

Agenda



South West Regional Instructor Training Day 2015

Sunday 22nd March – Noss Marine Academy, Bridge Road, Kingswear, Dartmouth, TQ6 0EA

Cost £15

Time	Agenda Item
09:00 – 09:30	Arrival and Registration
09:30 – 09:45	Welcome, Introduction and Regional Updates Tony Wood – RYA SW Regional Development Officer
09:45 – 11:00	Training Schemes Update Rachel Andrews – RYA Chief Powerboat and Motor Cruising Inspector
11:00 – 11:20	Break and Refreshments
11:20 – 12:45	Guest Speaker RNLI Training Team – Rough Water Powerboat Handling
12:45 – 13:30	Lunch
13:30 – 16:00	Workshops – Choose 1 x 2 hour 30 minute workshop <i>Please see page 2 for a description of the content for each workshop</i> <ul style="list-style-type: none">• Powerboat Displacement Skills• Powerboat Advanced Skills (until 20:00)• Safety Boat Development Skills• First Aid• Engines and Drives• Navigation• Keelboat Sailing• Sailability
16:00 – 16:15	Debrief, Feedback, Questions and Finish

When completing the booking form you will be asked to select one workshop from the list below for your instructor training day. Please consult the information in these lists to help make your decision.

Workshop options

Workshop Title	Workshop Description
Powerboat Displacement Skills	Learn or refresh your personal Displacement Powerboat skills. Displacement craft from 14ft to 20ft+. Great tidal location on the River Dart with a variety of craft.
Powerboat Advanced Skills	Afternoon and evening Advanced Powerboat skills session. On shore planning and practical on water activities until 20.00 hours. Suitable for all persons.
Safety Boat Skills Development	Review and refresh your Safety Boat skills. Learn and practise the latest safety boat techniques in a variety of safety craft. To include dinghy and windsurf rescue techniques.
First Aid	Practise and improve your First Aid skills and knowledge. An opportunity to refresh your CPR skills – Use a Training AED (Defibrillator) – Improve your Hypothermia and Cold Shock knowledge. Other First Aid subject areas investigated as required.
Engines and Drives	Essential Outboard engine maintenance and repair. Suitable for all persons.
Navigation	Passage planning and pilotage information and refresher for small craft users and instructors. Course to Steer? 3 Point Fix? Chart work. Remember or learn!
Keelboat Sailing	An opportunity to learn or refresh your Keelboat sailing skills on the River Dart. Activities to suit weather conditions.
Sailability	Practical sailing session and on shore information on RYA Sailability. Sailing will take place in accessible and adapted boats.

Please note the workshops have maximum capacities and we may not be able to accommodate your first choices in all circumstances.