



**APPLICATION TO ATTEND AN RYA FIRST AID INSTRUCTOR COURSE**

**Please complete and return to:**

Sara Hopkinson  
RYA National First Aid Advisor  
Stream Cottage  
Pin Mill Lane  
Chelmondiston  
Nr. Ipswich Suffolk  
IP9 1JH

sara@pinmillcruising.co.uk

01473 780510 or 07711 717046

Date of course:.....

Name: .....

Address:.....

.....

.....Postcode: .....

Tel Home: ..... Tel Work: .....

Tel Mobile: ..... E-mail: .....

Date of Birth: .....Sea Survival Course.....

RYA Membership No: ..... SRC Cert. Number: **(see note)**.....

Type of current First Aid Certificate:.....**(see note)** Date.....

Other First Aid qualifications: **(see note)**.....

RYA Instructor qualifications: **(see note)** .....

.....

Relevant boating experience: .....

Occupation:.....

Usual RYA Training Centre: .....

Would you like to be listed as available for work? YES / NO

**Please send a cheque made payable to S. HOPKINSON with your completed application form.**

**2012 fee £130,** £175 for non RYA members

I have read the notes overleaf. Signed.....Date.....

**Office Use Only**

**RYA First Aid Instructor Number.....Date of Issue.....**

## **Notes for Applicants:**

- RYA First Aid Courses may only be run by RYA Recognised Training Centres, (RTC) and must be taught by an RYA First Aid Instructor.  
**Instructors may not work independently.**

- All applicants must attend the one-day course instructors course.
- The minimum first aid qualification required is the full 3 day HSE **First Aid at Work** certificate or an equivalent. (a 1 day course is not sufficient)
- Doctors and nurses with recent appropriate acute experience and paramedics are exempt from this requirement, but **attending an RYA First Aid Course before coming on the instructors course is highly recommended**. Once retired and no longer practising a full first aid certificate will be required after 3 years.
- All candidates must be aware of current first aid practices as detailed in the revised 9<sup>th</sup> edition of the St John/St Andrew/Red Cross First Aid Manual (published 2011).
- All applicants must hold an **SRC** radio certificate. (VHF only not accepted)
- Candidates **must be an RYA instructor** in another field, preferably practical, before attending this course. Special cases may be considered, but **do not apply until this has been agreed**.
  
- The RYA Sea Survival course is also highly recommended for all potential first aid instructors because of the common subject areas.
  
- RYA first aid instructors must be able to understand the needs of inland sailors, windsurfers, dinghy sailors, powerboaters and those that go offshore in yachts and motor cruisers and to appreciate the restrictions of first aid in the marine environment. **It is essential that all instructors have recent, relevant boating experience.**
- The RYA First Aid certificate is valid up to 60 miles offshore so all instructors must be familiar with the how to obtain medical advice by VHF, how to send a mayday and the procedure for evacuating a casualty by helicopter from a vessel at sea.
  
- The award of an instructors certificate will be by assessment, based on:  
  
a demonstration of CPR at a high standard to current protocols  
a theory paper, pass mark 80%  
a short lesson taught from a list of subjects that will be sent to the candidate in advance, and then allocated on the day.
  
- **No booking will be made until payment is received.** If the booking is cancelled the fee will not be refunded, unless the place can be resold.