

## Receiving State Benefits and an APA

If you are receiving any benefits from the Department of Work and Pensions, you must declare these on your APA application form. If you are receiving any means-tested benefits this will result in you receiving a General Purpose Training Support (GPTS) APA rather than a living costs award.

The GPTS has been specifically designed to cover expenses other than general living costs. This means that it does not impact on your benefits. An agreement is in place with DWP that athletes can receive both means-tested benefits and a GPTS APA at the same time. You need to declare your GPTS APA to DWP in the same way as you would for any other income.

**Table 3** General Purpose Training Support 'GPTS' APA for athletes receiving means tested State Benefits 2012/2013 amounts.

			<b>GPTS</b>	<b>Sporting costs</b>	<b>Total award</b>
<b>GPTS categories</b>	<b>Senior</b>	<b>A</b>	£5,345	£12,751	<b>£18,096</b>
		<b>B</b>	£4,009	£9,562	<b>£13,571</b>
		<b>C</b>	£2,672	£6,376	<b>£9,048</b>
	<b>Under 21's</b>	<b>A</b>	£1,604	£12,751	<b>£14,355</b>
		<b>B</b>	£1,604	£9,562	<b>£11,166</b>
		<b>C</b>	£1,604	£6,376	<b>£7,980</b>