

2014 APPLICATION PROCEDURE FOR A F2 SUPERLICENCE

Extract 2014 F2 rules :

10.1 The nationality of a driver is the nationality of the N.A. which issued the international racing licence to the driver. Medical and immersion tests can be done in other countries if the issuing N.A. agrees. The flag is the one of the issuing N.A. of the international licence as above. The request for the UIM Superlicence must come from the N.A. which issues the international racing licence.

10.2. Drivers must hold a superlicence before entry will be accepted. A driver who exceeds 50 years of age in the season for which he is applying for a Superlicence, must produce the medical certificate including all detailed examinations which will be submitted to a doctor approved by the UIM.

10.3 Any new driver must be vetted in practice by the UIM Commissioner and the drivers delegate to the UIM.

10.4 The super licence is required for Formula 2 together with the NA international Licence. No other membership is required.

10.5 To obtain a superlicence for the first time, a driver must have participated in the last 2 years in 6 circuit races using a catamaran type hull (750 cc minimum) or a hydrocat 500 cc. Definition of a race during a race weekend: even if several heats take place, the race weekend with all heats or races counts as one race only. The National Authorities are fully liable for the sports c.v. that they submit for their drivers. The full race results of each race must be supplied since the drivers must have done at least 6 races with 70 % of the total distance of each race event.

10.6 The superlicence is provisional for the first 3 races and can be withdrawn at any time during the first 3 races by a committee composed by the OOD, the UIM Commissioner and the Drivers representative. When a super licence is withdrawn, next application can only take place for the next season.

An anthropometric check of data reported in the Superlicence application may be carried on at any event during the relevant season by a UIM appointed Medical and/ or Anti Doping delegate. In case the pilot's data would not be anymore within the mandatory parameters, the Superlicence will be immediately withdrawn. 10.7 The application for a super licence must be made by the National Authority of the driver concerned and lodged with the UIM 4 weeks before the first event the driver wants to participate in. The superlicence fee will be doubled for applications received beyond the 4 weeks deadline.

NO Application will be taken in consideration within one week from the following event.

10.8 The application must be accompanied by:

- The sports career of the driver, mentioning the results obtained in the qualifying events
- U.I.M. medical documents, as per appendix to these rules, giving the information required by the UIM rules 205.03/ 205.04 / 205.04.1 (attached).

General Recommendation for a F2 superlicence holders concerning physical fitness

- Cardiovascular training (endurance training) as jogging, cycling, rowing etc. twice a week minimum 20 minutes without any interruption. Any sports activity which has "stand still" during the activity such as soccer, tennis or any ball sport is not suitable for the endurance training, but recommended as additional training.
- > Training to build up muscles for neck and back at least twice a week.
- The immersion certificate ref 205.05 (attached)
- A photo

• The fees will be fixed by the UIM COUNCIL and paid to the UIM Secretariat. Superlicence fee fixed to 300 euro. For late application, the superlicence fee has been fixed to 600 euro and must be paid to the UIM Secretariat.

• Medical expertise fee in 2014 for drivers over 50 years in the season : 150 euro

A current rule book will be given to the driver along with the super licence.

10.9 The National Authorities are responsible for the information given.

10.10 The application will be examined by Formulae Committee who will advise the UIM Secretariat on its acceptability.

10.11 The decision of the Formulae Committee on all matters concerning superlicences is final and cannot be protested or appealed.

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If any F2 superlicence holder participates in a non-sanctioned U.I.M. international event, their superlicence will be withdrawn.

The driver may re-apply for the superlicence after 12 months from the date the original superlicence was withdrawn.

10.12 The super licence is valid for 1 year (from January 1st or from the date of issue to December 31st).

10.13 For renewal of the super licences, the National Authorities must, before the end of December, send the UIM a list of the drivers for whom a renewal for the following year is required.



205.03 - MEDICAL EVALUATION SHEET 2014 F2 SUPERLICENCE

Location of test	Date
Name	Surname
Born in	Date
Status	Profession
Date of first involvement in the sport	
Other sports practised	

PRESENT STATE OF HEALTH AND FORMER DISEASES

Disease (former or current)
Vith special mention of
Cardiopathy \Box Coronary \Box Diabetes Type 1 / 2 (circle the type)
Epilepsy D High Blood Pressure
Dperations undergone previously
Dates of these operations
Accidents (when, where, under which circumstances)
Alcoholpack year
Allergies
Aedicines usually/frequently taken

Please keep in mind the Anti Doping rules and the WADA – UIM list of banned substances and Therapeutic Use Exemption rules

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205.04 – GENERAL OBJECTIVE EXAMINATION 2014 F2 SUPERLICENCE

Height:	m	Weight:	kg	
Body Mass Index (Weigh	nt (kg)/Heigh	nt²(m): BMI):		
	ata <mark>c</mark> an be c	hecked during co	MI over 30 kg/m² mpetitions by the UIM Me from non compliant pilots	
Age		Sex		
Congenital or acquired d	eformities _			
Respiratory system				
Spirometry (mandator	y) Please a	ttach printed res	sults and graphs	
FVC (measured/predicted) _				
FEV1 (measured/predicted)				
Cardiovascular system: i cardiovascular system? If "Yes", give details belo	□ Yes ໌	evidence of abno □ No	rmality of the heart or	_
Blood Pressure at rest				
Hearth Frequency at res	t			_
Electrocardiogram at res	t			_
Items" on page 7)		, ·	, please refer to "Additi report in English langu	
				_

Ophthalmologic check-up (mandatory every other year)

	one this ophthalmol ecify when:/.		-up last year	?	
If not, ask your o	phthalmologist to fill	the herea	fter items		
Faculty of vision	(uncorrected)	R		L	
	(with correction)	R		L	
Vision with both e	eyes open (wearing	corrective	lenses if nec	essary)	
Field of Vision					
Vision of Colours: If "No", give detai				Yes 🗆 No	
Signature and pra	actice stamp of the o	ophthalmol	ogist		
Hearing Testing _					
Urine: Albumine _ Is the Urine analy	sis normal? □ Yes	□ No	_ Sugar If "No", (give details below.	
Nervous system					
Others					
- Does the applica the arms or legs? If "Yes", give deta	□ Yes □ No		ality or restrie	ction of movements in	
	revent the applicant			st or present) which c ition licence for motor	

To the Doctor and the Driver :

Are you the applicant's usual doctor?
□ Yes □ No

Your practice stamp (together with your name and qualifications):

Name in Capital Letters
Degree
Address
Tel
Fax
Aptitude Assessment
Date
This is to certify that I have examined the applicant in line with this form.
Signature of the Doctor

Signature of the Driver _____



205.04.1 ADDITIONAL ITEMS FOR F2 SUPERLICENCE (VERY IMPORTANT)

Maximal stress ECG and blood pressure profile: electrocardiogram have to be performed:

* on a **cycloergometer** starting at 60 or 70 watts and increasing by 30 or 35 watts every two minutes.

The driver must be capable of reaching a minimum power level of 2.5 watts (males) – 2.2 watts (females) per kilogram of body weight.

*or on a treadmill, using a **Bruce protocol** (preliminary warm-up recommended)

The driver must be capable to complete at least the entire stage 3 (i.e. 3 minutes at 5.5 km/h (3.4 mph) and 14% gradient).

This stress ECG aims to confirm both cardiovascular health and that the driver reaches the minimal fitness level to compete in motonautic sports. Therefore, we strongly encourage drivers to undergo regular physical training and to perform a maximal stress ECG test.

A written report from the physician (English language) must be enclosed.

Exhaustive ophthalmological check-up, tested and certified (English language) by a professional ophthalmologist to be renewed every two years and after skull trauma.



INFORMATION FOR BODY MASS INDEX (BMI) - STRESS ECG -PULMONARY AND VISION TESTS FOR 2014 F2 SUPERLICENCE

Drivers with a Body Mass Index (BMI) over 30 kg/m² will not be issued a Superlicence

Drivers over 50 years in the 2014 season

For the Drivers over 50 years during 2014 season, the following detailed examination results required in the UIM medical form <u>will be submitted to a doctor appointed by</u> <u>U.I.M.</u>

Detailed reports include following examinations / tests:

- **pulmonary function test** (simple spirometry). Test to be performed every year as part of the yearly medical examination in order to get a superlicence
- Exhaustive ophthalmological check-up, tested and certified (English language) by a Professional ophthalmologist. Test to be renewed every 2 years and after a skull trauma.
- Stress ECG test & blood pressure profile
 Test to be performed every year as part of the yearly medical examination in order
 to get a superlicence.

 The Electrocardiogram has to be performed under maximal exercise condition
 on a cycloergometer or a treadmill, according to the UIM recommendations.

Please refer to page n°7: additional items for Superlicence A written report from the physician who administered the ECG must be provided in

English language.



IMMERSION TRAINING CERTIFICATE VALID FOR 2014 RACING SEASON

Name / Surname International licence n°

This is to certify that the above mentioned licence holder has satisfactorily

performed an immersion training as required by the UIM rules on the date of

This certificate is valid for 14 months from the date of issuing.

According to rule 205.05, please note that all training must include demonstrating

the drivers ability to use the air supply successfully under water in simulated accident conditions.



Name & signature of N.A. Official

Stamp of N.A.

Date :

This certificate has to be produced whenever required by a race organiser



Form to be signed and entered with the superlicence application documents to UIM

APPENDIX 2 - Acknowledgment and Agreement UIM Anti-Doping rules

I, as a member of [National Association] :

and/or a participant in a [National Association or UIM] authorized or recognized event, hereby acknowledge and agree as follows:

1. I have received and had an opportunity to review the UIM Anti-Doping Rules.

2. I consent and agree to comply with and be bound by all of the provisions of the UIM Anti-Doping Rules, including but not limited to, all amendments to the Anti-Doping Rules and all International Standards incorporated in the Anti-Doping Rules.

3. I acknowledge and agree that [National Associations and UIM] have jurisdiction to impose sanctions as provided in the UIM Anti-Doping Rules.

4. I also acknowledge and agree that any dispute arising out of a decision made pursuant to the UIM Anti-Doping Rules, after exhaustion of the process expressly provided for in the UIM Anti-Doping Rules, may be appealed exclusively as provided in Article 13 of the UIM Anti-Doping Rules to an appellate body for final and binding arbitration, which in the case of International-Level Drivers is the Court of Arbitration for Sport (CAS).

I agree that all decisions of CAS under the rules shall be final and binding and that I will not bring any claim, arbitration, lawsuit or litigation in any other court or tribunal.

5. I have read and understand this Acknowledgement and Agreement.

Date Print Name (Last Name, First Name)

Date of Birth Signature (or, if a minor, signature of legal (Day/Month/Year) guardian)



UIM Bank coordinates

Bank L.C.L. (Le Crédit Lyonnais) Monaco Les Moulins 98000 Monaco

IBAN N° MC36 3000 2054 3000 0007 0044 N44 BIC N° CRLYMCM1

Please mention on the bank transfer the superlicence category and the name of the driver