



START MOTOR CRUISING

Introduction to the skills required to being useful crew and gain an understanding of how they can assist the helm.

Minimum age: 8

Duration: 1 day as a stand-alone course, or 2 days when accompanying other courses

Non-residential

Personal Safety

Understands:

- the difference between manual and auto-inflating life jackets
- the importance of crotch straps
- appropriate clothing

Can:

- correctly fit a life jacket

Seamanship

Understands:

- The importance of securely storing items before going to sea

Can:

- Keep a look out

Emergency situations

Knowledge of:

- Problems that can happen at sea

Understands:

- Their role in an emergency
- How to raise the alarm
- How to prevent MOB
- The safety procedures on their vessel

Can:

- Deploy the anchor (*8-11 year olds to observe this session only*)
- Locate LSAs and first aid kit
- Read a position from the GPS
- Use a boat hook

Coming alongside/Picking up a mooring

Knowledge of:

- What the manoeuvre entails

Understands:

- Preparation of mooring lines
- Communication and the importance of letting the helm know when they have slipped or attached the lines

Can:

- attach fenders
- Coil a line
- Throw a mooring line
- Attach a line to a cleat



Boat Handling

Understands:

- The importance of crew communication

Can: (under direction)

- Start and stop the engine
- Steer and control boat speed
- Pick up a mooring