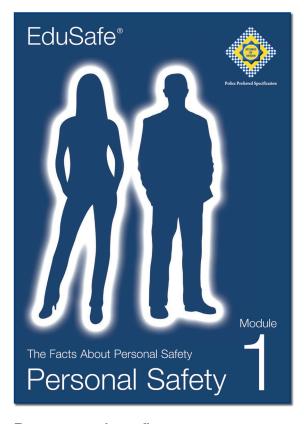


# Personal Safety





# About the Programme

This EduCare EduSafe programme has been accredited with the Association of Chief Police Officers' 'Secured by Design' seal of approval. This prestigious seal is awarded to products or services that reduce crime or the fear of crime. The programme will help you to identify who is at most risk and situations where your personal safety could be compromised. It will show you how to reduce the risks by using risk assessment and there are a number of proven positive action techniques. The skills and techniques contained within the programme are appropriate for both work and leisure safety.

### Programme make-up

- Modular, bite-size format provides an easy way to learn the essentials.
- There are five concise learning modules, five accompanying questionnaires and full instructions throughout.
- A personalised certificate on successful completion provides evidence of learning.
- There is confirmation of the correct answers to reinforce the participant's knowledge.
- Available in paper-based and online learning methods.

### Programme benefits

- Brings paid and volunteer staff quickly up-to-speed.
- People with different working arrangements and in different locations receive the same clear, consistent messages.
- The programme can be used as a pre-employment, induction or refresher tool.
- The reassurance of knowing that the content has been written and approved by experts.

# Programme Contents

#### Module one - The Facts about Personal Safety

This module outlines the different types of threat to your personal safety and looks at who is statistically most at risk. It also covers crime and the fear of crime, as well as your risk of becoming a victim.

#### Module two – Assessing Risk and Planning your Safety

This module features two key risk assessment strategies: the Risk Escalator and Think – Plan – Act, with examples of how each strategy can be used.

#### Module three – Strategies for Diffusing Difficult Situations

This module looks at the fight or flight syndrome and what you could do to defuse a potentially threatening confrontation.

#### Module four – Practical Tips to Minimise Risk

This module looks at how to minimise risks in your day-to-day life, including how to make your home and place of work more secure, travelling safely, using the internet and lone working.

#### Module five – Working in Other People's Homes

This module specifically covers how to identify the risks attached to working in other people's homes and the strategies you can use to deal with them.

# Why Choose EduCare?

"Our practitioners have undertaken approximately 2000 courses and we have found them to be very high quality. Our relationship with EduCare has been very beneficial and we have found them to be professional, helpful and able to adapt well to our systems. I would willingly recommend them. They have successfully filled the gap for alternative methods of delivery."

Tammie Redman, Milton Keynes Council, Early Years and Childcare Team

"The assimilation of knowledge is measured by the questionnaires that accompany each module and we like the fact that they are marked independently."

### Skill Force

As an organisation, we get a lot of after-care support from the EduCare team who are always there if you need them.

#### Connexions

"I like the fact that it's a quite rigorous training process. It's not something we just rubber-stamp; you actually have to put some work into the programme which means you learn something at the end of the day."

Royal Society for the Protection of Birds

"A huge advantage of EduCare is the flexibility it offers. People can do them when and where they want; the night shift seems quite a popular time to study! Some managers of our residential homes use them as team-building exercises and work together as a group to complete the programme. We have had good feedback from our people. Even when they have been completed, the subjects are still discussed and the advice and information contained within them are put into practice. I would definitely recommend EduCare to other organisations."

Liz Bennett, Accreditation & Assessment Senior Administrator, Mencap

"In short the EduCare methodology is cost effective, accessible, simple, measurable and most importantly, effective. The programme supports our organisation's health and safety culture and understanding. West Midlands Fire Service is committed to high standards of health and safety and would recommend the programme to other fire services to use within their service to support these standards."

Mark Bishop, Safety, Health and Environment Adviser, West Midlands Fire Service

"People can do it at their own convenience. Everyone likes the certificate which evidences the learning and looks very professional. There are lots of them pinned up on our notice boards around the office. We have just had our independent Child Protection Audit to ensure we comply with all available legislation and best practice and the training was cited in the auditor's report."

Rebecca Wilding, Training Administrator, Kent Probation

- Over 25 years experience in creating and delivering award-winning, distance learning programmes.
- Our simple and highly successful methodology has been experienced by over two million participants.
- We work with experts to create dynamic content and host it on our cutting edge online learning system.
- We provide support through our professional and experienced customer support staff, as well as dedicated account managers.
- EduCare programmes have been independently CPD certified.
- Our customer experience surveys consistently record satisfaction rates of 98% or above.
- We have held the BSI Quality Standard ISO9001:2008 and the Investors in People standard for over a decade.







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