



Association of Sail Training Organisations
Members' Information

The Guide to
Who, Where, How, When?



KEY TO FACILITIES

	Bermudan rigged vessels. A modern rig providing good sailing performance
	Classic or Gaff rigged vessels. These rigs are very powerful and tend not to have winches or other aids for operating them.
	Square rigged ships. For many people, these represent the ultimate challenge.
	Group bookings accepted.
	Individual bookings accepted
	Adult only voyages available
	Special needs , including some physical special needs, can be catered for. Contact organisations directly for more information
	Wheelchair friendly vessels
	Duke of Edinburgh gold residential courses available
	Indicates minimum age
	Indicates participates in Tall Ships Races

FULL ASTO MEMBERS		
ORGANISATION	BOAT/FACILITIES	OPERATION
ADVENTURES OFFSHORE Telephone: 01206 385071 sailing@adventuresoffshore.co.uk www.adventuresoffshore.co.uk		As part of the Scouting movement and delivering Sail Training since 1964, we believe that everybody, irrespective of background, should be able to experience the opportunity to participate in this activity that, among other things, inspires self-confidence and personal responsibility. From our home port of Ipswich we operate two identical boats and visit ports around the southern North Sea, Europe, the Baltic and Norway. We offer voyages from 3 to 7 days for up to 11 trainees.
Tolken The Lane West Mersea Essex CO5 8NT 	<i>Southern North Sea</i> Ocean Scout 15m Bermudan ketch Offshore Scout 15m Bermudan ketch	
CAT ZERO Telephone: 01482 333303 mailto:info@catzero.org www.catzero.org 2-3 Humber Dock Street Hull HU1 1TB 	 <i>UK / Cross Channel</i> One Hull 22m Bermudan Cutter	CatZero run youth development programmes, working with unemployed 18-24 year olds within Hull, Grimsby and Immingham. In partnership with JobCentre Plus through the Flexible Support Funds, programmes have been developed to help move the long term unemployed into local employment. CatZero have also joined forces with a number of local companies to develop programmes to help young people establish their own business and fund further programmes to help others into work. Each programme runs for a minimum of ten weeks; the Sail Training aspect is intended as an alternative learning environment designed to be motivational and to bring about attitudinal change.
CHALLENGE WALES Telephone: 02920 220 266 reservations@challengewales.org www.challengewales.org Penarth Marina Vale of Glamorgan CF64 1TN	 <i>Wales/Ireland, Scottish West Coast/Isle of Man/South coast England/Northern France/C Isles</i> Challenge Wales 22m Bermudan Cutter	Challenge Wales enables young people aged 12-25 years to develop their personal, social skills and future employability through Sail Training and learning about teamwork, communication, responsibility, decision-making, planning and being empowered. This is achieved through sailing the 72ft round-the-world yacht Challenge Wales. Challenge Wales is an Approved Activity provider for Gold Residential activity for the Duke of Edinburgh's Award.
CIRDAN SAILING TRUST Telephone: 01621 776684 info@cirdantrust.org www.cirdantrust.org Bradwell Marina Waterside Bradwell-on-Sea Essex CM0 7RB	 <i>UK E and S coasts/ Cross Channel</i> Queen Galadriel 32m Baltic trader gaff ketch Faramir 22m Bermudan ketch Duet 22m Edwardian gaff yawl	Cirdan offers young people a chance to develop life skills through the challenge and adventure of life at sea. Everyone on board takes a full and active part in sailing and running the vessels. Voyages from 2 to 7 days aim to encourage the development of personal and social skills and can be tailored to meet the specific needs of a group. Voyages are also available for individuals undertaking their Duke of Edinburgh Gold residential award. To ensure this valuable experience is available to as many young people as possible, Cirdan can provide financial assistance through a Voyage bursary.

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DAUNTSEYS SCHOOL Telephone: 01380 814630 maristr@dauntseys.wilts.sch.uk www.joliebrise.com		Jolie Brise is a gaff pilot cutter and was the last boat to carry the Royal Mail under sail. She is owned and run by Dauntsey's School Sailing Club and as well as offering the Sail Training opportunity to their own pupils, extends the experience to many other young people. Jolie Brise can accommodate groups of up to 9 people.
West Lavington Devizes Wiltshire SN10 4HE 	<i>Varied mainly Northern Europe</i> Jolie Brise 23m Gaff cutter	
DISCOVERY SAILING PROJECT Telephone: 01489 580099 office@dsp.uk.com www.dsp.uk.com		DSP aims to offer to everybody, regardless of age, ability, background or status, the experience, challenge and adventure that Sail Training provides. We aim to promote the development of people and enable them to achieve their full potential. We also aim to encourage individuals or groups of people who might not otherwise have the opportunity to experience Sail Training through the awarding of bursaries. We participate in National and International Sail Training events with the aim of building and fostering international and inter-cultural understanding between young people. On board you will be involved in all aspects of sailing the boat, learning valuable skills for life. At DSP everyone is welcome including people with hearing and visual impairment.
Unit 6 Universal Marina Crableck Lane Sarisbury Green Southampton SO31 7ZN 	<i>S coast UK/Cross Channel</i> Thermopylae Clipper 17.8 Bermudan cutter Discovery DSP 13.5 Bermudan cutter Alexander Fairey 10m Bermudan sloop	
ELLEN MACARTHUR CANCER TRUST		The Ellen MacArthur Cancer Trust is a charity that takes young people recovering from cancer and leukaemia sailing, building confidence and friendships after treatment. Working with hospitals throughout the UK, the emphasis of our trips is on teamwork and fun, with sailing as the perfect catalyst. Bonding with others in recovery and helming a 42ft yacht can be extremely empowering for a young person who has spent long periods of time in hospital and missed out on school. These trips can have a big impact on restoring the confidence lost during treatment. The young people are invited back annually to continue their Sail Training, and once 18 can return as adult volunteers, providing positive role models for those sailing for the first time.
Telephone: 01983 297750 info@emcancertrust.org www.emcancertrust.org Venture Quays Castle Street East Cowes Isle of Wight PO32 6EZ	<i>Solent/South coast England</i> Moonspray 13.3m Sloop	
EXCELSIOR TRUST		Excelsior has the dual function of offering Sail Training and is also an active museum ship. She is fully restored and offers all 'mod cons', and accommodates groups of 12 young people and their leaders. No sailing experience is necessary although everyone is expected to assist the crew in working the ship. The aim of a voyage, which can be from 1 to 7 days, is to encourage the development of personal and social skills but all trips are tailored to meet the specific needs of the group.
Telephone: 0845 308 2323 sailing@excelsiortrust.co.uk www.excelsiortrust.co.uk Unit 5 Page Road Sweet Briar Ind Estate Norwich, Norfolk NR3 2BX	<i>East coast England</i> Excelsior 22m Trawler Gaff ketch	

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<p>GORDONSTOUN SCHOOL</p> <p>Telephone: 01343 837824 oceanspirit@gordonstoun.org.uk www.gordonstoun.org.uk</p> <p>Elgin Moray Scotland IV30 5RF</p> 	 <p><i>West coast Scotland</i></p> <p>Ocean Spirit of Moray 24m Bermudan ketch</p>	<p>Ocean Spirit of Moray is operated by Gordonstoun School and is often available for Sail Training voyages for people of all ages. Ocean Spirit also offers adult adventure voyages, primarily in the Western Isles. Bursary assistance may be available for those wishing to participate in youth Sail Training voyages.</p>
<p>THE ISLAND TRUST</p> <p>Telephone: 01752 823007 info@theislandtrust.org.uk www.theislandtrust.org.uk</p> <p>10 Manston Terrace Exeter Devon EX2 4HP</p> 	 <p><i>South Coast of England/Northern Europe</i></p> <p>Pegasus 22m Gaff rig pilot cutter Moosk 17.6m Gaff yawl Tectona 19.5m Gaff ketch</p>	<p>Sail Training uses the sailing experience as a tool to give young people from all walks of life the opportunity to develop character, build self-esteem and an awareness of the needs of others through teamwork and the shared adventure. At The Island Trust, groups of young people and their leaders are encouraged to work as a team setting sails, steering, preparing meals and participating generally in life on board whether they are there for a day sail or a voyage of up to 7 days. We take groups of young people with all levels of ability and provide adventurous activities for individuals on our Teenage Sailing Weeks and on The Tall Ships Race.</p>
<p>JUBILEE SAILING TRUST</p> <p>Telephone: 02380 449108 info@jst.org.uk www.jst.org.uk</p> <p>12 Hazel Road Woolston Southampton SO19 7GA</p> 	 <p><i>UK/Canary Islands/Mediterranean/Caribbean/Atlantic crossings</i></p> <p>Lord Nelson 55m Barque Tenacious 65m Barque</p>	<p>The Jubilee Sailing Trust is unique in that it owns two specially designed Tall Ships. The ships are purpose-built to enable disabled and able-bodied people to live and work aboard. Facilities include speaking compasses and specially designed lifts and decks to enable wheelchair access. There are two elements to the JST's mission: one is to overcome prejudices and misconceptions about disability among able-bodied people and the second is to enable people with a disability to achieve their own personal goals in an environment that is designed to be inclusive.</p>
<p>MARINE SOCIETY AND SEA CADETS</p> <p>Telephone: 02392 765252 offshoreoffice@ms-sc.org www.ms-sc.org/</p> <p>Offshore Commander Fort Blockhouse Gosport Hampshire PO12 2AB</p> 	 <p><i>South coast UK and round Britain</i></p> <p>TS City Liveryman 11m Bermudan cutter TS Vigilant 11m Bermudan cutter TS John Jerwood 24m power training ship TS Jack Petchey 24m power training ship TS Royalist 29m Brig</p>	<p>The Marine Society and Sea Cadets is a voluntary youth organisation with units, known as Training Ships, based in most towns within the UK. Our aim is to offer young people fun and adventure coupled with the chance to learn life skills from cooking a meal to engineering, navigation and the art of seamanship, and then the opportunity of putting all these skills into practice at sea.</p>

ORGANISATION	BOAT/FACILITIES	OPERATION
<p>MORNING STAR TRUST</p> <p>Telephone: 01634 403890 sailing@morningstar.org.uk www.morningstar.org.uk</p> <p>Crews' Quarters Offices The Historic Dockyard Chatham Kent ME4 4TZ</p> 	 <p><i>S and SW coasts UK/France/ Holland/ Channel Islands</i></p> <p>Morning Star of Revelation 19m Gaff ketch</p> <p>Day Spring 11m Bermudan sloop</p>	<p>The Morning Star Trust is a Sail Training adventure sailing organisation based in Chatham Historic Dockyard on the river Medway in Kent. Our aim is to provide the opportunity to experience the challenge and fulfilment of sailing at sea to everyone. All this is done within a safe and positive environment under the watchful eye of our sailing leadership team. Our intention is to give individuals the freedom to realise their potential and develop their characters in a unique atmosphere away from the pressures of everyday life. Whether you are a complete novice or an experienced sailor, you are welcome aboard.</p>
<p>OCEAN YOUTH TRUST NORTH</p> <p>Telephone: 0191 257 1212 office@sailjamescook.com www.sailjamescook.com</p> <p>Community Centre Prince Consort Way Royal Quays North Shields NE29 6XB</p> 	 <p><i>North East coast</i></p> <p>James Cook 21m Bermudan ketch</p>	<p>In the 18th century Captain James Cook changed the world. In the 21st century, a trip on the OYT yacht James Cook could change your world. We are dedicated to giving the young people of the north east the chance to experience the thrills and challenges of hands-on sailing. All our sea staff are professional sailors.</p>
<p>OCEAN YOUTH TRUST SCOTLAND</p> <p>Telephone: 01475 722722 office@oytscotland.org.uk www.oytscotland.org.uk</p> <p>Victoria House Room 20 5 East Blackhall Street Greenock Renfrewshire PA15 1HD</p> 	 <p><i>Coastal Scotland</i></p> <p>Alba Venturer 21m Bermudan ketch</p> <p>Alba Explorer 20m Bermudan cutter</p> <p>Alba Endeavour 20m Bermudan cutter</p>	<p>Almost everyone has an adventurous side and at OYT Scotland we can help you discover yours. Our adventures are exciting, challenging and action-packed, with lots of opportunities to broaden your horizons. Most of the people that join our boats have never sailed before - you don't need any sailing knowledge or special kit to take part. Life on board is very hands-on: you steer the boat, navigate, help change the sails, keep a lookout and go ashore and explore. Our voyages are not all about sailing either, they are also about people and you can learn a lot about yourself and, at the end of your voyage, take away new skills and memories that will last a lifetime.</p>
<p>OCEAN YOUTH TRUST SOUTH</p> <p>Telephone: 02392 602278 office@oytsouth.org www.oytsouth.org</p> <p>Unit 8 North Meadow Royal Clarence Yard Gosport Hampshire PO12 1BP</p> 	 <p><i>South coast UK/Cross Channel</i></p> <p>John Laing 21m Bermudan ketch</p>	<p>Whatever your background, whether you have considerable experience of sailing or none whatsoever, OYT South offers voyages which are safe, relaxed, informal and, above all, fun! Whether on a group voyage for young people with special needs or living in difficult circumstances, or a mixed voyage of individuals seeking a memorable adventure, OYT South helps to create friendships, build confidence, develop new skills and give every crew member a brilliant time which they will remember for years.</p>

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THE PIONEER SAILING TRUST Telephone: 01206 303373 info@pioneersailingtrust.org.uk www.pioneersailingtrust.org.uk/		<p>The Pioneer Sailing Trust is based in Brightlingsea in Essex, operating the 1864 fishing smack Pioneer for sailing adventures in the Thames Estuary and North Sea. Voyages for groups of up to 12 people run from 1 to 7 days. Pioneer works with a wide variety of young people who benefit in so many ways from the unique and challenging experience on board.</p>
Scripps Farms Goat Lodge Road Great Totham Maldon Essex CM9 8BX 	<i>East coast UK/Cross Channel</i> Pioneer 20.7m Gaff ketch	
RONA SAILING PROJECT Telephone: 01489 885098 office@ronasailingproject.org www.ronasailingproject.org/		<p>Every year the RSP takes around 1000 people to sea for a week of sailing adventure. Most have little or no sailing experience but nearly all find it life-changing. We use the sea because it is an unforgiving environment that provides a sense of risk and adventure and running a large sailing vessel requires hard physical teamwork, both above and below deck. At the end of a week's Sail Training you will have an amazing sense of achievement and self-confidence. You will have developed your teamwork and leadership skills and discovered the value of co-operation over conflict. We also specialise in voyages for people with sight or hearing disabilities</p>
Universal Marina Crableck Lane Sarisbury Green Southampton Hampshire SO31 7ZN 	<i>South coast UK/Cross Channel</i> Rona II 21m Bermudan ketch Merrilyn 19m Bermudan schooner Donald Searle 23m Bermudan ketch	
SWAN TRUST Telephone: 01595 659193 info@theswan.shetland.co.uk www.swantrust.com		<p>The Swan operates as a Sail Training vessel and also a 'living museum'. The majority of her trips are day trips and around 1,000 people a year, of all ages, enjoy a memorable Sail Training experience on board this classic boat. All trips are individually tailored to the requirements of the group catering for all ages and special needs.</p>
PO Box 2, Scalloway Shetland ZE1 0WW	<i>Shetland/Orkney/Western Isles</i> Swan 21m Gaff ketch	
TALL SHIPS YOUTH TRUST Telephone: 02392 832055 info@tallships.org www.tallships.org		<p>Aboard the Trust's 200ft Tall Ship, Stavros Niarchos, fleet of four 72ft Challenger yachts and 62ft Catamaran, everyone gets involved in the sailing. You will be a member of the crew that operates the vessel. It's a 24 hour job and you'll learn how to set sails, man the ropes, take the helm, keep a proper look-out and be involved in all the varied tasks that keep a vessel sailing. Through this Sail Training experience you could find new confidence and increased self-esteem; you'll certainly find new friends and take home memories and skills that will last a lifetime.</p>
2A The Hard Portsmouth Hampshire PO1 3PT 	<i>S coast UK/Europe/Canary Islands/Atlantic/Caribbean</i> Stavros S Niarchos 60m Brig Challengers 1, 2, 3 and 4 22m Cutters Tall Ships Cat 19m catamaran	

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TRINITY SAILING FOUNDATION		<p>Sail Training is much more than learning to sail. It is about helping young people to discover more about themselves, and begin to take steps to improve their future. It is an adventure, but each voyage is carefully structured to change attitudes, raise expectations and motivate. For many it is a rewarding and exciting opportunity to get away from it all. For some it is genuinely life changing</p>
<p>Telephone: 01803 883355 team@trinitysailing.org www.trinitysailing.org</p>		
<p>The Sail Loft Pump Street Brixham TQ5 8ED</p> 	<p><i>S West Coast UK</i></p> <p>Leader 24m Gaff ketch</p> <p>Provident 21m Gaff ketch</p> <p>Golden Vanity 12m Gaff ketch</p> <p>Spirit of Britannia 21m Gaff</p>	
WESTWARD QUEST		<p>Westward Quest aims to provide Sail Training and personal development to all kinds of people of all ages, faiths and backgrounds, teaching acceptance of all people and encouraging everyone to achieve their objectives, however large or small. We also aim to offer a compatible environment for youth, church and Christian groups. What this means is that we will try very hard to understand what you want to achieve and aim to provide the best possible experience in a beautiful environment while having fun!</p>
<p>Telephone: 01852 300379 rob@westwardquest.co.uk www.westwardquest.co.uk</p>		
<p>10 Balfearn Drive Eaglesham Glasgow G97 0LP</p> 	<p><i>Coastal Scotland</i></p> <p>Weaver 12.8m Ketch</p> <p>Alcuin 11.5m Sloop</p>	

ASSOCIATE ASTO MEMBERS		
ORGANISATION	BOAT/FACILITIES	OPERATION
EAST COAST SAIL TRUST LIMITED Telephone: 01621 854181 info@thalatta.org.uk www.thalatta.org.uk 6 Wellington Road Maldon Essex CM9 6HL	 <i>East Coast, Thames Estuary, Orford Ness to North Foreland</i> Thalatta 28m Sprintsail barge	Thalatta, having provided Five-Day cruises for young people since 1967 has resumed her work this year following a major refurbishment. Come and experience the excitement of sailing a historic vessel exploring the East Coast. Anchoring overnight in a quiet backwater, fishing and crabbing, all in a fun and safe environment. Developing principles of discipline, loyalty and good citizenship through Sail Training and seamanship. Sail Training – "One step to Adulthood" – Hammond Innes.
GWENNILI TRUST Telephone: 01980 849417 cruises@gwennili.org.uk www.gwennili.org.uk Wingham House Bishops Waltham Hampshire SO32 1BZ	 <i>Solent/South coast UK</i> Charter as Required	Established in 1995 the Gwennili Trust specialises in the charter of wheelchair accessible vessels from the Army Sailing Association, the Ro-Ro project and RYA Sailability, to bring the sailing experience and all its benefits to disabled people, and in particular, ex-service men, women and young people. The number of berths available ranges from 4 to 10 and each vessel is run by an experienced skipper and one other qualified crew member. Gwennili Trust offer voyages from 1 to 7 days duration.
ISLAND YOUTH WATER ACTIVITIES CENTRE (IYWAC) Telephone: 01983 293073 info@iywac.org.uk www.iywac.org.uk Whitegates Arctic Road Cowes Isle of Wight PO31 7PG	 <i>Solent/S coast/Cross Channel</i> Paddiywack 9.5m Bermudan sloop	IYWAC is an RYA Training Centre offering RYA cruising courses of 2 – 5 days. For a Duke of Edinburgh Gold Residential Experience join one of our 5-day cruises. We also offer a 10-day Duke of Edinburgh Gold Open Expedition which includes training, practice and qualifying expeditions. IYWAC has a long history of introducing young people to yacht racing. Each year "Paddiywack" enters local yacht club evening race series, Round the Island Race, Cowes Week, Cross-Channel Races and ASTO Small Ships Races.
LEILA SAILING TRUST Telephone: 01502 724904 info@leila2c.org www.leila2c.org/ 2 Victoria Street Southwold IP18 6HZ	 <i>Southern North Sea</i> Leila 12m Classic Gaff Rigged	Leila Sailing Trust run private charters and compete in Tall Ships races to support their Sail Training operations for disadvantaged, mainly young, people from Lowestoft, Ipswich and Great Yarmouth. Leila is a rare example from the heyday of yacht racing and was built in Greenwich in 1892. They take groups of six or seven. Voyages are normally five days to cover an RYA qualification, but they also sail weekends out of Lowestoft.

ORGANISATION	BOAT/FACILITIES	OPERATION
LITTLE BRIG SAILING TRUST Telephone: 07876 345968 info@littlebrig.com www.littlebrig.com Bywater Lodge Undershore Road Lymington Hants SO41 5SB	 <i>Solent/S coast</i> Bob Allen 10m Miniature Brig Caroline Allen 10m Miniature Brig	Little Brig Sailing Trust operates Bob Allen and Caroline Allen - the World's smallest Tall Ships. Each brig is 30 foot long, has 100 ropes, ten sails and takes 5 young sailors (aged 10+) for approx 2-3 hours at a time - their first trip on a Tall Ship. Our vessels work in exactly the same way as the big ones - except the loads are lighter, the ropes are smaller and everyone gets to do every job - helming, bracing, sheeting in and setting or handing sail - all from the safety of the cockpit. We welcome all abilities - in fact anyone who is prepared to give us three hours of their time to try Tall Ship sailing.
MAYBE SAILING Telephone: 0113 2501133 info@maybe-sailing.com www.maybe-sailing.com Woodleigh Hall Farm Rawdon Leeds LS19 6JT	 <i>East Coast, West Coast Scotland, Tall Ships Races</i> Maybe 22m Gaff Rig Ketch	'Maybe' can take up to 16 crew members in beautifully furnished cabins and living areas and for added comfort in the colder climes, central heating is fitted throughout. All members on board will share the daily chores: cooking, cleaning etc, as well as learning plentiful skills about sailing a classic ketch. When you join the crew of Maybe you are not just another trainee, you are part of the family.
SEA-CHANGE SAILING TRUST Telephone: 01621 744196 info@seachangesailingtrust.org.uk www.seachangesailingtrust.org.uk 11 Butt Lane Maldon Essex CM9 5HD 	 <i>East Coast, Thames Estuary</i> Reminder 26.8m Thames Sailing Barge	Sea-Change Sailing Trust provides residential opportunities to young people and vulnerable adults by offering an alternative approach to learning in a structured, safe yet challenging environment. By living and working together aboard a traditional sailing vessel they participate in a wide range of life skills and are encouraged to take increasing responsibility for their contribution and group decisions. Sea-Change is a RYA Training Centre with Sailability Foundation Status.
UKSA Telephone: 01983 203023 www.uksa.org Arctic Road West Cowes Isle of Wight PO31 7PQ	 <i>Solent/S coast</i> Gipsy Moth IV 18m Ketch	UKSA provides exceptional opportunities for all, through maritime training and water-based experiences. The charity has enhanced the lives of many young people and, as a globally recognised professional training establishment, helps turn leisure pursuits into careers. Their yachts range from 35-65ft, providing Sail Training opportunities for a wide variety of groups. See the website or contact UKSA to discuss your requirements.



Association of Sail Training Organisations
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