

**AWSA Ex Rucksack Ruhpolding 2015 - Programme v3 @ 04 Jul 14**  
**Army, Inter Service and British National Cross Country and Biathlon Championships**

(Changes from v2 in red)

Day	Date	Time	Finish	Event	Location	Lanes
		Zeroing starts 1 hr before Race START time		<b>Bold = GBR National Race.</b> CAPITALS = Marina race. All Marina races & 4 x 5 km XC are also SAS & Kentish Cup. IS = Inter Service. IS = Inter Corps		
		<i>Provisional times!</i>				
Mon	19 Jan	10:00		Race Office Opens	Alte Schulhaus	
Tue	20 Jan	16:00		Key Officials' Meeting	RLC Bar	
Wed	21 Jan	All Day		Teams Arrive	Alte Schulhaus	
Thu	22 Jan	09:00		Officials' Meeting	RLC Bar	
		10:00		Team Captains' Meeting		
		13:00	16:00	XC Training	Chiemgau Arena	
Fri	23 Jan	13:00	16:00	XC Training	Chiemgau Arena	
		17:15		Team Captains' Meeting	RLC Bar	
Sat	24 Jan	12:00	Could come forward 2 hrs	<b>MEN 15 KM XC (CT) (IS, IC)</b>	Chiemgau Arena	
		13:30		<b>Ladies 10 Km XC (CT)</b>		
		14:00	<b>Boys &amp; Girls 5 km XC (CT)</b>			
		17:15	Team Captains' Meeting	RLC Bar		
Sun	25 Jan	10:00		<b>Boys &amp; Girls 5 km XC (FT)</b>	Chiemgau Arena	
		10:30		<b>Ladies 7.5 km XC (FT)</b>		
		11:30		<b>Junior &amp; Senior Novice Men 7.5 km XC (FT)</b>		
		13:30		<b>Men 10 KM XC (FT)</b>		
		19:00		Prize Giving	Champions' Park	
Mon	26 Jan	12:00	16:00	XC Course Inspection	Chiemgau Arena	30
		12:00	16:00	Biathlon Training		
		17:15		Team Captains' Meeting	RLC Bar	
Tue	27 Jan	10:00		MEN 4 x 5 KM XC (CT)	Chiemgau Arena	
		10:03		Ladies 4 x 5 km XC (CT)		
		12:00	16:00	Biathlon Training	Chiemgau Arena	
Wed	28 Jan	12:00	16:00	Biathlon Training	Chiemgau Arena	30
		17:15		Team Captains' Meeting	RLC Bar	
Thu	29 Jan	11:00	Prob start times	<b>Junior Men 15 km Biathlon Individual</b>	Chiemgau Arena	
		11:15		<b>Senior Novice Men 15 km Biathlon Individual</b>		
		11:45		<b>Women 12.5 km Biathlon Individual</b>		
		14:30		<b>Men 20 km Biathlon Individual</b>		
Fri	30 Jan	12:00	16:00	Biathlon Training	Chiemgau Arena	30
		12:00	15:00	<b>BBU Board Meeting</b>		
		17:15		Team Captains' Meeting	RLC Bar	
Sat	31 Jan	11:00	Prob start times	<b>MEN 10 KM BIATHLON SPRINT (IS, IC)</b>	Chiemgau Arena	
		15:15		<b>Women 7.5 km Biathlon Sprint</b>		
		17:00		Team Captains' Meeting	RLC Bar	
Sun	01 Feb	10:00		<b>Men 12.5 km Biathlon Mass Start</b>	Chiemgau Arena	
		10:03		<b>Senior Novice Men 12.5 km Biathlon Mass Start</b>		
		13:00		<b>Women 10 km Biathlon Mass Start</b>		
		13:03		<b>Junior Men 10 km Biathlon Mass Start</b>		
		16:30		<b>BBU AGM</b>	RLC Bar	
18:00	21:00		Prize Giving and Team Captains' Reception	Hotel Post		
Mon	02 Feb	12:00	16:00	Biathlon / Patrol Race Training	Chiemgau Arena	30
		17:15		Team Captains' Meeting & Patrol Race Draw	RLC Bar	
Tue	03 Feb	10:00		MEN 4 x 7.5 KM BIATHLON RELAY	Chiemgau Arena	
		10:03		Women 3 x 6 km Biathlon Relay		
Wed	04 Feb	12:00	16:00	Patrol Race Training	Chiemgau Arena	30
		17:15		Team Captains' Meeting	RLC Bar	
Thu	05 Feb	09:00		MILITARY PATROL RACE	Chiemgau Arena	
		19:00		Final Prize Giving	Kurhaus	
Fri	06 Feb	08:00		Teams Disperse	Race Office	