



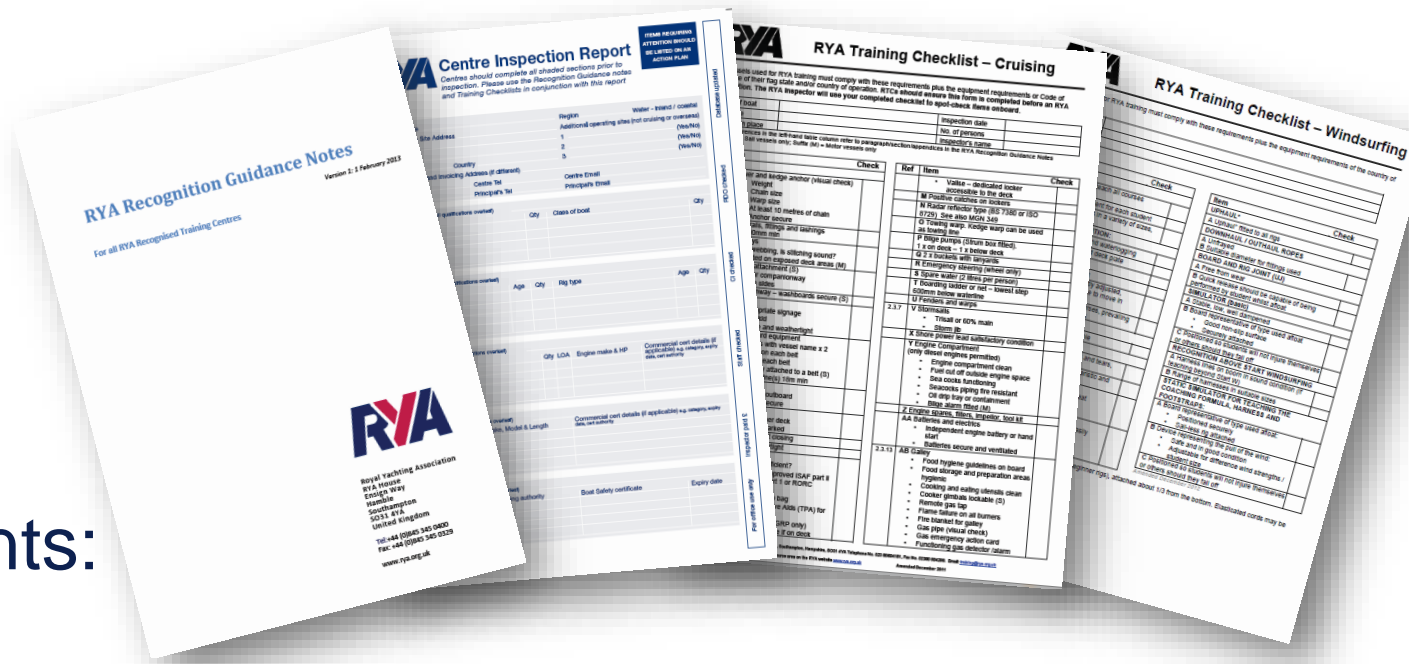
RYA Instructor Training Day Training Update

“Showing people what's possible is far more inspiring than telling people what's wrong”



RYA Recognition

- Guidance Notes
 - Version **not** Year
 - Current form
- Look out for amendments:
 - Wavelength
 - Training Notices
- Ensure staff and equipment is correct and in place!!
- Notify once action points are completed



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Inspections

- Apply for extension
- Organise inspection early
- Vessels for each level of recognition must be present




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BASKET 0 ITEMS, £0.00

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- › [Careers Advice](#)

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- › [How to be a Coach, Trainer or Instructor](#)

Resources

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- › [Equality Training](#)
- › [Scheme specific information](#)
- › [Share your ideas](#)
- › [Knowing your customer](#)
- › [Wavelength](#)
- › [Setting up a Training Centre](#)

Application & Report forms

RYA RECOGNITION

| Document | Description |
|---|---------------------------------------|
| Application for RYA recognition | For RYA practical courses |
| Shorebased (Classroom) courses application form | |
| Shorebased (Distance Learning) courses application form | |
| Shorebased (RYA Interactive) courses application form | |
| Commercial Endorsement | Application form |
| Re-validation of Commercial Endorsement to RYA/MCA Certificate of Competence or Powerboat Certificates / Certificate of Service | Application form |
| Centre Inspection Report Form | |
| Accessibility Supplement | |
| Cruising training vessel checklist | For completion prior to an inspection |
| Dinghy Keelboat training vessel checklist | For completion prior to an inspection |
| IW training vessel checklist | For completion prior to an inspection |
| Powerboating training vessel checklist | For completion prior to an inspection |
| PW training vessel checklist | For completion prior to an inspection |
| Windsurfing training vessel checklist | For completion prior to an inspection |

Join the RYA

MEMBERS SAVE 15% ON BOOKS AND MORE AT THE RYA SHOP!

[All the reasons to join](#)

[JOIN ONLINE NOW](#)

15% off

www.ryainteractive.org

Returning to this web site?

Login here using your username and password
(Cookies must be enabled in your browser) ?

Username
Password

Login

Remember username

[Forgotten your username or password?](#)

Some courses may allow guest access

Login as a guest

Welcome to the new RYA Interactive site. The first time you login you will be asked to complete some required fields in your user profile.

Once you have done that, you can go to the home page to start your course.

Course students: If you don't already have your username and password, you can get them from your training centre.

Applying for RYA recognition

[HOME](#)[CALENDAR](#)[HELP](#)You are logged in as Apply F
Recognition (Logo)

Welcome to RYA Interactive. Any courses that you are currently enrolled on should appear in 'My Courses' below. Simply click your course to get started. Other courses that you might like to take are shown in the 'Other Courses' section. Please let us know if you want to sign up.

My Courses

[Offering RYA training afloat](#)[Offering RYA training ashore](#)[Offering RYA training online - distance learning](#)[Offering RYA training online - RYA Interactive](#)[Sample online CEVNI test](#)[Sample online Essential Navigation and Seamanship course](#)

Contact Us

RYA Training
RYA House
Ensign Way
Hamble
Hampshire SO31 4YA

02380 604100

[Email](#)

[Website](#)

Settings

▶ [My profile settings](#)



Marketing Opportunity

Childcare Vouchers

- Available to Training Centres
- Childcare vouchers enable 'tax free' course payments for parents
- Register as *Voluntary Ofsted*:
 - Online registration
 - Common Core Skills Training
 - Paediatric First Aid

Training running at RYA HQ, 25th February



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Education

- GCSE PE:
 - Sailing and windsurfing removal
 - Independent Petition on 38Degrees.org.uk

<https://you.38degrees.org.uk/petitions/keep-the-physical-in-gcse-physical-education>

- RYA Website: Youth area which includes careers

<http://www.rya.org.uk/joinrenew/youth/Pages/default.aspx>





Keeping Current

- Wavelength
- Training Notices and Guidance
- Regional conferences
- CPD – Personal Development
 - Regional
 - Weather Workshops
- RYA Web Resources
 - Share your ideas





Wavelength

keeping RYA instructors and coaches in touch



Dates for the Diary

January: New shorebased packs available

January: Introduction of online safeguarding training for new Dinghy, Windsurfing and Senior Instructors



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RYA SHOP

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- › First aid and medical
- › Conference reports
- › Child protection
- › Disability awareness
- › Equality Training
- › Scheme specific information
- › Share your ideas

Keeping Current

Updates or changes to RYA requirements for training centres, instructors and courses are issued in the form of Training Notices and Training Guidance.

- **Training Notices** are used to communicate fundamental changes to courses, training schemes, qualifications or recognition requirements, and their implementation date.
- **Training Guidance** is often issued to support a Training Notice. Guidance may give further details about how a Notice is to be implemented, such as coaching notes or recognition requirements for a new course. Training Guidance may also be issued independently of a Training Notice, in order to update policies or procedures.

Training Notices and Guidance documents are distributed by email to the relevant training centres and instructors, and will be featured in Wavelength. Some may also be sent out as hard copies. A full catalogue is available on the pages below.

Where appropriate, guidance will be incorporated in the relevant handbooks or documents for permanent reference.

TRAINING NOTICES

TRAINING GUIDANCE

Join the RYA

MEMBERS SAVE 15% ON BOOKS AND MORE AT THE RYA SHOP!

[All the reasons to join](#)

[JOIN ONLINE NOW](#)



YMI- CI Revalidation format for YMIT's



YMI Course format for YMIT's



YMI- CI Reassess...or YMIT's



2014 Yachtmaster Instructor...r Course



CIT 2014 (instructor) Cruising I...structors

RYA TRAINING NOTICE

Implementation date: 1 April 2015

Reference: TN 05-14



Safeguarding course requirement for instructors in the National Sailing and Windsurfing Schemes

Applies to:

- RYA Dinghy Coach/Assessors
- RYA Windsurfing Trainers
- RYA recognised training centres running Dinghy or Windsurfing Instructor or Senior Instructor courses
- Newly qualifying RYA Dinghy, Multihull, Keelboat, Windsurfing and Senior Instructor candidates

Summary:

A new online Safeguarding Children and Vulnerable Adults course will be introduced for Instructors and Senior Instructors in the National Sailing and Windsurfing Schemes.

Implementation to be phased in between January and April 2015.



Safeguarding

- RYA Distance learning course
- Option if you are working with under 18s
- Compulsory for all **new** instructors and SIs
- Principals responsibility to ensure staff have appropriate training

Slide 18

From what you've seen so far, what do you think is happening?

- A great coaching session, Timmy will learn from his mistakes.
- Finn is being too hard on Timmy.
- Timmy is being pathetic. He needs to pull himself together.
- Finn's encouragement is just what Timmy needs
- Finn is working with Timmy to improve his performance.

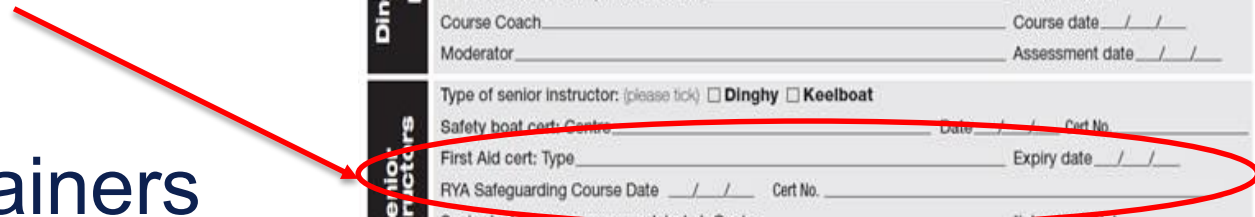
Submit



Safeguarding cont'd

- Change of instructor cards
- New presentation
- Free 'log in' for Coaches/Trainers

| | | | |
|---|---|-------------------------------------|---|
| Dinghy/Keelboat/ Multihull Instructors | Type of Instructor course (please tick) <input type="checkbox"/> Dinghy Instructor <input type="checkbox"/> Keelboat Instructor <input type="checkbox"/> Multihull Instructor | | |
| | Powerboat Level 2 cert: Centre _____ | Date ____/____/____ | Cert No. _____ |
| | First Aid cert: Type _____ | Expiry date ____/____/____ | |
| | RYA Safeguarding Course Date ____/____/____ | Cert No. _____ | |
| | Pre-entry assessment: Centre _____ | *inland/coastal | |
| | Pre-entry assessor's name: _____ | Date ____/____/____ | |
| | Instructor course completed at: Centre _____ | *inland/coastal | |
| | Course Coach _____ | Course date ____/____/____ | |
| Moderator _____ | Assessment date ____/____/____ | | |
| Senior Instructors | Type of senior instructor: (please tick) <input type="checkbox"/> Dinghy <input type="checkbox"/> Keelboat | | |
| | Safety boat cert: Centre _____ | Date ____/____/____ | Cert No. _____ |
| | First Aid cert: Type _____ | Expiry date ____/____/____ | |
| | RYA Safeguarding Course Date ____/____/____ | Cert No. _____ | |
| | Senior Instructor course completed at: Centre _____ | *inland/coastal | |
| Endorsements | Course Coach 1 _____ | Course Coach 2 _____ | |
| | Course start date ____/____/____ | Course end date ____/____/____ | |
| | Coastal: Coach _____ | Date ____/____/____ | |
| | Racing: Coach _____ | Date ____/____/____ | |
| | Advanced: Coach _____ | Date ____/____/____ | |
| | Multihull: Coach _____ | Date ____/____/____ *inland/coastal | |
| Keelboat: Coach _____ | Date ____/____/____ *inland/coastal | | |
| *delete as appropriate | | | Instructor certificate issued on: _____ RYA use only |



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Young Instructor Survey

- Gather research, opinion and listen to our young sailors
- Number of topics: RYA training, communication etc.
- Helping to ensure we meet the 16 to 18 years old
- Informed via Email
- Closes 31st March

Please encourage Instructors to complete it!!

The screenshot shows the top of an email with the RYA logo and navigation links: NEWS & EVENTS, INFORMATION & ADVICE, RYA SHOP, and www.rya.org.uk. The main heading is "RYA Young Instructors Survey". Below this is the text: "Help us with the future of RYA Training", "As a young Instructor or Assistant Instructor, the RYA are keen to find out how you became involved in sailing or windsurfing, as well as your opinion on a number of topics. We'd love to hear your views on RYA training, the courses we deliver and the communication you receive from us.", "Please help us with the future of RYA Training and ensuring it meets the needs of young sailors by spending a few moments answering our short survey.", "The survey is anonymous, quick and easy to complete. We would really appreciate your feedback by 31 March.", and a red button that says "Take the Survey". At the bottom, it says "Many thanks for your help! RYA Training" and includes links for "Unsubscribe" and "Manage Your Email Subscriptions". The footer of the email contains the RYA logo and "© RYA 2015".





DofE

- Share your Case studies
- Become a DofE Centre
- Fits with all RYA Training activity and disciplines
- Courses run at RYA HQ – Contact Dawn

www.rya.org.uk/go/dofe



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AALS

- No Change
 - Statutory Licencing remaining
 - Separate scheme across the UK
- Joint Inspection pilot
 - Regionally on a small scale





EBook range

48 eBooks Currently available:

A collage of RYA eBook covers with vertical labels 'eBook' next to them. The covers include:

- RYA VHF Radio
- RYA START POWERBOATING
- RYA VHF HANDBOOK
- RYA Boat Buyers Handbook
- RYA DAY SKI HANDBOOK
- RYA MOTORS
- RYA Diesel Engine HANDBOOK
- RYA PERSONAL WATERCRAFT HANDBOOK
- RYA WINDSURFING
- RYA RACING
- RYA Knots Splice & Ropework HANDBOOK
- RYA RACE COACH HANDBOOK
- RYA RIGGING HANDBOOK
- RYA YACHTMASTER HANDBOOK
- RYA POWERBOATING HANDBOOK
- RYA RACING RULES & CASES 2013-2016
- RYA COMMERCIAL REGULATIONS for small vessels

We aim to complete the digital conversion by end of 2015

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ePack Trial

Current trialling e-SRCP:

- Printed application form with access to VHF eBook

Progress:

- Waiting for enough redemption data to analyse trial (due Feb)

Next Steps:

- Expand e-SRCP to all SRC recognised centres
- Extend ePacks to similar packs (staggered throughout 2015):
 - Sea Survival Pack
 - Powerboat Level 2 Pack
 - Personal Watercraft Pack
 - Inland Waterways Pack



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Scheme Updates

Rachel Andrews - RYA Chief Instructor, Motor Cruising and Power
Amanda Van Santen - RYA Chief Instructor, Dinghy and Windsurfing



Promoting the '*Next Step*'.....?

- How are you encouraging participation.....?
 - What do your instructors do
 - What are you covering during instructor training?
- Use of certificates for promotion and information
- Utilise Taster certificates (NSS/WS)
 - Achievement
 - Promote next steps
 - Youth/Adult; Dinghy/Windsurfing

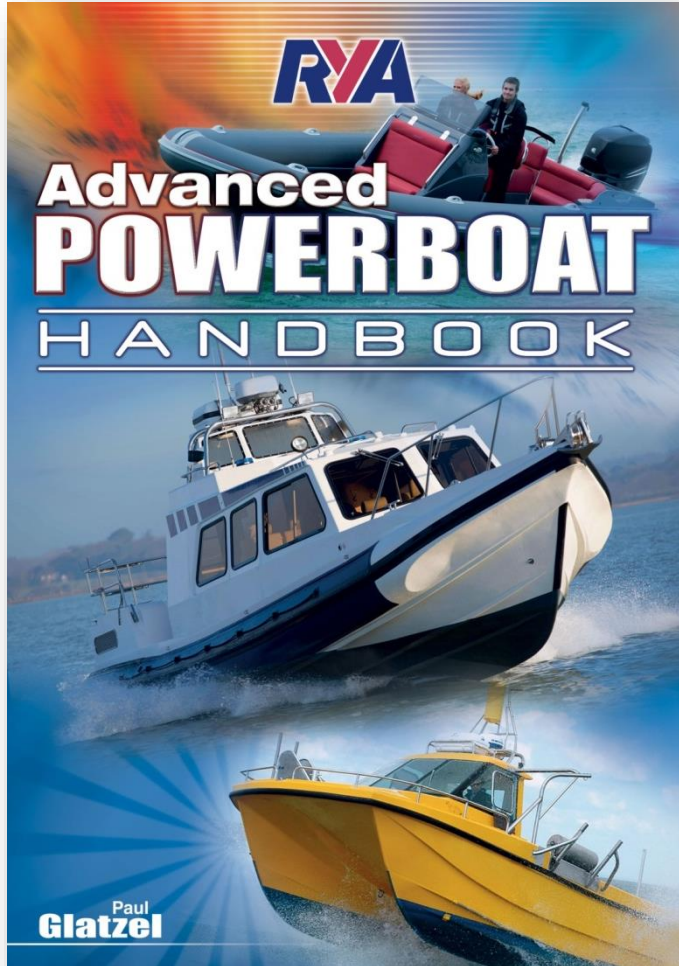




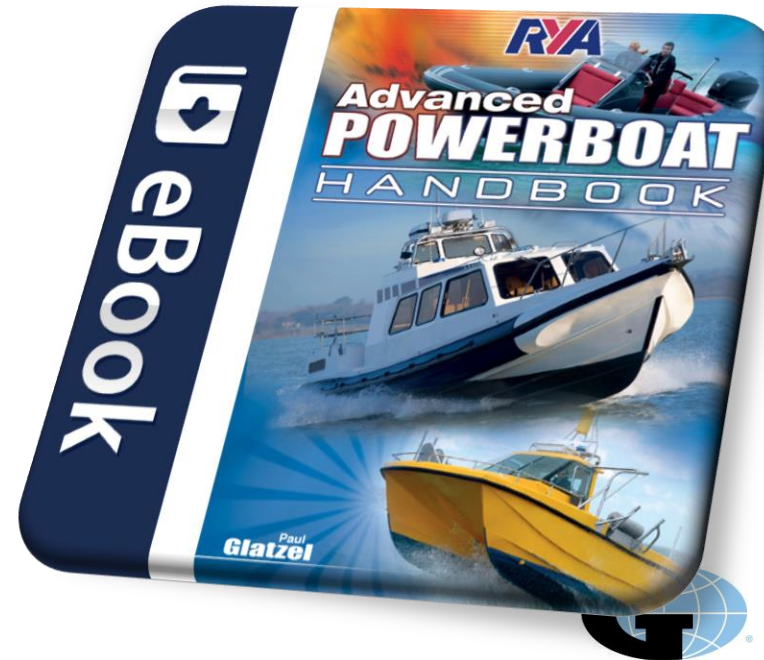
www.rya.org.uk/go/training-posters



Annabel J. Gallagher
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Print & eBook
available now



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Powerboat Tender Operator course

- Who is it aimed at?
- Pre-requisites
 - PB2
 - Age 17
- Syllabus
- Instructor notes
- Who teaches it?
- How to apply

BARCODE PTO1000001 

**POWERBOAT CERTIFICATE
TENDER OPERATOR** 

Holder's name

The holder has successfully completed a Powerboat Tender Operator course to the syllabus laid down by the RYA at:

 [Redacted]

Assistance required to complete the course.

Signed *Principal/Chief Instructor*

Date

** Delete as appropriate*

**POWERBOAT CERTIFICATE
TENDER OPERATOR**

ATTACH
PASSPORT
PHOTO HERE

Certificate not valid unless registered by the training centre



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RYA Windsurfing Scheme

- New logbooks for Youth Scheme
 - Stickers and posters
 - Mid 2015
- Racing
 - Please use the syllabus and certs!
 - Race Coaches can sign them

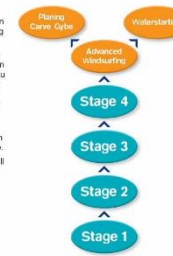
Introduction

The RYA Youth Windsurfing Scheme provides you with an easy and accessible way to progress in this exciting sport, with a certificated course for you to log your progression and recognise your achievements.

RYA YOUTH TRAINING SYLLABUS

The RYA Youth Windsurfing Scheme has been designed to relate closely to the adult syllabus in the RYA National Windsurfing Scheme, providing ease of use and comparison. Youth Stage 2 is equivalent to Start Windsurfing and Youth Stage 4 to Intermediate Windsurfing in the RYA National Windsurfing Scheme. Once you have completed Youth Stage 4, why stop there? You have all the skills and ability to further your progression through the Advanced Windsurfing course and specific clinics.

If you see 'Knowledge of', generally it means your instructor will talk through some information and then guide you as to where to find out more. Where you see 'Understands', your instructor will cover the subject in depth and may ask you to demonstrate, with assistance if necessary. As you progress through the scheme, your instructor will cover activities, such as tactics and gables, and make sure you can perform them before they sign your certificate off. Use the watchchart and stickers to see how well you're doing!



TAKE THE CHALLENGE AND LOG YOUR RESULTS!

These are not part of the main certificate, just fun things for you to try to get your instructor to sign off. Evaluating a mixture of racing and freestyle challenges, you will improve your skills and techniques dramatically in all aspects of sailing by just being out on the water on a board and a rig.

Freestyle and racing, and all the skills and moves that are required (and those that are yet to be discovered) relate to all aspects of windsurfing - from conventional to cruising, and from the water inland localities to coastal wavy ones.

One of the best things about windsurfing is that it has no age or ability restrictions - it is open to everyone.

Look out for the symbol throughout the book!

Fancy a go at Racing?

The RYA Youth Racing Scheme has three levels: Start, Intermediate and Advanced. Having completed Youth Stage 1 windsurfing, you'll be at the right level to begin the Start Racing course. As you get better, you can progress until you have done your Advanced level, by which time you will be giving the world's best a run for their money!



With a network of Team15 clubs and local events to help introduce you to the fun of racing, you may want to take a step further and progress to achieve your true potential. For further information on racing and Team15 please see page 40.

RYA YOUTH WINDSURFING SCHEME SYLLABUS

Try something different

We have selected 10 freestyle skills for you to have fun with!

Having fun and trying new skills on your board is an essential way to help you progress in your windsurfing and on to more advanced skills. They are slightly more advanced as you move from first to last, try each move in light winds first and, as you get better, perhaps start trying them in a little more wind!

For example, sailing 'front to sail' builds on your ability to balance on the board, increase wind awareness and forms the foundations for other moves such as helicopter tacks, upwind and downwind 360s, and even spinnies! Perhaps make some moves up yourself with friends and let us know how they are helping you progress and have fun with your windsurfing.



THE 10 FREESTYLE SKILLS

- 1 Lifting a foot/dragging a foot in the water**
 - Great for progressing on to beachstarts, waterstarts and general control of board, rig and yourself!
- 2 Kneeling/sitting/lying down while sailing**
 - Good practice exercise for beachstarting and waterstarting.
 - Enhances rig control by holding the foot of sail and mast only!
 - Gets a person moving on the board rather than being 'stuck' to it!
- 3 Switch-stance sailing**
 - Ties in with more advanced moves like duck tacks, push tacks and 'sliding' manoeuvres.
- 4 Clipping/pirouettes**
 - Teaches nature of rig balance and helps with 'ducking' of rig.
 - Emphasises the use of your head and being nimble on your feet.
- 5 Rig 180/rig 360s (ducking the rig)**
 - Gives great rig confidence and is vital for a high level of rig control.
 - Great for progressing onto duck gabe and clew-first sailing.
- 6 Clew-first sailing/clew-first beachstarts**
 - Great for gybe exits (non-planing and planing).
 - Another vital skill to help give a high level of rig control.
 - Helps progression for advanced skills such as grubbies.
- 7 Sailing backwards/sailing on the nose**
 - Helps with rig and board control.
 - Helps progression on to sideways and stylish launching/landing at an awkward location!
- 8 Body and rig 360**
 - Introduces concept of 'front to sail' and is great for nimbler footwork!
 - Good building blocks for upwind 360s, backward gybes, monkey and reverse monkey gybes.
- 9 Sailing 'front to sail'**
 - Gives a greater understanding of rig control.
 - A precursor manoeuvre leading to better tacks, helicopter tacks, upwind 360s, tack and gybe variations.
- 10 Helicopter tack**
 - Try clew first or switch stance (or both!) variations.
 - Combines a lot of the previous moves and skills.



RYA Sailing Scheme

- Youth Logbook
 - Stickers and posters
 - Available now
- E-books with video footage
- G3 – Start Sailing receiving a *'make over'* for 2016



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RYA SI Course

- Fit for purpose?
 - Are we covering essential information
 - Overseas
 - Teaching environments
- Revised workbook?
- Have your say today.....*or email me your thoughts.*





Team 15 Update

- Launched spring 2002 with the stated aim of:

“providing a nationwide network of youth windsurfing clubs which meet on a weekly basis to provide a social and fun atmosphere in which children can improve their windsurfing skills.”



www.team15.org.uk



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Interclub Headlines

- A total of 32 'active' clubs/centres
- Numbers in consistent declined since 2011
- Little grass roots investment since start up
- Varying quality
 - Lack of structure and use of RYA Syllabi



www.team15.org.uk



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Strategic Plan

- Moved to Racing Department: HPM delivery
- Invest in clubs/centres at grass roots level
- Objective: Increase feed into RYA pathway
- Deliver competition on a regional basis
- Investment by establishing T15 Academies
- Invest in coach development regionally



www.team15.org.uk



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