



# SAIL CRUISING COURSES



**Welcome to RYA training – a suite of courses designed to help you progress through your chosen activity**

## RYA SAIL CRUISING COURSES

More than 180,000 people take RYA courses every year. Our courses are all about learning useful and interesting skills in a safe and fun environment. The emphasis is on learning through going on the water, rather than focusing purely on the theory.

The aim of the RYA Sail Cruising and Yachtmaster™ Scheme is to encourage high standards of seamanship and navigation. Whether you are a newcomer to boating or simply need to brush up on a few skills, there is a course for you.

You don't need to start at the beginning if you already have some experience – you can enter the RYA Sail Cruising Scheme at any stage, according to your knowledge and experience.

All our sail cruising courses last five days, with the exception of Start Yachting which is a two-day course. You will live on board the yacht and be involved in all aspects of cruising from keeping watch to washing up.



### So, how do you start?

Our courses are run all over the UK and in various locations around the world. They can only be run by RYA recognised training centres, which we inspect annually to ensure they are maintaining our high standards of instruction, safety and equipment. Only these centres are allowed to display the tick mark logo. The expert tuition and sound advice offered by our training centres is just what you need to make the most of your time afloat, whatever your age, ability or aspirations.



### Where do you want to learn?

Our website will give you full details of all these courses and where you can take them.  
[www.rya.org.uk/wheresmynearest](http://www.rya.org.uk/wheresmynearest)

***I hope that you enjoy  
your RYA course!***

**Craig Burton**  
RYA Chief Instructor,  
Sail Cruising & Shorebased



**RYA SAIL CRUISING COURSES** Our Sail Cruising and Yachtmaster™ Scheme comprises a series of complementary practical and shorebased courses. You can enjoy them simply to increase your knowledge and confidence, or use them as a progression to the RYA/MCA Yachtmaster™ Certificates of Competence, which are recognised by maritime authorities worldwide.

COURSE	RECOMMENDED PRE-COURSE KNOWLEDGE	COURSE CONTENT	ABILITY AFTER THE COURSE	MINIMUM DURATION	MINIMUM AGE
Start Yachting	None	Introduction to sailing and seamanship	Basic knowledge of yachting	2 days	None
Competent Crew	None	Basic seamanship and helmsmanship, navigation and meteorology	Able to steer, handle sails, keep a lookout, row a dinghy and assist in all the day to day routines	5 days	None
Day Skipper	5 days, 100 miles, 4 night hours. Navigation to Day Skipper Shorebased standard and basic sailing ability	Basic pilotage, boat handling, watch organisation	Able to skipper a small yacht in familiar waters by day	5 days	16
Watch Leader (sail training)	5 days, 100 miles, 4 night hours. Navigation to Day Skipper Shorebased standard and basic sailing ability	Navigation, seamanship and meteorology	Able to take charge of a watch on a sail training vessel	5 days	None
Coastal Skipper	15 days, 2 days as skipper, 300 miles, 8 night hours. Navigation to Coastal Skipper Shorebased standard. Sailing to Day Skipper standard	Skipping techniques for coastal and offshore passage planning	Able to skipper a yacht on coastal passages by day and night	5 days	17

## RYA/MCA CERTIFICATES OF COMPETENCE

COURSE	MINIMUM SEA TIME	FORM OF EXAM	OTHER CERTIFICATION NEEDED	EXAM DURATION	MINIMUM AGE
RYA/MCA Yachtmaster™ Coastal	30 days, 2 days as skipper, 800 miles, 12 night hours	Practical	SRC/VHF and first aid	6-10 hours for one candidate. 8-14 for two	17
RYA/MCA Yachtmaster™ Offshore	50 days, 5 days as skipper, 2500 miles, 5 passages over 60 miles incl, 2 overnight and 2 as skipper	Practical	SRC/VHF and first aid	8-12 hours for one candidate. 10-18 for two	18
RYA/MCA Yachtmaster™ Ocean	Ocean passage as skipper or mate of watch	Oral and assessment of sights taken at sea	RYA/MCA Yachtmaster™ Offshore Certificate. Yachtmaster™ Ocean Shorebased Course Completion Certificate	Circa 11½ hours	18

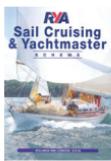
# YOU MIGHT ALSO LIKE TO TRY...

The practical nature of these courses means that building up the background knowledge of the theory side of boating helps you to fully grasp the skills taught afloat. So, to support your learning we run a range of shorebased courses. For navigation we have every level of training from the Essential Navigation and Seamanship Course to the Yachtmaster™ Ocean Shorebased course.

There are also one day courses for specialist areas such as marine radio use, radar, sea survival, first aid and diesel engines.

Our website will give you full details of all these courses [www.rya.org.uk](http://www.rya.org.uk)

## RECOMMENDED BOOKS



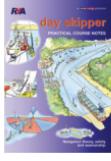
RYA Sail  
Cruising and  
Yachtmaster™  
Scheme  
– Syllabus  
and Logbook



RYA  
Competent  
Crew Practical  
Course Notes



RYA  
Day Skipper  
Shorebased  
Notes



RYA  
Day Skipper  
Practical  
Course Notes



RYA  
Yachtmaster™  
Shorebased  
Course Notes

## RYA ROUTE MAP

### PRACTICAL COURSES

#### Start Yachting

2 day introductory course for beginners

#### Competent Crew

5 day course for aspiring crew members

#### Day Skipper

5 day course for skippers with some sailing and navigation experience

#### Coastal Skipper

5 day advanced course for more experienced skippers

### EXAMS

#### Yachtmaster™ Coastal Certificate of Competence

#### Yachtmaster™ Offshore Certificate of Competence

#### Yachtmaster™ Ocean Certificate of Competence

### SHOREBASED THEORY COURSES

#### Essential Navigation & Seamanship Shorebased

#### Day Skipper Shorebased

#### Coastal Skipper & Yachtmaster™ Shorebased

#### Yachtmaster™ Ocean Shorebased

## SPECIALIST SHORT COURSES

#### Diesel Engine

#### Radar

#### First Aid

#### Sea Survival

#### Marine (VHF) Radio

#### Offshore Safety

#### Professional Practices and Responsibilities