.15  | 2.29  |
| Housework .....   | .75                         | .27     | 1.00  | .25     | 1.47  | .21     | .48  | .75   | 1.26  |
| Food preparation and cleanup .....                                | .78                         | .39     | .97   | .30     | 1.45  | .29     | .40  | .66   | 1.16  |
| Lawn and garden care .....  | .05                         | .16     | .08   | .21     | .11   | .15     | -.11   | -.13  | -.04  |
| Purchasing goods and services .....                               | .52                         | .37     | .60   | .30     | .64   | .40     | .15  | .30   | .25   |
| Grocery shopping .....  | .13                         | .07     | .14   | .07     | .16   | .08     | .06  | .06   | .08   |
| Consumer goods purchases, except grocery shopping .....           | .32                         | .24     | .35   | .19     | .39   | .24     | .07  | .16   | .15   |
| Caring for and helping household members .....                    | 2.05                        | 1.35    | 2.84  | 1.47    | 3.35  | 1.11    | .70  | 1.37  | 2.24  |
| Caring for and helping household children .....                   | 2.04                        | 1.33    | 2.81  | 1.46    | 3.33  | 1.09    | .71  | 1.35  | 2.24  |
| Physical care .....   | 1.06                        | .51     | 1.32  | .59     | 1.48  | .37     | .54  | .73   | 1.12  |
| Education-related activities .....                                | .09                         | .08     | .11   | .04     | .20   | .03     | .01  | .08   | .17   |
| Reading to/with children .....                                    | .08                         | .05     | .11   | .06     | .12   | .05     | .03  | .05   | .07   |
| Playing/doing hobbies with children .....                         | .47                         | .46     | .75   | .57     | .97   | .50     | .02  | .18   | .48   |
| Working and work-related activities <sup>3</sup> .....            | 5.05                        | 5.93    | 2.53  | 6.20    | .05   | 6.11    | -.88   | -3.67   | -6.06   |
| Working <sup>3</sup> .....  | 5.02                        | 5.88    | 2.48  | 6.16    | ~0  | 6.07    | -.86   | -3.68   | -6.06   |
| Leisure and sports .....  | 2.62                        | 3.51    | 3.35  | 3.36    | 3.89  | 3.50    | -.89   | -.01  | .38   |
| Socializing and communicating .....                               | .60                         | .58     | .82   | .63     | .89   | .60     | .02  | .19   | .29   |
| Watching television .....   | 1.34                        | 1.98    | 1.58  | 1.72    | 2.07  | 2.01    | -.65   | -.14  | .05   |
| Participating in sports, exercise, and recreation .....           | .19                         | .31     | .23   | .30     | .22   | .24     | -.13   | -.08  | -.02  |
| Travel .....  | 1.33                        | 1.37    | 1.21  | 1.35    | 1.05  | 1.35    | -.04   | -.14  | -.29  |
| Travel related to caring for and helping household children ..... | .29                         | .17     | .28   | .13     | .29   | .08     | .12  | .15   | .21   |
| Other activities, not elsewhere classified .....                  | 1.62                        | 1.63    | 2.01  | 1.74    | 2.24  | 1.78    | -.01   | .26   | .46   |

See footnotes at end of table.

**Table A-7. Time spent in primary activities<sup>1</sup> by married mothers and fathers with own household children under 18 by employment status of self and spouse and age of youngest child, average for the combined years 2007-11—Continued**

Own household children 6-17, none younger

| Activity  | Average hours per day       |         |   |         |   |         | Differences in married mothers' and fathers' time use on an average day (hours) <sup>2</sup> |   |   |
|---|-----------------------------|---------|---|---------|---|---------|--|---|---|
|   | Both spouses work full time |         | Mother employed part time and father employed full time |         | Mother not employed and father employed full time |         | Both spouses work full time  | Mother employed part time and father employed full time | Mother not employed and father employed full time |
|   | Mothers                     | Fathers | Mothers   | Fathers | Mothers   | Fathers |  |   |   |
| Total, all activities .....                                       | 24.00                       | 24.00   | 24.00   | 24.00   | 24.00   | 24.00   | 0.00   | 0.00  | 0.00  |
| Personal care activities .....                                    | 8.92                        | 8.56    | 9.15  | 8.60    | 9.41  | 8.78    | .36  | .55   | .63   |
| Sleeping .....  | 8.05                        | 7.91    | 8.38  | 7.99    | 8.67  | 8.14    | .14  | .38   | .53   |
| Household activities .....  | 2.06                        | 1.42    | 2.87  | 1.27    | 3.78  | 1.11    | .64  | 1.61  | 2.67  |
| Housework .....   | .87                         | .25     | 1.24  | .19     | 1.72  | .19     | .62  | 1.05  | 1.52  |
| Food preparation and cleanup .....                                | .80                         | .35     | 1.03  | .29     | 1.46  | .26     | .45  | .74   | 1.20  |
| Lawn and garden care .....  | .08                         | .29     | .13   | .26     | .18   | .23     | -.21   | -.13  | -.05  |
| Purchasing goods and services .....                               | .57                         | .32     | .66   | .36     | .83   | .34     | .25  | .30   | .49   |
| Grocery shopping .....  | .12                         | .06     | .16   | .06     | .23   | .08     | .07  | .11   | .14   |
| Consumer goods purchases, except grocery shopping .....           | .35                         | .21     | .40   | .25     | .45   | .22     | .15  | .15   | .23   |
| Caring for and helping household members .....                    | .73                         | .54     | 1.16  | .51     | 1.55  | .48     | .18  | .65   | 1.07  |
| Caring for and helping household children .....                   | .72                         | .52     | 1.14  | .49     | 1.53  | .44     | .20  | .64   | 1.08  |
| Physical care .....   | .20                         | .10     | .30   | .13     | .37   | .08     | .10  | .18   | .29   |
| Education-related activities .....                                | .12                         | .09     | .22   | .07     | .35   | .07     | .03  | .16   | .28   |
| Reading to/with children .....                                    | .02                         | .01     | .03   | .01     | .04   | .01     | .01  | .02   | .03   |
| Playing/doing hobbies with children .....                         | .04                         | .09     | .07   | .09     | .13   | .10     | -.05   | -.02  | .03   |
| Working and work-related activities <sup>3</sup> .....            | 5.43                        | 6.17    | 2.98  | 5.96    | .12   | 6.32    | -.74   | -2.98   | -6.20   |
| Working <sup>3</sup> .....  | 5.40                        | 6.14    | 2.92  | 5.91    | .04   | 6.27    | -.74   | -3.00   | -6.23   |
| Leisure and sports .....  | 3.12                        | 3.81    | 3.54  | 3.82    | 4.39  | 3.62    | -.69   | -.29  | .78   |
| Socializing and communicating .....                               | .59                         | .51     | .74   | .54     | .83   | .47     | .08  | .20   | .36   |
| Watching television .....   | 1.66                        | 2.27    | 1.72  | 2.03    | 2.23  | 2.11    | -.60   | -.31  | .12   |
| Participating in sports, exercise, and recreation .....           | .18                         | .32     | .25   | .38     | .27   | .30     | -.14   | -.13  | -.03  |
| Travel .....  | 1.36                        | 1.43    | 1.50  | 1.58    | 1.30  | 1.48    | -.07   | -.08  | -.18  |
| Travel related to caring for and helping household children ..... | .19                         | .15     | .29   | .12     | .33   | .10     | .05  | .17   | .23   |
| Other activities, not elsewhere classified .....                  | 1.81                        | 1.75    | 2.14  | 1.90    | 2.62  | 1.87    | .06  | .24   | .75   |

<sup>1</sup> A primary activity refers to an individual's main activity. Other activities done simultaneously are not included.

<sup>2</sup> In each employment category, differences are calculated by subtracting fathers' average hours from mothers' average hours.

<sup>3</sup> Estimates include a small amount of work time done by persons who do not meet the ATUS definition of employed.

-0 Estimate is approximately zero.

NOTE: Data refer to persons 15 years and over. For technical information about the American Time Use Survey, see the ATUS User's Guide: [www.bls.gov/tus/atususersguide.pdf](http://www.bls.gov/tus/atususersguide.pdf).

SOURCE: American Time Use Survey, Bureau of Labor Statistics